

## Have you “Herd”...?

Residents Jason and Jayna Hand shared this incredible and stunning photo of an elk herd moving through the Ken-Caryl Valley last month.

Love life behind the lens? Consider submitting your photos to *Life at Ken-Caryl* Editor Allison Hefner at [allisonh@kcranch.org](mailto:allisonh@kcranch.org) for publishing consideration in an upcoming issue.

SPECIAL EVENTS	RANGER FIELD NOTES	MINDING OUR BUSINESSES	HISTORICAL SOCIETY	COVENANT CLIPS
Residents SLASHed Fire Risk at Ken-Caryl’s SLASH Removal Day	Mountain Lions Recently Viewed in Area	Compassionate Care for Seniors Close to Home	Ken-Caryl Ranch Historical Society to Participate in International Archaeology Day	All for One, One for All!
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### Manager’s Column:

### South Hogback Task Force Analysis Available

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### Fairy Tale Endings:

### Helping Pets Find Their Fur-ever Homes!

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PAGE 12

### Veterans Day Breakfast, Nov. 11

Veterans, please join us at the Ranch House for a free breakfast in your honor from 9-10:30 a.m. on Veterans Day, Nov. 11. A biscuit bar, including eggs, sausage, bacon, seasonal jams, and fruits will be served. This is a wonderful opportunity to connect with fellow veterans and their families. This event is free; however, space is limited, and reservations are required to attend. Veterans and immediate family members are welcome. To register, please visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org) and click on the Register icon located at the top right corner of your screen.

We are also looking for an acoustic musician to volunteer their time and talent for this event to entertain guests as they eat and mingle. Interested? Contact Amy Lear at [amyl@kcranch.org](mailto:amyl@kcranch.org). Volunteer will receive a free breakfast and promotions across Ken-Caryl’s communications channels.

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South Hogback Task Force Analysis Available

By Traci Wieland, Metro District Manager

The Ken-Caryl Ranch Metropolitan District owns approximately 935 acres of open space and 3.2 miles of trails known as the South Hogback Open Space, which is located south and west of the junction of Interstate C-470 and Ken Caryl Avenue in Jefferson County. The South Hogback Open Space is a very unique and special property to the community as one contiguous landform with significant historical and sensitive resources. It is also the only public open space owned by the Ken-Caryl Ranch Metropolitan District. Recognizing the significance of this property, the Metropolitan District Board created the South Hogback Open Space Task Force on March 22 of this year and engaged a group of residents in a process to determine the protection of the South Hogback Open Space. The task force members, including Bruce Heise, Bob Toll, Valerie Walling, Jim Antes and Sean Warren, met with District staff and MD Board liaison, Joe Levy, over the course of the last six months. The task force’s efforts culminated in a presentation to the Metropolitan District Board during their Sept. 27 meeting. The South Hogback Open Space Task Force 2022 Analysis contains the group’s detailed recommendations for next steps, which includes the development of a land management plan and the development of a public education strategy. The report also contains historical information regarding the South Hogback Open Space, which will be further enhanced with next steps. The South Hogback Open Space Task Force 2022 Analysis can be found on our website at [www.ken-carylranh.org](http://www.ken-carylranh.org), under the *Open Space* tab. If you have questions on the report or next steps, feel free to reach out to me at [traciw@kcranch.org](mailto:traciw@kcranch.org), or 303-979-1876, ext. 136.



OUR COMMUNITY

Storytime Moves Indoors for Fall

Hey parents! Please take note that Storytime, in partnership with the Jefferson County Public Library, has moved indoors for the fall. So, while the location may change along with the season, the time will remain the same! We look forward to having you join us this fall from 10:15-10:45 a.m. in the Bradford Room at the Ranch House for fun with our youngest residents!



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October

All meetings will be held at the Ranch House unless otherwise noted.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
9	10	11 6 p.m. Open Space Committee Meeting Dakota Lodge	12	13 7:30 a.m. Architectural Committee Meeting 10:15 a.m. Storytime	14 6 p.m. Good Neighbor/ Creatures of the Night Dakota Lodge	15
16	17	18	19 4:30 p.m. Covenant Control Committee	20 10:15 a.m. Storytime	21 4:30 p.m. Halloween Boo Bash	22
23	24 6 p.m. MA Board Meeting	25 6 p.m. MD Board Meeting	26	27 4:30 p.m. Architectural Committee Meeting 10:15 a.m. Storytime	28	29

Information regarding audio and video conferencing options for public meetings will be communicated as it becomes available. See website at [www.ken-carylranh.org](http://www.ken-carylranh.org) for details.

OUR COMMUNITY

Ken-Caryl Holiday Bazaar Seeks Vendors!

The Ken-Caryl Holiday Bazaar, scheduled for Nov. 12, from 9 a.m. - 4 p.m. at the Ranch House, seeks vendors that will provide a well-balanced holiday bazaar with immense variety that allows all vendors to maximize their sales possibilities. Host Tiffany Peterson will review all vendor applicants in a timely manner and notify applicants by text or email of their final acceptance. This event is free for attendees, no registration required. For more information, including vendor fees and to register as a vendor, visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org) and click the Register icon located at the top right corner of your screen. This event is held at the Ranch House but is coordinated by Tiffany Peterson. For vendor or event inquiries, please contact Tiffany at [cleanwithouttoxins@gmail.com](mailto:cleanwithouttoxins@gmail.com).

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MA Board Summary

- On Sept. 20, the Ken-Caryl Ranch Master Association Board held a regular meeting and discussed the following items:
- John Archer, a broker from Assured Partners Group, shared an insurance presentation and quote for the Master Association for insurance renewal. Two other insurance companies were contacted but were unable to match the existing rate. The Board requested additional information and will vote via email prior to the Oct. 1 renewal deadline.
  - Mace Pemberton, a civil engineer at San Engineering, presented potential plans for a dredging operation at Brannon Gearhart Park to restore the pond and address the ongoing algae bloom.
  - The Board reviewed the initial draft budget for 2023. The Board will hold a Mission and Budget Planning Retreat on Oct. 10 at the Ranch House to continue budget discussions.
  - The Board passed the following motions:
    - Approve a modified Encroachment License Agreement to allow for a fence at 13 Bridlegate Lane.
    - Approve the updated Conduct of Meetings Policy to comply with HB-1137.
    - Approve Star Playgrounds in the amount of \$77,449 plus a 10% contingency for a total of \$85,193 for the Ranch House Park shade structure.
    - Approve the Third Reorganization Agreement between the Master Association and the Metropolitan District.
  - Public comment at the meeting addressed assorted topics, including the Brannon Gearhart Park pond, Telecom Infrastructure in Ken-Caryl Ranch, landscaping, memorial benches and the 2023 budget.

Territory Subdivision Turf Conversion Work

The Metropolitan District Parks Department began work in late September on a turf conversion project to address the appearance of the south facing hillside located in Territory Park in the Territory subdivision. Work includes planting native grasses that will match the grasses that North American Development Group (NADG) will be incorporating into their landscape design for their new home development at Ken Caryl Avenue and Chatfield.

The turf conversion work will be completed in multiple phases, starting with irrigation modifications, tilling the hillside, and spreading seed. Work is expected to be completed by spring 2023. The work is being done in response to resident feedback regarding the hillside's appearance as a result of the inability for traditional grass to grow on the hillside. The District looks forward to this pilot project as a demonstration of turf conversion projects that could be implemented elsewhere in the community. Please contact Richard Plack, Parks Director, richardp@kcranch.org, with questions.

All for One, One for All

*By Brian Yowell, Community Administrator*

Unus pro omnibus, omnes pro uno!

Popularized in Alexandre Dumas' 1844 novel, "The Three Musketeers", the unofficial moto of Switzerland and, in my opinion, just a basic good way to go through life - all for one, one for all!

The group will support its members, and its members will support the group. Solidarity and support within a group, which in this case are the residents of Ken-Caryl Ranch.

Although we may not always agree on perspectives, politics, the importance of one's recreational choices, what to spend the budget on, or even paint colors on a house, we do all agree that Ken-Caryl Ranch is a beautiful place to call home and one that we, as a group, need to work together to improve, preserve and elevate. We are a very lucky group of individuals, who together are Ken-Caryl Ranch.

As part of this group, this community, it is each of our responsibility to be present, be involved, be aware and to be – well – responsible. Always act with good intention, don't be afraid to bring up something that may be uncomfortable when in your heart, you know it's for the good of the community, and please be considerate of your neighbors.

Take a little extra time to ensure your house and yard are looking good and represent Ken-Caryl Ranch the way it should be represented. Please think about your neighbors before you decide to mow your lawn at 6 a.m., party until the rooster crows, or take on playing a new instrument with your doors and windows wide open. Be aware, and if you see something that needs attention, let somebody know.

We are all in this together... as residents of Ken-Caryl Ranch, as neighbors, as a community, as Musketeers!

All for one, one for all!

Thank you, Ken-Caryl.

At your service,

Brian Yowell

*Interested in Advertising in Life at Ken-Caryl?*

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We Need You! Volunteer for our Upcoming Events!

Do you enjoy serving your community? We are looking for community volunteers for our fall events and can be flexible regarding time commitments for several of our upcoming community events.

Currently, we are in need of help for our Boo Bash on Oct. 21, the Gobble Wobble on Nov. 19, and at Holiday Happenings on Dec. 3. For details on these events and available opportunities, please visit the Special Events page on our website at [www.ken-caryl-ranch.org](http://www.ken-caryl-ranch.org). For questions and to sign-up to be a volunteer, please contact Aquatics and Special Events Coordinator Kate McDonald at [katem@kcranch.org](mailto:katem@kcranch.org), or call 303-979-1876, ext. 131.

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Mountain Lions Recently Viewed in Area

By Matt Oven, Park Ranger Supervisor

Recently, the KCRMA Rangers received reports of a mountain lion sighting in the Valley. While this is not unexpected as we live in lion country, doorbell cameras snapped video and pictures of an adult lion and one young kitten.

This is a good reminder to educate all users of the open space and residents about living in lion country.

If you encounter a mountain lion, remember, every situation is different with respect to the lion, the terrain, the people, and their activity. Below are a few good tips provided by Colorado Parks and Wildlife.

- **Go in Groups** when you walk or hike in mountain lion country, make plenty of noise to reduce your chances of surprising a lion. A sturdy walking stick is a good idea; it can be used to ward off a lion. Make sure children are close to you and within your sight at all times.
- **Talk with children about lions and teach them what to do if they meet one.**
- **Do not approach** a lion, especially one that is feeding or with kittens. Most mountain lions will try to avoid a confrontation. Give them a way to escape. Stay calm when you come upon a lion. Talk calmly and firmly to it. Move slowly.
- **Stop or back away slowly**, if you can do it safely. Running may stimulate a lion's instinct to chase and attack. Face the lion and stand upright.
- **Do all you can to appear larger.** Raise your arms. Open your jacket if you are wearing one. If you have small children with you, protect them by picking them up so they won't panic and run.
- **If a lion behaves aggressively**, throw stones, branches or whatever you can get your hands on without crouching down or turning your back. Wave your arms slowly and speak firmly. What you want to do is convince the lion you are not prey and that you may in fact be a danger to the lion.
- **Fight back if a lion attacks you.** Lions have been driven away by prey that fights back. People have fought back with rocks, sticks, caps or jackets, garden tools and their bare hands successfully. Remain standing or try to get back up!

**To reduce the risk of problems with mountain lions on or near your property, we urge you to follow these simple precautions:**

- Make lots of noise if you come and go during the times mountain lions are most active: dusk to dawn.
- Install outside lighting. Light areas where you walk so you could see a lion if one were present.
- Closely supervise children whenever they play outdoors. Make sure children are inside before dusk and not outside before dawn.
- Landscape or remove vegetation to eliminate hiding places for lions, especially around children's play areas. Make it difficult for lions to approach unseen.
- Planting non-native shrubs and plants that deer often prefer to eat encourages wildlife to come onto your property. Predators follow prey. Don't feed any wildlife!
- Keep your pet under control. Roaming pets are easy prey and can attract lions. Bring pets in at night. If you leave your pet outside, keep it in a kennel with a secure top. Don't feed pets outside; this can attract raccoons and other animals that are eaten by lions. Store all garbage securely.
- Encourage your neighbors to follow these simple precautions. Prevention is far better than a possible lion confrontation.

Check out the "Mountain Lion Safety" video at <https://cpw.state.co.us/>, and enter "living with mountain lions" in the search field for more tips on dealing with lion encounters.

If you find a deer carcass on your property, call the KCRMA Park Rangers at 303-979-1876, ext. 170, or Colorado Parks and Wildlife at 303-291-7227 for removal.



Volunteer Patrollers Award Amazon Gift Cards for Exceptional Trail Etiquette

Several resident riders and hikers were presented with Amazon gift cards by Ken-Caryl's Volunteer Patrollers last month in recognition of their excellent trail etiquette!

"I have the unique opportunity to see how [residents] respond to horses on the trail," said Volunteer Patroller Kathy Smith, who also enjoys horseback riding on Ken-Caryl's trails. "Three bikers [Jon and Everett Carlson and Maribeth Resnick] were simply amazing! Each pulled off the trail well in advance, waited for me to get close and asked if they were good where they were located, what was best for the horse and were generally concerned about safety for all of us. I was especially impressed at how polite and respectful young Everett Carlson was!"

Volunteer Patroller Scott Brubaker also observed exceptional trail etiquette, awarding several gift cards to unsuspecting resident trail users – to their surprise and delight!

"I gave out one gift card while on patrol...to Travis Keenan," said Scott. "I chose Travis because he was coming down Cougar Trail while I was riding up and he stopped, dismounted his bike and stepped off the trail to make room for me, the uphill rider. He also had a properly displayed open space bracelet! I [also] gave out a gift card to Debbie and Bob Stevenson. They were hiking with their dog Mac on Lower Cougar. They had Mac on a leash, had a visible trail bracelet and were aware of their surroundings as I approached."

The Volunteer Patrollers gave out a total of 12 Amazon gift cards, beginning Sept. 15, in an effort to recognize and promote good trail etiquette.

According to Scott, all the resident gift card recipients, "were very appreciative!"



Father and son riders, Jon and Everett Carlson received an Amazon gift card! Photo courtesy of Kathy Smith.



Residents Debbie and Bob Stevenson and their dog, Mac, were recognized for excellent trail etiquette. Photo courtesy of Scott Brubaker.



Resident Maribeth Resnick was recently recognized for excellent trail etiquette. Photo courtesy of Kathy Smith.



Resident and rider Travis Keenan was surprised with an Amazon gift card. Photo courtesy of Scott Brubaker.

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- Have a question, compliment, or concern? You can contact Waste Connections in any of these ways:
- Send an email to [kencarylco@wasteconnections.com](mailto:kencarylco@wasteconnections.com), or visit their website at <https://www.wasteconnections.com/contact-us/> and choose from their options (bulk item pick-up, missed pick-up, etc.). You can also contact Waste Connections by phone at 303-288-2100. We highly recommend using email or the website – the response time is much faster!

## OUR COMMUNITY

## Return of Serv(ice)

By Kathy Webster, Resident

It is official. John Peterson, Ranch resident, tennis player and financial advisor with Edward Jones, has returned service. For the past year, John has sponsored the "Go Green" tennis ball recycling program in our community by helping with the shipping costs. John has generously decided to "return service" to the community and commit to sponsoring the recycling program for another year.

In case you haven't heard, our community recently reached the 10,000 recycled balls goal and received a "Green Ball Award." Please look for the certificate awarded to Ken-Caryl Recreation Center posted on the door to the indoor tennis courts.

The mission of the "Go Green" recycling program is to recycle or reuse every tennis ball in order to keep the balls out of the landfills. It takes 400 years for a tennis ball to degrade in nature. Once the green recycle boxes are full, they are shipped to Vermont where they are turned into "green gold." This "green gold" is used to manufacture a variety of products, including a new-age tennis foundation, playground surfaces, equestrian dressage courses, and in horse stables and barns to keep the dust down. Engineers are using whole used tennis balls as shock absorbers in building the foundation for structures in earthquake zones.

Thank you to all have joined the recycling efforts in our community. Don't stop now! Please keep filling up those green boxes in service to the environment, our community, and our sport.

A special thank you to John Peterson for his return of service. He aced it again!

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4 Mule Deer

4 Mourning Dove

4 Wild Turkey

54 Blue Sage

1 May Cherry

5 Blue Cedar

11 Willowleaf

8 Blue Willow

13 Buckthorn

9 Lindenwood

7622 Davis Peak

10377 Red Mtn.

3 Willowleaf

15 Mountain High

9 Mule Deer

9 Buckthorn

49 Blue Sage

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◆ MINDING OUR BUSINESSES

Compassionate Connection for Seniors Close to Home

By Allison Hefner, Editor  
Resident Nikki Browne is compassionate about caring for seniors. That is why she is using her training and background as a life coach and communications professional to help local families and caregivers in need of providing companionship, community and connection for their elderly loved ones with her new business, SeniorSocializers.

Born out of the need to find and provide an empathetic ear and connection for her own grandmother living alone in Illinois, Nikki wanted to help others in a similar situation; employing her own listening and caring skills to visit with, and offer human connection to, independent seniors in our community. Combining her passion for helping seniors and her professional background as a life coach and communicator, Nikki officially launched her business in August.  
“My 89-year-old grandma lives in Illinois and lost her partner of 40 years right before the pandemic,” explains Nikki. “We searched for companies that could stop by and visit with her since she cannot drive. All we could find was homecare, which was basically [administering] medications, cleaning the house, doing laundry, etc. We couldn’t find anyone to just visit with her. We realized there was a gap in this type of service and that I could fill that void given my passion to help people, [along with my] communication and coaching skills. I could provide quality visits that focus solely on them.”

SeniorSocializers offers one-hour long visits, where Nikki does all of the driving, whether that be to a client’s home, assisted living facility or retirement community. To truly understand each client’s needs and to provide a customized experience, Nikki offers a free consultation for her services. She then creates a customized visitation plan that best accommodates client preferences and what they value most, whether that be conversation, walks, activities, reminiscing over treasured photos and memories, helping clients discover and join new interest groups, or in setting goals that will create a happier living environment.

“The free client consultation is also when we can find out about any physical or mental challenges that we need to be aware of in order to best help [these seniors],” said Nikki. “My background helps with the experience of being an active listener where the conversations are always about them, never about me. I am adept at reading people in terms of conversational skills - for example, are they talkers, shy, sad, nervous - and can adapt to them. Coaching skills can help alleviate fears and blocks, build confidence, and set attainable goals. I create a judgment-free zone where anything can be talked about freely.”

Nikki, a Colorado native who moved to Ken-Caryl three years ago, graduated from CSU with a degree in Speech Communications in 2002, where she focused on nonverbal, social pragmatic, interpersonal and co-cultural communication skills.

“I have worked various types of jobs over the years, but the one thing they all had in common was working with people,” said Nikki. “It is my passion and I truly love listening to and helping others with anything and everything going on in their lives. I realized I had been “coaching” people unofficially for over 20 years. I had the opportunity during the pandemic to finally get certified as a life coach. I have been casually coaching, by word of mouth, for over a year now.”

Nikki passionately believes that regular communication and trusted

connections are the primary pillars of good health for seniors. According to Nikki, studies have shown that keeping lines of communication open has major health benefits, especially for older adults.  
“Our seniors are generally happier and healthier with lower rates of chronic illness, less anxiety and depression and better cognitive health when they feel connected,” said Nikki. “No one wants to be forgotten, but the elderly experience a heightened sense of this fear. Reminders that people still think of them often reassures them of their importance. They are not simply coasting to the end of their life - they are still living it!”

In terms of scheduling, Nikki customizes her visits depending on their individual needs, wants and preferences. Most of her clients enjoy between one visit every week or two. As part of her dedication to keeping an open line of communication, she also provides updates on how each client is doing to their family and loved ones. And just like her personalized care plan for each client and their family, she imagines that her business will be constantly evolving based on individual needs, which is why she openly welcomes suggestions and feedback.

For more information, or to schedule a free consultation for yourself or a loved one, please visit her website at [www.seniorsocializers.com](http://www.seniorsocializers.com). To connect with Nikki, call 720-258-6765, or email her at [support@seniorsocializers.com](mailto:support@seniorsocializers.com).  
“We knew that families are busy with life - kids, careers, household duties, and the list goes on,” said Nikki. “We know the guilt and stress that can accompany not having the time to visit loved ones as often as one would like. We envisioned a scenario where we could be that middle figure that would help the families and seniors at the same time.”



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## Trash & Recycling Information

Waste Connections is the trash and recycling service provider for Ken-Caryl Ranch. Service is included as part of the Ken-Caryl Ranch Master Association monthly residential dues. Waste Connections can be reached at 303-288-2100 or [www.wcdenver.com](http://www.wcdenver.com).

### Trash and Recycling Totes

Residents have the option of using their own trash and recycling containers/bags or using 96-gallon totes provided at no charge by Waste Connections. To order totes, send an email to [kencarylco@wasteconnections.com](mailto:kencarylco@wasteconnections.com), say that you want to sign up for totes, and provide your name, address, email address, and phone number. You can request both trash and recycling totes, just a trash tote, or just a recycling tote.

### Holiday Trash Delays

Waste Connections observes the following holidays: New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend. If your normal pickup day falls on or after a holiday, your collection schedule will run one day late that week.

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Celebrate And Donate at Devin’s 5th Annual Birthday Blood Drive

By Kaitlin Vellore, Resident

Five years ago, Kaitlin Vellore’s angel, Devin, was born and her own life was saved by blood donations! Help the family celebrate and save another life with a blood drive on Oct. 22 from 9 a.m. – 1 p.m. at the Dakota Lodge.

The Vellore family has committed to pay it forward every year with a blood drive on Devin’s Birthday! The family is so honored to keep this tradition going, and it brings them so much joy to see friends and neighbors donate for the 1st, 5th or 25th time! Thank you for helping the family pay it forward!

According to Kaitlin, they do need to schedule all blood drive participants. Participants can go directly to donors.vitalant.org to sign up to donate blood. Sign in as a guest and use site code 00437. Please contact Kaitlin Vellore with questions at kaitlin.vellore@gmail.com, or 914-473-9257.



Devin Vellore's life was saved because of blood donations.

New Owl Camera Improves Virtual Board Meeting Experience

In a joint effort to ensure transparency and to improve accessibility at its board meetings, the Master Association and the Metropolitan District have recently employed the help of the Meeting Owl® device, providing remote attendees the opportunity to enjoy a truly immersive meeting experience! The Meeting Owl® device is a 360° camera, microphone and speaker unit that offers all remote viewers to see and hear everything at our community’s board meetings! The device uses computer vision to automatically focus on each presenter when speaking in addition to providing a broad view of the board panel and presenters.

The Meeting Owl® device also supports the two boards’ Zoom video conferencing platform and is also Wi-Fi-enabled to get smarter over time through continuous software innovations and feature launches to the Owl Intelligence System.

If you cannot attend a future board meeting in person, we invite you to see for yourself how the Meeting Owl® is improving your online experience! This new technology is certainly a hoot!



Typical front-of-room camera experience

The Meeting Owl® provides multiple views of meeting participants, including focusing on individual speakers when speaking, and is currently being used at both MA and MD Board meetings.

Move to Zero

By Kathy Webster, Resident

I want to thank all those residents who have been recycling their rubber soled shoes. I want to remind newcomers of the Nike Grind tennis shoe recycling program that our community has been participating in for many years.

When the silver trash can just inside of the indoor tennis building is full, the shoes are taken to the Nike Outlet in Lakewood and shipped for recycling or repurposing of the materials. The broken-down rubber is used in construction of retail and workplace spaces, in making furniture, in constructing skateboards, in laying down running tracks, in Nike footwear and much more.

The mission of the Nike Grind program is to “Move to Zero,” a journey towards zero carbon and zero waste. Nike wants to contribute to a “circular future.”

Nourish your soul and the environment and recycle your old rubber soles.

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# Resident John Hemsy Presented with West Metro Citizens Award for Heroism

Ken-Caryl Valley resident John Hemsy was recently awarded a West Metro Fire Rescue Citizen Award during the organization’s September Board of Directors’ meeting as a result of his life-saving, heroic efforts in tending to a cyclist suffering from cardiac arrest.

According to West Metro Fire, on Friday, Aug. 26, crews responded to an emergency medical call along a trail in the Ken-Caryl Valley. A cyclist had suffered cardiac arrest and crashed their bike.

John was sitting on his back deck, reading, when he heard the crash and went to see what happened. When he got to the rider’s side, he witnessed that the rider was unconscious and unresponsive.

John ran back home to call 911 and then returned to initiate CPR until West Metro firefighters arrived on scene. After several rounds of cardiac medications and CPR compressions, the rider’s pulse came back and the rider was then transported to a local hospital where they were immediately sent to the facility’s Cardiac Catheterization laboratory.

According to West Metro Fire, “We know that John’s efforts were crucial in giving the rider the best chance for survival. CPR that is administered within a short time after a cardiac arrest can double a patient’s chances for a good outcome.”



From left, Assistant Chief Brian Daley, John Hemsy and Fire Chief Don Lombardi.

# Resident William Shoup Earns Eagle Scout Rank

By William Shoup, Resident

William Jackson “Jack” Shoup obtained the rank of Eagle Scout with Troop 685 in Littleton, Colorado on Aug. 1. Troop 685 is chartered by Abiding Hope Church, located at the corner of W. Coal Mine Ave and S. Simms St. Jack, the son of William and Nicole Shoup, is a resident of Ken-Caryl. He is a sophomore at Chatfield Senior High School, where he plays the trombone in the marching band and is a part of the theater community. For his Eagle Scout project, Jack created pet enrichment items for Demi’s Animal Rescue in Denver, CO.



William Jackson “Jack” Shoup

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Ken-Caryl Ranch  
Historical Society  
to Participate  
in International  
Archaeology Day

The Ken-Caryl Ranch Historical Society will be participating in this year's International Archaeology Expo (IAD) 2022, in partnership with Colorado Parks and Wildlife. The expo kicks off on Oct. 15 from 10 a.m. - 3 p.m. outside Roxborough Intermediate School. As part of the expo, Jim Antes, Co-Chair of the Ken-Caryl Ranch

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kristenp@kcranch.org  
303-979-1876, ext. 109

Historical Society, will be hosting a tour of the Bradford House, where attendees can learn about Major Robert Boyles Bradford who founded the Bradford Wagon Road, a principal route in the 1860s from Denver to Leadville and South Park. Part of the tour will include the Bradford House II site, a prehistoric rock shelter where thousands of artifacts were found! The tour will take place in conjunction with the expo on Oct. 15, from 1-2:30 p.m. at the Bradford Pool Parking Lot, located at 6 Killdeer Ln. in the Ken-Caryl Valley.

The expo is a free, educational event and fun for all ages! Exhibitors will provide demonstrations, hands-on activities, and informational



displays about archaeology, historical archaeology and cultural sites throughout Colorado. Guest lecturers will also be speaking on various archaeological topics, and tours of

additional archaeological sites will be provided. For more information, and to register for the Bradford site tour, visit <https://www.communityconnections.biz/iad2022>.

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St Tim's Episcopal Church

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St Tim's Episcopal Church

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Littleton United Methodist Church

SUNDAY, MARCH 19 AT 2 PM

St Tim's Episcopal Church

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Michael Todd Krueger  
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PLEASE NOTE: Our annual "pay-what-you're-able" benefit concert for Littleton Elementary School Music Programs is tentatively planned for late spring 2023. Sign up for our e-newsletter and check our website for the confirmed date, time and location.

TICKETS AVAILABLE ONLINE AT  
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Limited day-of tickets are also generally available at the venue door.  
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## Fairy Tale Ending

Helping our furry friends find homes.

Every adorable, adoptable resident of Foothills Animal Shelter lacks only one thing: a happy home. Please consider adopting one of this week's featured pets:



**Mazy (#224076):** Mazy is a 7-year-old, female American Pit Bull Terrier mix. With a twinkle in her amber eyes and an endearing smile, this adorable girl is eager to find an active family (with children aged 10 or older) that will indulge her strong desire to make new friends and to do so in a way that's comfortable for her. A handsy, overly familiar or intrusive greeting can cause her to feel insecure and inclined to escape. Mazy has enjoyed recreating with dogs she meets in a comfortable environment and may benefit from living with a well-matched canine companion.



**Cici (#259777):** Cici is a 13-year-old, female cat. Cici is a sweet senior tabby who, while understandably fearful in the shelter environment, generally warms up with gentle attention and petting and needs a calm, quiet environment without the distraction of small children. Cici will only be rehomed to a family with children aged 10 or older and one without competition from other felines. If she is provided with time and loving patience to adjust to a new household, there's every indication she'll become a loving and steadfast companion during her golden years.

To find out more about Mazy, Cici and other deserving pets in need of good homes, visit [www.FoothillsAnimalShelter.org](http://www.FoothillsAnimalShelter.org).

## PICTURE THIS! - What a Hoot!



The Sudolnik Family took this photo of an owl keeping a watchful eye on things in the Plains.



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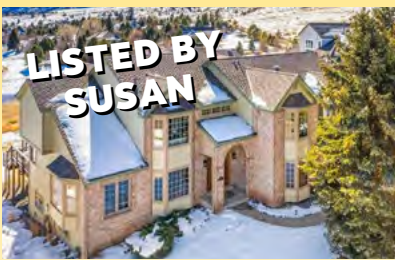


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# HALLOWEEN BOO BASH

OCTOBER 21ST

4:30PM-6:30PM AT THE RANCH HOUSE

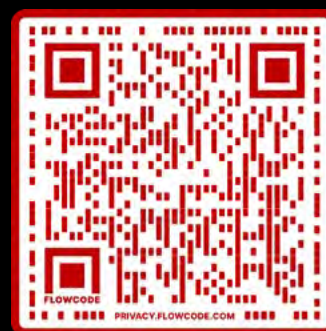


**CALLING ALL GHOSTS AND GHOULS!!**

Come join us for a FREE spooktacular evening of "trunk or treating", hot chocolate, s'mores, wagon rides, and a costume contest!

## TRUNK OR TREAT

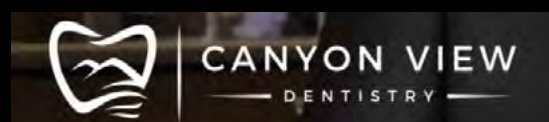
Businesses and community members can register to host a Trunk or Treat vehicle. FREE Resident car registration! Prize for the best decorated car!



Scan the QR code for registration and event details!



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# RECREATION PROGRAMS & ACTIVITIES

Register online at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) today!



## Special Events

**Kate McDonald**  
Aquatics and Community Coordinator  
[katem@kcranch.org](mailto:katem@kcranch.org)  
303-979-1876, ext. 131

### Be A Good Neighbor/ Creatures of the Night

Join us on Oct. 14 at 6 p.m. at the Dakota Lodge for the Good Neighbor/Creatures of the Night Presentation regarding reducing light pollution. Ryan Parker with the Colorado Chapter of the International Dark Sky Association will present the Good Neighbor portion of the program. Andrew Barron and Shauni Schermerhorn with Nature's Educators, a non-profit organization that connects people to the environment by teaching about other creatures that share our space, will lead the "Creatures of the Night" portion of the program, featuring live animal ambassadors! Please note: Touching or petting the ambassadors is prohibited. This event is free to attend. Kids activities available and light refreshments will be served. Children aged 5+ welcome to attend.

### Boo Bash

Get frightfully festive at this year's Boo Bash on Oct. 21 from 4:30-6:30 p.m. at the Ranch House! Celebrate the Halloween holiday by decorating your car for this fun Trunk or Treat event! This event is FREE to register for resident host cars, but you must sign up for your car in advance. Business may register a car at the event for a fee. This event is FREE for attendees, no registration required! Details and registration available on the Special Events page of our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Veterans Breakfast

Veterans, please join us at the Ranch House for a free breakfast in your honor from 9-10:30 a.m. on Veterans Day, Nov. 11. A biscuit bar, including eggs, sausage, bacon, seasonal jams and fruits will be served. Connect with fellow veterans and their families. Space is limited and reservations are required to attend. Veterans and immediate family welcome. Visit our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) and click on the Register icon located at the top right corner of your screen.



## Special Events

### Gobble Wobble, 5K and Fun Run

Mark your calendars and plan on joining us for this year's Gobble Wobble 5K and Fun Run to kick off the Thanksgiving holiday, Nov. 19 starting at 8 a.m. at the Dakota Lodge. This year's event will feature post-race refreshments, a pie-eating contest and a raffle! Details and registration coming soon!



## Tennis & Pickleball

**Robert Campbell**  
Tennis Program Supervisor  
[robert@kcranch.org](mailto:robert@kcranch.org)  
303-979-2233, ext. 202

### Junior Tennis Lessons

Looking for tennis lessons for your young player? Register your child today via our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Adult Tennis Lessons

Register today for Adult Tennis Lessons! For more information, and to check availability, including available lessons based on skill, please visit our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Cardio Tennis!

Get into the game with Cardio Tennis! Here's the game plan:

- Wednesday 6 p.m., 3.5+
- Wednesday 7 p.m., 3.0 and below
- Friday 8 a.m.: level 3.5+
- Friday 9 a.m.: level 3.0 & below
- Saturday: 8 a.m. level 3.5+

Be sure to mark your calendars! Online registration opens 48 hours in advance at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. To sign up for the e-News, go to [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) and fill out the e-News sign-up form on the home page or send an email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org).



## KC Fitness

**Janet Robbins**  
Fitness Coordinator  
[janetr@kcranch.org](mailto:janetr@kcranch.org)  
303-979-2233, ext. 185

### "Octoberfest" FREE Yoga Class

Join us for an "Octoberfest" FREE Yoga class on Oct. 17 from 9:15 – 10:30 a.m. at the Community Center, followed by free fall treats! This event is sponsored by Kaiser Permanente, a great time to ask insurance/Medicare coverage questions. The class is FREE, but pre-registration is required. To register, visit our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) and click on the Register icon at the top right corner of your screen.

### Fitness Classes and Personal Training

Please visit our website for the most up-to-date information on classes, hours and fitness sessions at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Fitness Class - Chisel & Stretch

Finish your week off right with a Friday 9:15–10:05 a.m. Chisel & Stretch class! This class will provide strength and core training followed by an extended period of stretching. Come join the challenge! Register online at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Follow Ken-Caryl Ranch on Twitter

Check it out at [http://twitter.com/kencaryl ranch](http://http://twitter.com/kencaryl ranch)



## Sports & Athletics

### Disc Golf 101

Disc Golf 101 is geared toward the beginner or is a great family activity to learn and play together! Using proper beginner discs (included in registration fee) you will learn to perform proper throwing technique for tee shots, approaches, and putts, as well as etiquette for on the course, mental game mentoring and information on local courses. To register, visit our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) and click on the Register icon at the top right corner of your screen.

### Intermediate Disc Golf

This program is geared toward those ages 8 years old and up who have played disc golf. This is also perfect for those who have taken our Disc Golf 101 class and want to learn more. Topics include distance driving, putting techniques, footwork, etiquette, mental game, and information on local leagues, events and clubs. To register, visit our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) and click on the Register icon at the top right corner of your screen.



## Youth Programs

**Lizz Brock**  
Recreation Supervisor-Youth Programs  
[lizzb@kcranch.org](mailto:lizzb@kcranch.org)  
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# Residents SLASHed Fire Risk at Ken-Caryl's SLASH Removal Day

Ken-Caryl Ranch held its SLASH Removal Day on Oct. 1 at the Equestrian Center, where residents had the opportunity to drop off their SLASH for chipping or to opt for curbside SLASH collection and disposal. Members of the KCRMD Parks Department were on hand at the Equestrian Center to collect SLASH for chipping, and the KCRMA Ranger staff assisted with curbside SLASH pickup as a courtesy to residents. This event was sponsored in partnership with the Master Association and the Metropolitan District as part of Ken-Caryl Ranch's ongoing commitment to fire mitigation efforts to help protect our community from wildfire.



From left, Rangers Sofia Lambert, Gary Norton and Michael Ryan picking up SLASH from resident homes. According to Park Ranger Supervisor Matt Oven, the rangers removed material from 29 properties over two days for curbside SLASH pick up.





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# Make Home Ignition Zone Maintenance a Priority

WHY?

The home ignition zone requires regular, ongoing maintenance to be effective. Your home is located in a dynamic environment — trees, grasses and shrubs continue to grow, die and drop leaves each season, and there are ongoing maintenance needs on any structures on your property.

### HOME IGNITION ZONE CHECKLIST

PREPARE YOUR HOME FOR WILDFIRE WITH THESE STEPS

#### TOP PRIORITIES

- ☐ **CLEAR** roof, deck and gutters of pine needles and other debris.\*
- ☐ **MOW** grass and weeds to a height of 4 inches or less.\*
- ☐ **RAKE AND REMOVE** all pine needles and other flammable debris from 5 feet around the foundation of your home and deck.\*
- ☐ **TREAT** or mow shrubs that re-sprout aggressively (such as Gambel oak) every 3-5 years or more depending on growth rates.
- ☐ **REMOVE** branches that hang over the roof and chimney.
- ☐ **DISPOSE** of slash from thinning trees and shrubs by chipping, hauling to a disposal site or piling in open areas for burning later. *Any accumulation of slash that's chipped or otherwise should be 30 feet or more from the home.\**
- ☐ **AVOID** creating continuous areas of wood chips on the ground when chipping logs and/or slash. Break up the layer of wood chips by adding nonflammable material, or allow for wide gaps of at least 3 feet between chip accumulations.

*\* Address as needed, more than once a year.*

#### FIREWOOD

- ☐ Keep firewood stacked uphill from (or at the same elevation as) any structures, and keep the woodpile at least 30 feet away from the home.
- ☐ Do not stack firewood between remaining trees, underneath the deck or on the deck.
- ☐ Remove flammable vegetation within 10 feet of woodpiles.

#### PROPANE TANKS

- ☐ Keep aboveground tanks at least 30 feet from the home, preferably on the same elevation as the house.
- ☐ Remove flammable vegetation within 10 feet of all propane tanks and gas meters.

#### DRIVEWAYS

- ☐ Maintain at least 10 feet between tree crowns, thinning them a minimum of 30 feet back from each side of the driveway from the house to the main access road.
- ☐ Remove ladder fuels beneath trees after thinning.
- ☐ Remove any shrubs that are within 10 feet of the outer edge of tree crowns.
- ☐ Space shrubs apart at least 2 ½ times their mature height, as measured from the edge of the shrubs.
- ☐ Post signs at the end of the driveway with your house number that are noncombustible, reflective and easily visible to emergency responders.

SOLUTIONS FOR MANAGING SLASH

- 1

Spread slash and wood chips over a large area to avoid heavy accumulations and large piles. Being close to the ground will help speed decomposition.
- 2

Burn slash piles, but before doing so, always contact your county sheriff's office or local fire department for current information or possible restrictions.
- 3

Lop and scatter slash by cutting it into small pieces (less than 24 inches long) and spreading it over a wide area, to a depth not exceeding 18 inches. Don't scatter material over 4 inches in diameter.

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### Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. It is a great information source and supplement to the newspaper and other forms of communication on Ken-Caryl Ranch.

To sign up for the e-News, go to [www.ken-carylranh.org](http://www.ken-carylranh.org) and fill out the e-News sign-up form on the home page or send an email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org).



# 2022 KCAG Juried Art Show: Calling All Ken-Caryl Ranch Artists

The Ken-Caryl Art Guild is hosting a juried art show exclusively for Ken-Caryl Ranch residents. The 2022 KCAG Juried Art Show will be held at Dakota Lodge from 5-8 p.m. on Nov. 5. Admission is free and open to the public. Light refreshments will be available, courtesy of our sponsor, top producing Colorado Realtor, Eva Stadelmaier.

### Submission Details

Open to KCR residents, age 16 and over.

Original Artwork: Open theme, 2d art only, maximum finished or framed size - 24" x 36." All mediums accepted: photo, painting, mixed media, fiber, digital art, watercolors, pastels, prints, drawings, etc.

Deadline: By midnight of Oct. 16.

Entry information: Limit (2) entries per artist. Images of artwork must be submitted by email to submissions@kencarylartguild.org. Each image must be in jpeg format and must be included in the email as an attachment. (Do not embed the image in the email body.)

Label information must be provided in the body of the email for each image:

- 1) Artist name
- 2) Title of work
- 3) Medium
- 4) Finished or framed size
- 5) Price (or not for sale designation)
- 6) Statement about the work (optional)

### Timeline

Oct. 1: Artwork submission period opens.  
Oct. 16: Artwork submission period closes by midnight.  
Oct. 24: Notification to artists whose work is selected for the show.  
Nov. 5: Drop-off at 1-3 p.m. at the Dakota Lodge.  
Fee: \$5 cash intake fee per accepted

## PICTURE THIS! - Brunching Bucks



Resident Sue McNamee snapped this photo of a few bucks relaxing near her deck after visiting her and her husband Jim for breakfast!

work will be collected at that time.  
Nov. 5: 1st, 2nd and 3rd place cash awards will be announced at 7 p.m.  
Nov. 5: Pick up artwork at 8-9 p.m.

### Additional Details

Artwork will be selected by a panel of judges from the Ken-Caryl Art Guild.

All artwork selected for the show must be brought to the Dakota Lodge on Nov. 5 from 1-3 p.m., ready to hang with hanging wire (no sawtooth hangers).

Sale of artwork is the responsibility of the artist. Artwork may be labeled 'not for sale'.

Special thanks to top producing Realtor in Colorado, Eva Stadelmaier for her support as sponsor of the 2022 Ken-Caryl Art Guild Juried Art Show.

For more information, contact Guild President Cindy Marshall at rmarshco@aol.com.

## OUR COMMUNITY

### Ranger Giveaway Day a Big Success!

The Ken-Caryl Ranch Park Rangers, along with our volunteer patrollers, hosted a Giveaway Day at the North Hogback Trail, on the west side by North Ranch Road on Sept. 24.

Volunteer patrollers were on hand to greet open space users and gave away Ken-Caryl Ranch bandanas, dog waste bags, bells for bikes, snacks and water to all those who stopped by to say, hello!



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Staff Spotlight:  
KCRMD Turf  
Technicians are  
Terrific!

Highlighting the unsung heroes responsible for keeping Ken-Caryl's parks, facilities and greenbelts beautiful - shout out to Ken-Caryl's Turf Technicians, Jose Larios, who has been with the Parks Department for 27 years, JJ Cortez who has been a team member for three years, and Mike West, who has been with the Parks Department for the past two years.

These three outstanding employees can be seen braving the scorching sun in the summer and even the bitter cold of winter to assist in our community's beautification efforts. Jose, JJ and Mike are responsible for taking care of the turf, mowing, trimming, blowing as well as edging duties for our community's parks, around our facilities in the Valley and the Plains, and on the greenbelts. In their off season, they assist other crew members in the fall and spring, as needed. For example, Jose, JJ and Mike help the horticulture crew rejuvenate and clean out garden beds, and often spend a lot of time pruning trees, and assisting with irrigation needs when updating or rebuilding garden beds and mulching tree beds in the shoulder seasons. In the winter, they assist with snow removal. These crew members really are, "Jacks of All Trades!"

According to Parks Director Richard Plack, all three of these team members should be recognized for their dedication and commitment to serving our community.

"Jose, JJ and Mike all have an incredible work ethic, and a very diverse set of work skills," said Richard. "They mow for six months but the other six months they are on a variety of different crews completing those projects, so they are well-versed in irrigation, tree maintenance, horticulture and hard scape projects."

Next time you see these crew members around, please thank them for all of their hard work!



Mike West



Jose Larios



JJ Cortez

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**Life at Ken-Caryl Policy: Letter to the Editor**

LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words—and must be received by the published deadline date and time. Deadline dates and times can be found at [www.ken-carylcranch.org](http://www.ken-carylcranch.org).

The preferred method for submitting letters to the editor is by email to Allison Hefner at [allisonh@kcranch.org](mailto:allisonh@kcranch.org), but they may be mailed or hand-delivered to the Ranch House, Attn: Allison Hefner, 7676 S. Continental Divide Road, Littleton, CO 80127. A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt. We do not print anonymous letters.

Letters must include name, address and phone number (daytime), but only the author’s name and “Ken-Caryl Resident” or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and

may be edited. Editor retains right to appropriateness and content. Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect. Email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org). Deadline for Oct. 26 paper is Oct. 17 at 9 a.m.

**Dear Editor:**

Ballots for the November election will soon be arriving in your mailbox. Please pay attention to the Jefferson County elective offices on the bottom of the ballot. You will have the opportunity to vote for Jefferson County Commissioner, Sheriff, Clerk and Recorder, Assessor, Treasurer, Coroner and Surveyor.

Why pay attention to these races?

- First, you will be paying these County officials collectively over \$3,000,000 in salaries plus benefits to do their job over the next four years.
- Second, these county officials will be charged with wisely spending over \$1,800,000,000 of your tax dollars and other revenue over the next four years.
- Third, they will determine how the services you use the most in your daily life are (or are not) delivered.

When you back out of your driveway on a snowy morning, you back onto a county road. You drive your kids on that county road to a Jeffco school, or a Ken-Caryl park. Or, you have an emergency and need medical, fire, county sheriff, or God forbid, coroner assistance. All of these are fully, or partially paid for, by your property taxes assessed, collected and distributed by the county assessor and treasurer. The ballot you will be voting is produced, mailed and tabulated by the county clerk and recorder, who also issues the license plates for the car you are driving.

You won’t get your street plowed or a sheriff’s deputy to respond to an emergency by contacting your senator or governor. You need county government to get those jobs done. So really, which are the most important races on the ballot when it comes to the quality of your daily life?

Please take the time to research each of the candidates for county commissioner, sheriff, clerk and recorder, assessor, treasurer, coroner and surveyor and make sure you vote and vote wisely for these important Jefferson County offices.

*Jim Everson, Resident*

**Dear Editor:**

Thank you to all who worked on the Dog Park Task Force. I also want to thank the Fence Task Force for all the work you are doing in this area. I’m sure you encountered difficult times working through decisions while trying to complete your task. It is good to see that concerns from the 2021 Community Survey are being tackled. According to survey results, other topics that residents requested action on was that of a conservation area, land

*Continues on page 22*

**PICTURE THIS! - Eight is Enough**



Resident Roger Nebergall took this photo of a rangale of deer near his home in the Valley. According to Roger, he and Connie Dix had “supervisors’ overseeing their yard work, with a few they caught falling asleep on the job!

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that “would be closed to all people” and nighttime trail closures for the health and well-being of wildlife. In the past, these two items have been brought up several times in board meetings with no implementation. These two topics are the easiest ones to implement. Very little, if any funds need to be spent. KCRMA’s last remaining, untouched, open space is the remote Wildcat Ridge area. Keeping this area as a conservation area will “check off another box” in listening to the residents’ wishes from the 2021 Community Survey. KCRMD’s open space for conservation is the South Hogback Open Space. Conservation was its intention when purchased many years ago. Nighttime closures (sunset to sunrise, like Jeffco Open Space rules) will also be easy to implement in the very near future, as fall and winter are approaching, the sun is setting earlier each day, and we humans will be hunkering down for the winter. All wildlife is in need of a respite from human interaction, and nighttime closures will offer them that much needed private time. By the time warmer weather starts to arrive, human residents will be used to having nighttime closures and they can plan their activities accordingly. This will probably anger some residents, but don’t we all need to learn to coexist and live in harmony with each other along with the wildlife? Healthy wildlife makes for a healthy environment for all of us to live in.

Please write respectfully to all board members and ask that a conservation area and nighttime closures be implemented

immediately, as results showed in the 2021 Community Survey.

*Rilla Reinsma, Resident*

**Dear Editor:**

Huge shout out to Kristen Peterka and the KC Master Association for hosting such an amazing Barn BrewHa annual event last month. Now that my kiddo is grown, it’s been a while since I attended. I realized, however, that has been a miss on my part as it is a fantastic community event, no matter the age. I also had the opportunity to volunteer at the Trail Club booth, which turned out to be a great way for Trail Club representatives to meet both new and established residents and pass on trail awareness tips (i.e. bike bells, etc.). Can’t wait to attend next year. Thank you, Kristen, Victoria, all involved. Appreciate your tireless efforts!

*Tracy Soukup, Resident*

**Dear Editor:**

I try to walk one to two miles a day through the Plains, occasionally back in the Valley as well. I now carry a dog poop bag with me, not for a dog, but for picking up trash from empty beer cans and small alcoholic bottles to now lots of vaping devices. Ken-Caryl needs to stop and take some pride in our area. Whether kids or adults, please fine these people or something! Just this past week, I picked up four vaping devices! Is this what we want for our Ken-Caryl children? Let’s discuss please.

*Laurie Langley, Resident*

ISSN 0899-6318

*Life at Ken-Caryl* is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors. NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a whole. Deadline dates are published at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the *Community & News*, then *Newspaper & e-News* tabs.

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Contact information for the Master Association and Metropolitan District Board members and staff is available at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the *About Us* tab.

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Interior Paint Job

Special Thank You for Veterans  
– An Additional 10% Off!

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Allison Hefner at AllisonH@kcranch.org or call 303-979-1876, ext. 108.

Services: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling				
Name	Phone	Services	Age	Neighborhood
Olivia Anderson	303-902-5026	B, P, S	15	Aspen Meadows
Jade Atkinson	720-616-0063	B	17	Aspen Meadows
Hutch Barber	303-249-0468	P	14	Legacy
William Barrs	202-253-8227	L, P, S	11	Retreat
Colette Bennett	720-415-0311	P	16	North Ranch
Piper Blarr	720-255-6877	B, P	16	Colony
Aliza Bochner	720-880-8336	B, P	17	North Ranch
Eva Bochner	720-899-0033	B, P	16	North Ranch
Mariel Bochner	319-338-4414	B, P	13	North Ranch
Abby Burton	720-616-1333	B, P	16	Aspen Meadows
Bridget Cassidy	720-244-1359	B, P	17	Stratford Farms
Alice Cuttitta	303-517-8864	B, P	13	Deer Creek
Hope Cuttitta	720-404-0282	B, P	18	Deer Creek
Ella Daugherty	303-591-2004	B, P	16	Legacy
Quinn Daugherty	303-591-2004	B, P	15	Legacy
Razi Daugherty	303-591-2004	B, P	12	Legacy
Presley Davis	720-487-8778	B, P	13	Sunset Ridge
Megan Ellis	720-290-2033	B, P, S	14	Heirloom
Logan Fairbanks	432-260-5071	B, P, L, S	12	Deer Creek
Jack Famariss	720-434-7033	B, P	14	North Ranch
Ryan Flint	303-517-3749	L,P,S	14	Retreat
Caleb Flint	303-517-3749	L,P,S	11	Retreat
Grant Foster	720-345-3120	L, S	17	Aspen Meadows
Kyla Fouts	303-668-0581	B, L, P, S	13	Mountain Gate
Lauren Fox	720-273-4077	B	12	North Ranch
Eva Gallant	303-517-8864	B, P	15	Deer Creek
Connor Glitzer	303-489-3932	L, S	16	The Village
Maria Gonzalez	720-224-3612	B, P, S	12	Cimmaron
Kyra Goudzwaard	720-552-0175	B, P	15	Barrington Ridge
Cameron Guider	303-868-7198	B,P	14	Aspen Meadows
Will Guider	303-868-7198	L,P,S	14	Aspen Meadows
Kara Hammond	720-979-4069	B, P	13	Carriage Hill
Aubrienne Hansen	720-822-5512	P	13	Stallion Pointe.
Keegan Hardesty	720-484-9557	B, L, P, S	15	Cimarron
Mac Hardesty	720-672-1225	L, P, S	13	Cimarron
Gailyn Harrigan	720-390-2770	B, L, P, S	13	Colony
Michael Hefner	303-359-9052	P, L	12	The Spread
Reed Hershey	720-828-3245	B, L, P	12	North Ranch
JJ Heupel	720-372-9476	B, L, P, S	16	Enclave/Traditions
Natalie Himmel	720-788-3419	B, P	15	Eagles Pointe
Kellen Hodges	720-496-6113	B, L, P, S	17	Saddlewood
Maddox Hodges	720-472-2003	B, L, P, S	14	Saddlewood
Reece Hodges	303-667-2606	L, P, S	12	Saddlewood
Gunnar Holmes	720-505-6764	L, S	15	Carriage Hill
Amelia Hopping	720-626-7750	B, P, S, L	14	North Ranch
Erin Hurley	720-600-8261	B, P, S	12	Aspen Meadows
Lukas Jamtgaard	303-763-0250	P	18	Mountain Gate
Afton Jones	720-705-9797	B	16	Manor Ridge
Tyler Karchut	605-641-5672	B, P, S	13	Bradford Place
Salome Kekelia	801-201-1183	B	13	Territory
Eva Kiebler	303-478-6050	B, P	15	Cimarron
Sierra King	720-582-3334	L	14	Heirloom
Kellen Lay	720-629-5566	L, S	12	Wynterbrooke
Andrew Lerudis	720-691-3985	L, P, S	15	Village
Daniel Lobelo	720-203-2912	L, P, S	14	Deerwood Vista
Shea McCaughey	720-774-7499	B, P	13	Cimmaron
Riley McGatlin	703-244-8558	B, L, P, S	14	Legacy
Raleigh Rose McMahon	720-375-3352	B, P	13	Stallion Pointe
Nathan McAnally	303-358-1993	L, P, S	12	Retreat
Janey Millstone	720-668-1029	B, P	15	North Ranch
Sydney Millstone	720-471-3245	B, P, L	15	North Ranch
Hannah Mote	720-305-8757	B, P	14	Stallion Pointe
Kellan Nash	720-630-5764	L, P, S	13	Retreat
Catherine Newsom	303-325-5232	B, P	17	Legacy
Samara Pirozzi	720-818-2203	B, P	16	Traditions
Lillian Pool	720-985-1667	B, P	16	Bradford Place
Alec Prinzi	303-810-3221	B, L, P, S	12	Shaffer Hill
Nathan Rector	720-506-5616	S, L	12	Sunset Ridge
Joshua Reisinger	303-587-0927	L, P, S	16	Eagles Pointe
Alessandra Roberts	720-394-3910	B, P, S,	13	Village
Paulina Roberts	720-394-3910	B, P, S	12	Village
Griffin Ruszkowski	303-960-9883	L, P, S	13	Stallion Pointe
Jake Ruszkowski	720-607-2809	B, L, P, S	17	Stallion Pointe
Sebastian Ruszkowski	720-766-9843	L, P, S	15	Stallion Pointe
Libby Sauer	303-506-9752	B, P	12	North Ranch
Nicholas Schuster	720-990-7465	B, P	18	Heirloom
Liam Schuster	720-480-0691	B, P	13	Heirloom
Aly Secondo	720-625-9910	B, P	12	Cimarron
Ava Secondo	303-883-2592	B, P	15	Cimarron
Maria Seybert	303-668-5987	B, P	18	Saddlewood
Anna Smith	567-217-1248	B	16	North Ranch
Cameron Sternberg	303-949-3691	P	12	Aspen Meadows
Wesley Sternberg	303-949-3691	P	14	Aspen Meadows
Lachlan Stevens	720-742-0086	B, L, P, S	14	Bradford Place
Seumas Stevens	720-210-6065	B, L, P, S	14	Bradford Place
Maddy Szabo	720-768-5452	B	16	Aspen Meadows
Jack Torgerson	303-981-7617	B, P	16	Legacy
Aiden Tyler	720-448-7638	P, S	15	Cimarron
Catie Watkins	720-705-1656	B, P	14	Manor Ridge
Judah Webster	703-655-4428	B,L,P,S	14	The Spread
Wyatt Webster	703-655-4428	B,L,P,S	12	The Spread
Ava Yaley	970-946-8955	B, P	15	Carriage Hill
Cole Yaley	970-946-7649	B, P, S	13	Carriage Hill

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.





Medicare Members:  
**MEDICARE IS CHANGING AGAIN!**

**How Will the NEW Medicare Drug Legislation Impact Your Costs for 2023?**

The recently passed Inflation Reduction Act contains significant changes to Medicare prescription drug coverage. This will impact Medicare plans and their prescription drug benefits. Don't miss this opportunity to have your plan reviewed.

**HealthCare Benefit Services is a LOCAL Brokerage firm that can help you**

- Family owned and operated for 32 years - office in Littleton Colorado (*near Pierce and Coal Mine*)
  - Tammy and Tom Sullivan (resident of Ken Caryl Ranch)
- Medicare Specialists representing all top companies and plans – Supplements, Advantage, Drug plans
- We can answer all of your questions regarding your Medicare options
- No obligation or charge for us to review your options and provide an analysis specific to your situation

**Annual Enrollment Period is here: October 15<sup>th</sup> to December 7<sup>th</sup>**

**How long has it been since you reviewed your Drug Plan (Part D)? *Don't leave on autopilot***

- \*Most plans are changing for 2023
- \*We save \$100s to \$1000s for our clients each year
- \*Remember, drug plan changes can only be made during Annual Enrollment Period**

**What about Medicare Advantage Plans MAPD (Part C)? *Plans you see on TV***

- \*Most \$0 premium with enhanced dental benefits
- \*Networks have expanded; National doctor and hospital networks (great for travelers or those that live out of state part-time)
- \*Part B Medicare premium reduction on some plans

**SPECIAL ATTENTION Medigap/Medicare Supplement Policyholders** – Is your Medigap policy premium getting expensive? Have you wanted to try a Medicare Advantage plan but are concerned if you don't like it you can't go back to your current plan? *We have the answer for you!* There is something called a **Trial Right** that allows you to test drive an Advantage plan for up to 12 months. If you don't like it you're not stuck. You're able to go back to the Medigap plan you had with no questions asked.

**We'll do a Comparative Analysis for you at no Cost or Obligation**

**What your neighbors say about working with us**

*Tammy and Tom's knowledge of Medicare is incredible. They were so thorough in helping me pick the plan that was best for my situation.* Judy B. (client since 2010, Ken Caryl resident)

*It's amazing how much money I'm saving in Medicare costs after becoming a client of Tom's. He reviews my drug plan every year to make sure I'm on the best plan.* Roger L. (client since 2016, Ken Caryl resident)

*Tammy, so glad I called from your flyer in the Ken Caryl paper. That call saved me over \$1,600 on my prescription costs for 2021. I look forward to working with you each year to review my plan.* David P. (client since 2020, Ken Caryl resident)

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Tear here to keep our contact information for your future Medicare needs.



The HBS Team

HealthCare Benefit Services  
**Your LOCAL Medicare Specialists**

**Call Us Today 303-973-6636**

**www.medicarehbs.com**

\* Click the How To Get Started tab \*

*Insurance companies can make things confusing.  
We're here to help! We'll explain your options  
so you can make an informed decision.*

**We guide...you decide!**

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(Near Pierce and Coal Mine)  
info@hbsltc.com