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Keri-Caryl

www.ken-carylranh.org facebook.com/ken-carylranh info@kcranch.org

Wild Horses

Resident riders Andree DeBauge and her horse Cash, Laura Bechtel with Zemira, Debry O’Brien with Mickey and Hannah O’Loughlin with Hoshi all enjoy a trail ride in Ken-Caryl’s open space.

Photo courtesy of resident Kathy Smith.

Love life behind the lens? Consider submitting your photos to *Life at Ken-Caryl* Editor Allison Hefner at allisonh@kcranch.org for publishing consideration in an upcoming issue.



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Sponsored by CCU



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Veterans Day Breakfast on Nov. 11

Veterans, please join us at Dakota Lodge for a free breakfast on Veterans Day, Nov. 11 from 9-10:30 a.m., honoring you! A variety of breakfast items will be available, including eggs, pancakes and coffee. A slideshow of community veterans will be played during breakfast. This event is FREE; however, pre-registration is required. *Please see notes once you reserve your spot online on how to contribute photos for the slideshow.* Space is limited. Veterans and immediate family welcome. Please select number of participants when registering. No need to register each person individually. To secure your spot, visit our website at www.ken-carylranh.org, then click on the Register icon located at the top right corner of your screen.



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Life at
Ken-Caryl

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Oh, the Places We’ll Go!

By Brian Yowell, Master Association General Manager

Oh, the places we’ll go!

We have brains in our heads.
We have feet in our shoes.
We can steer ourselves
any direction we choose.

We’re not alone. We know what we know.
And as a community, we’ll decide where to go.

It’s open-er here
in our open space air.

We know things can happen
and frequently do,
to people as brainy
and feisty as our crew.

And when things start to happen,
don’t worry. Don’t stew.
We have a great team.
We’ll know what to do.

Oh! The places we’ll go!

We’re on our way up!
We’ll be seeing great sights!
We are the highfliers
who soar to high heights.

We won’t lag behind, because we’re gaining great speed.
We’ll pass the competition, and soon take the lead.
Wherever we fly, we’ll be the best of the best.
Wherever we go, we’ll top all the rest.

Oh, the places we’ll go! There is work to be done!
There are challenges ahead. Confident together our challenges will be won.
Our community’s many passions, like that of a quilt. Landscaping to do. Homes
will be built.
Fences to stain. Playgrounds to be built,
in The Valley and in The Plains.
Irrigation, drainage and updates galore.
Think of all the potential we can explore.

We’ll be thrown curve balls, of course,
as we already know.
We’ll get mixed up
with many strange birds as we go.
We’ll be sure that when we step,
we step with care and great tact
and remember that Ken-Caryl’s
a Great Balancing Act.
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lefts.

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KC, we’ll move mountains!

So....be your name Karen, Kristen or Kay
Or Chad, Christian or Clay,
we’re off to Great Places!
Today is our day!
Our mountain is waiting.
So...let’s get on our way!

At your service,
Brian Yowell



October

All meetings will be held at the Ranch House unless otherwise noted.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
8	9	10 6 p.m. Open Space Committee Dakota Lodge	11	12 9:30 a.m. Babytime 10:15 a.m. Storytime	13	14 9 a.m. Ageless & Unstoppable: Senior Living Fair
15	16	17 6 p.m. MD Board Meeting	18	19 9:30 a.m. Babytime 10:15 a.m. Storytime	20 4:30 p.m. Boo Bash	21
22	23	24 6 p.m. MA Board Meeting	25	26 9:30 a.m. Babytime 10:15 a.m. Storytime	27	28

Information regarding audio and video conferencing options for public meetings will be communicated as it becomes available. See website at www.ken-carylranh.org for details.

GIVING BACK

Celebrate And Donate at Devin’s 6th Annual Birthday Blood Drive

By Kaitlin Vellore, Resident

Six years ago, resident Kaitlin Vellore’s angel, Devin, was born and her own life was saved because of blood donations! Help the family celebrate and save another life during a blood drive on Saturday Oct. 21 from 10a.m. – 2 p.m. at the Dakota Lodge.

The Vellore family has committed to pay it forward every year with a blood drive on Devin’s Birthday! The family is so honored to keep this tradition going in honor of Devin’s 6th birthday, and it brings them so much joy to see friends and neighbors donate for the 1st, 5th or 25th time! Thank you for helping the family pay it forward!

According to Kaitlin, they do need to schedule all blood drive participants. Participants can go directly to donors.vitalant.org to sign up to donate blood.

Sign in as a guest and use site code 00437. Please contact Kaitlin Vellore with questions at kaitlin.vellore@gmail.com, or 914-473-9257.



Devin Vellore, pictured, and mom, Kaitlin Vellore’s lives were saved because of blood donations.

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May the (Fence) Task Force Be With Us: KCR Perimeter Fencing Replacement

By Darci Cross, Community Administrator

Hello Ken-Caryl! I hope this finds you well. There is a lot of buzz around the Ranch lately.

Today I would like to take some time to thank our many volunteers, and specifically, the Fence Task Force. The Fence Task Force formation was approved by the Master Association Board of Directors to assist the MA in recommending a solution for the aging fencing throughout the community, specifically the perimeter fencing that defines (and represents) our neighborhood. After meeting for several months, researching neighboring communities and meeting with other HOAs that have developed a strategy for the never-ending task of fence maintenance, the Fence Task Force, along with Master Association staff, presented its recommendations to the MA Board of Directors.

Based on the research completed, the thorough cost estimating and thought-out execution plan, the MA Board of Directors approved the replacement of perimeter fencing, as designated by the MA and Fence Task Force, to become the responsibility of the Master Association and to support this project with an initial \$180,000 allocated for repair, replacement and staining.

Knowing the complexity and extent of fencing that makes up the perimeter fence network in Ken-Caryl Ranch, monies have been allocated to the operational budget for an ongoing allocation to perimeter fence maintenance.

With the green light from the Architectural Committee, a new fence stain color has been approved and will be the only color allowed in Ken-Caryl Ranch. The new gray solid stain was chosen for several reasons, including its ability to resist water staining and fading, and its seamless integration into naturally aging rough cut cedar.

The Master Association has developed a plan for the execution of perimeter fence replacement and has completed several projects in 2023 already!

Stay tuned for more updates on our continued commitment to perimeter fencing updates and repairs throughout Ken-Caryl Ranch.

We are excited to see Ken-Caryl Ranch get the attention and maintenance that it needs to look cohesive and beautiful - not to mention help increase our home values!

For additional information on fencing guidelines throughout Ken-Caryl, please visit our website or contact me for more information via email at darcic@kcranch.org or at 303-979-1876, ext. 109.

I hope you have a great fall and as always be kind,
Darci



We Need You to Help Make our Special Events a Success!

Call for Event Volunteers

Help make our special events even more special by volunteering! Have a Scout looking for community service hours? Looking for ways to volunteer with your kids? Want to make a difference and connect with our community? Then consider volunteering at one of our upcoming fall and winter events! Interested? Check out the available volunteer opportunities listed in this article and e-mail Aquatics and Community Supervisor Kate McDonald at katem@kcranch.org for details and to register!

Boo Bash (Oct. 20 / 4:30-6:30 p.m.)

- Handout S'mores supplies and candy (two volunteers needed)
- Assist with horse and carriage rides

Dog Parade and Tree Lighting (Nov. 18 / 2:30-5:30 p.m.)

- Monitor craft table

Holiday Happenings (Dec. 3 / 1-6 p.m.)

- Assist with craft room
- Help with Santa picture check-in
- Assist horse and carriage rides
- Assist with hot chocolate bar

Call for Musician Volunteer for Veterans Day Breakfast

We are also looking for a musician to donate their talents to entertain our honored guests at this year's Veterans Day Celebration breakfast on Nov. 11 from 9-10:30 a.m. at the Dakota Lodge. If you are musically talented and would like to give back to those who have served our country, in exchange for FREE marketing and promotions to our community, we want to hear from you! Our hope is that the musicians will play background music for the veterans and their families during this event. Free breakfast for the musician(s) is also included! Please e-mail katem@kcranch.org if interested.

◆ SPECIAL EVENTS

BOO! We Need YOU... for the Boo Bash on Oct. 20!

Get frightfully festive at this year's Boo Bash at the Ranch House on Oct. 20 from 4:30-6:30 p.m.! Enjoy this spook-tacular event, featuring "trunk or treating," hot chocolate, S'mores, wagon rides and a costume contest! This event is free for resident attendees, no registration required.

WE NEED YOU to help make this annual event a spook-cess! Residents are encouraged to register for FREE as a resident trunk or treat participant/host car. Businesses may host a car for \$50 and must also register. To register, scan the QR code on our event flyer on page 10, or visit our website at www.ken-carylranh.org and click on the Register icon located at the top right corner of your screen.

Many thanks to our Boo-riffic sponsors, including Platinum Sponsor Canyon View Dental, Silver Sponsor Karen Lamar with Coldwell Banker and Bronze Sponsor Colorado Credit Union!



◆ BULLETIN BOARD

Schedule Update for MD Board Meetings and Budget Discussions

The Metropolitan District spends the bulk of the fall months developing the budget for the following year. The draft budget will be presented to the Board and community at the board meeting on Oct. 17 (this is one week earlier to accommodate a schedule change for the Master Association). This draft budget will include recommendations for expenditures, staffing and capital projects. The District typically has preliminary figures from Jefferson County for how much it will collect in property tax revenues, which helps to balance any increases in the expense items previously mentioned; however, in November of 2023, residents of the state of Colorado will be considering Proposition HH, which will impact the District's revenue stream, pass or fail. The passage or failure of this effort will also impact the budget approval schedule by the Board, which could be delayed into January if the measure passes. Below is the revised meeting schedule for the remainder of this year.

- The Tuesday, Oct. 24 MD Board meeting is rescheduled to Tuesday, Oct. 17.
- The Monday, Nov. 13 MD Board meeting is cancelled.
- The Tuesday, Dec. 5 MD Board meeting will occur as scheduled. This will be a Public Hearing for the Budget.
- If Proposition HH fails, a Board meeting may be held on Tuesday, Dec. 12 if the Board determines it is necessary to have further discussion on one or more budget topics before approving the 2024 Budget.
- If Proposition HH passes, a Board meeting will be held on Wednesday, Jan. 3, 2024. This will be a Public Hearing.

If you'd like more information on the budget process, feel free to reach out to District Manager, Traci Wieland, traciw@kcranch.org or feel free to reach out to the MD Board of Directors via email at mdboard@kcranch.org.



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Whoa Deer: What You Need to Know About Deer Fibromas

Just like humans, our resident wildlife sometimes deal with viruses. If you see a deer with dark, tennis ball-like growths, rest assured that this is just a papillomavirus (deer fibromas). In many cases, the deer can clear the virus, which results in life-long immunity.

*According to Colorado Parks & Wildlife, deer fibromas are caused by the deer papillomavirus. Like many other papillomaviruses, this virus causes wart-like growths (in deer, these growths are usually classified as fibromas) on the skin. Deer fibromas may last for weeks to months and can get quite large, but most will eventually regress and heal completely without treatment. Once the growths are healed, the deer has life-long resistance to future infections by this virus. Young deer are more commonly affected than older deer.

The virus may be transmitted by many ways, including direct skin-to-skin contact, scratching against the same scratching posts, or possibly even biting insects. In most cases, the growths do not interfere with normal deer behavior, although very large growths can interfere with limb movement, and growths around the eyes can obstruct vision.

Deer fibromas are not a concern for public health. The deer papillomavirus is only known to affect deer and closely related species. The virus does not affect people, and meat from an affected deer is safe for consumption. There is also no known risk for transmission of the virus to cattle or other domestic livestock.

**Information courtesy of Colorado Parks & Wildlife. More information can be found on the Colorado Parks & Wildlife website at <https://cpw.state.co.us/>.*



Deer shown with harmless deer fibromas. Photo courtesy of Erlinda Stafford.

Main Force Sewer Line Installation Construction in The Plains

The Ken-Caryl Ranch Water & Sanitation District enlisted the services of SMH Construction to install a new force main sewer line that will run the entire length of Alkire St. from Ken Caryl Ave. to north of Vail Pass this month. Work began in early October and, depending on weather and construction conditions, is expected to be completed by mid-November.

According to SMH West Project Manager Jeff Swanson, traffic will mostly affect access to Alkire St., at the intersection of Ken Caryl Ave. and Alkire where most of the work will take place. Alkire St. will be most affected from Oct. 5 through the project's completion around Nov. 15, to varying degrees. Crews are aware of the current construction and earth works project to move dirt in preparation of North American Development Group's (NADG) new housing development planned in the Ken-Caryl Ranch Plains and is currently working with them directly to resolve any work interference issues. Swanson also noted that there will be cones, signs and flaggers present to notify drivers of closures. Access will remain open for residents residing west of Alkire; however, it is highly recommended to avoid Alkire, if possible, during construction.

There are no planned water or utility disruptions during construction as this project involves the installation of a new force main sewer line. The existing line will be in operation throughout construction activities.

This project is not directed or funded by the Ken-Caryl Ranch Master Association or the Metropolitan District. Please direct questions or concerns related to construction to Jeff Swanson at jeff.swanson@smhwest.com. For general questions about the project, please contact the Ken-Caryl Ranch Water & Sanitation District at 303-979-7424.



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152 Willowleaf • 18 Dawn Heath • 17 Mountain Oak • 7222 Mt. Holy Cross • 21 Bridlegate Lane • 164 Willowleaf
• 2 Mesa Oak • 5 Blue Cedar • 10377 Red Mtn. • 4 Mule Deer • 11 Willowleaf • 3 Willowleaf • 4 Mourning Dove
8 Blue Willow • 15 Mountain High • 4 Wild Turkey • 13 Buckthorn • 9 Mule Deer • 54 Blue Sage • 9 Lindenwood

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Tips to Fix Tension Headaches

By Bob Kannaka, DPT, Resident, Ken Caryl Physical Therapy

Researchers estimate that as many as 2 in 3 adults in the U.S. get tension headaches. The holidays are right around the corner, and surveys show that 38% of people say their stress levels increase during this time of year. Because stress is a common trigger to tension headaches, it is a good time to talk about what you can do this year to reduce symptoms.

Tension headaches are a condition

where the muscles in the back of the neck and skull become tight as a result of poor posture and increased stress. Our bodies are designed to rest on ligaments, fascia and facet joints of the spine. Upright posture endorsing the normal curves of the spine allows us to attenuate gravity and sustain positions efficiently. When we lean forward, we lose this efficiency and are forced to utilize our muscles to stay upright. In time these muscles are overworked, get tight and become sore.

To avoid abnormal tension, we should establish good postural habits. Your ideal posture is to keep a lordosis

curve in your lumbar spine. You do this by rolling your pelvis forward. I recommend using a rolled-up towel and placing it between the small of your back and the chair to maintain this curve when sitting. You should also try to keep your ears in line with the top of your shoulders and avoid a forward head posture. Keep your elbows close to your torso when using a computer.

When tension headaches do occur here are three exercises to help relieve your symptoms:

1) Chin Tucks: Slide the chin posteriorly towards the back of your throat.

Keep the direction of your slide parallel to the floor. For a more effective stretch, lie down on your back. Hug your knees and tuck the chin into the chest. Press the tailbone down into the floor as you pull the knees into the chest using the arms. Elongate your spine while trying to get the back and whole spine flat to the floor.

2) Lateral Flexion: Bend your neck to one side attempting to touch your ear to your shoulder. You can use your hand to create a further stretch. This will stretch the muscles on the opposite side of the neck.

3) Scapular Retraction: Externally rotate your arms to the side as if you're hitchhiking. Retract your shoulder blades keeping them away from your ears and try placing them into the back pockets of your jeans.

Seeking a physical therapist to perform manual therapy on your neck can be beneficial. Mobilizing the C2 vertebra anteriorly is very effective in reducing tissue tension that causes headaches.

Tension headaches are a nuisance during the holidays. Use these preventative measures and exercises to avoid stress this year. As always you can contact me to receive pictures of these exercises via email at Bobkannaka@msn.com or by calling 720-231-1602.

Stop by my car at this year's Boo Bash event at the Ranch House on Oct. 20 from 4:340-6:30 to meet me and ask any questions!

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2023 KCAG Annual Juried Art Show

Calling all Littleton artists!

The Ken-Caryl Art Guild will be hosting their annual juried art show on Nov. 11, exclusively for Littleton residents. The 2023 KCAG Juried Art Show will be held at the Dakota Lodge, located at 14422 W. Ken Caryl Ave., Littleton (in the Ken-Caryl Ranch Valley) from 5-8 p.m. on Saturday, Nov. 11. Light refreshments will be available during the show.

Date: Nov. 11
Time: 5-8 p.m.
Location: Dakota Lodge
Admission: Free to the public

Submission Details:

Eligibility: Open to all Littleton residents, age 16 and over.

Original Artwork: Open theme, all mediums accepted: photo, painting, mixed media, sculpture, ceramics, jewelry, fiber, digital art, watercolors, pastels, prints, drawings, etc. Maximum 2D dimensions - 24" wide x 36" high, (including frame), and maximum 3D dimensions - 24" in any direction.

Submission Deadline: By midnight on Saturday, Oct. 21

Entry information: Limit three (3) entries per artist. Images of artwork must be submitted by email to kcagsubmissions@gmail.com. Each image must be in jpeg format and

must be included with the email as an attachment (do not embed the image in the email body, as it greatly degrades the image resolution and hinders jurying).

Label information: Must be provided in the body of the email for each image:

- Artist name
- Title of work
- Medium
- Artwork size including frame
- If for sale, indicate price and artist contact information, otherwise indicate NFS (Not for Sale)
- Optionally, an Artist Statement about the work may be included and contain details such as inspiration and personal motivations.

Fees: No fee for submission of up to three (3) artworks. \$20 fee total for up to three accepted works. Fee will be collected at artwork drop-off on the day of the show on Saturday, Nov. 11 (see below).

Timeline

Sept. 23: Artwork submission period opens.

Oct. 21: Artwork submission period closes by midnight of Oct. 21.

Oct. 28: Notification to artists whose work is selected for the show.

Nov. 11: Artists to drop-off their artwork between 1-3 p.m. at the Dakota Lodge, located at 14422 W. Ken Caryl Ave, Littleton, CO 80127.

A show/intake fee of \$20 total for

up to three accepted pieces will be collected at drop-off (cash, check, or credit card).

Show open to the public from 5-8 p.m., free admission.

1st, 2nd and 3rd place cash awards will be announced at 7 p.m.

Artists to pick up their artwork at 8-9 p.m., following the show.

Additional Details

Artwork will be selected by a panel of judges from the Ken-Caryl Art Guild.

All artwork selected for the show

must be brought ready to display with hanging wire only. Artwork with other improper hanging methods such as sawtooth hangers, etc., will be rejected, as they cannot be accommodated by the Dakota Lodge wall hanging system.

If for sale, artwork sale transaction details are the responsibility of the artist.

For more information, contact Guild President, Cindy Marshall at rmarshco@aol.com.

KCAG 2023 ANNUAL JURIED ART SHOW



DAKOTA LODGE

NOV 11 | 5-8 PM

FREE ADMISSION
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14422 W Ken Caryl Ave, Littleton, CO

CALL FOR ENTRY

Submissions accepted : Sept. 27 - Oct. 21



SPECIAL EVENTS

A Horse With No Name No Longer: Horse Naming Contest Winner Announced!

Formerly named A Sharper Star, our newest equine resident at the Ken-Caryl Ranch Equestrian Center has a brand-new moniker, following our recent Horse Naming Contest last month that was posted to our Facebook page and hosted at our Barn BrewHa event on Sept. 23! Drum roll, please... our new "mane" man's name is Picasso, courtesy of resident Ed Galisewski.

To give you an idea of our newest neighhhhhbhor, Picasso is a registered American Paint Horse who recently moved to Ken-Caryl from the



mountains outside of Crested Butte. He loved mountain life but was eager for some more flat terrain and to meet new people! He's made himself at home at the Ken-Caryl Equestrian Center and staff reports that he loves

to eat hay and carrots and can't get enough behind-the-ears scratches!

Congratulation to Ed, who, in addition to the ultimate bragging rights, is entitled to choose from either a gift certificate for a Horsemanship

Class, riding lesson or pony ride!

Do you dig horses? Then be sure to check out our Equestrian Center program offerings by visiting the Equestrian Center page of our website at www.ken-carylranh.org.

AGELESS & UNSTOPPABLE

PROGRAMMING FOR SENIORS, RETIREES & ADULTS



1st Tuesday of every month
11 A.M- 12:30 P.M



Ranch House- Shaffer Room

Holiday Meaning or Madness

Are your holiday seasons feeling more like a frenzy than a time of joy and connection? Do you long to make your family gatherings meaningful and memorable without succumbing to the "too much" trap of excessive gifts and over-commitment? Join our enlightening class designed just for grandparents and discover how to transform your holiday traditions. This class is your opportunity to shift the focus from presents to presence, ensuring that your holidays are filled with meaningful memories. Gain practical, peaceful, and realistic tips to create an atmosphere of joy, fulfillment, and satisfaction during this magical season. Presented by: Eileen Piersa & Steve Dahl

White Elephant Gift Exchange & Cookies

Join us for our "Ageless and Unstoppable" holiday celebration, featuring a White Elephant gift exchange! In this fun party game, we exchange humorous and quirky gifts, aiming to entertain rather than acquire valuable items. Let's come together as a community, exchange gifts, savor refreshments, and enjoy each other's company. Please bring gifts valued under \$20.

Nov. 7th

Dec. 5th



7

Life at Ken-Caryl

October 11, 2023

Unearthing Ken-Caryl's History: The Top 10 Ken-Caryl Ranch Archaeological Dig Sites Presentation

Resident and Historical Society Archaeology Lead Jack Warner to Host Presentation on Ken-Caryl's Top 10 Historical Dig Sites in November

Long before the written history of the area we call Ken-Caryl Ranch started in the early 1800s, people lived and worked here for thousands of years. Did you know the following facts?

- People were making stone tools and hunting here at least 9,300 years ago-well before the pyramids of Egypt, Stonehenge, the ancient Greeks, ancient Rome and the ancient Maya.
- People hunted, made stone tools, gathered wild plants for food, made clothing, made large camps and utilized our picturesque red rocks in their homes repeatedly for thousands of years.
- The most popular foods here were: bison (buffalo), mule deer, rabbits and elk.
- Climate change here is not new. People lived here through times when average temperature was 10 degrees Fahrenheit colder and periods of warmer, wetter and dryer than now.
- Archaeologists have uncovered here one of the greatest concentration of sites used by ancient people found anywhere in the U.S.
- And just 6 miles southeast of Ken-Caryl, evidence of people hunting now extinct Columbian mammoths, camels, ground sloths and American horses—some of the oldest human hunting evidence ever found, has been dated at 15,500 years ago. These animals and people surely roamed here in Ken-Caryl.
- There are three Ken-Caryl areas recognized by listing on the U.S. National Register of Historic Places for their archaeological importance.

Prior to the modern development of Ken-Caryl Ranch, which started in the 1970s, the landowners had the Denver Chapter of the Colorado Archaeological Society (CAS) do an archaeological survey of the land. Archaeology is the science that uncovers the physical objects left behind by past peoples called artifacts, and researches their meaning. As a result of these archaeological surveys and artifact finds from 1973-2020, ten major archaeological sites have been excavated on Ken-Caryl Ranch land. Join resident and Ken-Caryl Ranch Society Lead Jack C. Warner for a presentation on these Top 10 Archaeological Dig Sites in Ken-Caryl Ranch on Nov. 9 from 7-9 p.m. at the Ranch House.

Jack will also be part of the 2023 International Archaeology Day at Red Rocks on Oct. 21 from 8:30 a.m. - 1:30 p.m., where he will lead a tour at Lamb Spring Archaeological Preserve and will touch upon prior Ken-Caryl Ranch community digs. For more information on this FREE event, please visit <https://allevents.in/golden/international-archaeology-day-2023/200024329326047>.



History in the making: Archaeological Dig in Progress in Ken-Caryl Ranch, 1976-1979.

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SPECIAL EVENTS

Horse Around at the 3rd Annual Halloween with the Horses

Save the date for our 3rd Annual Halloween with the Horses on Sunday, Oct. 29 from 1-4 p.m. at the Equestrian Center. This event is generously sponsored by resident and eXp Realtor Brean Small! Once again, Halloween with the Horses will feature a Horse and Rider Costume Contest from 1-1:30 p.m. where horse owners and their trusty steeds will be decked out and ready for show! This event will also feature a spook-tacular kids' costume contest from 1:30-2 p.m. Be sure to arrive early to sign-up your kiddo – and get the most out of this year's kid's Halloween costumes! So, plan on getting Halloween festive with your neighhhh-bors and enjoy great prizes for contest winners, good eats and candy treats! All are welcome, including parents, kids, equestrians, spectators and even spectators <wink>. Event organizers had a blast last year and this year will be even bigger and better! We can't wait to see you there!



Don't forget to wear your costume!

BOO BASH!

First 150 people get a free hot chocolate, latte, or apple cider!

TRUNK OR TREAT

OCTOBER 20
RANCH HOUSE
PARKING LOT
4:30PM - 6:30PM

Resident Trunk Registration: **FREE**
Business Trunk Registration: **\$50**

For more information on the event and how to register a trunk, please visit our website or scan the QR code!

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Formed in 1978, Voices West has a long tradition of choral excellence and creative and engaging concert programming for audiences along the Colorado Front Range. Voices West's auditioned roster includes a diverse group of avocational singers, including teachers, realtors, scientists, doctors, engineers, and stay-at-home parents and caregivers. All chorus members commit to weekly evening rehearsals, annual retreats, community outreach activities, and a concert season of 8-10 performances annually. Voices West's repertoire includes music from the Renaissance to the 21st century and concerts in a variety of styles and idioms. Through these musical events, its members actively demonstrate that singing is a lifelong endeavor that brings fulfillment and enrichment to audiences and singers alike.

Michael Todd Krueger
conductor

LOVE TO SING?
Curious about what it takes to join Voices West on the stage? Visit our website to watch a demo audition and check for upcoming audition dates!

TICKETS AVAILABLE ONLINE AT VOICESWEST.ORG

Limited day-of tickets are also generally available at the venue door. All venues are seated on a first-come, first-served basis.

- SEASON TICKETS (INCLUDES 4 CONCERTS) -
Save money and support Voices West all year!
Adult Pass - \$85 | Senior Pass - \$75 | Student Pass - \$65

- INDIVIDUAL TICKETS -
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Student (13+) Ticket - \$18 | Kids 12 & Under - FREE

VOICES WEST IS GENEROUSLY SUPPORTED BY:

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VOICES WEST'S 45TH ANNIVERSARY SEASON

GRAND & GLORIOUS: CHORUSES FROM THE OPERATIC STAGE

OCTOBER 14, 2023 | 7:30 PM
ST. TIM'S EPISCOPAL CHURCH, CENTENNIAL
OCTOBER 15, 2023 | 2:00 PM
LITTLETON UNITED METHODIST CHURCH

CAROLS BY CANDLELIGHT
OUR ANNUAL HOLIDAY TRADITION

DECEMBER 8, 2023 | 7:30 PM
ST. TIM'S EPISCOPAL CHURCH, CENTENNIAL
DECEMBER 10, 2023 | 2:00 PM
ST. TIM'S EPISCOPAL CHURCH, CENTENNIAL

SIMPLE GIFTS
FEATURING MUSIC BY BOB CHILCOTT

MARCH 9, 2024 | 7:30 PM
ST. TIM'S EPISCOPAL CHURCH, CENTENNIAL
MARCH 10, 2024 | 2:00 PM
LITTLETON UNITED METHODIST CHURCH

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A Special Cabaret Fundraiser
APRIL 27, 2024 | 7:00 PM
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ADDITIONAL PERFORMANCES

HERE COMES SANTA CLAUS!
For the Young and Young at Heart!
DEC. 9, 2023 | 1:00 PM
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Fairy Tale Ending

Helping our furry friends find homes.

Every adorable, adoptable resident of Foothills Animal Shelter lacks only one thing: a happy home. Please consider adopting one of this week's featured pets:



Bear (283670) –

Bear is a nearly 2-year-old male German Shepherd who is a strong puller and working on polite walking skills. He likes lots of exercise and attention. A teenager in the household may be perfect as Bear has shown great affection for them, perhaps recognizing kindred spirits. Proximity to other dogs stresses Bear, so canine interactions need to be managed. He is available to families without kids or kids over the age of 10.



Lilly (284942) –

Lilly is a 13-year-old female cat. At the shelter, she is friendly, calm and purringly appreciative of petting and attention. Lilly is not a fan of other animals, especially her fellow felines. She is available as an only cat, preferably the sole pet, to homes without kids or with kids aged 10 or older. A calm, quiet environment will be best.

To find out more about Bear, Lilly and other deserving pets in need of good homes, visit www.FoothillsAnimalShelter.org.

KEN-CARYL RANCH

SPECIAL EVENTS

SLASH Drop-Off Event a Big Success!

Ken-Caryl Ranch hosted a fall SLASH Drop-Off Event as part of our commitment in support of wildfire mitigation efforts on Sept. 30 at the Equestrian Center. The KCRMA Rangers worked two curbside SLASH pick-up days in advance of the event on Sept. 28 and 29, picking up SLASH from a total of 44 Ken-Caryl residences in both The Valley and The Plains. According to Ken-Caryl Ranch Park Ranger Supervisor Matt Öven, 391 cubic yards of SLASH was collected over a total of 47 loads between the rangers. Shout out to Park Rangers Matt Öven, Michael Ryan, Keith McMillan, Peter Marozas, Nick DeCarolis and Will Fuller.

Residents also dropped off their SLASH at the Equestrian Center at the SLASH Drop-Off event on Sept. 30 where members of the Metropolitan District Parks Department were on hand with the chipper to turn the many loads of debris dropped off by residents into mulch. Many thanks to our Parks crew, including Chad Stuvell, JJ Cortez, Janet Toenjes, Levi Dominguez and Ryan Demmel for working the event!

A special thanks to all residents who participated in this event to support fire mitigation efforts in our community and to our incredible KCRMA Open Space and KCRMD Parks teams for all of their hard work during this three-day event!



The KCRMA Rangers worked two SLASH curbside pick-up days last month to collect SLASH from resident's homes.



The KCRMD Parks crew chipped SLASH at this year's SLASH Drop-Off Event at the Equestrian Center on Sept. 30.



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VETERANS DAY

11.11.2023

Saturday, November 11th
9-10:30 A.M.

PLEASE JOIN US IN HONORING ALL WHO SERVED AT OUR VETERANS DAY BREAKFAST

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GRADES: K-6TH
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Field Trip Schedule:

Nov. 20th: Candeeland
Nov. 21st: Bowlero
Nov. 22nd: Littleton Museum

PUBLIC REGISTRATION OPENS OCT. 9 FOR RESIDENTS & OCT. 13 FOR NON-RESIDENTS. REGISTRATION CAN BE FOUND ONLINE!

Questions? Email youthprograms@kcranch.org

www.ken-carylranh.org

John Fielder’s Ken-Caryl Community Connection

In her article that appeared in the Sept. 13 issue of *Life at Ken-Caryl*, resident and article contributor Kathy Webster fondly reflected on the life and work of the late John Fielder. Fielder, who was considered Colorado’s premier nature photographer, was an American landscape photographer, nature writer and conservationist who published of over 40 books during his career. According to Kathy, while many are familiar with Fielder’s work, residents may not be aware of his connection to Ken-Caryl.

According to Kathy, when researching the archives of the Historical Society regarding the preservation of the 14 Acres and the South Hogback, she discovered Fielder’s community connection, when the world-famous photographer addressed the community during a presentation on the preservation of the South Hogback.

“In 1997, the Ken-Caryl Community faced various contractors that wanted to develop the South Hogback, a 14-Acre Meadow and what is now South Valley Park,” said Kathy. “Our community had the honor of having John Fielder make a formal presentation. He emphasized the importance of the preservation of the Hogback and its ecosystems all along the front range. He quoted from one of his books, “The defining factors of what is truly Colorado are our vision, our wisdom, and our will to keep pristine lands to excite and inspire the generations to follow.” I know his voice contributed to the preservation and connection of these three parcels into contiguous open space and wildlife habitat.”

Although Kathy never knew John Fielder personally, she regarded him as an inspiration. “I have felt a deep connection to him through his photography of Colorado’s majestic landscapes and his active voice for the preservation of wild places,” said Kathy. “His voice and his photographs led to public policy on environmental efforts, such as the Great Outdoors Colorado initiative which has protected two million acres of open space and wildlife habitat and the passage of the 1993 Colorado Wilderness Act which enacted numerous environmental protections.”

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Special Events

Kate McDonald
Aquatics and Community
Supervisor
katem@kcranch.org
303-979-1876, ext. 131

Ageless & Unstoppable Returns This Fall!

Due to its immense popularity, Ageless & Unstoppable, Programming for Seniors, Retirees and Adults, will continue throughout the year! Join us for fun, educational and entertaining adult-oriented programming from 11 a.m. – 12:30 p.m. in the Shaffer Room at the Ranch House on the first Tuesday of each month in October, November and December! No registration required. For additional program dates and topics, please visit the Adults & Seniors page of our website at www.ken-carylranh.org.

Senior Living Fair

Ken-Caryl Ranch is pleased to partner with Kali Hepker with Equity Real Estate and Erica Chase with One Medical Seniors to host a FREE Senior Living Fair at the Ranch House on Oct. 14 from 9 a.m. – 12 p.m. This event will feature FREE health screenings, 20+ local vendors in health, wellness and recreation and so much more! Bring a friend!

Boo Bash

Get frightfully festive at this year's Boo Bash at the Ranch House on Oct. 20 from 4:30-6:30 p.m.! Enjoy this spook-tacular event, featuring "trunk or treating," hot chocolate, S'mores, wagon rides and a costume contest! This event is free for resident attendees, no registration required. Residents may register for FREE as a resident trunk or treat participant. Businesses may host a car for a fee and must also register. To register, visit our website at www.ken-carylranh.org, then click on the Register icon located at the top right corner of your screen.

Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. To sign up for the e-News, go to www.ken-carylranh.org and fill out the e-News sign-up form on the home page or send an email to allisonh@kcranch.org.



Special Events

Veterans Day Breakfast

Veterans, please join us at Dakota Lodge for a free breakfast on Veterans Day, Nov. 11 from 9-10:30 a.m., honoring you! A variety of breakfast items will be available, including eggs, pancakes and coffee. A slideshow of community veterans will be played during breakfast. This event is FREE; however, pre-registration is required. Please see notes once you reserve your spot online on how to contribute photos for the slideshow. Space is limited. Veterans and immediate family welcome. Please select number of participants when registering. No need to register each person individually. To secure your spot, visit our website at www.ken-carylranh.org, then click on the Register icon located at the top right corner of your screen.

Holiday Bazaar

Just in time for the holidays! Mark your calendars for the Annual Holiday Bazaar and shop 'til you drop at this unique event featuring local artisans on Nov. 11 from 9 a.m. – 4 p.m. at the Ranch House. *Vendor registration to come.

NEW! Holiday Tree Lighting and Dog Parade

Kick off the holiday season with our first-ever Holiday Tree Lighting and Dog Parade on Nov. 18 at the Ranch House from 2:30-5:30 p.m.! Come mingle and be merry with the community and enjoy food trucks, hot cocoa, Christmas carols, a kids train and a giant inflatable dual lane slide! We will also host a most festively dressed dog competition, have ornament making available on-site, and of course, the tree lighting to celebrate the holiday season!

Holiday Happenings

Celebrate the holiday season with crafts, horse-drawn carriage rides, food, music, and of course, pictures with Santa, at our annual Holiday Happenings event on Dec. 3 from 1-6 p.m. at the Ranch House! This event is FREE for residents. More details to come!



Special Events

Christmas Tree Sale

Why spend hundreds on a Christmas tree this year when you can take part in Ken-Caryl's annual Christmas Tree Sale at the Dakota Lodge on Saturday, Dec. 2 from 9-11 a.m.? This year, the event will be on a first come, first served basis. KCRMA Rangers will have fresh trees for residents to choose from. Unlike the trees found in Christmas tree sale lots, these trees are more "natural" in shape, but they will still fill your home with traditional Christmas spirit – and the delightful scent of pine! The rangers are requesting donations (cash, check or credit card) in exchange for the trees to offset expenses in the Open Space program. Limit one tree per family to ensure many families can enjoy this great tradition.



Tennis & Pickleball

Robert Campbell
Tennis Program Supervisor
robert@kcranch.org
303-979-2233, ext. 202

Junior Tennis Lessons

Register today for Junior Tennis Lessons! For more information, and to check availability, including available lessons based on skill, please visit our website at www.ken-carylranh.org.

Adult Tennis Lessons

Register today for Adult Tennis Lessons! For more information, and to check availability, including available lessons based on skill, please visit our website at www.ken-carylranh.org.

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Saturdays 8-9 a.m. level 3.5 – 4.5



KC Fitness

Janet Robbins
Fitness Coordinator
janetr@kcranch.org
303-979-2233, ext. 185

Fitness Classes and Personal Training

Please visit our website for the most up-to-date information on classes, hours and fitness sessions at www.ken-carylranh.org.



Sports & Athletics

Soccer Shots Fall Programming!

Give it a SHOT! Looking to introduce your budding athlete to soccer? Then consider Soccer Shots for your tot this fall! Programs start in September. Soccer Shots is an engaging children's soccer program for children ages 2 – 8 years with a focus on character development. Their goal is to positively impact children's lives on and off the field through their best-in-class coaching, communication and curriculum. More information and registration at: www.soccershots.com/.

Fall Break Challenger Soccer Camp

We're "kickin'" fall break up a notch! Looking for a fun, healthy way to entertain your kiddos this fall break? Then consider enrolling them in Challenger Soccer's Fall Break Soccer Camp on Oct. 19 & 20 at the Ranch House Soccer Fields! Full and half-day camps available! For more information and to register, please visit Challenger's website at <https://challengersports.com/camp-finder/>.

RECREATION PROGRAMS & ACTIVITIES

Register online at www.ken-caryl ranch.org today!



Youth Programs



Youth Programs



Teen Programs



Adult Programs

Toddler Time: Pumpkins

Join us for our latest toddler and adult companion program, Toddler Time: Pumpkins, on Oct. 16 from 1-2 p.m. in the Columbine Room at the Ranch House. Enjoy a holiday-themed story, crafting and sensory play! Meet new friends and make art together to take home. There is a fee for toddlers, but adult companions are free. Space is limited. To register, please visit our website at www.ken-caryl ranch.org and click on the Register icon located at the top right corner of your screen.

Family Nature Enrichment Programs

Looking for a fun evening activity to do with your child? Family Nature Club is back! Each week bring your child(ren) to come explore a new topic or create a guided hands-on project. The class is on Wednesdays, Nov. 29 – Dec. 13 from 5:30-6:30 p.m. at Dakota Lodge. For more information and to register, please visit our website at www.ken-caryl ranch.org and click on the Register button located at the top right corner of your screen.

Babysitting Course

Sign your tween/teen up for our latest Babysitting Class on Oct. 28. 4 from 9 a.m. - 3 p.m. in the Sunshine Room at the Community Center! This course is designed to help prepare participants for those first babysitting opportunities. Basic childcare such as routine childcare duties (feeding, bathing and diapering) will be covered. Participants will also learn basic child development and be able to provide activities for various developmental stages. Home and fire safety along with the prevention and treatment of common injuries will also be covered. This course is offered in person for kids ages 11-14. To enroll, please visit www.ken-caryl ranch.org and click on the Register icon at the top right corner of your screen.

Knitting for Everyone

Knit hats, scarves, totes, blankets and so much more with our Knitting for Everyone class that runs Oct. 25 – Dec. 6 at the Ranch House! Morning and afternoon sessions are available at 9:15 a.m. – 12:15 p.m. or 12-3 p.m. Whether you're new to knitting or you want to learn new techniques, Knitting for Everyone is a knitting class for all skill levels. From casting on to weaving in ends, you'll learn how to make several beautiful projects.

The instructor has dozens of projects for you to choose from that will help you learn how to knit or go beyond the basics. This is a fun class where you set your own pace. To register, please visit www.ken-caryl ranch.org and click on the Register icon at the top right corner of your screen.

Children's Creative Movement Dance Class

Ken-Caryl Fitness is excited to offer a creative movement dance class for children ages 3 – 5 years. This 4-week class will take place on Wednesday mornings, Oct. 11 – Nov. 1 from 9:15-10 a.m. at the Community Center and provides young children with an introduction to the magical world of dance! Using make-believe imagery, hands-on props, and interactive music, children explore basic dance concepts and choreography of all dance forms. Children also practice taking turns, sharing and following directions. Come join the fun! To register, visit our website at www.ken-caryl ranch.org and click on the Register icon located at the top right corner of your screen.

Register for Before & After School Care

Register your child for our B&A Care program this fall at the Ranch House for Shaffer families and the Dakota Lodge or the Community Center for Bradford families! The Ranch House-Shaffer program still has openings, so sign up now! Both Bradford programs are full, but you are welcome to join the waitlist, which can be done online via our website. A survey will be sent soon to all registered participants and waitlisted families to help determine if there is the option to open any more spots. KCRMD Before & After School Recreation Programs provide a caring, safe and fun learning environment. Students explore a wide variety of activities that develop learning, encourage imagination and promote positive social skills. Join us for exciting science experiments, cooking, art projects, sports, games, reading, homework help and more! We offer year-round care and provide full-day care on most early release days, school holidays and vacations. Register and pay only for the days you need each month! Register on our website at www.ken-caryl ranch.org, under the Programs tab, then Youth Programs and School-Age Care.

Parents Night Out, Kids Night In - Halloween

Ready for a kid-free evening? Your kids, ages 3-11, will have fun and make new friends in a safe, structured environment while you can have the peace of mind to enjoy a few hours to yourself. The event is Oct. 27 from 5:30-8:30 p.m. at the Ranch House. Each Parents Night Out, Kids Night In includes: a delicious *pizza dinner and a combination of action-packed games, toys, art activities, and a PG movie will be played! All kiddos welcome to come dressed in their Halloween costume! Resident \$25 per child and \$37 non-resident. Each additional child resident \$20 and non-resident \$26.*Please bring food or feed your child prior to the event if they have any allergies. **All participants required to be potty trained.

Babytime

Please join us with your little one for Babytime at the Ranch House from 9:30-10 a.m. in the Bradford Room at the Ranch House, followed by Storytime at 10:15 a.m. This program is designed to help the littlest minds develop and grow. Bounce, sing, rhyme and read with your baby!

Storytime at the Ranch House

Please join us from 10:15-10:45 a.m. at the Ranch House for Storytime, in partnership with the Jeffco Library, and have fun with our youngest residents!

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Residents Enjoy a Boot Stompin’ Good Time at the Barn BrewHa!

Giddy up! Residents came out for the annual Barn BrewHa on Sept. 23 at the Dakota Lodge and Equestrian Center where kids and kids at heart were able to enjoy live music from KDog and The Howlers, food truck delights, beer, courtesy of Blue Spruce Brewing, pony rides, a petting zoo, mechanical bull rides and bounce houses!

Shout out to our generous sponsors, including Platinum Sponsor Eva Stadelmaier, Platinum Sponsor Prime IV Hydration & Wellness, Gold Sponsor Gravina’s Window Center of Littleton, Gold Sponsor Canyon View Dentistry, Gold Sponsor Blue Sage Dental, Gold Sponsor Fusion Financial and Silver Sponsor Renewal by Anderson.



Attendees at this year’s Barn BrewHa event on Sept. 23.



KDog and The Howlers entertain guests at the Barn BrewHa.





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MY BREED IS:
Golden Retriever

MY HUMAN’S NAME IS:
Luciana

I’M ALWAYS GETTING IN TROUBLE FOR:
Rolling in deer poo

I CAN’T LIVE WITHOUT MY:
Family


I’M KNOWN FOR:
Being friendly and cute

MY SECRET TALENT IS:
“Talk” when I want treats

I LOVE IT WHEN:
People rub my belly

MY PERFECT DAY:
Go for a walk in the morning, play outside and take a few little naps during the day


LIFE IS RUFF WHEN:
There is a lot of thunder and fireworks



Hi, my name is
LILY

Submit your dog to be featured in a 2023 edition of *Life at Ken-Caryl’s “Ruff Living”* column at <https://ken-caryl ranch.org/submit-to-ruff-living/>.

Submissions are first-come, first-served!





From left, MA Board President Gerry Bauer, MA General Manager Brian Yowell and Community Administrator Darci Cross greet guests and man the beverage station at this year's Barn BrewHa.



MA Board Director Scotty Martin volunteered at the beverage station.



Once again, mechanical bull rides were a hit at this year's event!

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Come one and come all for the 8th Annual KCV Pumpkin Races!



WHAT’S A PUMPKIN RACE?

Creatively decorate your own pumpkin. Place two INDEPENDENT AXLES THROUGH the pumpkin, and add four wheels. Let ‘er rip down Willowleaf Drive. Have fun, be creative and follow the rules below!!!

Actual race track will start just above 132 Willowleaf. Each entry is \$20. Proceeds go to... Well, who are we to decide? Winner gets to pick the charity and will win the VERY prestigious Pumpkin Jacket for the year. The winner will also sign the official Pumpkin Racing ramp and remain there with other past winners for all eternity.

Like all past years, we will have a prize for “Fan Favorite.” Finally, your kids will love you more.

WHEN:

October 14th Pumpkin Check-in is at 2 PM, judging the entrants is at 2:30, and races start at 3:30 PM. Please call or text Dave Nash at 310-291-4485 if you have any questions.

****This is an outdoor event****

If you are interested in racing—and let’s be honest, who isn’t interested in racing— please sign up using the evite link: <http://evite.me/mBEIudBXnb>



Josh and Karen Christensen, former champions



Jeremiah Donahue, 2021 Champion, with Pete & Corey Vastyan family, 2022 Champions.



The Nash Family: Dave, Kellan, Braden, Jill, and Katie Jane



If you haven’t been to a Pumpkin Race yet, this is your year. The Pumpkin Races have been hosted annually by KC Residents Dave and Jill Nash. The Nash family moved into the Ken-Caryl Valley in the spring/summer of 2015. Coming from a community that they were very entrenched in, Dave, Jill and their three children wanted to try and recreate that sense of community. The idea for the Pumpkin Races was inspired by Pumpkin Races that are held in Southern California in Manhattan Beach, the town north of where Jill grew up. Starting something new and clearly unique in this neighborhood seven years ago has now become a legacy and one of the best community events in Ken-Caryl every year.

Life at Ken-Caryl
Policy: Letter to
the Editor

LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words — and must be received by the published deadline date and time. Deadline dates and times can be found at www.ken-carylcranch.org. The preferred method for submitting letters to the editor is by email to Allison Hefner at allisonh@kcranch.org, but they may be mailed or hand-delivered to the Ranch House, Attn: Allison Hefner, 7676 S. Continental Divide Road, Littleton, CO 80127. A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt. We do not print anonymous letters. Letters must include name, address

and phone number (daytime), but only the author’s name and “Ken-Caryl Resident” or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content. Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect. Email to allisonh@kcranch.org.

Deadline for Oct. 25 paper is Oct. 16 at 9 a.m.

Dear Editor

Vote no Amendment HH!

In 1992, Colorado voters passed The Taxpayers Bill of Rights, TABOR, sponsored by Mr. Doug Bruce. Two main components are every proposed tax increase must be approved by Colorado voters. All jurisdictions of Colorado government can only collect additional revenue by how much the population grew and what the inflation rate was. Any revenue collected over the equation each year must be refunded to the taxpayers. Local government, like Jeffco schools and the Ken-Caryl Metropolitan District, have voted to “de-Bruce,” which means they can keep any revenue over the TABOR equation. Jefferson County and the state of Colorado have not “de-Bruced.” Every two years, Colorado’s 64 county assessors revalue residential real estate. In 2024, The Independent Institute in Golden estimates the average home property tax will rise 40%. Amendment

HH will be on the November ballot. The amendment asks voters to allow the state of Colorado to retain 1% annually of your TABOR refund. There is not expiration date, the 1% compounds every year. If HH would pass, there would be a small decrease in your property tax. This is a back door deal to eliminate TABOR refunds. The 2024 property tax increase is so large, you will receive a Jefferson County and state of Colorado TABOR refund in 2024. Do not be fooled, vote no on Amendment HH and keep our TABOR refunds far into the future. Jeff Esbenshade, Resident

Dear Editor

The asphalt walkway along South Valley has some damage; 200 feet are in need of replacement and the remaining 3/4 of a mile has cracks along it which could be filled. Instead of repairing the walkway (~ \$20k), the Metro District is planning on tearing out the entire path and replacing it with concrete for \$600,000. Even if they get some help from Jeffco, this is a huge cost. Also, the Open Space Committee of the MA is considering spending \$75,000 converting the Plum Thicket path from crushed stone to concrete. Before the end of budgeting, please ask the MA and MD to avoid these huge expenditures. And when they inevitably ask for higher dues or more debt, remember this wasteful spending. Mike Spalding, Resident

Dear Editor

Vote yes on Prop EE.

Proposition EE was approved by Colorado voters in 2020. The proposition raised Colorado tobacco tax to fund full-day kindergarten and preschools. The state of Colorado underestimated the amount of tax collection by \$23 million. This is a “de-Bruce” procedure, which I explained the process in my editorial on amendment HH on this page. If you vote Yes, the state of Colorado keeps the \$23 million in taxes collected. If you vote NO the \$23 million tax collection is returned to tobacco wholesalers and the tax rate on tobacco is lowered by 11.5%. Jeff Esbenshade, Resident

Dear Editor

I don’t understand the outrage over the development of several parcels of land across from King Soopers and behind the RTD parking lot. The outrage has been expressed in this publication and on the social media platform, Nextdoor. People have written that the land under development is or was owned by the County and it should have been left as open space. Not true. Others claimed to not know about it until they saw the parcels being graded in preparation for development. How could they not be informed? When changes were proposed before the County planners and Board of County Commissioners by the land developer and owner the following occurred:

1 - *Life at Ken-Caryl* published notifications several times about what was going on with dates of hearings, etc. They also explained what the proposals contained and kept us informed throughout the zoning amendment process.

2 - The properties were posted properly with signs announcing the dates, times and place of the hearings

continued on page 18



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Ⓒ Life at Ken-Caryl

October 11, 2023

as required by the zoning ordinances.
3 - There were Open House sessions to inform the public.

All of this was done to keep the Ken-Caryl public informed.

I guess some folks just didn't choose to pay attention until they saw what was happening after the hearings were over and changes were approved. Too bad for them.

If those outraged had simply paid attention by reading and/or going to the hearings, they would have been informed.

Paul Gesso, Resident

Dear Editor

An open letter to parents whose kids ride electric scooters.

It's nice that you have provided your teenager with an electric scooter. They appear to have a lot of zip with good speed. I wish they would have been available when I was younger. I see them quite frequently in Ken-Caryl.

Hopefully, parents are instructing their teens about the rules of the road and the teens are following these rules. It should be very similar to people driving a vehicle or riding a bicycle on a public road. I don't think there is any special training or certification required before someone gets on and operates an electric scooter. Should there be? There are a lot of things that can happen on the open road shared with vehicles and bikes. A little common sense would be a big asset when operating them.

Recently, I had a bad experience with someone operating an electric scooter. I was driving down a residential road in The Valley going slightly below the listed speed limit of 25 mph. Directly ahead of me, I observed an electric scooter coming out of a cul-de-sac and coming across my lane of traffic and making a sharp left turn onto the residential street I was driving on. It was apparent by his rate of speed, that little or no time was spent doing a road clearance safety check before pulling out of the cul-de-sac onto the residential road. I came extremely close to hitting the teen on the electric scooter with my vehicle. The teenager sped past me and kept right on going as if nothing happened. I was never able to find out the identity or residence of the electric scooter operator.

Please be safe out there! Talk to your kids about road safety.

I don't think anyone wants an unexpected call from the Jefferson County Sheriff's Department or the local hospital's emergency room

when something bad happens due to operator carelessness.

Mitchel Arnold, Resident

• LIFE AT KEN-CARYL

ISSN 0899-6318

Life at Ken-Caryl is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors. NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a whole. Deadline dates are published at www.ken-carylranh.org under the Community & News, then Newspaper & e-News tabs.

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Contact information for the Master Association and Metropolitan District Board members and staff is available at www.ken-carylranh.org under the About Us tab.

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You can download a contract and view deadline dates at www.ken-carylranh.org under Community & News, then Newspaper: Life at Ken-Caryl. The deadline for placement of classified advertising is 5 p.m. on the published deadline date. The deadline date is sometimes early due to holiday schedules. Cost is \$.25 per word for residents or \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. Please call 303-979-1876, ext. 122 or email victoriad@kcranch.org for more information.

LOST & FOUND

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MISCELLANEOUS

WOMEN'S BIBLE STUDY - We're starting a Women's Bible Group and we are planning a "get to know you" Tea. You do not need to be a Christian to join. Friday, October 13, 2023. 10 am Are you interested in meeting new friends and perhaps joining our group? RSVP to: annetteseals1@gmail.com (no childcare provided)



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Services: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling

Name	Phone	Services	Age	Neighborhood
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Jade Atkinson	720-616-0063	B	17	Aspen Meadows
Giana Baiotto	720-335-9786	P, H	10	Traditions
William Baiotto	720-335-9786	P, H	13	Traditions
Hutch Barber	303-249-0468	P	14	Legacy
William Barrs	720-788-3109	L, P, H, S	13	Retreat
Piper Blarr	720-255-6877	B, P	16	Colony
Aliza Bochner	720-880-8336	B, P	19	North Ranch
Eva Bochner	720-899-0033	B, P	17	North Ranch
Mariel Bochner	319-338-4414	B, P	14	North Ranch
Mia Briceno	573-801-4342	B, P, H	12	Deer Creek
Abby Burton	720-616-1333	B, P	16	Aspen Meadows
Caprice Camilli	720-347-3411	B, P	13	Wynterbrooke
Elena Carpenter	303-999-9764	B, P	12	Traditions
Alice Cuttitta-Gallant	303-517-8864	B	14	Deer Creek
Hope Cuttitta	720-404-0282	B, P	18	Deer Creek
Ella Daugherty	303-591-2004	B, P	16	Legacy
Quinn Daugherty	303-591-2004	B, P	15	Legacy
Razi Daugherty	303-591-2004	B, P	12	Legacy
Presley Davis	720-487-8778	B, P	13	Sunset Ridge
Rosemary Detterick	720-628-2638	B, P	13	Saddlewood
Megan Ellis	720-290-2033	B, P, S	14	Heirloom
Jack Famariss	720-434-7033	B, P	14	North Ranch
Ryan Flint	303-517-3749	L,P,S	15	Retreat
Caleb Flint	303-517-3749	L,P,S	12	Retreat
Grant Foster	720-345-3120	L, S	17	Aspen Meadows
Kyla Fouts	303-668-0581	B, L, P, S	13	Mountain Gate
Brayden Fox	303-906-4339	L, P, S	15	Deerwood Vista
Lauren Fox	720-273-4077	B	12	North Ranch
Liam Fox	303-906-4339	L, P, S	11	Deerwood Vista
Shaun Fox	303-906-4339	L, P, S	14	Deerwood Vista
Lily Freitas	303-999-1993	B, P	12	Retreat
Eva Gallant	303-517-8864	B, P	15	Deer Creek
Georgia Gilmore	720-210-4177	B	16	Heirloom
Connor Glitzer	303-489-3932	L, S	18	The Village
Maria Gonzalez	720-224-3612	B, P, S	12	Cimarron
Kyra Goudzwaard	720-552-0175	B, P	15	Barrington Ridge
Cameron Guider	303-868-7198	B,P	14	Aspen Meadows
Will Guider	303-868-7198	L,P,S	14	Aspen Meadows
Aubrienne Hansen	720-822-5512	P	13	Stallion Pointe.
Keegan Hardesty	720-484-9557	L, P, S	17	Cimarron
Mac Hardesty	720-672-1225	L, P, S	15	Cimarron
Gailyn Harrigan	720-390-2770	B, L, P, S	13	Colony
Reed Hershey	720-828-3245	B, L, P	12	North Ranch
JJ Heupel	720-372-9476	B, L, P, S	16	Enclave /Traditions
Natalie Himmel	720-788-3419	B, P	15	Eagles Pointe
Kellen Hodges	720-496-6113	B, L, P, S	17	Saddlewood
Maddox Hodges	720-472-2003	B, L, P, S	14	Saddlewood
Reece Hodges	303-667-2606	L, P, S	12	Saddlewood
Gunnar Holmes	720-505-6764	L, S	15	Carriage Hill
Amelia Hopping	720-626-7750	B, P, S, L	14	North Ranch
Erin Hurley	720-600-8261	B, P, S	12	Aspen Meadows
Lukas Jamtgaard	303-763-0250	P	18	Mountain Gate
Afton Jones	720-705-9797	B	16	Manor Ridge
Salome Kekelia	801-201-1183	B	13	Territory
Eva Kiebler	303-478-6050	B, P	15	Cimarron
Sierra King	720-582-3334	L	14	Heirloom
Kellen Lay	720-629-5566	L, S	12	Wynterbrooke
Andrew Lerudis	720-691-3985	L, P, S	15	Village
Daniel Lobelo	720-203-2912	L, P, S	14	Deerwood Vista
Shea McCaughey	720-774-7499	B, P	13	Cimarron
Riley McGatlin	703-244-8558	B, L, P, S	14	Legacy
Rileigh Rose McMahon	720-375-3352	B, P	13	Stallion Pointe
Nathan McAnally	303-358-1993	L, P, S	12	Retreat
Charlotte Miller	303-882-4415	B, P	16	Manor Ridge
Janey Millstone	720-668-1029	B, P	15	North Ranch
Sydney Millstone	720-471-3245	B, P, L	15	North Ranch
Lexi Moscardini	347-803-6421	B, P 1	3	Manor Ridge
Hannah Mote	720-305-8757	B, P	14	Stallion Pointe
Kellan Nash	720-630-5764	L, P, S	13	Retreat
Samara Pirozzi	720-818-2203	B, P	16	Traditions
Lillian Pool	720-985-1667	B, P	16	Bradford Place
Alec Prinzi	303-810-3221	B, L, P, S	12	Shaffer Hill
Nathan Rector	720-506-5616	S, L	12	Sunset Ridge
Joshua Reisinger	303-587-0927	L, P, S	16	Eagles Pointe
Alessandra Roberts	720-394-3910	B, P, S,	15	Village
Paulina Roberts	720-394-3910	B, P, S	13	Village
Griffin Ruszkowski	303-960-9883	L, P, S	13	Stallion Pointe
Jake Ruszkowski	720-607-2809	B, L, P, S	17	Stallion Pointe
Sebastian Ruszkowski	720-766-9843	L, P, S	15	Stallion Pointe
Libby Sauer	303-506-9752	B, P	14	North Ranch
Nicholas Schuster	720-990-7465	B, P	18	Heirloom
Liam Schuster	720-480-0691	B, P	13	Heirloom
Aly Secondo	720-625-9910	B, P	14	Cimarron
Ava Secondo	303-883-2592	B, P	18	Cimarron
Jon Siebrase	314-960-1524	L	13	Stallion Pointe
Brian Siebrase	314-960-1524	L	11	Stallion Pointe
Anna Smith	567-217-1248	B	16	North Ranch
Cameron Sternberg	303-949-3691	P	12	Aspen Meadows
Wesley Sternberg	303-949-3691	P	14	Aspen Meadows
Lachlan Stevens	720-742-0086	B, L, P, S	14	Bradford Place
Seumas Stevens	720-210-6065	B, L, P, S	14	Bradford Place
Ryann Stewart	303-817-4120	B	12	Heirloom
Maddy Szabo	720-768-5452	B	16	Aspen Meadows
Jack Torgerson	303-981-7617	B, P	18	Legacy
Aiden Tyler	720-448-7638	P, S	15	Cimarron
Catie Watkins	720-705-1656	B, P	14	Manor Ridge
Judah Webster	703-655-4428	B, L, P, S	15	The Spread
Wyatt Webster	703-655-4428	B, L, P, S	13	The Spread
Ava Yaley	970-946-8955	B, P	15	Carriage Hill
Cole Yaley	970-946-7649	B, P, S	13	Carriage Hill
Connor Young	720-883-3616	B, L, P, S	13	North Ranch
Liam Young	720-883-3616	L, S, P	12	North Ranch

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.



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HealthCare
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MEDICARE IS CHANGING AGAIN!

How will the RECENT Medicare Drug Legislation Impact Your Costs for 2024?

The recently passed Inflation Reduction Act contains significant changes to Medicare prescription drug coverage. This will impact Medicare plans and their prescription drug benefits. Don't miss this opportunity to have your plan reviewed.

HealthCare Benefit Services is a **LOCAL** Brokerage firm that can help you

- Family owned and operated for 35 years - located in Littleton Colorado (*near Pierce and Coal Mine*)
 - Tammey and Tom Sullivan (resident of Ken-Caryl)
- Medicare Specialists representing all top companies and plans – Supplements, Advantage, Drug plans
- We can answer all of your questions regarding your Medicare options
- No obligation or charge for us to review your options and provide an analysis specific to your situation

Annual Enrollment Period is here: October 15th to December 7th

How long has it been since you reviewed your Drug Plan (Part D)? *Don't leave on autopilot*

- *Most plans are changing for 2024
- *We save \$100s to \$1000s for our clients each year
- ***Remember, drug plan changes can only be made during Annual Enrollment Period**

What about Medicare Advantage Plans MAPD (Part C)? *Plans you see on TV*

- *More than half (51%) of Medicare beneficiaries are now enrolled in a Medicare Advantage plan
- *We represent all the plans; we provide you a thorough analysis, making sure your doctors and medications are covered
- *You may be eligible for a *Trial Right* to test drive an advantage plan

For 2024, we will represent 13 organizations which offer 138 products in the state of Colorado. You can always contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) for help with choices.

SPECIAL ATTENTION Medigap/Medicare Supplement Policyholders – Is your Medigap policy premium getting expensive? Have you wanted to try a Medicare Advantage plan but are concerned if you don't like it you can't go back to your current plan? *We have the answer for you!* There is something called a **Trial Right** that allows you to test drive an Advantage plan for up to 12 months. If you don't like it you're not stuck. You're able to go back to the Medigap plan you had with no questions asked.

We'll do a Comparative Analysis for you at no Cost or Obligation

What your neighbors say about working with us

Tammey and Tom's knowledge of Medicare is incredible. They were so thorough in helping me pick the plan that was best for my situation. Judy B. (client since 2010)

I started with Tom and Tammey at HBS when I went on Medicare 10 years ago. Now Torrie is my agent and I'm more than pleased with her service. Each year I know Torrie will schedule a call, present her findings and with my agreement we're set for another year. Patrice V. (client since 2014)

I called Jenell after struggling for weeks to pick a Medicare supplement plan. She gathered all my information, assessed my needs and narrowed down my choices to four different plans to choose from. HealthCare Benefit Services made what seemed to be an overwhelming task simple. Kevin D. (client since 2020)

..... Tear here to keep our contact information for your future Medicare needs.



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