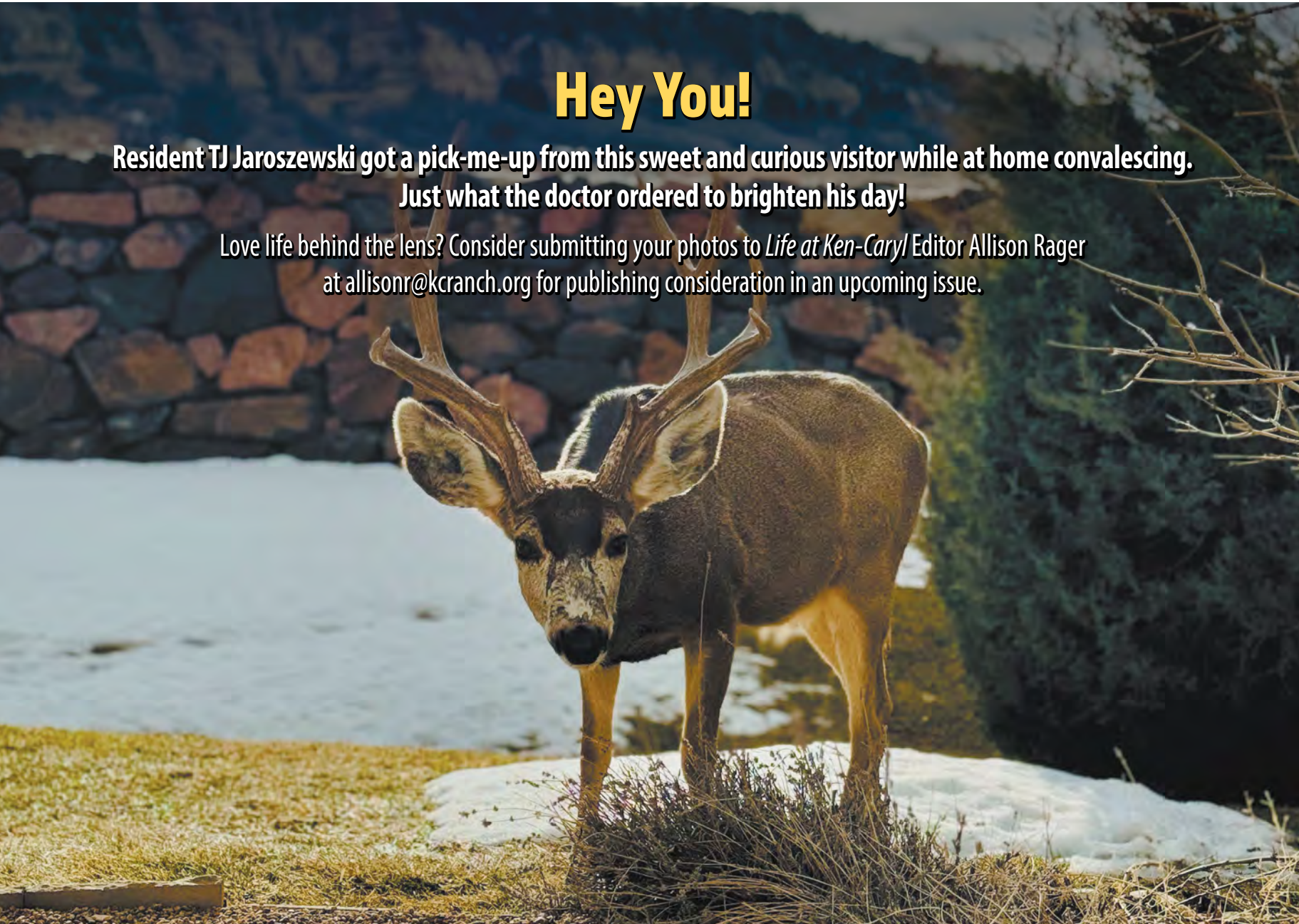


Hey You!

Resident TJ Jaroszewski got a pick-me-up from this sweet and curious visitor while at home convalescing. Just what the doctor ordered to brighten his day!

Love life behind the lens? Consider submitting your photos to *Life at Ken-Caryl* Editor Allison Rager at allisonr@kcranch.org for publishing consideration in an upcoming issue.



ELECTION NEWS	TRASH TALK	RANGER FIELD NOTES	OUR COMMUNITY	COVENANT CLIPS
Congrats Newly Elected MA Board Members!	Last Call to Order Your Recycling and Trash Totes Online!	Promoting Compliance with Educational Signs	Name “A” Parcel – Literally! Parcel A Naming Contest	A Cleaner, Greener Summer!
PAGE 4	PAGE 15	PAGE 4	PAGE 3	PAGE 3

Manager’s Column:
Funding Our Future

PAGE 2

Fairy Tale Endings:
Helping Pets Find Their Fur-ever Homes!
Sponsored by CCU



PAGE 10

Easter Egg Hunt

Mark your calendars and plan on hippity-hopping on over to our annual Easter Egg Hunt at the Ranch House! This year’s event will take place on March 30 in Ranch House Park from 11 a.m. - 1 p.m.! Kids of all ages can join in the hunt for thousands of Easter eggs, visit with the Easter Bunny and find a ticket in an Easter egg to get a prize! The Crepe Outdoors food truck will be on site serving up sweet and savory crepes for purchase. It is sure to be an egg-ceptional time! This event is FREE and registration is not required! To view the event schedule, please see the flyer on page 14 of this issue or visit the *Special Events* page of our website at www.ken-carylranh.org. Thanks to Platinum Event Sponsors Susan Schell and Renewal by Andersen!



Funding Our Future

By Traci Wieland, District Manager

The Ken-Caryl Ranch Metropolitan District Board has been discussing conceptual strategies for future funding of long-term capital needs for nearly two years. The Board has directed use of excess revenues over expenditures and fund balance to complete these projects in the short term. However, financial forecasting of the Capital Reserve Fund has revealed that revenues may not be enough to continue with the full maintenance of the District’s capital infrastructure in the long term.

In analyzing the financial forecasting, the District will likely be able to maintain daily operational functions funded through the General Fund, including recreation programs, events, facility rentals, park maintenance, etc., through 2034. However, without additional funding sources, the Capital Reserve Fund experiences a revenue shortfall in 2028, resulting in the inability to complete critical infrastructure and capital improvement and maintenance projects.

The District’s voters approved the current bond repayment mill levy as part of the issuance of General Obligation Bonds in 2014. This mill levy and repayment are set to expire in December 2024. The District could seek voter approval to convert a portion of the expiring bond mill levy into a general operating mill levy to fund long-term capital needs.

The District wants to hear from you! What are your thoughts on the possible conversion of a portion of the mill levy to fund capital infrastructure? Please reach out to me at 303-979-1876, ext. 136, or via email at traciw@kcranch.org. Also, do you have a small group that would be interested in engaging in a conversation about this issue? Let me know, and we can set up a meeting.



March

All meetings will be held at the Ranch House unless otherwise noted.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
10	11 3 p.m. Historical Society Meeting	12 Open Space Committee Meeting Dakota Lodge	13	14 7:30 a.m. Architectural Committee Meeting 9:30 a.m. Babytime 10:15 a.m. Storytime	15	16
17	18	19 6 p.m. MA Board Meeting	20 4:30 p.m. Covenant Control Committee Meeting	21 9:30 a.m. Babytime 10:15 a.m. Storytime	22	23
24	25	26 6 p.m. MD Board Meeting	27	28 7:30 a.m. Architectural Committee Meeting 9:30 a.m. Babytime 10:15 a.m. Storytime	29	30 11 a.m. Easter Egg Hunt Ranch House Park

BOARD SUMMARY

MA Board Summary

On Feb. 20, the Ken-Caryl Ranch Master Association Board held a special meeting and discussed the following items:

Sean Warren/VTC Annual Trails Plan Presentation. The Board passed the following motions:

- A Motion to approve restated financials as presented in the Board of Director’s packet.
- A Motion to approve updated MA Board Minutes from May, July, August and November 2023. Updates include, and are solely limited to, adding additional information on the subject matter of Executive Sessions.
- A Motion to approve the updated Conduct of Meeting Policy allowing for additional resident feedback opportunities during discussion/communication items.
- A Motion to approve Firewise Committee Applicants, Jeffrey Nesheim and Bryan Karchut for membership to the Firewise Committee.
- A Motion to approve Open Space Committee Applicant Valan Cover for membership to the Open Space Committee.
- A Motion to approve sending account 36897 and 38775 to our attorney for collections and sending account 32385 a pre-foreclosure notice.



Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. To sign up for the e-News, go to www.ken-carylranh.org and fill out the e-News sign-up form on the home page or send an email to allisonr@kcranch.org.



Can you guess how many jellybeans are in the jar?
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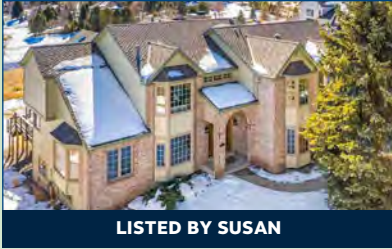
34 Buckthorn Drive \$1,125,000
COLONY



Visit our table at the Easter Egg Hunt to enter your guess. Prizes, including a giant Peep, await the lucky winners! Don’t miss out on the excitement!



11672 Hornsilver Mountain \$600,000
TERRITORY



87 Deerwood Drive \$1,800,000
DEERWOOD VISTA



9 Summit Cedar \$1,370,000
WYNTERBROOKE



7591 S Dome Peak \$1,200,000
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10920 Park Range Road \$1,042,035
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VILLAGE



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A Cleaner, Greener Summer!

By Darci Cross, Community Administrator

Hello, Ken-Caryl Ranch! Let’s have a cleaner, greener community this summer!

After the crazy rain we had last summer and the unbelievable number of weeds, and before the start of planting season, I urge you to start getting ahead of leaves that were left behind after the first snowfall as well as the dried-up weeds, pinecones and pine needles that are lurking under bushes, rock beds, etc. A little time before things come into bloom will set you up for success over the summer. Raking leaves out of your garden beds and lawn in the spring is an essential step in preparing your outdoor space for the growing season. Here are some key points to keep in mind.

- 1. Remove Debris:** Use a rake to gently remove dead leaves, sticks, twigs and other debris that have accumulated over the winter months. Clearing away this debris helps to prevent it from smothering new growth and allows air and sunlight to reach the soil and plants.
- 2. Be Gentle Around Sprouting Plants:** Take care when raking around emerging plants to avoid damaging them or accidentally pulling them out of the ground. Work carefully and slowly, using a lighter touch in areas where you see new growth.
- 3. Inspect For Weeds:** While raking, keep an eye out for any early signs of weeds starting to emerge. Pulling them out now can help prevent them from establishing themselves and competing with your desired plants later in the season.
- 4. Consider Mulching:** Once you’ve cleared away debris, consider adding a fresh layer of mulch to your garden beds. Mulch helps to retain moisture, suppress weeds and regulate soil temperature, all of which support healthy plant growth. Please be sure to follow Firewise guidelines when putting down mulch.
- 5. Tend To Your Lawn:** Raking your lawn in the spring can help to remove dead grass, thatch and debris, allowing new grass blades to emerge more easily. This process also helps to aerate the soil and promote better water and nutrient absorption.

Overall, spring raking is an important part of maintaining a healthy and vibrant outdoor space. By taking the time to clear away debris and care for your plants and lawn, you’ll set the stage for a successful growing season ahead.

I hope you all have a great start to spring! In the spirit of “spring” cleaning, be sure to mark your calendars for this year’s Annual Recycling Event on Saturday May 4 at the Ranch House! Keep an eye out for more details to come.

As always be kind,
Darci



Name “A” Parcel – Literally! Parcel A Naming Contest

By Brian Yowell, Master Association General Manager

As you are likely aware, exciting developments are underway in our beloved community, and we’re looking forward to construction on Parcel A in the near future as part of North American Development Group’s (NADG) new housing development in The Plains. This development represents not just a new addition to our neighborhood, but also a fun opportunity for community involvement. We believe that involving you, the residents, in the naming process of this new housing development is essential. After all, this is also your community, your neighborhood and the place you call home. Your input will help shape the identity of this vibrant, new addition to Ken-Caryl Ranch.

With that in mind, we invite you to participate in our naming contest! We’re looking for creative, meaningful and inclusive names that reflect the spirit and values of our community. Whether it’s honoring local landmarks, paying homage to historical figures, or capturing the essence of our beautiful surroundings, we want your suggestions to inspire us.

Here’s how you can participate:

Submit your name suggestions via the Community Announcements page of our website at www.ken-carylranh.org by Friday, March 29 at 5 p.m. Include a brief explanation of why you believe your suggested name is fitting for our new housing development.

Feel free to submit multiple suggestions if you have more than one brilliant idea! The deadline for submissions is Friday, March 29, so be sure to get your ideas in soon! The name that is selected will receive a \$100 Amazon gift card and bragging rights to impress all your neighbors and friends.

Thank you in advance for your participation and enthusiasm. We can’t wait to see the creative names you come up with!

Together, let’s make Parcel A a place we’re all proud to call part of Ken-Caryl Ranch!

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Promoting Compliance with Educational Signs

By Michael Ryan, Park Ranger

The KCRMA Rangers are always creating and installing educational signs in the community. Signage can be viewed at trailheads, intersections and inside the kiosk display cases.

These signs are intended to help inform residents, protect open space and educate users on trail use guidelines. Rangers constantly rotate and post signage throughout the year to provide updates on issues that are important to open space.

Below are some examples of our current muddy trail educational signage campaign and some tips for using trails during the muddy season.

- **Avoid Muddy Trails:** Ruts and hoof-prints damage the trail and must be repaired by trail crews.
- **Wait 48:** It's a good rule of thumb to wait 48 hours after any significant rainfall or after snow has melted.
- **If you Leave Tracks, Turn Back:** If you're leaving tracks, then the trail is too wet. Please turn around and come back when conditions are drier. Horses are particularly damaging to wet trails.
- **If You Find Yourself in Mud Unexpectedly, Just go Through it:** Do not go off trail to avoid the mud. This widens the trail, kills plants and increases erosion.
- **In Winter:** Trails are generally more solid in the morning and get sloppier in the afternoon.
- **Flowing water:** If water is actively flowing down the trail, it's best to avoid that section.
- **Hardpacked Trails:** Opt for hardpacked trails with good drainage.

Remember, responsible trail use benefits everyone. Use of muddy trails can lead to erosion, damage and loss of our favorite trail spots. So, let's tread lightly and enjoy the trails while preserving them.

Rules and guidelines can be viewed at www.ken-carylranh.org under the *Open Space* tab for anyone looking for more information. If you have any questions, please contact the Ken-Caryl Ranch Park Rangers at 303-979-1876, ext. 170.



Congrats Newly Elected MA Board Members!

Congratulations to Katie Bolling and Randall Flint on their election to the Ken-Caryl Ranch Master Association Board! A huge thank you to all of the candidates who ran this year! The full election results are posted to our website at www.ken-carylranh.org, under the *About Us* tab, then Board of Directors.



Katie Bolling



Randall Flint



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Colorado River Crisis Looms Over State's Landscape Decisions

By Allen Best, Colorado Newsline, <https://coloradonewsline.com>

Do we really need thirsty non-native grasses in road medians? Colorado will consider curbs on water use for imported turf species.

Editor's Note: The following story is an excerpt from a full story published on Jan. 1, 2024, by Colorado Newsline collaboration with Big Pivots and Aspe Journalism. The full article is available at <https://coloradonewsline.com>. It is the final installment of a five-part series that examines the intersection of water and urban landscapes in Colorado. As Ken-Caryl Ranch looks to the future with water-wise planning of community landscape areas, we will be increasing our community education efforts to also encourage water-wise landscaping in residential areas as well. Please keep an eye on future issues for more articles about this important conservation topic. For questions or comments, contact Ken-Caryl Ranch Metropolitan District Manager Traci Wieland at traciw@kcranch.org or Master Association General Manager Brian Yowell at briany@kcranch.org.

The deepening troubles of the Colorado River, a significant source of water for most of Colorado's 5.9 million residents, has implications for the types of grasses we grow in our yards and in street medians.

Speaking in Las Vegas recently, former Arizona Gov. and former U.S. Interior Secretary Bruce Babbitt recalled warnings of worsening drought and imbalances between supplies and demand. "There's going to be a day of reckoning," Babbitt, 85

told Politico's E&E News, referring to the warnings of scientists during past decades. "Here we are. The crisis has arrived."

Colorado's mounting efforts to limit new expanses of thirsty turf won't solve the Colorado River problems. Colorado is just one of seven states in the basin. And even within Colorado, agriculture consumes roughly 90% of Colorado's water and cities about 7%. Exterior use, such as for watering thirsty Kentucky bluegrass yards, consumes 40% to 60% of municipal water.

But if this water use is on the margins, it's one that many water managers believe must be addressed. A bill that originated in the state's Water Resources and Agriculture Review Committee in October has the support of two of the state's largest cities and has sponsors from both political parties from across Colorado.

This proposal would preclude the installation of nonfunctional turf as well as artificial turf in commercial, institutional or industrial properties or in transportation corridors, such as along streets or in road medians. Nonfunctional turf is defined as grasses that are predominantly ornamental — and that few will ever walk on unless to mow, yet still require heavy watering. Think, for example, of those giant carpets of green grass that commonly surround business parks such as the Denver Tech Center or Broomfield's Inverness business park.

The bill, however, does not address residential water use.

Many urban landscapes in Colorado are planted in Kentucky bluegrass and other thirsty species that require close to double what the semiarid climate delivers. Native grasses such as blue gramma and even some imported species can survive with far less or even no supplemental water.

Continued population growth

also adds pressure to city water utilities. The Colorado Water Plan projects growth of the state's current population to at least 7.7 million by 2050, mostly along the Front Range.

Legislators have been advised by the state's Colorado River Drought Task Force to bump funding to \$5 million per year for turf removal. In 2022, they allocated \$2 million, which has now been exhausted in grants to local jurisdictions.

Also informing Colorado's path forward will be recommendations from another task force, appointed by Gov. Jared Polis last January, to investigate opportunities for an accelerated transformation in use of water in urban landscapes. The 21 committee members were drawn from the ranks of local governments, academia, environmental advocacy groups and developers.

At their eight meetings, committee members wrestled with what should be the proper mix of incentives and mandates and ultimately just how far the state should push into matters of local land use. One member suggested that banning new turf in road median was a no-brainer. Another member urged flexibility for local jurisdictions to achieve state goals. "We're going to be on this journey for a long time," said Catherine Moravec of Colorado Springs Utilities. "Less controversy will help keep us together."

In final meetings, now concluded, members agreed on the need to support state legislation. The Colorado Water Conservation Board, which oversaw the process, emphasizes that the task force's report will have no direct connection to legislation. The task force's pending report "may be used by decision-makers at state, local or even neighborhood scales," said Jenna Battson, the agency's outdoor water conservation coordinator. "It's a

Changing the status quo

Water scarcity underlies all these discussions. Specific circumstances vary. Some jurisdictions, most notably those between Denver and Colorado Springs, depend upon receding underground aquifers for most of their water. They get very little or no Colorado River water.

Most other jurisdictions do rely upon the Colorado River. Ambiguity has long dogged the Colorado River Compact, the agreement reached by delegates from the seven basin states in 1922. What if runoff declined substantially? The river since 2000 has delivered an average 12.3 million acre-feet per year, far short of the 20 million acre-feet that delegates had assumed.

Must Colorado and the three other upper-basin states — New Mexico, Utah and Wyoming — leave more water to flow downstream if runoff declines even more? That would cause curtailment of diversions with water rights after 1922. A study commissioned by the Glenwood Springs-based Colorado River Water Conservation District found that 96% of Front Range water use could be subject to curtailment.

That includes diversions by Denver Water. “It is possible that Denver Water’s deliveries of Colorado River basin supplies could be curtailed for a period of time,” advised a statement from Denver Water issued in August 2022 when the utility was issuing new water bonds.

That statement was issued the same month that Denver Water and 30 other utilities from Colorado to California that rely upon Colorado River Basin water committed to removing urban turf, with a goal of 75 million square feet in the case of Denver Water. That's an area roughly equivalent in size to 1,800 football fields. At the current rate, that will be achieved in 100 years, according to Denver Water.

Even so, that was a sharp reversal for Denver Water, a utility that delivers water to 1.5 million people in Denver and 17 other municipalities in the metro area. Even after severe drought 20 years before, Denver made no move to remove turf. If drought got bad enough, the agency reasoned, it could ask customers to stop watering their yards. The utility now plans a pilot program in 2024 in conjunction with Resource Central to cost-share lawn removal with customers.

Greg Fisher, Denver Water's manager of demand planning and efficiency, told legislators in October that spending money to help remove turf makes no sense if thirsty nonnative turf species are simultaneously being planted elsewhere.

“Ultimately, success for us is changing the status quo, creating a new cultural landscape that will benefit Colorado’s environment and save water at the same time,” he said. Fisher cited the ancillary benefit of providing habitat for pollinators, which is not provided by imported grasses. Denver supports the bill.

Buy or Sell Call Danielle

Spring Home

Checklist

- ☒ Clean out the pantry of all expired foods.
- ☒ Remove your microwave vent cover and wash with hot soapy water.
- ☒ Pull out and clean underneath the rubber splash guard (gasket) of your kitchen disposal.
- ☒ Run empty dishwasher with 1 cup vinegar.
- ☒ Change/Clean furnace filter every 6 weeks.
- ☒ Wash windows, tracks and screens. Tip: use an old tooth brush to clean the tracks and a vacuum hose to clean the screens.
- ☒ Declutter closets. Donate old shoes, blankets, towels and coats.
- ☒ Pull out and clean under and behind refrigerator.
- ☒ Sanitize throw pillows and bed pillows by placing them into the dryer. Tip: put a couple of new tennis balls or dryer balls in with them and see how fluffy they get!
- ☒ Test sump pump.
- ☒ Fertilize and aerate your lawn.
- ☒ Clean out gutters from all debris.

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Local Band to Play Fundraiser

Ken-Caryl's own, The Vinyls, a six-piece cover band are returning to Behind the Scenes Taphouse to once again play a fundraiser to benefit The Alzheimer's Association on Saturday March 16 from 6-9 p.m. at 10488 W. Centennial Road in Littleton. Fox Hollow Animal Hospital is sponsoring the event and attendance is free with a suggested \$10 donation contributed through http://act.alz.org/goto/The_Vinyls_forAlzheimers. A QR code will also be available that night to easily make a donation! Beer, wine and food will be available for purchase and a percentage of the proceeds will support fundraising efforts.

The Vinyls, formed in 2008 by Brian Boyle and his wife Susan, started as a backyard band to entertain their neighbors at a potluck. Over the years, while band members have drifted in and out - and in again - the band has stayed true to its Ken-Caryl roots. Tapping into the classical music training of next-door neighbor Michael

Kelley on saxophone and harmonica, Brian (guitar and lead vocals) and Susan (keyboards and vocals), the band has welcomed the talents of neighbors Larry McMahon (lead guitar) and Pat Erwin on bass. Greg Horner (drums and vocals) provides the heartbeat of the band.

Over the years, The Vinyls have played many local venues and events, including Rocking The Ranch and Ken-Caryl's 4th of July celebration, North Ranch July 4th pool party, 2022 Battle of the Bands, a fundraiser for the Ukraine and numerous backyard parties and graduations.

In 2022, Brian lost his mother to Alzheimer's disease. The saddeningly painful progression of this disease and its impact on Brian's family motivated him to support the local Alzheimer's Association's Walk to End Alzheimer's campaign. Though neither walking nor creating a team to walk, Brian was keen to use his music to honor his mother.

For more information on sponsoring or attending this event, or to contact The Vinyls for your event, check out their Facebook page @TheVinylsUS or email Brian at TheVinyls@outlook.com.



The Vinyls

Save your Maple and Ash Trees in March and April

By Dawn Hendry, Resident and Colorado Master Gardener

Early spring is the best time to apply lifesaving treatments to your maple and ash trees. Inexpensive treatments at home can save thousands of dollars.

First, several varieties of maple trees and other plants can get iron chlorosis, an iron deficiency that causes the leaves of a tree to turn yellow but the veins remain green. This can limit growth, cause leaf loss and eventually death. Iron is typically abundant in the soil, but a variety of soil conditions can limit how well a plant can access that iron. Iron chlorosis is normally caused by soil pH being too high, the soil having too much clay, compacted or overly wet soil or too much phosphorus in the soil.

Garden centers sell chelated iron, which is easily applied before trees leaf out in the spring. Mix the chelated iron as directed with water and pour around the drip line of the tree. The drip line is the imaginary line on the ground encircling the tree's trunk where its branches extend the farthest. This mirrors how far the tree's roots stretch out under the soil. Apply once per year until your trees show dark green leaves during the growing season. The cost is about \$25 per bottle and mine lasted two years.

Secondly, the emerald ash borer (EAB) beetle has been identified in Littleton as of 2023, so preemptive measures can be taken to protect our ash trees. First, make sure the tree you are targeting is an ash. Next, make sure the tree is healthy enough to save, with no more than a third of the foliage lost or not drought stressed. If you suspect an active infestation, look for D shaped, not O shaped, exit

holes where the EAB has left the trunk or galleries of tunneling in exposed bark. Colorado State University (CSU) is recommending treating trees prior to infestation or trees with minimal infestations but overall good health. I interviewed Will Knowles, the owner of CreekSide Gardens, who gave specifics for how to use a drench on ash trees. Neem Drench or Imidacloprid Drench are both effective.

Apply whichever drench you are using in the mid-March through early May and use 1 oz. of product for every inch of circumference (not diameter) of the tree measured at chest height. Mix the drench with 1 gallon of water per ounce used and pour it 2 feet away from the trunk. Don't water for a while as it takes 1 week to 3 months to be taken up by the roots. You can start this spring and will need to apply for at least 2 years. For example, the cost of Imidacloprid 32 oz. is \$20, and my tree will need 30 oz. next spring. This is cheap compared to the \$1,300 drilling estimate one company gave for treating one tree. It is best to apply at dusk when pollinators are not in flight.

The article Will and I consulted was co-authored by Dr. Whitney Crenshaw at CSU who is the expert on EAB and can be found on CSU's website at www.colostate.edu/, keywords, "Insecticide Options for Protecting Ash Trees from Emerald Ash Borer."

Small efforts now will extend the life span of our landscaping trees for years to come. CSU's overall advice currently is to plant a variety of species for best health and native species, which are more tolerant of Colorado's droughts and native pests. If you remove an EAB infested tree, the tree needs to be mulched, which exposes the insects, larvae and eggs to air/light so they will die. They safely live under the bark even in a dead tree if it isn't chipped. Please note that it is illegal to transport firewood across county and state lines, which is probably how EAB arrived here originally.

◆ FIREWISE

Take our Ken-Caryl Ranch Firewise Community Survey

The Master Association (MA) is hosting a community survey to gather feedback on the direction of the Ken-Caryl Ranch Firewise Committee and wildfire mitigation efforts directed by the MA. The goal is to better understand the value these efforts by staff and the Firewise Committee provide, and how we can better serve the needs of the Ken-Caryl community in terms of fire mitigation efforts, initiatives, education, risk reduction and how to adapt to living with wildfire.

Please take a moment to complete the survey to share your thoughts by visiting the Firewise Resources page located under the *Resident Resources* tab of our website at www.ken-carylranh.org. Survey closes on Friday, March 22 at 5 p.m.



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THE SPREAD

Exciting Announcement!

On January 5th Brean Small was crowned to represent the title of MRS. Littleton to compete in the upcoming MRS. Colorado pageant on April 6, 2024 at the prestigious Ellie Caulkins Opera House in the Denver Performing Arts Complex.

MRS. Colorado will win over \$15,000 in prizes, including an all-expenses paid trip to represent Colorado in the nationally live streamed Mrs. America Pageant this August in Las Vegas, NV.

Come Cheer Bre on!
Tickets to the April 6th Pageant are on sale now at <https://mrscolorado.com/theshow>.



When you're ready to BUY or SELL in Ken-Caryl, Dream BIG and Call SMALL!

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Fall – or Tumble – in Love with 5280 Gymnastics at Any Age

By Allison Rager, Editor

For more than two decades, resident business 5280 Gymnastics has offered a world-class gymnastics program to foster a love and passion for the sport through a variety of classes and programs that cater to participants of all ages and skill levels. And, with their Ken-Caryl location, this world-class experience is even closer to home. 5280 South Gym Manager Carly Helton not only is passionate about gymnastics and the various classes, offerings and program her gym provides, but for the community it serves.

“I love being part of a program that promotes community, self-awareness, and healthy lifestyles for people of all ages and physical abilities,” said Helton, who has worn many hats at 5280 over the years, including being the proud mom to a team gymnast. “And I love our 5280 family. We truly are a family.”

With a legacy of more than 20 years of excellence that includes many Olympic medaling coaches and Olympic champions, 5280 Gymnastics provides the highest level of gymnastics while also remaining committed to a recreational family-friendly environment. Helton is proud of her gym’s various class and program offerings that cater to participants of all ages, from 18 months, all the way into adulthood and everything in between. From tot tumbling to adult acrobatics, there’s something for everyone at 5280 Gymnastics.

“We offer gymnastics classes to little littles as young as 18 months... who attend our parent-tot class,” said Helton. “And we have adult gymnastics classes where we’ve had 60+ year olds come and see how impressive their body still is at remembering what it was like to flip and bend and move! Of course, we also offer everything else in between. We have recreational gymnastics classes for every age and ability.”

Helton is especially excited about the gym’s programs and flexible class schedules that provide a convenient, safe, healthy and fun environment for participants to enjoy a wide range of gymnastics programs all year round. So, whether you’re looking for a healthy after-school activity, something to do on the weekends, during holiday breaks or are looking for an alternative to traditional summer camps, 5280 Gymnastics has you covered.

“The majority of our classes begin after school, on into the evening and on the weekends,” said Helton. “We also offer day camps any day of the week that Jeffco [schools are] closed, including holidays like Presidents’ Day or in-service days for teachers. This seems to serve the community well since the before and after care of the schools are not an option on these days. We also offer PE classes and gymnastics classes to homeschool groups during the day.”

And if your child is a bit of a weekend Ninja-warrior, the facility is the exclusive home to the 5280 Ninja Program, which provides children of all ages the ability to learn agility, strength training and acrobatics through their Ninja obstacle course.

“We believe that gymnastics and Ninja are vehicles to teaching confidence, flexibility, strength and endurance both physically and mentally,” explains Helton. “In fact, the benefits of these sports not only lend themselves to physical health, they also contribute to mental health as well as social learning opportunities. The child who might struggle mightily in a classroom where they have to sit with their feet crossed and their hands in their lap, will have the opportunity to shine brightly in this learning environment where they are the best listeners waiting to hear how they can soar on our ninja equipment. We believe that gymnastics is the best foundation sport for any activity children want to pursue.”

5280 Gymnastics’ origin is deeply rooted in a passion for the sport. According to Helton, the company was founded by husband-and-wife Jim and Beth Trammel because of the love and magic that gymnastics brought to their own children’s lives. And though neither were gymnasts themselves, the Trammels loved the physical benefits of the sport and how it served as the foundation to build strong character and confidence in their children. Over the past 20 years, the gym has served more than 16,000 families.

In addition to fostering a love for gymnastics, the Trammel family has also been an integral part of the community. In addition to contributing to local schools and their PTA fundraising efforts, 5280 also participates in the Leukemia and Lymphoma Society’s (LLS) Light the Night Fundraiser by hosting an Annual Carnival. Event proceeds support LLS to honor the late Jim Trammel who lost his battle with blood cancer.

“Jim is greatly missed by everyone who ever had the privilege of meeting

him,” said Helton. “He made everyone he met a better person. Raising money for LLS is one way we can honor and feel close to Jim, as we do our part to rid our world of this dreadful disease.”

Helton is also proud to honor her late boss’ legacy by bringing a quality gymnastics program to Ken-Caryl residents.

“We believe gymnastics can make a positive difference to any child whether they are competitive athletes headed for a collegiate scholarship or recreational gymnasts who have been diagnosed with sensory processing issues... and need a space to work out the things they struggle with daily,” said Helton. “We have a diverse staff who love kids of every age and ability

and are equipped to meet the varying needs of all kids. [We are also happy to be part of] the Ken-Caryl community that promotes connectedness, an outdoor lifestyle with all the trails, and many social events that encourage us all to look beyond ourselves.”

5280 Gymnastics offers free trials to new members. They are also offering Ken-Caryl residents 10% off of any one class, single camp day or one birthday party. Stop by their south location at 8110 Shaffer Parkway, Suite 120 and check out their class offerings, and while you’re there, be sure to say hi to Nahla, 5280’s resident service animal! For more information, visit their website at <https://5280gymnastics.com/> or call 303-973-7098.



5280 South Manager Carly Helton with Nahla, the gym’s resident service animal.



A family of tradition. 5280 Gymnastics Founders Jim and Beth Trammell, center, flanked by their kids Lauren and Tyler.



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Fairy Tale Ending

Helping our furry friends find homes.

Every adorable, adoptable resident of Foothills Animal Shelter lacks only one thing: a happy home. Please consider adopting one of this week's featured pets:



Yoda – (287482)

Yoda is a 2-year-old male American Staffordshire Terrier who displays an “all in” attitude. He can play hard and sometimes needs support from his family to distinguish chew toys from other objects. Yoda will do best in a home where he is kept physically active and provided with enrichment activities during downtime. In exchange, he will keep you smiling with his class clown personality.



Larry – (290168)

Larry is a 12-year-old male cat. Blindness does not keep Larry from being a cute and able cat! This sweet, affectionate guy is looking for a quiet home full of love where he can take his time getting used to the “lay of the land.”

To find out more about Yoda, Larry and other deserving pets in need of good homes, visit www.FoothillsAnimalShelter.org.

Sign Up for the e-News!

To sign up for the e-News, go to www.ken-carylbranch.org and fill out the e-News sign-up form on the home page or send an email to allisonr@kcranch.org.

OUR COMMUNITY

Casino Night Attendees “Cash In”

Residents rolled the dice at our inaugural Casino Night on Feb. 23 at the Ranch House to win exciting prizes and ultimate bragging rights! Attendees enjoyed playing iconic casino games such as Blackjack, Let it Ride and Roulette. Participants also enjoyed hors D'oeuvres all evening that were included in the price of registration! A good time was had by all as attendees enjoyed casino games and camaraderie!

“Just want to give a huge shout out to Crystal Adams [with Equity Real Estate] for sponsoring the casino event at the Ranch House,” said resident Melissa Swapp. “It was so much fun and can’t wait for the next event!”



Casino Night lucky winners!

AURA's OPEN HOUSE EVENT

Don't miss this fabulous event!

Thursday March 14th 2024
5-7pm

Door prizes, Raffle, Product & Service Discounts & much more!

Free Consultations
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PICTURE THIS! - You looking' at Me?

Resident Leo Chavez snapped and shared this picture of a peering bobcat outside of his home in The Plains.



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Trash & Recycling Information

Waste Connections is the trash and recycling service provider for Ken-Caryl Ranch. Service is included as part of the Ken-Caryl Ranch Master Association monthly residential dues.

Holiday Trash Delays:

Waste Connections observes the following holidays: New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend. If your normal pickup day falls on or after a holiday, your collection schedule will run one day late that week.

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11



Life at Ken-Caryl

March 13, 2024

RECREATION PROGRAMS & ACTIVITIES

All special events are FREE for Ken-Caryl Ranch residents to attend unless otherwise noted.
Classes are fee-based unless otherwise noted. Register online at www.ken-carylranh.org today!



Special Events



Special Events



Tennis & Pickleball



KC Fitness

Kate McDonald
Aquatics and Community
Supervisor
katem@kcranch.org
303-979-1876, ext. 131

Annual Recycling & Clean-up Event

Mark your calendars for this year's Recycling & Clean-up Event on May 4 from 8:30 a.m. - 2 p.m. at the Ranch House. This event is FREE for all residents; however, there are fees for TVs, monitors and floor printers. Recycle or dispose of your unwanted electronics, small appliances, furniture and trash! Event details and information are available on our website via the Special Events QR code above.

Robert Campbell
Tennis Program Supervisor
robertc@kcranch.org
303-979-2233, ext. 202

Janet Robbins
Fitness Coordinator
janetr@kcranch.org
303-979-2233, ext. 185

Easter Egg Hunt

Mark your calendars and plan on hippity-hopping on over to our annual Easter Egg Hunt at the Ranch House! This year's event will take place on March 30 in Ranch House Park from 11 a.m. - 1 p.m.! Kids of all ages can join in the hunt for thousands of Easter eggs, visit with the Easter Bunny and find a ticket in an Easter egg to get a prize! The Crepe Outdoors food truck will be onsite with sweet and savory crepes available for purchase. It's sure to be an egg-ceptional time! This event is FREE and registration is not required! Thanks to Platinum Event Sponsors Susan Schell and Renewal by Andersen!

Tasty Tuesdays

Be sure to join us for Tasty Tuesdays each Tuesday beginning May 7, and running through July 30, from 5:30 - 8 p.m. in the Ranch House parking lot, where we will host food trucks - from the sweet to the savory - for your eating pleasure! To see the current lineup of featured food trucks and event info, scan the Special Events QR code above.

Junior Tennis Lessons

Looking for tennis lessons for your young player? For more information and to register, scan the Tennis & Pickleball QR code above.

Fitness Classes and Personal Training

Please visit our website for the most up-to-date information on classes, hours and fitness sessions at www.ken-carylranh.org.

Adult Tennis Lessons

Register today for Adult Tennis Lessons! For more information, and to check availability, including available lessons based on skill, scan the Tennis & Pickleball QR code above.



Sports & Athletics

Cardio Tennis!

Wednesdays 6-7 p.m. level 3.5+
Wednesdays 7-8 p.m. level 3.0 & below
Fridays 8 - 9 a.m. level 3.5 - 4.5
Fridays 9 - 10 a.m. level 2.5 - 3.0
Saturdays 8 - 9 a.m. level 3.5 - 4.5

Challenger Summer Soccer Camps

#Summer"Goals"! We're "kicking" things up! Sign up early for Challenger's Summer Soccer Camps and save money! So, if you're looking for a fun, healthy way to entertain your kiddos, secure your spot today via Challenger's website at <https://challengersports.com/camp-finder/>.

SLASH Removal Day

Mark your calendars for our next SLASH Removal Day on April 27 from 9 a.m. - 1 p.m. at the Equestrian Center. Members of the KCRMD Parks Department will be at the Equestrian Center to collect and chip SLASH, which are considered to be tree debris, loose pine needles, pinecones and tree bark that can easily ignite and fuel wildfires. The ranger staff will be offering resident SLASH collection and curbside pick-up as a courtesy to residents on April 24 and April 25. Residents who wish to participate in curbside collection must sign up prior to the event via our website. Subject to availability. Registration opens on March 25 at 9 a.m. For details and to sign up, scan the Special Events QR code above.



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& TO REGISTER



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Youth Programs

Amazing Athletes - JumpBunch - Preschool

Why only learn one sport... when you can play them all!? Amazing Athletes JumpBunch will introduce your child to the fundamentals of a new sport or fitness activity each week beginning March 26 - May 7 from 3-4 p.m. at the Community Center! For more information and to register, scan the Youth Programs QR code above.

RECREATION PROGRAMS & ACTIVITIES

All special events are FREE for Ken-Caryl Ranch residents to attend unless otherwise noted.
Classes are fee-based unless otherwise noted. Register online at www.ken-carylranh.org today!



Youth Programs



Youth Programs



Youth Programs



Adult Programs

Summer Camp 2024

Ken-Caryl Ranch is looking forward to another fun-tastic summer!! Summer camp information and registration details are now posted at www.ken-carylranh.org and will continue to be updated as more information becomes available. Important registration dates: March 11-22: Ken-Caryl Residents March 25-29: Non-Residents Registration windows open at 9 a.m. and close at 5 p.m.

Babytime

Please join us with your little one for Babytime at the Ranch House from 9:30 -10 a.m. in the Bradford Room at the Ranch House, followed by Storytime at 10:15 a.m. This program is designed to help the littlest minds develop and grow. Bounce, sing, rhyme and read with your baby!

Amazing Athletes – Jumpbunch – Parent/Tot

Enjoy hands-on interaction with your toddler as they move, explore, learn and play at our JumpBunch Parent/Tot class that runs March 28 –May 9 from 10:30 - 11:10 a.m. at the Community Center! Amazing Athletes JumpBunch for tots promotes development of the whole child and encourages participants to try new things! Your tot will gain confidence through the introduction of a variety of sports, fitness and movement-based activities. For more information and to register, scan the Youth Programs QR code above.

Storytime at the Ranch House

Please join us from 10:15 -10:45 a.m. at the Ranch House for Storytime, in partnership with the Jeffco Library, and have fun with our youngest residents!

The Tumble Truck is Coming to Ken-Caryl!

Ken-Caryl Ranch is excited to partner with The Tumble Truck to bring tumbling classes right to you on March 28! The Tumble Truck is a custom designed, temperature controlled, enclosed mobile unit equipped with mats, tumbling equipment, rock climbing wall, a zip-line and more! They bring all of the equipment and instructors right to you so young learners can develop foundational skills in a variety of fitness activities in a fun, safe, convenient environment! Classes are for children 1-4 years old. For more information and to register, scan the Youth Programs QR code above.

Kate McDonald
Aquatics and Community Supervisor
katem@kcranch.org
303-979-1876, ext. 131

Ageless & Unstoppable

April 2 – What the Tech? 101 – Rapid S.O.S. & Emergency Contacts – Jessica Jones
Mark your calendars and plan on joining us for our next Ageless & Unstoppable, Programming for Seniors, Retirees and Adults, on April 2 from 11 a.m. - 12:30 p.m. at the Ranch House. Find out how your smartphone can help save your life! Presented by Jessica Jones, Tech Tutor and KC Resident! This session will describe how to set up your medical ID, allergies, blood type, assign emergency contacts, make emergency calls and more!



5-12 YRS

Ages vary by camp!

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Put a “Little” Love in Your Heart and Your Insurance Needs with A Little North Insurance

By Allison Rager, Editor

Let’s face it. Navigating the maze of insurance can be complicated. Like a compass, Lisa Little with resident business A Little North Insurance can help guide you through the labyrinth by helping clients select the best coverage, whether that includes individual and family plans, Medicare products or ancillary coverage like vision and dental insurance.

“We have partnered with both local and national carriers to offer an array of products to fit everyone’s budget and situation,” said Little. “We are here to help protect our clients and their family from the “what if.” Everything from long hospital stays, down to dental and vision. We assist in finding the right plan to help fill in the “gaps” that their current health plan may not cover.”

Lisa opened her doors in December 2023 and works alongside her husband Daryl, who serves as the company’s CFO and affectionally claims to be the man behind the agent. And, while not residents, the Littles love Ken-Caryl; even getting married at the Ranch House six years ago this September.

“I love the Ken-Caryl area,” said Little. “The community has been welcoming. Being a child of a retired Marine, I have had the opportunity to travel and live all over the U.S. Since moving to Colorado in October 2016, I have been drawn to Ken-Caryl. My favorite restaurant is located here!”

A Little North Insurance isn’t like other insurance companies, it’s a “Little” different. According to Little, when dealing with insurance, it is important to consider the human element and the indivual needs of each client.

“With society becoming more about email and Zoom meetings, we like to be visible,” explains Little. “We take a threefold approach: customer service, education and transparency. Having that human interaction is very important for both us and the client. We want to earn that trust. That being said, we’ll assist those that are retiring with their Social Security and Medicare enrollment. We believe that education is crucial in making an informed decision. And transparency. We are about asking and answering those difficult questions.”

Little makes it a priority to sit down one-on-one with clients until they have a full understanding of their options and will be by their side even after they have made their plan selection. She is passionate and driven to provide the best possible experience and to ensure clients have the right coverage, based on her own personal experience.

“My passion comes from being a caregiver for my late husband, who became disabled over 16 years ago,” said Little. “It is from this experience and the experience of working on the corporate side of insurance 8 years ago, that I decided to become an independent insurance broker. It is also due to both personal and professional experience that I take an educational approach to assisting others. There is too much misinformation about health and Medicare insurance.”

Little wants residents to look to her to be a resource, to be able to connect with her regarding any questions and

pop in for those face-to-face meetings – even in the comfort of your own homes.

“Even if clients are planning to work with someone else, we are right here in the community as a free resource to have their questions answered. Besides our normal office hours which are Monday – Thursday 8 a.m.

to 6 p.m., Friday from 8 a.m. to 4 p.m. and Saturdays from 10 a.m. to 2 p.m., we do offer evening and weekend appointments. We are more than happy to meet in-person both at our office or in their home.”

Get to know Little. A Little North Insurance will be holding a Grand Opening ribbon cutting on March 14

at 12 p.m. and will be serving lunch. A Little North Insurance will also be hosting their next in-person Medicare 101 class on Saturday, March 16 at 10 a.m. at our office located at 10488 Centennial Rd., suite 512. Lisa can be reached at the 720-679-1320 or via email at info@ALittleNorthInsurance.com.



Lisa Little with A Little North Insurance.



Lisa Little and her partner in life and in business, Daryl Little.

EASTER EGG HUNT

SATURDAY, MARCH 30

11 A.M. - 1 P.M.

RANCH HOUSE PICNIC AREA

HOP ON OVER TO THE RANCH HOUSE FOR 7,000 EGGS TO HUNT, A VISIT WITH THE EASTER BUNNY, YARD GAMES AND A FOOD TRUCK!

EGG HUNT TIMES:

0-2 YRS: 11:30 A.M.

3-4 YRS: 11:45 A.M.

5-7 YRS: 12 P.M.

8+ YRS: 12:15 P.M.

FIND A TICKET IN AN EASTER EGG AND GET A PRIZE!!

Thank you to our generous sponsors:

Last Call to Order Your Recycling and Trash Totes Online!

By Brian Yowell, MA General Manager

Per our current contract with Waste Connections, recycling pick-ups will continue on a weekly basis until Ken-Caryl officially transitions to bi-weekly recycling collection services on May 1. Once the new contract goes into effect, only recycling in approved Waste Connections totes will be collected. To accommodate resident preferences and needs, residents may request recycling totes in pre-approved 64-gallon or 96-gallon sizes via an online form posted to the Community Announcements page of our website at www.ken-carylranh.org. Photos and dimensions for each tote are also available on our online form. Residents may also request additional recycling totes using this form for an additional \$6 monthly fee that will be billed to you directly by Waste Connections.

The delivery of the new recycling totes will be prioritized prior to the start of bi-weekly recycling collection services on May 1; however, residents

may also request new trash collection totes in either 64-gallon or 96-gallon sizes via the online form that will be kept on file and delivered at a later date. Residents will receive delivery information once it becomes available.

Please note: If you have a Waste Connections tote with an orange lid, you are not required to place an order to replace your tote. Waste Connections will take your small bins once they drop off your new totes, just mark it with "Trash, please take." Due to room, it may take a few trips to collect all of these bins, so please be patient. They will be collected at no charge. Have a tote from another trash provider? Waste Connections stickers are available at the Ranch House and the Community Center for pick-up to cover your previous provider's logo. Residents are also encouraged to bring any old bins to Ken-Caryl's Annual Recycling & Clean-Up event at the Ranch House on May 4. Stay tuned - event details to come!

Please stay tuned to all our communications channels for any additional information or updates. Questions? Please contact Brian Yowell at briany@kcranch.org.

ATTENTION:

Clients New to Medicare or Medicaid



My name is Lisa Little. I am in my 7th year helping Medicare and Medicaid clients with their insurance needs. I got my start with Medicare when I had to help my late husband navigate Medicare and Medicaid 16 years ago when he became disabled due to a rare congenital heart condition.

Since then, I have made it my mission to:

- **Assist others** by finding the most cost-effective plan for their needs
- **Sit down with you** to explain all that is available with Medicare or Medicaid - I am local!
- **Continuously educate you** on the upcoming changes and hold annual reviews

You need to understand the interworking of the plans to make an informed decision based on your individual health needs. **Let us help guide you through the insurance maze!**



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CONTACT LISA TO SCHEDULE AN APPOINTMENT

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LIFE AT KEN-CARYL

ISSN 0899-6318

Life at Ken-Caryl is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors. NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a whole. Deadline dates are published at www.ken-carylranh.org under the *Community & News*, then *Newspaper & e-News* tabs.

Life at Ken-Caryl Editor

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Ken-Caryl Ranch Metropolitan District

Board of Directors:

Jim Conzelman, Kayla Kirkpatrick, Joe Levy, John Ostrom and Mike Miro

Traci Wieland, District Manager
traciw@kcranch.org 303-979-1876, ext. 136

Park Rangers/Open Space:.....303-979-1876, ext. 170

Parks, Greenbelts, Sprinklers: (weekdays).....303-979-1876, ext. 399 (emergencies)....303-979-1876, ext. 320

Recreation:
Ranch House.....303-979-1876
Community Center.....303-979-2233
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Contact information for the Master Association and Metropolitan District Board members and staff is available at www.ken-carylranh.org under the *About Us* tab.

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Presents “Focus on
Native Composers”

Residents are invited to attend a free community concert, featuring a collaboration with Celebration of Native Arts to present a “Focus on Native Composers” on April 13 at 2 p.m. at St. Philip Lutheran Church, located at 7531 S. Kendall Blvd, in Littleton. The program will feature works by Jerod Impichchaachaaha’ Tate, Beverly McKiver, Brent Michael Davids, Jessica McMann and more. The concert will also feature Young Voices of Colorado and Columbine Music Teachers Association Award Winners.

Light refreshments will be provided following the concert. Donations to further support this concert series and the organizations featured are greatly appreciated. Find out more at stphilip-co.org/concerts.



SLASH-ing Fire Risk: Spring SLASH-Drop Off Event and Curbside Pick-Ups

Ken-Caryl Ranch is proud to offer a SLASH drop-off event as part of our ongoing efforts to promote wildfire mitigation efforts on April 27 from 9 a.m. – 1 p.m. at the Equestrian Center/Dakota Lodge. SLASH is debris from nature, such as tree limbs and prunings that can serve as fuel for wildfire. No reservations necessary, residents may drop off SLASH at any time during the event.

The Ken-Caryl Ranch Metropolitan District Parks Department will be on hand with the chipper. A limited number of curbside pickups will be offered by the Master Association Ranger staff on Wednesday, April 24 and Thursday, April 25 for residents who are unable to drop-off their own SLASH. SLASH drop-off, curbside pick-ups and registration can be found on the Firewise Resources page of our website at www.ken-carylranh.org. Curbside pickups must be signed up for in advance. Subject to availability. *Please only one sign-up per household. Duplicate sign-ups will be deleted at the discretion of Master Association staff.*

No need to register if you can drop off your own SLASH. Just stop by any time during the event on April 27.



SPRING 2024
WONDERS OF NATURE: MAMMALS

Come join us at the Dakota Lodge for this spring’s nature enrichment session, **MAMMALS!** Your student will get to explore nature with experiments, hikes, and opportunities to view wildlife in the KCR community!

Dates: Tuesdays, March 26-April 16
Time: 12:10 p.m. - 3 p.m.
Ages: 3-6 years old & potty trained
Fees: \$124/Resident, \$149/Non-Res.



REGISTER NOW!

Have any questions? Email youthprograms@kcranch.org





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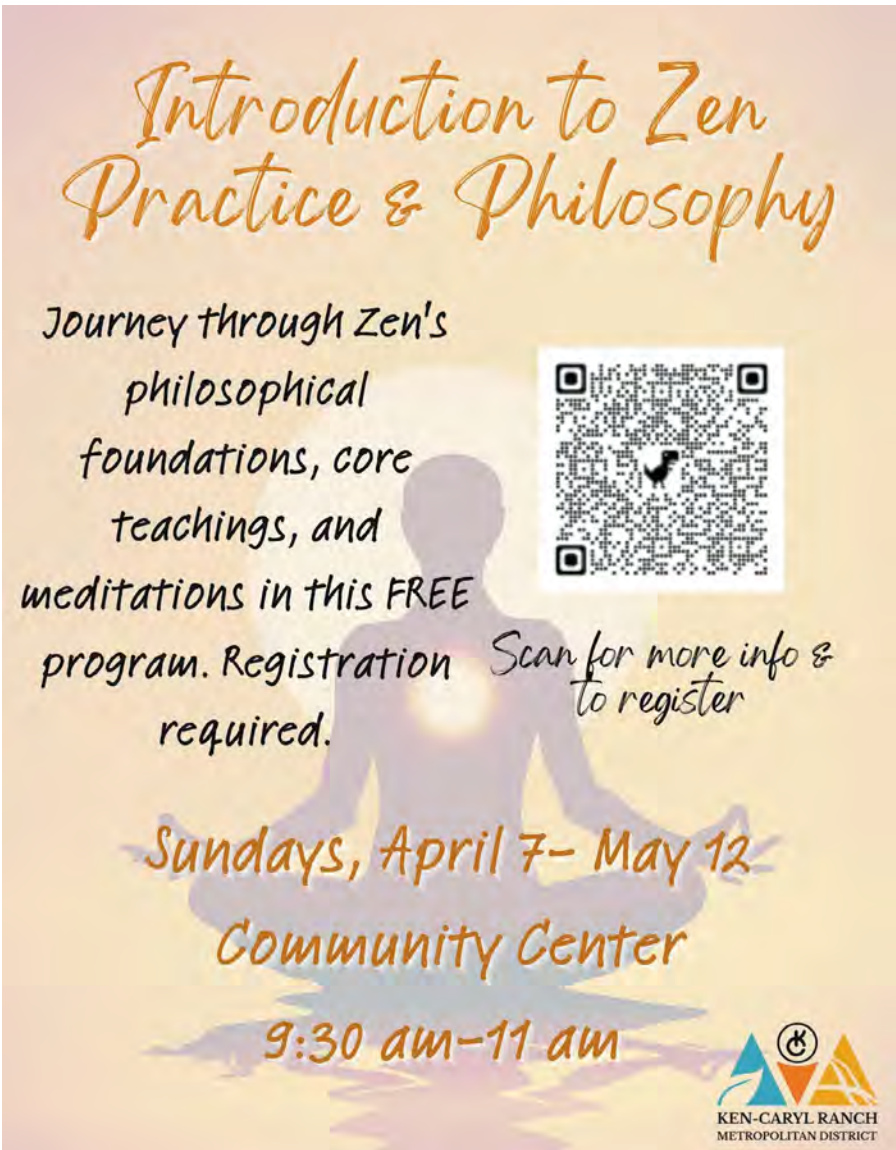
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9:15 A.M. OR 10:15 A.M.
AT THE RANCH HOUSE

10-WEEK SESSION




SCAN TO REGISTER AND FOR MORE INFO






Introduction to Zen Practice & Philosophy

Journey through Zen's philosophical foundations, core teachings, and meditations in this **FREE** program. Registration required.



Scan for more info & to register

Sundays, April 7- May 12
Community Center
9:30 am-11 am



RUFF LIVING!

MY HUMANS' NAMES ARE:

Mark, Lisa, Joshua and Jenna Ebeling

MY BREED IS:

Bernese Mountain Dog

I'M ALWAYS GETTING IN TROUBLE FOR:

Eating socks

I CAN'T LIVE WITHOUT MY:

Cricket treats from the Ken Caryl Pet Spa!

MY SECRET TALENT IS:

I am a certified therapy dog with Pet Partners, and I can detect when someone is not feeling well and give them extra love.

I'M KNOWN FOR:

My "Tongue Out Tuesday" or pretty much any day of the week!

I LOVE IT WHEN:

I get my ears and chest scratched

MY PERFECT DAY:

Dispersed camping in the mountains with my family or playing in the snow with my friends... and rolling in snow... and eating snow... pretty much anything to do with snow!

LIFE IS RUFF WHEN:

It's hot outside, Doggie Dip Day is over and I'm waiting for snow!



Hi, my name is

RANGO

(like Durango, CO)

Submit your dog to be featured in a 2024 edition of Life at Ken-Caryl's "Ruff Living" column at <https://ken-carylranh.org/submit-to-ruff-living/>.

Submissions are first-come, first-served!



Serve it, Smash it, Win it, Recycle It!

By Kathy Webster, Resident

Tennis season is just around the corner. Players are already scrambling to find a winning USTA League. That means we will be listening for that sweet "popping" sound of a new can of tennis balls. We all love the feel of new tennis balls. They bounce higher and respond better, and as a result, we play our best game with new balls. Tennis players often open a new can of balls each time they hit the court. Every year, this results in more than 125 million used tennis balls consuming space in landfills across America, resulting in 20,000 metric tons of methane gas emitted in rubber waste per year. This creates a huge environmental toll. No other sport uses a ball for four hours and then lets it pollute for 400 years! It takes 400 years for a tennis ball to decompose in nature. This kind of waste is not acceptable or sustainable.

In 2016, Derrick Senior, a tennis player and entrepreneur, realized that the sport of tennis was incredibly wasteful. He could not find a place to recycle tennis balls, so he, along with his son, decided to found RecycleBalls, a non-profit organization, that makes it easy for tennis clubs and fitness centers around the country to recycle balls. The program has been so successful that sponsors such as Wilson, Tennis Express and most recently, Laykold have joined the effort.

As it turns out, there are many creative uses for recycled tennis balls. The tennis balls are placed in green cardboard bins and shipped to their new processing facility in Belington, West Virginia where 99% of the yellow felt is mechanically removed through an ecofriendly process and the interior

rubber components are converted into crumb rubber. The yellow fuzz is deemed "green gold" and is used in horse stables, barns and dressage courses. The sustainable "green gold" keeps dust down and provides a softer surface for horses, helping them to prevent injuries. The rubber crumb is used to manufacture a variety of products, including a new-age tennis court foundation, playground surfaces, shoes, etc. Engineers are using whole used tennis balls as shock absorbers in building the foundation for structures in earthquake zones. Teachers are using pre-cut tennis balls on chairs in the classroom and of course, dog owners are using old balls to play fetch with their best friend or donate balls to the local animal shelter.

RecycleBalls has initiated a Student Ambassador program to empower young players to educate others and to be role models for recycling tennis balls. There is a student ambassador among us. His name is Austin Streepey. My husband and I were filling green bins for shipping and Austin came into the tennis building to recycle his tennis balls. He saw what we were doing and immediately began to help. I would like to shine a light on Austin and thank him for his help and encourage him to inspire other young tennis players to recycle their used tennis balls.

The Ken-Caryl community continues its move to the "green" side. The Ken-Caryl Tennis Facility has hosted tennis ball collection boxes over the past few years to support the ball recycling program. The community is entering its fifth year of recycling those fuzzy yellow tennis balls. At the end of 2023, we had reached a milestone of recycling 15,000 tennis balls. That's 15,000 fewer tennis balls in the landfills. Thank you to all who have participated in this worthy program that benefits the planet, our community and our sport. Let's continue working together on our follow-through to reach our next goal of 25,000 tennis balls recycled.

Make recycling a habit. Game, set, match, recycle! The ball is in your court now. What will you do?

If you any questions or would like to be an ambassador, please contact Kathy Webster at (303) 906-6126.



Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. To sign up for the e-News, go to www.ken-carylranh.org and fill out the e-News sign-up form on the home page or send an email to allisonr@kcranch.org.

Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at www.ken-carylranh.org under the Community & News section.

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LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words — and must be received by the published deadline date and time. Deadline dates and times can be found at www.ken-carylranh.org.

The preferred method for submitting letters to the editor is by email to Allison Rager at allisonr@kcranch.org, but they may be mailed or hand-delivered to the Ranch House, Attn: Allison Rager, 7676 S. Continental Divide Road, Littleton, CO 80127. A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt.

We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the author's name and "Ken-Caryl Resident" or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content.

Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

Email to allisonr@kcranch.org.
Deadline for March 27 paper is March 18 at 9 a.m.

Dear Editor

I'm grateful for the Ken-Caryl Board members, for their time and sacrifice to deal with the problems and initiatives of keeping Ken-Caryl Ranch functioning.

I have a suggestion for Ken-Caryl Board meetings. Divide the room into two sections with more chairs on the right than the left. At the door, two greeters will direct those showing a driver's license with a Ken-Caryl address to the right and those without a Ken-Caryl address to the left. The board members will know immediately their audience. Those with a Ken-Caryl Address bear the financial burden of the Board's decisions and this is the audience to be addressed. Those without a Ken-Caryl address are nice citizens and bear no fiscal responsibility in the any discussions or comments.

Regarding additional mountain bike trails in The Valley. Why? We have three mountain bike parks within a 3-mile radius of Ken-Caryl Ranch. For those seeking a short but challenging trail, there's the five-mile trail at Hildbrand Ranch Park. For less of a challenge, there is South Valley Park, 9.95 acres with nearly 8 miles of trail. An easy ride is the Cathy Johnson trail and the Columbine trail, 2 miles. And for those looking for a beyond challenge, there's the wall at Deer Creek Canyon Park, 1,637 acres and 14.4 miles of trail.

Spending more money on needless mountain bike trails is foolish in these times of high cost and high inflation.

Wayne Broussard, Resident

Dear Editor

This letter is due one day prior to the MA election results. Expectations are high for board members to represent the entire community and not just their own special interests or any support group. The 2021 Community Survey did represent the will of the entire KCR Community, and the results were remarkable.

1. Ken-Caryl residents responded with 51% participation.
2. Other communities are lucky to have a 20% response rate.
3. An Open Space "Conservation Area" had 51% in favor and only 29% opposed.
4. A Survey Summary Quote: "Nighttime closures for wildlife protection was supported by about three times as many households as those opposing that solution." 51% versus 29% is a significant majority and so is a three to one majority for peace and quiet at nighttime. Why did it take over two years for a "Conservation Area" to become an agenda item and nighttime closures receiving no action? Obviously, there are roadblocks on the MA Board and there should not be.

- Elected officials should be fair and balanced.
1. A Conservation Area permits trail access on foot with minimal disturbance to ecosystems and wildlife habitat.
 2. Two biological surveys recommended the area south of Massey Draw, which provides appropriate acreage.
 3. There is parking available for all residents at the trailhead.
 4. It would constitute only one-third of Foothills Open Space. There would be no trail closures.
 5. There is a highly successful model: It is a 1964 law governing Federal Lands that permits access by pedestrians and equestrians, but no mechanical means of transportation.

If you think the increased mountain biking activity since the turn of this century, the seven years of mountain bike racing, and the additional 20+ miles of mountain biker preferred Stacked Loop Trail System wasn't the cause of divisive controversy, then you need to get involved. It is your money, the Stacked Loop Trail System is not common, is more expensive, and the open space is your special place too, because you live here. Prediction: The non-bikers in all families who visit the Foothills will come to love and prefer the "Conservation Area."

Jim Fodor, Resident

Editor's Note: There has not been an established mountain bike race in Ken-Caryl Ranch since 2010. Ken-Caryl Ranch has granted group use/special event permits to mountain biking groups for training rides..

LIFE AT KEN-CARYL CLASSIFIED ADVERTISING is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded.

You can download a contract and view deadline dates at www.ken-carylranh.org under Community & News, then Newspaper: Life at Ken-Caryl. The deadline for placement of classified advertising is 5 p.m. on the published deadline date. The deadline date is sometimes early due to holiday schedules. Cost is \$.25 per word for residents or \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. Please call 303-979-1876, ext. 117 or email aprilc@kcranch.org for more information.

JOB OPPORTUNITIES

VOLUNTEER WITH DENVER AUDUBON in Chatfield State Park to protect birds, other wildlife, and habitats. Help with school groups, the gardens, office work, and special events. Training provided. Sign up by March 29 for the next volunteer training at www.denveraudubon.org/volunteer-application/ or contact 303-973-9530 or angel@denveraudubon.org.

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◆ TEEN SERVICES

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Allison Rager at Allisonr@kcranch.org or call 303-979-1876, ext. 108.

Services: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling				
Name	Phone	Services	Age	Neighborhood
Olivia Anderson	303-902-5026	B, P, S	15	Aspen Meadows
Giana Baiotto	720-335-9786	P, H	10	Traditions
William Baiotto	720-335-9786	P, H	13	Traditions
Hutch Barber	303-249-0468	P	14	Legacy
William Barrs	720-788-3109	L, P, H, S	13	Retreat
Jack Bayton	720-485-8783,	B	17	North Ranch
Piper Blarr	720-255-6877	B, P	16	Colony
Aliza Bochner	720-880-8336	B, P	19	North Ranch
Eva Bochner	720-899-0033	B, P	17	North Ranch
Mariel Bochner	319-338-4414	B, P	14	North Ranch
Mia Briceno	573-801-4342	B, P, H	12	Deer Creek
Abby Burton	720-616-1333	B, P	16	Aspen Meadows
Caprice Camilli	720-347-3411	B, P	13	Wynterbrooke
Elena Carpenter	303-999-9764	B, P	12	Traditions
Alice Cuttitta-Gallant	303-517-8864	B	15	Deer Creek
Hope Cuttitta	720-404-0282	B, P	19	Deer Creek
Ella Daugherty	303-591-2004	B, P	16	Legacy
Quinn Daugherty	303-591-2004	B, P	15	Legacy
Razi Daugherty	303-591-2004	B, P	12	Legacy
Presley Davis	720-487-8778	B, P	13	Sunset Ridge
Rosemary Detterick	720-628-2638	B, P	13	Saddlewood
Megan Ellis	720-290-2033	B, P, S	14	Heirloom
Jack Famariss	720-434-7033	B, P	16	North Ranch
Ryan Flint	303-517-3749	L,P,S	15	Retreat
Caleb Flint	303-517-3749	L,P,S	12	Retreat
Grant Foster	720-345-3120	L, S	17	Aspen Meadows
Kyla Fouts	303-668-0581	B, L, P, S	13	Mountain Gate
Brayden Fox	303-906-4339	L, P, S	15	Deerwood Vista
Lauren Fox	720-273-4077	B	12	North Ranch
Liam Fox	303-906-4339	L, P, S	11	Deerwood Vista
Shaun Fox	303-906-4339	L, P, S	14	Deerwood Vista
Fiona Freitag	720-456-1556,	B	10	Deerwood Vista
Lily Freitas	303-999-1993	B, P	12	Retreat
Eva Gallant	303-517-8864	B, P	16	Deer Creek
Georgia Gilmore	720-210-4177	B	16	Heirloom
Connor Glitzer	303-489-3932	L, S	18	The Village
Maria Gonzalez	720-224-3612	B, P, S	12	Cimmaron
Kyra Goudzwaard	720-552-0175	B, P	15	Barrington Ridge
Cameron Guider	303-868-7198	B,P	14	Aspen Meadows
Will Guider	303-868-7198	L,P,S	14	Aspen Meadows
Aubrienne Hansen	720-822-5512	P	13	Stallion Pointe.
Keegan Hardesty	720-484-9557	L, P, S	17	Cimarron
Mac Hardesty	720-672-1225	L, P, S	15	Cimarron
Gailyn Harrigan	720-390-2770	B, L, P, S	13	Colony
Reed Hershey	720-828-3245	B, L, P	12	North Ranch
Natalie Himmel	720-788-3419	B, P	15	Eagles Pointe
Kellen Hodges	720-496-6113	B, L, P, S	17	Saddlewood
Maddox Hodges	720-472-2003	B, L, P, S	14	Saddlewood
Reece Hodges	303-667-2606	L, P, S	12	Saddlewood
Gunnar Holmes	720-505-6764	L, S	15	Carriage Hill
Amelia Hopping	720-626-7750	B, P, S, L	14	North Ranch
Erin Hurley	720-600-8261	B, P, S	12	Aspen Meadows
Lukas Jamtgaard	303-763-0250	P	18	Mountain Gate
Afton Jones	720-705-9797	B	16	Manor Ridge
Salome Kekelia	801-201-1183	B	13	Territory
Eva Kiebler	303-478-6050	B, P	15	Cimarron
Sierra King	720-582-3334	L	14	Heirloom
Kellen Lay	720-629-5566	L, S	12	Wynterbrooke
Andrew Lerudis	720-691-3985	L, P, S	15	Village
Daniel Lobelo	720-203-2912	L, P, S	14	Deerwood Vista
Shea McCaughey	720-774-7499	B, P	13	Cimmaron
Riley McGatlin	703-244-8558	B, L, P, S	14	Legacy
Rileigh Rose McMahon	720-375-3352	B, P	13	Stallion Pointe
Nathan McAnally	303-358-1993	L, P, S	12	Retreat
Charlotte Miller	303-882-4415	B, P	16	Manor Ridge
Janey Millstone	720-668-1029	B, P	15	North Ranch
Sydney Millstone	720-471-3245	B, P, L	15	North Ranch
Lexi Moscardini	347-803-6421	B, P 1	3	Manor Ridge
Hannah Mote	720-305-8757	B, P	14	Stallion Pointe
Kellan Nash	720-630-5764	L, P, S	13	Retreat
Samara Pirozzi	720-818-2203	B, P	16	Traditions
Lillian Pool	720-985-1667	B, P	16	Bradford Place
Alec Prinzi	303-810-3221	B, L, P, S	12	Shaffer Hill
Nathan Rector	720-506-5616	S, L	12	Sunset Ridge
Joshua Reisinger	303-587-0927	L, P, S	16	Eagles Pointe
Alessandra Roberts	720-394-3910	B, P, S,	15	Village
Paulina Roberts	720-394-3910	B, P, S	13	Village
Griffin Ruszkowski	303-960-9883	L, P, S	15	Stallion Pointe
Sebastian Ruszkowski	720-660-2234	L, P, S	17	Stallion Pointe
Libby Sauer	303-506-9752	B, P	14	North Ranch
Maggie Schmisek	720-960-7707	B, P	14	Traditions
Nicholas Schuster	720-990-7465	B, P	18	Heirloom
Liam Schuster	720-480-0691	B, P	13	Heirloom
Aly Secondo	720-625-9910	B, P	14	Cimarron
Ava Secondo	303-883-2592	B, P	18	Cimarron
Jon Siebrase	314-960-1524	L	13	Stallion Pointe
Brian Siebrase	314-960-1524	L	11	Stallion Pointe
Anna Smith	567-217-1248	B	16	North Ranch
Cameron Sternberg	303-949-3691	P	12	Aspen Meadows
Wesley Sternberg	303-949-3691	P	14	Aspen Meadows
Lachlan Stevens	720-742-0086	B, L, P, S	14	Bradford Place
Seumas Stevens	720-210-6065	B, L, P, S	14	Bradford Place
Ryann Stewart	303-817-4120	B	13	Heirloom
Maddy Szabo	720-768-5452	B	16	Aspen Meadows
Jack Torgerson	303-981-7617	B, P	18	Legacy
Aiden Tyler	720-448-7638	P, S	15	Cimarron
Charlotte Watkins	720-649-0813	B, P	12	Manor Ridge
Judah Webster	703-655-4428	B, L, P, S	16	The Spread
Wyatt Webster	703-655-4428	B, L, P, S	14	The Spread
Ava Yaley	970-946-8955	B, P	15	Carriage Hill
Cole Yaley	970-946-7649	B, P, S	13	Carriage Hill
Connor Young	720-883-3616	B, L, P, S	13	North Ranch
Liam Young	720-883-3616	L, S, P	12	North Ranch

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.

Eva Stadelmaier

www.homesinlittleton.com 303-619-4880



THE SPREAD

10809 Park Range Rd - \$899,000
This ranch-style home with 4 bedrooms and 4 bathrooms has been updated throughout. Cul-de-sac~Oversized 2 car garage~ 3 Fireplaces~Central air~Covered, 2 tier deck~ Finished, garden-level basement.



NORTH RANCH

4 Kokanee - \$1,799,000
This custom, updated home situated on a flat, oversized lot boasts 5 bedrooms, 5 baths, a main floor study, and a huge laundry/mud room. Professionally finished, walk-out basement with a wet bar~ Spectacular views~Cul-de-sac~New paint~New carpet.



DEERWOOD VISTA

6 Amberwood - \$1,585,000
Immaculate 5 bedroom, 5 bath home with a main floor study. Granite counters~Under-cabinet lighting in kitchen~New roof~3 car garage with new doors~Professionally finished, walk-out basement~ New paint~New, largeTrex deck~Attic fan~ 2 air conditioner units~2 furnaces.



BRADFORD PLACE

4 May Cherry - \$1,700,000
Updated from top to bottom, this 5 bedroom, 4 bath home has a main floor study. New Pella windows~ 3 car garage~Amazing backyard space~Water feature~Gas firepit~ Covered, teak deck.



CARRIAGE HILL

6 Prairie Clover - \$1,695,000
This 5 bedroom, 5 bath home has been masterfully updated throughout with custom woodwork and unique finishes. Views~Professionally finished, garden-level basement~Updated windows~Butler's pantry~Central vacuum~New paint~New driveway~ 2 decks~Mature trees.



BARRINGTON RIDGE

12 Barrington Drive - \$1,800,000
European-style custom home situated on open space in Barrington Ridge. This immaculate home offers 5 bedrooms, 5 baths, and a main floor study. Professionally finished, walk-out basement Brehtaking views~Exposed beams~New HVAC~ 3 fireplaces.



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Recycling Event
May 4th - Ranch House
PROUD PLATINUM SPONSOR



2023 RECENT SALES

35 Blue Sage • 27 Tamarade • 9541 S. Cougar Rd • 7602 S. Davis Peak • 10 Long Spur
40 Willowleaf • 2 Amaranth • 2 Rose Clover • 20 Tecoma • 3 Buckthorn • 9 Blue Willow
12 North Ranch Rd • 2 Silver Aspen • 33 Tecoma • 2 Holly Oak • 12 Silver Aspen
164 Willowleaf • 57 Dawn Heath • 27 Mountain Laurel • 4 White Pine • 36 Pinyon Pine

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