

# The Rains in the Plains

The rains in the Plain(s)... has made the landscape lush and vibrant, as seen and snapped by resident photo contributor Wayne Broussard!

Love life behind the lens? Consider submitting your photos to *Life at Ken-Caryl* Editor Allison Hefner at [allisonh@kcranch.org](mailto:allisonh@kcranch.org) for publishing consideration in an upcoming issue.

POOL CUES	FIREWISE	PARKS & REC	RANGER FIELD NOTES	COVENANT CLIPS
Ranch House Pool Closures for Summer Swim Meets	Remember the Five “Ps” Of Wildfire Evacuations	What’s Up, Player? North Ranch Park Playground Ribbon Cutting a Success!	Ring, Ring! Announcing Your Presence with a Bell	12 Ways You Can Connect With Your Neighbors
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Manager’s Column:  
Community Engagement

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Fairy Tale Endings:  
Helping Pets Find Their Fur-ever Homes!  
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PAGE 10

Battle of the Bands on July 15!

Join us as four family-friendly, local Ken-Caryl bands battle it out to win Best of Show on July 15 from 5-7 p.m. at the Ranch House/ Soccer Field! Food trucks will be available for food purchases! For more information, please visit the Special Events page of our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).



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# Community Engagement

By Traci Wieland, District Manager

The Metropolitan District Board and community members have expressed a desire to have more effective communication strategies to further engage residents. As a result, several initiatives to increase community engagement will be introduced over the next few months.

In an effort to make Ken-Caryl Ranch Metropolitan District Board meetings more accessible and convenient for residents, staff will be recording District Board meetings for the next three months

on a trial basis. The meeting recordings will be posted to the website within a couple of days after the meeting so residents can watch the meeting at their convenience. We know it is sometimes difficult to attend the Board meetings due to other commitments, so hopefully this option to watch the meetings on your own time is helpful.

The Board also encourages feedback from residents, and a simple way to do that is via email. We have recently made it even easier for residents to email the entire District Board with one simple email address, [mdboard@kcranch.org](mailto:mdboard@kcranch.org). Individual board member email addresses are listed on our website.

In the next couple of months, the District will be rolling out new Community Connections meetings focused on pertinent issues or topics. These meetings will provide residents an opportunity to meet with one or two board members, on a rotational basis, and District staff. In order to encourage broader participation, the meetings will alternate between physical locations such as a community facility and online via Zoom. Stay tuned for more information on this face-time opportunity.

If you have questions, feel free to reach out via email at [traciw@kcranch.org](mailto:traciw@kcranch.org) or by calling 303-979-1876, ext. 136.

POOL CUES

## Ranch House Pool Closures for Summer Swim Meets

Please note the following dates the Ranch House pool will be closed to accommodate swim meets during the 2023 summer aquatics season:

- Friday, July 28:** State Swim Meet, pool closed from 5-9 p.m.
- Saturday, July 29:** State Swim Meet, pool closed from 5:30-11 a.m.
- Sunday, July 30:** State Swim Meet, pool closed from 5:30-11 a.m.

You don't have to be a fish out of water! Be sure to join us for summer swimming at either our Bradford or Community Center pools during swim meets at the Ranch House!

All swim meets have been posted to our events calendar on our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).



July

All meetings will be held at the Ranch House unless otherwise noted.

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
2	3	4 10 a.m.-5 p.m. 4th of July Bash All 3 pools	5	6 10:15 a.m. Storytime	7	8
9	10 3 p.m. Historical Society Meeting	11 11 a.m. Ageless & Unstoppable 5:30 p.m. Tasty Tuesday 6 p.m. Open Space Committee Meeting 6 p.m. Joint Study Session	12	13 7:30 a.m. Architectural Committee 10:15 a.m. Storytime	14	15 5 p.m. Battle of the Bands
16	17	18 11 a.m. Ageless & Unstoppable 5:30 p.m. Tasty Tuesday 6 p.m. MA Board Meeting	19 4:30 p.m. Covenant Control Committee	20 10:15 a.m. Storytime	21	22 8 p.m. Flick n' Float
23	24	25 11 a.m. Ageless & Unstoppable 5:30 p.m. Tasty Tuesday 6 p.m. MD Board Meeting	26	27 7:30 a.m. Architectural Committee Meeting	28 5-9 p.m. Swim Meet RH Pool Closed	29 Swim Meet 5:30-11 a.m. RH Pool Closed
30 Swim Meet 5:30-11 a.m. RH Pool Closed						

Information regarding audio and video conferencing options for public meetings will be communicated as it becomes available. See website at [www.ken-carylranh.org](http://www.ken-carylranh.org) for details.



SPECIAL EVENTS



## Wednesday Nights at the Manor House Return This Summer

Summer, summer, summertime is in the air... and at the Manor House with the return of their free Wednesday night events! A resident favorite, Wednesday Nights at The Manor House will take place on July 12 and Aug. 9. Join fellow residents from 5-10 p.m. for cocktails, camaraderie, and comida at the beautiful and majestic Manor House!

Doors will open at 5 p.m. Live music on the front lawn will begin by 6 p.m.! There will be several food trucks and adult beverages will also be available for purchase! This event is open to everyone and no tickets are required.

\*\*\*A special note for families planning to attend from our friends at the Manor House\*\*\*

Our goal is for you and your children to have a fun and safe time while enjoying our property. With that said, all children, whether they are inside the house or outside, must be accompanied by an adult. Our backyard/ceremony space will be strictly off limits and closed to all children/teenagers. They must remain on the front side of the property. We appreciate everyone's understanding in advance!



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12 Ways You Can Connect With Your Neighbors

By Darci Cross, Community Administrator

Hello Ken-Caryl! I hope this finds you well. I wanted to talk about how to really feel invested in where you live. Today, a lot of people don't know their neighbors. We are busy people who are often more connected to our phones than we are to each other, and hundreds of social media friends can still leave us

looking for true connection. Do you really know your neighbors? Their first names, the types of cars they drive, what holidays they celebrate? If you ever get locked out of your house, could you go to your neighbors to grab a spare key? There is a sense of comfort and safety that comes with knowing neighbors, and building a safe and caring community is a valuable way to stay connected to the place you live. Learning how to be a kind neighbor is a skill that's good to learn at a young age. We want people we can share life with. Friends we can count on. And a community that we can share with our kids. Wanna know something? You can create those friendships and that community right where you live. In your neighborhood, on your street, on either side of your house! All it takes is some intentionality. And that's why today, I'm going to share 12 ways you can connect with your neighbors.

BE FRIENDLY. Maybe this is obvious but smile and speak to the people in your neighborhood. Take your time when you're checking your mail or bringing your trash can to the curb. Notice who is around, make eye contact, and greet them. Being friendly can go a long way towards making connections. LEARN YOUR NEIGHBORS' NAMES. Knowing someone's name is a powerful thing. When you address someone by their name, it makes them feel seen and builds a bridge even if you don't realize it. Whether you're new to a neighborhood or you've lived somewhere for years, take the time to introduce yourself to neighbors that you don't know. Then ask them their names -- and remember them.

TAKE WALKS AROUND THE NEIGHBORHOOD. If your neighborhood has sidewalks, go on regular family walks. Your kids can ride bikes or tricycles, and you can greet your neighbors as you go. You'll start to see "regulars" who are outside gardening or walking, too. It's a great way to connect! WELCOME NEW PEOPLE TO THE NEIGHBORHOOD. When you see someone new moving in, go introduce yourself. Or better yet, make them a batch of cookies and take it to them along with a card that has your contact info. They'll be glad to have already made a friend in the neighborhood.

INITIATE GET-TOGETHERS. Whether it's a progressive dinner or a cookout, be the neighbor who gathers people together for fun. I have a friend who hosts themed parties for every holiday. You don't have to go all out -- just be the one who initiates. PITCH IN TO HELP EACH OTHER. Once, when a storm blew through our neighborhood, the guys on our cul-de-sac all got together to help clean up one neighbor's tree that got knocked down. It would have taken him all day to do it alone, but with all of them working together, it only took an hour. It doesn't have to be huge -- it could be as simple as collecting mail or watering someone's plants when they're out of town.

GIVE YOUR NEIGHBORS GIFTS DURING THE HOLIDAY SEASON. Spend an afternoon making something yummy to celebrate the season and share the batch with your neighbors. They will probably be surprised and touched that you thought of them. START A WALKING CLUB. Whether you start a huge group or just get a small number of neighbor friends together, walking together gives you plenty of time to visit and get to know each other while also getting some exercise. Kill two birds with one stone!

START A BOOK CLUB. Use that Facebook page and find other bookworms in the neighborhood. Choose a book and then gather each month to discuss it. HOST A BLOCK PARTY. Invite all the people who live on your street to a block party. Provide the main dish and ask everyone else to bring a side or a dessert and enjoy spending a couple of hours together visiting and getting to know each other better.

BORROW AND LEND FREELY. Do you know your neighbors well enough to borrow a cup of sugar when you run out? While you can let your neighbors know that they can borrow anything anytime they need to, sometimes it takes being vulnerable yourself first. The next time you run out of butter or need an egg, text a neighbor or ring their doorbell and ask if they have some you can borrow. Then, the next time they're in need, they'll feel free to ask you. You can do the same with tools.

INVITE FAMILIES OVER FOR DINNER. It doesn't have to be fancy -- in fact, you can start small, like inviting them over for ice cream cones. People are honored and pleasantly surprised when you invite them over, and it's a great way to show interest in getting to know someone better. Whether in big ways or small, connecting with your neighbors doesn't have to be hard. It just takes intentionality and time. And any time you invest in relationships is time well spent. Do you agree?

Have a great day and be kind to one another,  
Darci

PICTURE THIS! - Bird's Eye View

A bird's eye view... a Red-Tail Hawk vigilantly watches over its nest in the Plains, as seen and snapped by resident Lori Moinet.



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# Ring, Ring! Announcing Your Presence with a Bell

By Michael Ryan, Park Ranger

Summer is here, which means there are many users out enjoying the trails! With so many people sharing the trails, it is a good time to talk about bell use and awareness. While it may seem like a small accessory, a bike bell can make a big difference in alerting others to your presence.

Using a bike bell is an act of courtesy that demonstrates consideration for others on the trail. Bells are an inexpensive tool to help limit or avoid trail accidents when coming around blind turns or emerging from a thick canopy that may block viewshed. When cyclists ring their bells, there is less chance of startling another trail user.

Bells also serve to alert wildlife to your presence. This lessens the chance of having a surprise encounter with animals and gives wildlife time to react.

Trails are meant to be accessible and enjoyable for everyone, including individuals with visual impairments or limited hearing. Bike bells help impaired individuals identify the presence and location of other users.

Keep in mind it is also good practice to free one ear if you're enjoying some music or your favorite podcast while recreating on the trails. That way you can be aware of your surroundings at all times and hear bells from other trail users.

The rangers have been promoting bell use on bikes through educational announcements in the display cases at trail kiosks. Ranger staff and volunteer patrollers even offer free bicycle bells on our giveaway days, which are typically held 3-4 times throughout the year at different trail intersections. So, stay tuned for more information on upcoming Ranger Giveaway Days!

Ranger staff always use bells on our fleet of bikes to announce ourselves, and we find this to be an effective tool to avoid collisions and promote awareness while on the trails. Please feel free to call the KCRMA Park Rangers at 303-979-1876, ext. 170, with any questions.



# Be Bear Aware!

Bears have been spotted in Ken-Caryl Ranch recently, which is earlier than we normally see these big fellas, so it's time to be more bear aware! Did you know that a bear can revisit the same site/area up to 20 times without a reward before it is deterred and moves on?

- \*Keep garage doors closed at all times!
  - \*No birdfeeders!
  - \*Keep garbage indoors! Only put out trash on the morning of your scheduled pick-up day.
  - \*Lock car doors, remove sweet smelling items from cars!
- Thank you for doing your part to keep residents and wildlife safe in Ken-Caryl Ranch!



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Life at Ken-Caryl

July 5, 2023



# The Cabin Burners Light it Up and Rock it Out!

Littleton-based band The Cabin Burners rocked the Ranch on June 17! Residents of all ages enjoyed the bluegrass band under sunny skies as well as tasty eats and treats from food trucks including Perello's Italian and Repicci's Italian Ice & Gelato at the Ranch House.

Many thanks to our generous event sponsors, including Platinum Sponsor Gravina's Window Center of Littleton, Gold Sponsor Canyon View Dental, Gold Sponsor Bobbi Grieco and Bronze Sponsor Colorado Credit Union!

Stay "tuned!" Ken-Caryl Ranch will host an additional summer concert on Aug. 26 at the Ranch House Park/Soccer Fields!



# Food Trucks at the Pool!

Mother Nature finally got the memo! The sun is out, the temps are high and the pool is calling! So if swimming gets you hungry, be sure to be on the lookout for food trucks throughout the summer from 12-2 p.m. (mostly on Saturdays) at the Community Center and the Ranch House. Please check the Aquatics page of our website at [www.ken-carylranh.org](http://www.ken-carylranh.org) often for updated food truck offerings and pay close attention to the location as it will rotate between facilities.

*\*Truckster manages and schedules all of the food trucks for the Metro District. Additional information and any additional offerings will be communicated as information becomes available.*



# Metropolitan District Board Meeting Recordings


In an effort to make Ken-Caryl Ranch Metropolitan District Board meetings more accessible and convenient for residents, staff will be recording District Board meetings for the next three months on a trial basis. The meeting recordings will be posted to the website within a couple days after the meeting so residents can watch the meeting at their convenience. After the three-month trial period, the Board will assess the usage and determine next steps. District Board meeting agendas and information can be found on the Board of Directors page of our website at [www.ken-carylranh.org](http://www.ken-carylranh.org).

# Tasty Tuesdays are Feeding Your Need for Food Trucks!

We are feeding your need for food trucks! If we left you hungry for more, Tasty Tuesdays are back this summer! Be sure to join us for Tasty Tuesdays each week in July from 5:30-8 p.m. in the Ranch House parking lot, where we will host food trucks – from the sweet to the savory – for your eating pleasure! To view the current truck schedule, including \*\*menus, please visit the Special Events page of our website at [www.ken-carylranh.org](http://www.ken-carylranh.org), or scan the QR code below.

*\*Truckster manages and schedules the food truck lineup each summer for Ken-Caryl Ranch. This ensures truck availability, fairness, variety and accountability. With the exception of residents being responsible for food truck purchases, this is a community benefit at no cost to the Master Association or its residents.*

*\*\*Menus may be subject to change.*




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⌚ Life at Ken-Caryl

July 5, 2023



# Stretching the Boundaries of Good Health: StretchLab Opens in Ken-Caryl

By Allison Hefner, Editor

It’s not a stretch to consider how proper stretching can improve overall health and wellness. Resident Ken-Caryl business StretchLab may be the new kid on the block, but they are seasoned experts when it comes to bringing the many benefits of stretching to our community, which includes improving sports performance and posture, reducing stress and muscle pain and increasing range of motion, mobility and flexibility. StretchLab owner Katie Murphy hopes to bring knowledge, awareness, experience and a place for the community to engage in a program that helps improve how they feel every day with her new business that officially opens to the public on July 24.

“Stretching is important for everyone’s health, wellness or fitness because it sustains the foundation of movement,” explains Murphy. “Without adequate range of motion, the body creates compensations, which can make everyday activities more difficult and hinder life, workouts and sports performance. Stretching and moving the body is important as we age and as we push our bodies to do more.”

Murphy, who has an MBA and worked in the oil and gas industry for many years, pivoted in her career after being introduced to the idea of owning a StretchLab studio, and was excited about the idea of stretching as a way to improve health, wellness and longevity.

“I am passionate about my health and wellness, as well as helping my family and friends improve their health through movement and nutrition,” said Murphy. “StretchLab is an opportunity to help other people with keeping their bodies moving and improving their life.”

StretchLab offers customized, one-on-one assisted stretching programs to help people with their mobility and flexibility to live a longer life where they feel good. According to Murphy, certified flexologists customize their programs based on individual client needs and goals. Using PNF (Proprioceptive Neuromuscular Facilitation) stretching, flexologists work through muscle tension, compensations and imbalances to get you to where you need or want to be. Over time, this type of stretching can help lengthen and strengthen muscles.

“Initially, we have members go through a 50-minute intro stretch and body assessment to get a baseline of their mobility,” explains Murphy, “During that first visit, we will also utilize our MAPS system that measures your Mobility, Activation, Posture and Symmetry.”

When it comes to Murphy’s team, you’re in good hands. StretchLab flexologists must complete the company’s intensive proprietary Flexologist Training Program prior to joining StretchLab. During their required 60-70+ hours of theory and hands-on training, flexologists learn the muscular system, a variety of assisted stretches and how to work with a variety of clients of all ages and body types.

“As a team, we are very passionate about sharing the benefits of

stretching, providing a customized program that fits your goals, and in providing a consistent stretching routine that can change your life,” said Murphy.

StretchLab flexologists offer clients one-on-one personalized stretches or group stretches. A one-on-one stretch is customized to your specific needs, focusing on problem areas or targeting certain muscle groups. Group stretches have a maximum of 6 participants at a time and are led by a trained flexologist who will guide participants through a series of stretches specific to their needs.

With so many avid cyclists and hikers in our health-conscious community, StretchLab has found a perfect home in Ken-Caryl Ranch, and Murphy hopes to bring health, wellness and longevity to residents.

“Ken-Caryl is an active community with residents that prioritize a healthy lifestyle,” said Murphy. “With access to so many outdoor activities, assisted stretching compliments all of those activities by providing a recovery program so they continue doing what they love. Everyone can benefit from one-on-one assisted stretching, whether you are looking to improve their quality of life or improve their sports performance. We hope to bring knowledge, awareness, experience and a place for the community to engage in a program that helps improve how they feel, every day.”

For more information on StretchLab, visit them online at [littleton@stretchlab.com](mailto:littleton@stretchlab.com) or call 720-900-2498. The studio is open Tuesday through Saturday from 10 a.m. to 7 p.m. Prior to opening, StretchLab is offering free demo stretches now through July 23 and pre-opening rates that are discounted at \$50-\$80 per month, which is less than after the studio’s official opening.



The StretchLab team.



A StretchLab flexologist at work.

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# Bike Lane Etiquette 101

During the summer, Ken-Caryl residents are taking to two wheels more often for their commutes and casual rides, which means it's time to review bike lane etiquette, especially with the addition of the bike lanes that were part of Jeffco's Shaffer Parkway and Valley Parkway improvements. This precious space is designed primarily for bicycle use to promote safety.

According to the National Association of City Transportation, "Bike lanes enable bicyclists to ride at their preferred speed without interference from prevailing traffic conditions and facilitate predictable behavior and movements between bicyclists and motorists."

Here's a quick look at the general bike lane rules that you need to know — for riders, pedestrians and motor vehicle drivers. If you're in doubt, always check local bike lane laws.

- Bicyclists should ride on the right side of the road and never against traffic.
- Cyclists are expected to obey all stop lights, traffic signs and pedestrians.
- Signal when making turns or risk getting a citation.
- Cyclists should never pass a bike rider on the right.
- Dashed lines in bike lanes mean turning is allowed. Always watch out for motorists and other cyclists.
- Cars should refrain from entering a designated bike lane, with some exceptions regarding turns. Many conventional right-side bike lanes become turning lanes for both cars and bicycles in the last 100 feet or so. You know one's coming up when you start to see the dashed line (although not all feature dashed lines). Motorists are allowed to enter the bike lane for turning only if there's no one beside the car. Don't forget to use your signal and take extra caution to ensure there aren't any cyclists or pedestrians.
- Pedestrians are encouraged to use sidewalks and to refrain from using bike lanes, when applicable, for safety.



# PICTURE THIS! - Massey Draw(s) You In!

A stunning waterfall as seen and snapped on Massey Draw by resident Frank Schmidt.



# PICTURE THIS! - Dark Skies Ahead

An ominous storm looms overhead, as seen and snapped by Valley resident Charles Jones.





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# Troop 686 Scouts Impact Community with Service Projects

By Deanna Miller, Resident

Scouts Megan Butler and Kirwan Prendergast recently completed their Eagle Scout Service Projects. These projects are an opportunity for scouts to demonstrate leadership while performing a project for the benefit of their community.

Megan spent several weekends guiding other scouts in delivering fliers and picking up donated toys to benefit Children’s Hospital. She exceeded her goal by collecting a total of 312 toys!

Kirwan recognized a need for an upgrade to the Triceratops Trail at Dinosaur Ridge in Golden. With the help of scouts and parents, Kirwan constructed a raised platform, which made the trample pit area easier to access. This improvement will benefit guests of Dinosaur Ridge for many years to come.

If your son or daughter is interested in joining Troop 686, please contact Kim Davis Poole at [davisk1020@yahoo.com](mailto:davisk1020@yahoo.com). The Troop meets every Wednesday at 7 p.m. Additional information can be found at [bsatroup686.org](http://bsatroup686.org).



Kirwan Prendergast completed an upgrade to the Triceratops Trail at Dinosaur Ridge as part of his Eagle Scout Service Project.



Megan Butler organized a toy drive for Children's Hospital as part of her Eagle Scout Service Project.

# This July, Celebrate “Where Community Grows” in Ken-Caryl Ranch

**Month-long celebration highlights the impact of parks and recreation**

This July, join the Ken-Caryl Ranch Metropolitan District for Park and Recreation Month, as we celebrate how Ken-Caryl Ranch is stronger, more vibrant and more resilient because of parks and recreation. A variety of activities are planned in July at the Ranch House for residents of all ages and abilities, including:

- Battle of the Bands: July 15
- Flick’n Float: July 22
- Ageless & Unstoppable Programming for Seniors, Retirees and Adults: July 11, 18 and 25
- Tasty Tuesdays: July 11, 18 and 25

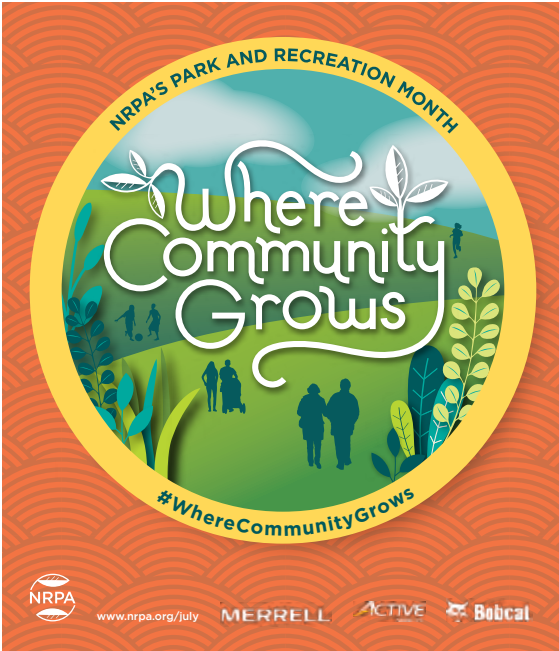
Check out the website at [www.ken-carylranh.org](http://www.ken-carylranh.org) for details on these events as well as information on the variety of classes we have available!

Ken-Caryl Ranch is celebrating Park and Recreation Month, an initiative of the National Recreation and Park Association (NRPA), by inviting our community to share how parks and recreation has benefitted them and positively impacted their quality of life. With everything from special events, pool time, summer camp, yoga, fitness classes, hikes and more, there are plenty of ways that you can celebrate as well!

“I consider myself lucky to work for a community that has such a strong connection to recreation and a high level of community engagement,” said Ken-Caryl Ranch Metropolitan District Manager Traci Wieland. “To quote Leslie Knope from the hilarious show ‘Parks and Recreation’: ‘The best prize life has to offer is a chance to work hard at work worth doing.’ The work we do as parks and recreation employees is important and meaningful to all of us, and I hope you see the commitment we have to serve this community.”

“The most recent community survey showed a desire for more special events and community gathering opportunities, and the Boards and staff have taken that message to heart,” said Traci. “Hopefully you’ve noticed the increase in special events both last year and this year. I encourage you all to come out to an event and spend some quality time with your neighbors!”

NRPA and the Ken-Caryl Ranch Metropolitan District encourage everyone who supports parks and recreation to share how it has improved their quality of life, as well as why their local park and recreation professionals are important to them, on social media with the hashtag #WhereCommunityGrows.



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4 Mule Deer • 11 Willowleaf • 3 Willowleaf • 4 Mourning Dove • 8 Blue Willow • 15 Mountain High  
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Every adorable, adoptable resident of Foothills Animal Shelter lacks only one thing: a happy home. Please consider adopting one of this week's featured pets:



**Kane (214580)**  
 Kane is a 6-year-old male Labrador Retriever who is eager to meet new human friends – like any Labrador does! He also loves to chase his tennis ball! Kane has successfully lived with another dog, so he may enjoy a canine sibling in his new home. He would make a great companion for any family that enjoys being active with their dog.



**Theo (275475)**  
 Theo is an 8-year-old male cat looking for an easygoing and patient home. This shy guy is relaxing in a foster home, where he treats his foster parents to purrs and biscuit-making. He is available to homes with no kids or kids over the age of 10. Theo is in foster care, so email foster@fas4pets.com if you are interested in meeting him.

To find out more about Kane, Theo and other deserving pets in need of good homes, visit [www.FoothillsAnimalShelter.org](http://www.FoothillsAnimalShelter.org).

KEN-CARYL RANCH PRESENTS  

# BATTLE OF THE BANDS

FOUR LOCAL, FAMILY-FRIENDLY BANDS  
  
 VOTE FOR YOUR FAVORITE!

JULY 15TH  
 5-7PM  
  
 AT THE RANCH HOUSE  
  
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Come enjoy FREE ice cream and toppings while mingling with the community!

**August 2nd**  
**12:30-1:30 PM**  
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# THE 2023 KEN-CARYL RANCH ART FESTIVAL

Local artists will showcase their artwork for the community to come out and see.  
 More info to come!

**AUGUST 5TH | 10 AM - 4 PM**  
**RANCH HOUSE (INSIDE)**  
  
 Artwork will be juried by the Ken-Caryl Art Guild  
 Thank you to our generous sponsors!





Bobbi Grieco

### Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. To sign up for the e-News, go to [www.ken-carylranh.org](http://www.ken-carylranh.org) and fill out the e-News sign-up form on the home page or send an email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org).



# CHRISTMAS IN JULY Flick 'n Float

**RANCH HOUSE POOL**  
**JULY 22ND, 8-10 PM**  
  
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popcorn provided!

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**RANCH HOUSE PARK**  
**AUGUST 12TH**  
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# 2023 Summer Events

**Battle of the Bands**  
 July 15th \* 5-7 PM  
 Ranch House Park

**Flick 'n Float**  
 July 22nd \* 8-10 PM  
 Ranch House Pool

**Art Festival**  
 Aug. 5th \* 10 AM - 4 PM  
 Ranch House

**Doggie Dip Day**  
 Aug. 19th \* 10 AM - 1 PM  
 Ranch House Pool

For details on these events, please visit the Special Events page on our website at:  
[www.ken-carylranh.org](http://www.ken-carylranh.org)



# What's Up, Player? North Ranch Park Playground Ribbon Cutting a Success!

By Sam Marko, Communications Administrator

After months of construction, the new playground at North Ranch Park was opened to the public with a ribbon cutting ceremony hosted by the Ken-Caryl Ranch Metropolitan District. MD Board Director Kayla Kirkpatrick spoke to a gathering of approximately 30 people to salute the virtues of all-ages outdoor play before the crowd enjoyed cookies, lemonade and some inaugural playtime! The new playground features a climbing wall, public instruments, and a revamped play structure, among other improvements that residents are encouraged to discover for themselves!



MD Board Director Kayla Kirkpatrick addresses the crowd and cuts the red ribbon to mark the North Ranch Park playground's official grand opening on June 20.



Residents, board members and staff enjoyed cookies, refreshments and play at the event.



Above and right: Features of the new North Ranch Park playground offer hours of safe play.

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Stealing socks

I CAN'T LIVE WITHOUT MY:

Stuffed lamb

I'M KNOWN FOR:

Being cute

MY SECRET TALENT IS:

I have learned to high-five!

I LOVE IT WHEN:

I get to play outside

MY PERFECT DAY:

I wake up and go outside. Then my Mom and Dad have breakfast ready for me. I get to play with my big brother for a bit, then go for a walk! I like to get a few naps in, then play catch with my tennis ball. I love dinner time and then going to bed and snuggling with my parents.

LIFE IS RUFF WHEN:

You're a puppy and can get away with lots of things!

Hi, my name is

MAC

Submit your dog to be featured in a 2023 edition of Life at Ken-Caryl's "Ruff Living" column at <https://ken-carylranh.org/submit-to-ruff-living/>.

Submissions are first-come, first-served!

11

© Life at Ken-Caryl

July 5, 2023



# RECREATION PROGRAMS & ACTIVITIES

Register online at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) today!



## Special Events

Kate McDonald  
Aquatics and Community  
Supervisor  
[katem@kcranch.org](mailto:katem@kcranch.org)  
303-979-1876, ext. 131

### Tasty Tuesdays Returns to the Ranch House this Summer!

We are feeding your need for food trucks! Be sure to join us for Tasty Tuesdays each week in June and July (no event July 4th) from 5:30-8 p.m. in the Ranch House parking lot, where we will host food trucks – from the sweet to the savory – for your eating pleasure! To view the current lineup of featured food trucks, including links to view their \*menus, please visit the Special Events page of our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org). \*Menus may be subject to change.

### Battle of the Bands

Get ready for an epic Battle of the Bands this summer! Join us on July 17 from 5-7 p.m. at the Ranch House Park/Soccer Field to hear four local, family-friendly Ken-Caryl bands battle it out on the stage to win Best of Show!

### Flick'n Float

Flick'n Float returns to the Ranch House pool this summer on July 22 from 8-10 p.m.! Enjoy a relaxing float in the pool while viewing a family classic! We will be celebrating Christmas in July, featuring the family-favorite flick, "The Grinch!" Please note that for safety reasons, only foam pool noodles will be allowed in the pool, no other floatation devices are permitted that may hinder our lifeguards' ability to view the bottom of the pool.

### Movie in the Park

Enjoy a FREE movie in Ranch House Park/Soccer Field on Aug. 12. Bring your friends and family, some lawn chairs and blankets to enjoy a movie in the park! Movie starts at approximately 8 p.m. Movie TBD.

### 2023 Art Festival

Ken-Caryl Ranch is hosting its first ever juried art festival! The 2023 Art Festival will be held on Aug. 5 from 10 a.m. – 4 p.m. at the Ranch House. Artwork will be showcased for the community to come out and see.



## Special Events

### Doggie Dip Day

Life's ruff when it is hot outside and you're donning a fur coat! So, in honor of the 'dog' days of summer, we're turning over the Ranch House pool to our furry, four-legged residents to close out the summer pool season! It's Fido's turn to take a dip in the pool for our annual Doggie Dip Day event on Aug. 19 from 10 a.m. – 1 p.m.! Your canine companion will be able to (dog) paddle their way to fun and enjoy paw-some activities and a chance to win prizes! This event is for fully vaccinated, well-behaved dogs who can obey owner commands and can get along well with other dogs and patrons.

### Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. It is a great information source and supplement to the newspaper and other forms of communication on Ken-Caryl Ranch.

To sign up for the e-News, go to [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org) and fill out the e-News sign-up form on the home page or send an email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org).



## Aquatics

Kate McDonald  
Aquatics and Community  
Supervisor  
[katem@kcranch.org](mailto:katem@kcranch.org)  
303-979-1876, ext. 131

### Aqua Fitness

Splish, splash, Aqua Fitness classes are back at the Community Center pool! Classes are on Monday – Friday, 8:45-9:35 a.m., and on Saturday and Sunday from 9-9:50 a.m. All classes will require pre-registration. For a current class schedule and to register, please visit the Adults & Seniors page of our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Follow Ken-Caryl Ranch on Twitter

Check it out at [http://twitter.com/kencaryl ranch](http://http://twitter.com/kencaryl ranch)



## Tennis & Pickleball

Robert Campbell  
Tennis Program Supervisor  
[robert@kcranch.org](mailto:robert@kcranch.org)  
303-979-2233, ext. 202

### Junior Tennis Lessons

Register today for Junior Tennis Lessons! For more information, and to check availability, including available lessons based on skill, please visit our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Adult Tennis Lessons

Register today for Adult Tennis Lessons! For more information, and to check availability, including available lessons based on skill, please visit our website at [www.ken-caryl ranch.org](http://www.ken-caryl ranch.org).

### Cardio Tennis!

Cardio Tennis is taking a hiatus this summer, but stay tuned! This class will return in the fall!



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# RECREATION PROGRAMS & ACTIVITIES

Register online at [www.ken-carylranh.org](http://www.ken-carylranh.org) today!



## KC Fitness

Janet Robbins  
Fitness Coordinator  
[janetr@kcranch.org](mailto:janetr@kcranch.org)  
303-979-2233, ext. 185



## Youth Programs

Youth Programs  
[youthprograms@kcranch.org](mailto:youthprograms@kcranch.org)  
303-979-1876



## Youth Programs

### Storytime at the Ranch House Summer Update

Please join us from 10:15-10:45 a.m. at the Ranch House for Storytime and have fun with our youngest residents! *Please note the location change to the current Storytime schedule, beginning in June. To accommodate Ken-Caryl's Summer Camp program, Storytime will move to the Colorow Room at the Ranch House on Thursdays at 10:15 a.m. now through July 27. The program will return to the Bradford Room on Aug. 3. \*\*\*Babytime will be taking a hiatus this summer, and will resume on Aug. 3.*



## Adult Programs

Kate McDonald  
Aquatics and Community  
Supervisor  
[katem@kcranch.org](mailto:katem@kcranch.org)  
303-979-1876, ext. 131

### Fitness Classes and Personal Training

Please visit our website for the most up-to-date information on classes, hours and fitness sessions at [www.ken-carylranh.org](http://www.ken-carylranh.org).



## Sports & Athletics

### Disc Golf 101

Come learn the basics of Disc Golf through this special Disc Golf 101 course at the Ken Caryl Ranch House Park on July 30 from 10-11:30 a.m. This program is geared toward beginning Disc Golfers ages 8-years-old and up, or those who have never tried the sport and want to learn more. Using proper beginner discs (provided) you will learn to perform proper throwing technique for tee shots, approaches and putts, as well as etiquette for on the course, mental game mentoring and information on local courses. Watch your confidence take flight and enjoy learning how to play disc golf with proper form and equipment! Great for families! Register online via our website at [www.ken-carylranh.org](http://www.ken-carylranh.org). Each participant will take home a beginner appropriate golf disc (\$15 value).

### Challenger Soccer Camps

Challenge your child to be their very best on the soccer field! Now enrolling in Challenger Soccer Camps! For more information and to register, please visit <https://challengersports.com/>.

### Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the Community & News section.

#### Display Advertising & Classifieds

Sam Marko, [samm@kcranch.org](mailto:samm@kcranch.org)  
303-979-1876, ext. 117

### Summer Enrichment Programming: Talk to the Camera

Still looking for educational and FUN programming for your child/ tween this summer? We still have availability for our Talk to the Camera Summer Enrichment programs! Talk to the Camera is a STEAM based program that focuses on moviemaking and video creation! With the various camp topics offered, these programs strive to spark their participants' imaginations and boost self-confidence! Full and half days available. For specific session dates, times, locations and to register, please visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org) and click on the Register icon at the top right corner of your screen.

### Register for Before & After School Care

Register your child for our B&A Care program this fall at the Ranch House for Shaffer families and the Dakota Lodge or the Community Center for Bradford families! The Ranch House-Shaffer program still has openings, so sign up now! Both Bradford programs are full, but you are welcome to join the waitlist, which can be done online via our website. A survey will be sent soon to all registered participants and waitlisted families to help determine if there is the option to open any more spots. KCRMD Before & After School Recreation Programs provide a caring, safe and fun learning environment. Students explore a wide variety of activities that develop learning, encourage imagination and promote positive social skills. Join us for exciting science experiments, cooking, art projects, sports, games, reading, homework help and more! We offer year-round care and provide full-day care on most early release days, school holidays and vacations. Register and pay only for the days you need each month! Register on our website at [www.ken-carylranh.org](http://www.ken-carylranh.org), under the Programs tab, then Youth Programs and School-Age Care.



## Teen Programs

### Babysitting Course

Sign your tween/teen up for our latest Babysitting Class on Aug. 4 from 9 a.m. - 3 p.m. at the Ranch House! This course is designed to help prepare participants for those first babysitting opportunities. Routine childcare duties (feeding, bathing and diapering) will be covered. Participants will also learn basic child development and be able to provide activities for various developmental stages. Home and fire safety along with the prevention and treatment of common injuries will also be covered. This course is offered in person for kids ages 11-14. To enroll, please visit [www.ken-carylranh.org](http://www.ken-carylranh.org) and click on the Register icon at the top right corner of your screen.

### Ageless & Unstoppable

Ageless & Unstoppable is back for another exciting season! Join us for fun and entertaining adult programming from 11 a.m. - 12:30 p.m. on select Tuesdays in the \*Shaffer Room at the Ranch House. These sessions are FREE, and registration is not required. To view dates and program topics, please visit the Adults & Seniors page of our website at [www.ken-carylranh.org](http://www.ken-carylranh.org). \*Please note that programming will convene in the Colorow Room on the second Tuesday of every month to accommodate the Senior Club's previously scheduled meetings.

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SPECIAL EVENTS

# Be Ageless and Unstoppable at our Programming for Adults, Retirees and Seniors

Residents took part in our first Ageless and Unstoppable series in June, which included an estate planning presentation on how probate works in Colorado, the way a will can lead directly to probate, and the value of having a trust to help avoid the probate process. The program was hosted by Ariana Sorensen with Legacy Law Group Colorado.

Have you attended an Ageless & Unstoppable program yet? This summer series features informative and engaging programs geared for adults, retirees and seniors. For more information on upcoming programs, please check out our flyer below, or visit our website at [www.ken-carylranh.org](http://www.ken-carylranh.org) and click on the *Programs* tab, then *Adults & Seniors*.

Ageless & Unstoppable is proudly supported by Platinum Sponsor Kali Hepker with Equity Colorado Real Estate.





# Ageless and Unstoppable

## Programming for Seniors, Retirees and Adults

Tuesdays at the Ranch House from 11 A.M.-12:30 P.M  
unless otherwise noted.

**Tuesday, July 11 – Topic: Createry Workshop \*Will be held in the Community Center– Sunshine Room\***

**Tuesday, July 18 – Topic: BINGO!**

**Tuesday, July 25 – Topic: Go On More Hikes with Your Grandkids This Year, Presented by Jamie Siebrase**

**Tuesday, Aug. 1 – Topic: What’s All the Buzz About Value-Based Care? Presented by Erica Chase from One Medical Seniors**

**Tuesday, Aug. 8 – Topic: Createry Workshop**

**Tuesday, Aug. 15 – Topic: Understanding Zen Meditation as a Spiritual Practice, Presented by Gary Kahn**

**Tuesday, Aug. 22 – Topic: Intro to Knitting with Sonia Berlingeri**

**Tuesday, Aug. 29 – Topic: Mindfulness– What is it and how can it help me? Presented by Erica Chase with One Medical Seniors**

Thank you to our very generous platinum sponsor!





# Remember the Five “Ps” Of Wildfire Evacuations

By Daniel Hatlestad, Ken-Caryl Firewise Committee

Despite a wet June, wildfires are still a way of life in Colorado as the rain and snow have become less frequent and the temperatures have grown hotter. You may find yourself needing to evacuate at moment’s notice. Here are the five “Ps” you need ready to have prepared prior to an evacuation. Now is the time to gather your five “Ps” for rapidly leaving your home when wildfire threatens.

1. People and Pets — Be ready to flee with yourself and your family, and if safely possible, assist neighbors who may need extra help. Pets and other animals may be scared with the noise and smoke of a wildfire in the area.
2. Prescriptions — Have them bagged and ready to go, including medicines, medical equipment, batteries or power cords, eyeglasses and hearing aids.
3. Papers — Important documents (hard copies and/or electronic copies saved on external hard drives or portable thumb drives).
4. Personal needs — Such as clothes, food, water, first aid kit, cash, phones, and chargers and items for people with disabilities and others with access and/or functional needs, such as older adults and children.
5. Priceless items — including pictures, irreplaceable mementos and other valuables.

People are the most important factor to consider. Make a family disaster plan so everyone will know where to check in when a disaster occurs. Experts say to have a distant place or phone that everyone can call in case of an emergency. When an emergency occurs, local phone traffic may be limited, and it may be easier to reach someone far away. Make sure that everyone in the family knows who to call, and remember that even when the signal isn’t strong enough for a cell phone call to go through, it may be possible to text. Make sure everyone knows who to contact and their phone number.

With the number, intensity and size of wildfires in Colorado in recent years, it is important that we also plan to evacuate with our pets and livestock. Prepare food, cages, pet toys, pet and animal documentation now in anticipation of wildfires in Jefferson

County. Evacuation of livestock may require extended time and resources – consider animal evacuation early if wildfire is in the area.

Prescriptions are also important. Don’t forget your medicine when you evacuate. Leaving your medicine behind may place your health at risk at a time you can least afford it, and you might have difficulties getting medicines replaced. Prescriptions should be organized and easy to grab in case of an evacuation.

Important legal papers will be needed, so make sure yours are handy. Birth certificates, car registrations, health insurance cards, proof of insurance and social security cards can all be replaced, but it takes time. Make sure yours are in an easy-to-reach file that you can grab as you evacuate. Some people keep their important papers in a portable file box. If you keep yours in a filing cabinet or certain drawer in the desk, make sure they are in the same file, so you don’t have to rifle through lots of paperwork as you head out the door. Consider storing electronic copies of your important documents online by simply emailing copies to yourself. Phone numbers and policies of insurance companies will be extremely important in case you have to file a claim after the emergency.

Personal needs items make you comfortable. Clean clothes or a toothbrush can make you feel at home even if you are in a shelter. Take a child’s favorite toy or your favorite pillow if it brings you comfort. Consider packing clothing for an extended evacuation and clothing for a return to a dirty or damaged home when allowed.

What is it that you would miss most if it were no longer there? Dad’s photos or mom’s antique watch may not mean much for your ultimate survival, but heritage is important to many of us. Don’t risk life or limb to load grandmother’s furniture, but easily carried keepsakes can be put in the car as you evacuate. Create a list of important items and post the list where it can be seen each day. Think about those priceless items that would be impossible to replace and take them with you.

Sign up for Jefferson County’s LookoutAlert.com, a web-based critical communication system that enables local public safety personnel to notify

residents and businesses by telephone, text message, email and social media of the need to evacuate and other urgent notifications. Don’t wait for an evacuation notice, evacuate early.

The bottom line is to evacuate when you are threatened by wildfire. Don’t wait for an evacuation notification. Early evacuation will provide you with time for gathering the five “Ps” and to safely evacuate the area. Don’t risk your life or your family’s safety by waiting. As soon as you are aware of wildfire in the area, start gathering important items and get them ready to go. When the threat appears or the evacuation request comes, you will be ready to move out. The order to evacuate is not given lightly, so follow the instructions of emergency personnel. Your survival may depend on it.



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# Bingo is the Game-O!

Resident enjoyed games, light refreshments, prizes and camaraderie at our first Bingo event of the year! The event was generously sponsored by Platinum Sponsor Crystal Adams and Gold Sponsor One Medical Seniors.



Platinum Sponsor Crystal Adams with Equity Real Estate calls out numbers at last month's Bingo event.



Gold Sponsor One Medical Seniors was on hand at the event.

# PICTURE THIS! - Wild Mushroom

Now that's a wild mushroom! Photo of a magical mushroom following all of the rain last month, courtesy of resident Janine Kozacka.



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PICTURE THIS! - Birds on the Brain

Resident photo contributor Adriana Wiersma snapped and shared these stunning photos of our feathered residents.



I Scream, You Scream, We All Scream for Ice Cream (Social)

Residents of all ages were able to get social and enjoy some ice cream sundaes at Ken-Caryl's Ice Cream Social, generously supported by Platinum Sponsor One Medical Seniors. Mark your calendars for the next Ice Cream Social, sponsored by One Medical Seniors, that will take place on Aug. 2 from 12:30 -1:30 p.m. at the Community Center!



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Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email. To sign up, go to [www.ken-carylranh.org](http://www.ken-carylranh.org) and fill out the e-News sign-up form on the home page.

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**Life at Ken-Caryl Policy: Letter to the Editor**

LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words — and must be received by the published deadline date and time. Deadline dates and times can be found at [www.ken-carylranh.org](http://www.ken-carylranh.org).

The preferred method for submitting letters to the editor is by email to Allison Hefner at [allisonh@kcranch.org](mailto:allisonh@kcranch.org), but they may be mailed or hand-delivered to the Ranch House, Attn: Allison Hefner, 7676 S. Continental Divide Road, Littleton, CO 80127. A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt.

We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the author's name and "Ken-Caryl Resident" or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content.

Letters will be published with plain text; use of all caps, italics, bold or

excessive exclamation points will not be allowed. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

Email to [allisonh@kcranch.org](mailto:allisonh@kcranch.org).  
Deadline for July 19 paper is July 10 at 9 a.m.

● LIFE AT KEN-CARYL

ISSN 0899-6318

*Life at Ken-Caryl* is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors. NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a whole. Deadline dates are published at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the *Community & News*, then *Newspaper & e-News* tabs.

**Life at Ken-Caryl Editor**  
Allison Hefner  
[allisonh@kcranch.org](mailto:allisonh@kcranch.org)  
303-979-1876, ext. 108

**Display Advertisements and Classifieds**  
Sam Marko  
[samm@kcranch.org](mailto:samm@kcranch.org)  
303-979-1876, ext. 117

**Ken-Caryl Ranch Master Association**  
Board of Directors: Gerry Bauer, Debbie Seagraves, Scotty Martin, Chris Schroeder, and Philip Varley

Brian Yowell  
General Manager  
[briany@kcranch.org](mailto:briany@kcranch.org)  
303-979-1876, ext. 113

**Ken-Caryl Ranch Metropolitan District**  
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Traci Wieland  
District Manager  
[traciw@kcranch.org](mailto:traciw@kcranch.org)  
303-979-1876, ext. 136

Park Rangers/Open Space:..... 303-979-1876, ext. 170

Parks, Greenbelts, Sprinklers: (weekdays).....303-979-1876, ext. 399 (emergencies)...303-979-1876, ext. 320

Recreation:  
Ranch House.....303-979-1876  
Community Center.....303-979-2233  
Environmental  
Education.....303-979-1876, ext. 469

Contact information for the Master Association and Metropolitan District Board members and staff is available at [www.ken-carylranh.org](http://www.ken-carylranh.org) under the *About Us* tab.

**Sign Up for the e-News!**

To sign up for the e-News, go to [www.ken-carylranh.org](http://www.ken-carylranh.org) and fill out the e-News sign-up form on the home page.

**LIFE AT KEN-CARYL CLASSIFIED ADVERTISING** is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded.

You can download a contract and view deadline dates at [www.ken-carylranh.org](http://www.ken-carylranh.org) under Community & News, then Newspaper: Life at Ken-Caryl. The deadline for placement of classified advertising is 5 p.m. on the published deadline date. The deadline date is sometimes early due to holiday schedules. Cost is \$.25 per word for residents or \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. Please call 303-979-1876, ext. 117 or email [samm@kcranch.org](mailto:samm@kcranch.org) for more information.

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This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Allison Hefner at AllisonH@kcranch.org or call 303-979-1876, ext. 108.

Services: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling

Name	Phone	Services	Age	Neighborhood
Olivia Anderson	303-902-5026	B, P, S	15	Aspen Meadows
Jade Atkinson	720-616-0063	B	17	Aspen Meadows
Giana Baiotto	720-335-9786	P, H	10	Traditions
William Baiotto	720-335-9786	P, H	13	Traditions
Hutch Barber	303-249-0468	P	14	Legacy
William Barrs	202-253-8227	L, P, S	11	Retreat
Piper Blarr	720-255-6877	B, P	16	Colony
Aliza Bochner	720-880-8336	B, P	19	North Ranch
Eva Bochner	720-899-0033	B, P	17	North Ranch
Mariel Bochner	319-338-4414	B, P	14	North Ranch
Abby Burton	720-616-1333	B, P	16	Aspen Meadows
Caprice Camilli	720-347-3411	B, P	13	Wynterbrooke
Elena Carpenter	303-999-9764	B, P	12	Traditions
Alice Cuttitta-Gallant	303-517-8864	B	14	Deer Creek
Hope Cuttitta	720-404-0282	B, P	18	Deer Creek
Ella Daugherty	303-591-2004	B, P	16	Legacy
Quinn Daugherty	303-591-2004	B, P	15	Legacy
Razi Daugherty	303-591-2004	B, P	12	Legacy
Presley Davis	720-487-8778	B, P	13	Sunset Ridge
Megan Ellis	720-290-2033	B, P, S	14	Heirloom
Jack Famariss	720-434-7033	B, P	14	North Ranch
Ryan Flint	303-517-3749	L,P,S	15	Retreat
Caleb Flint	303-517-3749	L,P,S	12	Retreat
Grant Foster	720-345-3120	L, S	17	Aspen Meadows
Kyla Fouts	303-668-0581	B, L, P, S	13	Mountain Gate
Brayden Fox	303-906-4339	L, P, S	15	Deerwood Vista
Lauren Fox	720-273-4077	B	12	North Ranch
Liam Fox	303-906-4339	L, P, S	11	Deerwood Vista
Shaun Fox	303-906-4339	L, P, S	14	Deerwood Vista
Lily Freitas	303-999-1993	B, P	12	Retreat
Eva Gallant	303-517-8864	B, P	15	Deer Creek
Georgia Gilmore	720-210-4177	B	16	Heirloom
Connor Glitzer	303-489-3932	L, S	18	The Village
Maria Gonzalez	720-224-3612	B, P, S	12	Cimmaron
Kyra Goudzwaard	720-552-0175	B, P	15	Barrington Ridge
Cameron Guider	303-868-7198	B,P	14	Aspen Meadows
Will Guider	303-868-7198	L,P,S	14	Aspen Meadows
Kara Hammond	720-979-4069	B, P	13	Carriage Hill
Aubrienne Hansen	720-822-5512	P	13	Stallion Pointe.
Keegan Hardesty	720-484-9557	L, P, S	17	Cimarron
Mac Hardesty	720-672-1225	L, P, S	15	Cimarron
Gailyn Harrigan	720-390-2770	B, L, P, S	13	Colony
Michael Hefner	303-359-9052	P, L	12	The Spread
Reed Hershey	720-828-3245	B, L, P	12	North Ranch
JJ Heupel	720-372-9476	B, L, P, S	16	Enclave/Traditions
Natalie Himmel	720-788-3419	B, P	15	Eagles Pointe
Kellen Hodges	720-496-6113	B, L, P, S	17	Saddlewood
Maddox Hodges	720-472-2003	B, L, P, S	14	Saddlewood
Reece Hodges	303-667-2606	L, P, S	12	Saddlewood
Gunnar Holmes	720-505-6764	L, S	15	Carriage Hill
Amelia Hopping	720-626-7750	B, P, S, L	14	North Ranch
Erin Hurley	720-600-8261	B, P, S	12	Aspen Meadows
Lukas Jamtgaard	303-763-0250	P	18	Mountain Gate
Afton Jones	720-705-9797	B	16	Manor Ridge
Salome Kekelia	801-201-1183	B	13	Territory
Eva Kiebler	303-478-6050	B, P	15	Cimarron
Sierra King	720-582-3334	L	14	Heirloom
Kellen Lay	720-629-5566	L, S	12	Wynterbrooke
Andrew Lerudis	720-691-3985	L, P, S	15	Village
Daniel Lobelo	720-203-2912	L, P, S	14	Deerwood Vista
Shea McCaughey	720-774-7499	B, P	13	Cimmaron
Riley McGatlin	703-244-8558	B, L, P, S	14	Legacy
Rileigh Rose McMahon	720-375-3352	B, P	13	Stallion Pointe
Nathan McAnally	303-358-1993	L, P, S	12	Retreat
Charlotte Miller	303-882-4415	B, P	16	Manor Ridge
Janey Millstone	720-668-1029	B, P	15	North Ranch
Sydney Millstone	720-471-3245	B, P, L	15	North Ranch
Hannah Mote	720-305-8757	B, P	14	Stallion Pointe
Kellan Nash	720-630-5764	L, P, S	13	Retreat
Samara Pirozzi	720-818-2203	B, P	16	Traditions
Lillian Pool	720-985-1667	B, P	16	Bradford Place
Alec Prinzi	303-810-3221	B, L, P, S	12	Shaffer Hill
Nathan Rector	720-506-5616	S, L	12	Sunset Ridge
Joshua Reisinger	303-587-0927	L, P, S	16	Eagles Pointe
Alessandra Roberts	720-394-3910	B, P, S,	15	Village
Paulina Roberts	720-394-3910	B, P, S	13	Village
Griffin Ruszkowski	303-960-9883	L, P, S	13	Stallion Pointe
Jake Ruszkowski	720-607-2809	B, L, P, S	17	Stallion Pointe
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Liam Schuster	720-480-0691	B, P	13	Heirloom
Aly Secondo	720-625-9910	B, P	12	Cimarron
Ava Secondo	303-883-2592	B, P	15	Cimarron
Jon Siebrase	314-960-1524	L	13	Stallion Pointe
Brian Siebrase	314-960-1524	L	11	Stallion Pointe
Anna Smith	567-217-1248	B	16	North Ranch
Cameron Sternberg	303-949-3691	P	12	Aspen Meadows
Wesley Sternberg	303-949-3691	P	14	Aspen Meadows
Lachlan Stevens	720-742-0086	B, L, P, S	14	Bradford Place
Seumas Stevens	720-210-6065	B, L, P, S	14	Bradford Place
Ryann Stewart	303-817-4120	B	12	Heirloom
Maddy Szabo	720-768-5452	B	16	Aspen Meadows
Jack Torgerson	303-981-7617	B, P	18	Legacy
Aiden Tyler	720-448-7638	P, S	15	Cimarron
Catie Watkins	720-705-1656	B, P	14	Manor Ridge
Judah Webster	703-655-4428	B,L,P,S	15	The Spread
Wyatt Webster	703-655-4428	B,L,P,S	13	The Spread
Ava Yaley	970-946-8955	B, P	15	Carriage Hill
Cole Yaley	970-946-7649	B, P, S	13	Carriage Hill
Liam Young	720-883-3616	L, S, P	12	North Ranch

The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.





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**7228 Gore Range Road**



**10 MOUNTAIN HIGH**



**11130 TWIN THUMBS PASS**



**11385 San Joaquin Ridge**

## Here's what our clients are saying!

"We have used Dave and Diana for both selling and purchasing our Ken-Caryl Properties. They are very attentive, knowledgeable and reliable! In this challenging and ever changing real estate market you need a broker with experience that you can trust to meet your goals! We highly recommend David and Diana Harder."

- Ed & Dee MacDonald  
Sellers/Buyers in Deerwood Vista

"Dave and Diana were wonderful to work with. They were very helpful in providing advice, pre-sale, on what did and did not need to be done to prepare our home. It saved us countless hours and dollars. Dave helped us delineate a good contract from a bad one. We would definitely use them again in the future!"

- Forrest and Lori Buxton  
Sellers in Legacy

**Sold by the Harders** 28 Mesa Oak • 9607 W Trailmark • 5 Catamount Lane • 8 White Birch • 6 Meadow Rose Lane  
9 White Birch • 11 Wild Turkey • 9 Paonia • 11722 Hornsilver • 11886 Elkhead Range Road • 15 Summit Ash  
11709 Elkhead Range Road • 15636 Red Deer Drive • 10237 West Roxbury Avenue • 5 Woodfern • 10417 West Red Mountain

- Living & Specializing in Ken-Caryl Ranch
- 50+ Years Combined Experience
- #1 Ken-Caryl Resident Marketing Team (1996-2020)
- Over 2500 Households Served

- 80% Repeat Referral Business
- Top 1% City and Nationwide for Closed Sales!
- Re/Max Chairman's Club, Hall of Fame
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