



Junior Tennis

2019 JUNIOR TENNIS LESSONS

All ages and levels must be able to demonstrate court safety, good effort, and be able to follow instructions.

5-6 year old Red Balls 36 Foot Court

Level A

Introduction to Tennis

Level B - to be in this level, participant must:

1. Attend a minimum of two sessions of Level A.
2. Be able to put 5 out of 10 balls fed to the forehand in play in the 36-foot court.
3. Understand and perform basic strokes.

7-8 year old Orange Balls 60 Foot Court

Level A

Introduction to Tennis

Level B - to be in this level, participant must:

1. Attend at minimum of two sessions of Level A.
2. Be able to put 5 out of 10 balls fed to the forehand in play in the 60-foot court.
3. Be able to put 3 out of 10 balls fed to the backhand in play in the 60-foot court.

Level C - to be in this level, participant must:

1. Have attended Level B.
2. Be able to put 7 out of 10 balls fed to the forehand in play in the 60-foot court.
3. Be able to put 5 out of 10 balls fed to the backhand in play in the 60-foot court.
4. Have good form on serve and make contact overhead.

9-10 year old Orange Balls 60 Foot Court

11-14 year old Green Dot Balls Full Court

Level A

Introduction to Tennis

Level B - to be in this level, participant must:

1. Have attended Level A.
2. Be able to put 5 out of 10 balls fed to the forehand in play in the 60-foot court.
3. Be able to put 3 out of 10 balls fed to the backhand in play in the 60-foot court.
4. Be able to consistently make contact with service toss overhead. Serve will usually clear net.

Level C - to be in this level, participant must:

1. Have attended Level B.
2. Be able to put 7 out of 10 balls fed to the forehand in play in the 60-foot court.
3. Be able to put 5 out of 10 balls fed to the backhand in play in the 60-foot court.
4. Be able to put 3 out of 10 serves in either service box.
5. This player is ready for Rookie Tennis. [See page 11.](#)

Comp 1

1. Can put 7 out of 10 balls fed to the forehand in play in the full singles court.
2. Can put 5 out of 10 serves in correct service box.
3. Starting to sustain a rally during point play with peers.
4. Has cursory knowledge of rules, scoring, and procedures.
5. Rarely hits forehand above, should hit patty-cake style.

