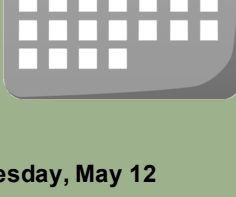




## Calendar



**Tuesday, May 12**  
6 p.m.  
MD Board Special Meeting  
Ranch House  
[Meeting Agenda](#)

**Wednesday, May 13**  
1 p.m.  
Historical Society Meeting  
Ranch House

**Thursday, May 14**  
7:30 a.m.  
Architectural Committee  
Ranch House

**Tuesday, May 19**  
6 p.m.  
MA Board Meeting  
Ranch House

**Wednesday, May 20**  
4:30 p.m.  
Covenant Committee  
Ranch House

**Monday, May 25**  
10 a.m.  
Memorial Day Celebration  
Community Park  
**EVENT CANCELLED - To be celebrated on social media. Please stay tuned to our Facebook page for details.**

**Tuesday, May 26**  
6 p.m.  
Metro District Board Meeting  
Ranch House

**Wednesday, May 27**  
7 p.m.  
Open Space Committee  
Dakota Lodge

**Thursday, May 28**  
7:30 a.m.  
Architectural Committee  
Ranch House

**Friday, June 5**  
8 a.m. - 2 p.m.  
Community Garage Sale  
Event  
Ranch House  
**CANCELLED**

**Saturday, June 6**  
8 a.m. - 2 p.m.  
Community Garage Sale  
Event  
Ranch House  
**CANCELLED**

**Thursday, June 11**  
7:30 a.m.  
Architectural Committee  
Ranch House

**Tuesday, June 16**  
6 p.m.  
MA Board Meeting  
Ranch House

**Wednesday, June 17**  
4:30 p.m.  
Covenant Committee  
Ranch House

Dates and times are subject to change, especially in regard to COVID-19 updates.

\* Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

# Ken-Caryl Ranch e-News

May 11, 2020

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at [allisonh@kcranch.org](mailto:allisonh@kcranch.org) or 303-979-1876, ext. 108.



## COVID-19 UPDATES

Prevention & Preparation

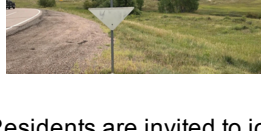
### Ken-Caryl Ranch COVID-19 Updates

As of May 9, Jefferson County has moved to a Safer-at-Home Order. Please be advised that:

- The Ranch House Administrative Offices will not open to the public until June 1.
- The Equestrian Center will start offering private and semi-private lessons this week.
- Outdoor tennis courts are now open on a first come, first served basis.
- Basketball courts and the disc golf course are now open.
- Outdoor restrooms at the Ranch House and Community Center will be open next week due to tennis activity. Dakota Lodge restrooms will remain closed.
- The Community Center will remain closed except for personal training sessions.
- Playground and picnic shelters are still closed.
- Facility rentals through the month of May are cancelled.

More information about Jefferson County's Safer-at-Home Order can be accessed by clicking on the button below.

[Jeffco Safer-at-Home Guidelines](#)



### Trail Club to Hold Semi-Annual Clean-Up on May 17

Residents are invited to join the Trail Club for their semi-annual clean-up day on May 17. The Adopt-a-Road segment is on South Valley Road from Valley Parkway to Lockheed Martin. However, the Club plans to send groups to as many Ken-Caryl Ranch locations as possible.

**When:** 9 – 11 a.m. on Sunday, May 17

**Who:** All community members are welcome, including families. Small children will need to be with their parents for safety along the roadway.

**Where:** Assigned after you RSVP. In order to maintain social distancing guidelines, we will assign volunteers to a location in Ken-Caryl Ranch. Please make sure you RSVP.

**What to bring:** Gloves, sunscreen and water

**What is provided:** Orange safety vests and trash bags

**RSVP:** Please respond on Eventbrite so we know how many to plan for at <https://tinyurl.com/y7qfftc>.

Plan on two hours for the full event, but volunteers don't necessarily need to be present the entire time; any amount of time you can participate is great. Volunteers may also arrive late, just look for the group on the side of the road.

### Face Masks Recommended to Slow the Spread of COVID-19



The CDC is advising the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

While not mandated, for the safety and comfort of others, it is recommended that all residents follow current CDC social distancing guidelines and to wear masks to help slow the spread of COVID-19 when accessing open spaces, trails, greenbelts and/or any other neighborhood amenities.

We are all in this together! For more information regarding CDC guidelines and recommendations, click on the button below.

[CDC Face Covering Recommendations](#)



### Trail Reroute

This past January, the 2020 Trail Maintenance Plan was discussed by the Ken-Caryl Ranch Open Space Committee. The plan included a trail reroute in the North Ranch: an unnamed trail that connects the North Hogback Trail to the Lark Bunting Trail.

The Ken-Caryl Ranch Open Space Committee will review this proposed trail reroute at their monthly meeting on May 27. The proposed route ascends the hill at a lesser grade (approximately 8%) which will be much more sustainable and require significantly less maintenance. The new route is approximately 980 feet long and is proposed to connect to the North Hogback Trail at the intersection with the Lyons Trail (see attached map). The Open Space Committee agreed that a better choice is to close this eroded trail, revegetate the soil and provide a new, more sustainable route.

Construction of the trail reroute and reclamation of the existing trail will be performed by volunteers.

More information will be printed in the May 13 issue of *Life at Ken-Caryl*. If you have questions, contact Open Space Manager Sean Warren at 303-979-1876, ext. 463 or at [seanw@kcranch.org](mailto:seanw@kcranch.org).

### Trail Etiquette Reminder



These are challenging times. With current social distancing practices in place, it is now more important than ever to exercise courtesy and respect for others when exercising on KCR's many trails, greenbelts and open space.

More information is available on our website by clicking on the button below.

[Trail Etiquette Information](#)



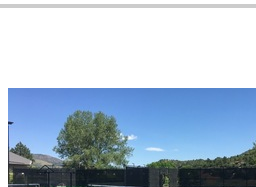
### Skyhawks Offers Virtual Classes

Are you kids looking for ways to keep your kids active during the school closures? Skyhawks Sports' new virtual classes build self-confidence, body awareness and a passion for an active lifestyle in each participant. It's a great workout for your kiddos! Coach Cameron will be leading PhysEd Fun with Skyhawks classes every Tuesday at 10 a.m. (PST) / 11 a.m. (MST) starting May 12.

For more information, and to register, please click on the button below.

[Skyhawks Virtual Classes](#)

### Personal Training for Fitness and Tennis Now Available!



We are once again excited to "serve" the Ken-Caryl community! Beginning today, Ken-Caryl will offer fitness opportunities for personal training and tennis. Staff will begin booking private personal training tennis lessons this week. These sessions will take place at the indoor courts with groups being limited to four people, with the exception of members residing in the same household.

Protocols for the safety and well-being of all will be sent to patrons and are available on our website.

Please contact Devin Van Treek at [devinv@kcranch.org](mailto:devinv@kcranch.org) or 720-296-0058 for more information and to book a tennis personal fitness session.

Contact Janet Robbins at [janetr@kcranch.org](mailto:janetr@kcranch.org) to learn more about personal training sessions.

More information can be found by clicking on the buttons below.

[Personal Training Information](#)

[Ken-Caryl Ranch Tennis Information](#)



### Small Group Fitness Sessions Now Available!

Small group fitness sessions are now available following the lifting of Stay-at-Home Orders.

Here's the skinny on the latest session:

**What:** Let's get LIIT (low intensity interval training) in the Park

**Description:** This LIIT (low intensity interval training) class provides you with a challenging total body workout using body weight exercises and the terrain of the park. Start your day with a fantastic workout under the glorious Colorado blue sky!

**Where:** Heirloom Park

**When:** 9-10 a.m., Fridays May 15, 22, 29

**Cost:** Resident: \$36/ Non-Resident: \$43

**Max class size:** 10, minimum is 6

**Taught by:** Janet Robbins

Contact Janet Robbins at [janetr@kcranch.org](mailto:janetr@kcranch.org) to learn more.

Classes start as early as May 15, so be sure to register today by clicking on the button below.

[Let's get LIIT \(Low Intensity Interval Training\)](#)

### MD Board Meeting Summary



On April 28, the MD held its monthly meeting. A summary of this meeting can be accessed by clicking on the button below.

[MD Board Meeting Summary](#)