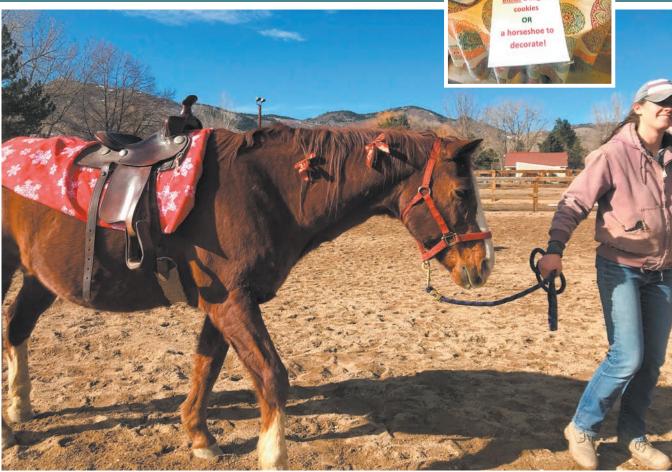


# **Holiday Pony Rides Create Lasting Memories**

Many thanks to all riders, families and staff who participated in this year's Holiday Pony Rides at the Equestrian Center, Dec. 23 and 24. Participants of all ages were able to enjoy a 15-minute guided ride followed by hot cocoa, cookie or horseshoe decorating.





#### **OUR COMMUNITY**

21 Ken-Caryl Employees Honored for Their Service

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#### **OUR COMMUNITY**

Local Artist Captures Life in Ken-Caryl

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Kira Mullins and Mia Aseltine Take Home National Cyclocross Titles

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**Happy New Year** 

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Two Master
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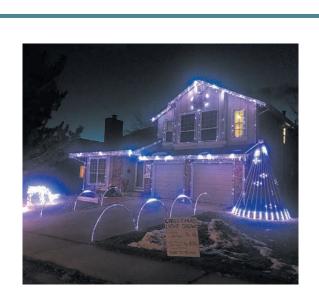
Ken-Caryl
Outdoor Youth
Programs Help
Table the Tech to
Reconnect with
Nature

PAGE 6

# Ken-Caryl Resident Light Displays Dazzle and Delight

Our residents got into the festive spirit with their dazzling Christmas lights! Illuminating the night, many embraced the spirit of the season with their creative holiday displays.

Residents may keep their Christmas lights up until Feb. 1.



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## **Happy New Year**

By KCRMA Executive Director Victoria DeSair

Happy New Year! I am very excited to kick off 2020 in my new role as Executive Director for the Ken-Caryl Ranch Master Association.

We have many challenges and exciting opportunities ahead in the community, least of not which is the new pool at the Ranch House. Construction is moving along very well, and the pool is on track to open Memorial Day weekend. The construction team started pouring concrete, so stop by the site and see the dramatic transformation that's happened over the last couple weeks.

I'd like to take this opportunity to thank the Master Association and Metropolitan District staff and volunteers. These two organizations work hand-in-hand

to provide seamless service to the community. I am thrilled to work alongside District Manager Traci Wieland. There will be a learning curve for both of us since we are new to our positions, but I have every confidence that we will grow and learn together.

I also couldn't be successful in this position if it weren't for the Master Association staff. Thank you to the open space team of rangers, Gary Norton, Matt Oven, and Peter Marozas, led by longtime Open Space Manager Sean Warren. The Equestrian Center team is led by Manager Sierra Pokorn, and includes our dedicated stablehands, Rogelio and Dahir, and the riding school staff, Stacey and Eliana. We also have great riding school instructors (riding lessons, anyone?!), including Debbie, Camille, Barbara, and

The Ranch House administrative staff is small but mighty! Huge thanks to Finance Manager Anne Husted, Community Standards Administrator Jenny Bernal, and our two communications professionals, Allison Hefner and Kristen Peterka. Thank you for everything you do and for truly making it a pleasure to come to work!

As always, we could not accomplish everything without the leadership of the Master Association and Metropolitan District Boards. There will be two Master Association Board and three Metropolitan District Board positions open this year. We need committed volunteers to run for both Boards! Are you thinking about running for one of the Boards but you have questions or concerns? Traci and I would love to meet with you and give you an overview of the Board duties and responsibilities. Contact us to set something up! We can be reached at victoriad@kcranch.org and traciw@kcranch.org.

Best wishes for a happy and prosperous New Year!



#### Follow Ken-Caryl Ranch on Twitter

Staff will post periodic quick reminders, announcements, and updates, so make sure to follow us at http://twitter.com/kencarylranch



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An exciting new decade awaits!

#### Community Calendar

January date information.

All meetings and activities are at the Ranch House unless otherwise stated. Meeting dates and times are subject to change. Please see www.ken-carylranch.org for the most up-to-

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
5	6	•	8 1 p.m. Historical Society	7:30 a.m. Architectural Committee 10:15 a.m. Family Story Time	10	11
12	13	14	4:30 p.m. Covenant Committee	10:15 a.m. Family Story Time	17	18
19	20	6 p.m. Master Association Board Meeting	7 p.m. Open Space Committee Dakota Lodge	7:30 a.m. Architectural Committee 10:15 a.m. Family Story Time	24	25
26	27	6 p.m. Metro District Board Meeting 7 p.m. Brannon Gearhart Park Task Force Dakota Lodge	29	10:15 a.m. Family Story Time	31	

#### • School News

### **Ken-Caryl Preschool Registration Opens** Jan. 27

Online registration will open to the public for the 2020 - 2021 school year for the Ranch House and Community Center's preschool programs Monday, Jan. 27.

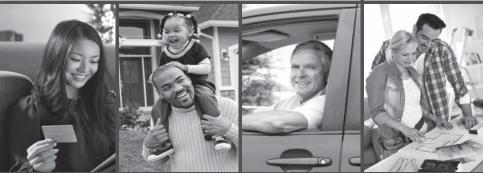
The Ken-Caryl Ranch Preschool is a play-based program for children aged 3 -5.5 years, dedicated to daily discovery and learning in an enticing fun and hands-on environment.

Please be advised that an annual non-refundable registration fee of \$100 per child/\$150 per family will be due at the time of registration. For more information on Ken-Caryl's preschool programs, visit our website at www.ken-carylranch.org.

The Ken-Caryl preschool program follows the Jeffco Public School family calendar.



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#### ISSN 0899-6318

Life at Ken-Caryl is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch. Permission to reprint articles is granted, provided that proper credit is given to *Life at Ken-Caryl* and the editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors, management, or the community as a

**DEADLINE: All articles, advertisements** and letters to the editor must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Deadline dates are published at www.ken-carylranch. org under Community & News, then Newspaper: Life at Ken-Caryl.

#### Life at Ken-Caryl Editor

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#### **Ken-Caryl Ranch Master Association**

**Board of Directors:** Chris Figge, Andy Lydens, Scotty Martin, Dave Seagraves and Erlinda Stafford

MA Executive Director: Victoria DeSair victoriad@kcranch.org 303-979-1876, ext. 122

Park Rangers/Open Space: 303-979-1876, ext. 170

#### **Ken-Caryl Ranch Metropolitan** District

Board of Directors: Jeffrey Esbenshade, John Huggins, Jami Jensen, Kayla Kirkpatrick and Lauri Lehan-Milano

District Manager: Traci Wieland traciw@kcranch.org 303-979-1876, ext. 136

Parks, Greenbelts, Sprinklers: (weekdays) ...... 303-979-1876 (after hours, weekends) .. 303-979-1876,

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Recreation:

3

Ranch House ...... 303-979-4070 Community Center ..... 303-979-2233

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Contact information for the Master Association and Metropolitan District Board members is available at www.ken-carylranch.org under the Administration tab.

www.ken-carylranch.org www.facebook.com/ken-carylranch

## New Year, New Projects



• Covenant Clips

By Jenny Bernal, Community Standards Administrator

This time of year, many residents begin planning for their spring and summer projects, or when weather permits. Master Association (MA) neighborhoods must submit for, and receive, approval from the Master Association Architectural Committee prior to starting exterior improvements. Manor Ridge, North Ranch, the Enclave, Settlement, Summit Ridge, and Mountain Gate neighborhoods have a separate approval process, so please check with the sub-association management for submittal requirements. Links to management contacts are accessible on our website at the top of the Home Improvements page. Processes for sub-associations will differ from the MA process.

Major improvements like full fence replacement, exterior paint, garage doors, roofs, landscaping, and deck replacement projects - just to name a few - require approval from the Architectural Committee. We do our best to make this process as smooth as possible. On our website, we have updated the Home Improvements page to ease access to submittal processes for the most common projects, rules and guidelines, and document requirements for the MA-managed neighborhoods. Expandable menus for project types are ready at your fingertips!

The Master Association Architectural Committee is committed to providing an answer in writing via email whether the project was approved, declined, or more information is needed, within 30 days of the completed submittal date. Submittals are then reviewed after Architectural Committee meetings.

- **Approved:** Your project approval is good for one year from the date approved.
- Declined: Your project cannot be approved and will need to be resubmitted with compliant components.
- Needs More Information: The Architectural Committee or Architectural Consultant needs additional documentation in order to make their decision.

Submittals missing the basic required information, or submittals that require additional information or documentation, will not be considered complete and ready for review until all requested documentation is received. If the information is not received within 30 days of request, the submittal will be declined. The entire review process shall commence

- Requests shall be submitted to the Community Standards Administrator (CSA) by the Tuesday prior to the scheduled review.
- The Architectural reviews are conducted by a member of the Architectural Committee (the designated "Architectural Consultant") with the assistance of the CSA every second and fourth Thursday of each month. Some project requests, such as home additions, special paint colors, variances, etc., will require full Committee review.
- Approvals are good for one year from the date approved.
- All reviews will be made on an individual basis. It is important to note that an improvement approved on one property may not be approved on another. Following the review, homeowners receive an emailed response with one of the following results:

The Master Association Architectural committee reviews projects for aesthetic impact. It is the responsibility of the homeowner to acquire all necessary permits, adhere to Jefferson County regulations, and to NOTIFY ADJACENT PROPERTY OWNERS. It is also the responsibility of the homeowner to follow the Ken-Caryl Ranch rules, regulations, and procedures, which are available on our website 24/7.

Access through open space to private property, including storing materials and performing work, is PROHIBITED by Rule #5 & #7 of the KCR Open Space and Park's Rules. Appeal to the Open Space Department using the form online. This process may take up to 30 days. As part of the review process, a property boundary line assessment (PBLA) may be completed by the rangers.

Finally, per the Access to Association Records Amended Resolution 90-05: "Records maintained by the Association may be withheld from inspection and copying at the Board's discretion to the extent that they are or concern: A. Architectural drawings, plans, and designs, unless released upon the written consent of the legal owner of the drawings, plans, or designs..."

A spirit of cooperation between the Architectural Committee, the Covenant Control Committee, the Master Association Board, and Ranch residents will go far towards creating an optimum environment, which will help ensure that improvements and maintenance are compatible with standards established for Ken-Caryl Ranch, will benefit all homeowners, and will protect your financial investments.



### **Two Master Association Board** Seats Open for Election in 2020

There's still time to throw your hat into the ring for one of the two Master Association Board seats currently open and on the ballot for the upcoming Board election in March 2020!

The Master Association Board affairs are managed by a five-member Board of Directors along with a professional staff. The MA Board meets in the evening on the first and third Tuesdays of each month. Board members also are expected to attend other meetings on an as-needed basis. Serving three-year staggered terms, a portion of the Board is elected each

Interested candidates can conveniently fill out an application online at https:// ken-carylranch.org/ma-board-candidateapplication/, or pick one up at the Ranch House. All applications are due by Friday, Jan. 24, 2020.

The Master Association will introduce the declared candidates to the community in this publication, on social media, and at www.ken-carylranch.org in February.

Are you thinking about running for the Board, but you have questions or concerns? Contact Victoria DeSair at victoriad@kcranch.org or 303-979-1876, ext. 122.

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#### Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. It is a great information source and supplement to the newspaper and other forms of communication on Ken-Caryl Ranch.

To sign up for the e-News, go to www.ken-carylranch.org and fill out the e-News sign-up form on the home page or send an email to kristenp@kcranch.org.

#### Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at www.ken-carylranch.org under the Community & News section.

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### Keep Your Dog On a Leash – Here's Why

By Open Space Ranger Peter Marozas

Human and Dog-to-Dog Interaction

A great deal of dog owners seem to be under the false assumption that there is nothing wrong with allowing their dogs to run off leash in on-leash areas because their dogs are "well trained" and won't harm anyone. These dog owners always say, "It's ok, he's friendly," as if this makes their uncontrolled dog approaching someone acceptable.

Having an unleashed dog rush unwanted and uninvited into someone's personal space or into another dog's space when it is restricted by a leash is a stressful event. Dog owners who walk their dogs where off-leash dogs are prohibited do so for a reason. The owner knows that their dogs aren't good at playing off leash with other dogs. No dog owner can accurately predict 100 percent of the time how his/her dog will react when greeting another dog.

Off-leash dogs in leashed areas are a danger to other dogs, people, and wildlife as well. Most on-leash areas are multi-use, frequented by cyclists, hikers, joggers, equestrians, and small children, all of whom are in danger when dogs are allowed to run uncontrolled. Off-leash dogs are also a danger to themselves. Off-leash dog

owners are putting them at risk for running into nearby streets, being hit by cars, being bitten by wildlife or getting lost.

#### Leash Law (Courtesy of Jefferson County Animal Control)

Dogs allowed to roam the streets are not only a nuisance and dangerous to the public, but are in constant danger from cars, irate people and even other dogs. For these reasons, all dogs must be on a leash or confined on the owner's premises at all times. Dogs in violation of the leash law may be detained by a citizen, turned over to Animal Control, and impounded at the Foothills Animal Shelter. Impoundment and board fees must be paid by the owner before the dog can be released. Failure to claim an impounded dog does not relieve the owner of liability for payment of all fees. It is also the fourth rule you see when reading our rules stanchion!

#### Penalties (Courtesy of Jefferson County Animal Control)

In addition to impoundment fees, owners can be issued a summons for a violation of county regulation. Each violation of a regulation constitutes a separate offense. The maximum penalty for a Class II petty offense is \$1,000. Fine schedules provide for increased fines for subsequent violations during any three-year period. These laws and penalties are enforced throughout Ken-Caryl Ranch.

#### Dogs That Roam Free, Defecate Wherever They May Be

Dog owners that allow their dogs to run off leash are not always monitoring or watching where their dog(s) go potty. This allows dogs to defecate out in the open space, alongside trails or even right smack dab in the middle of the trail. Dog feces that are not picked up, bagged and disposed of have detrimental consequences to public health and the environment. This does not mean you pick up the feces, bag it and leave it alongside the trail. Too many times I have been working/hiking on our trails and notice people who will do all of the hard work of picking up the feces only to leave the bag at a trailhead or alongside the trail. It needs to be carried out and placed into a trash receptacle that the rangers have provided in high-use areas. Below are facts about dog feces:

# The Facts About Dog Poop (Courtesy of Jefferson County Animal Control)

- Dog Poop Doesn't Biodegrade Like Wild Animal Poop: Because we feed our dogs food that's different from the food wild animals eat, dog waste does not biodegrade quickly like wild animal waste. And due to the large number of pets in suburban neighborhoods and local parks, this hardy dog waste accumulates.
- Dog Poop Contains Harmful Bacteria, Parasites: Dog waste can contain harmful organisms like E. coli, Giardia, Salmonella, roundworms, hookworms and Cryptosporidium. These can be passed on to you or your pet and may cause health problems.
- Dog Waste Pollutes Groundwater, Water Bodies: Bacteria in dog waste can harm water quality in creeks and rivers and alter the ecosystems of these stream corridors. Humans who come in contact with creek water can also face health hazards.
- County Ordinances Require Cleanup:
   Jefferson County ordinances make "failure to clean up dog feces in public places" a

petty offense with a fine of at least \$50. Many local park districts have similar regulations and fines.

Dogs Chasing Deer in the Wintertime

You may think it is ok for your pet to chase deer in the winter time because it is harder

for them to get to the animal, which in fact is completely the opposite.

"Keep in mind that during winter deer expend large amounts of energy to stay alive - they can lose 30 percent or more of their body weight during the cold months. When big game animals are forced to run, they become exhausted and use up valuable calories they need to stay alive. In addition, many female deer are pregnant and need to conserve energy. Pet owners can be fined up to \$275 for allowing their animals to chase wildlife. Dogs observed chasing wildlife can be shot by law enforcement officers." ("Dogs Chasing Wildlife" article, Colorado Parks and Wildlife). Please keep your dog(s) on a leash!

If you witness a loose dog chasing wildlife, you should call the local Parks and Wildlife Officer, local Animal Control or Ken-Caryl Ranch Park Rangers.

So, the take home message is, if you are tempted to take your dog off leash in an on-leash area, don't. Stop and consider the effect of your behavior on others who are using the area as well as wildlife.

#### Interested in Advertising in Life at Ken-Caryl?

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Mike, A friend recently told me she purchased an umbrella policy, which covers both her home and cars. Should I purchase an umbrella policy? -Jennifer

Jennifer, An umbrella policy doesn't replace your home and auto insurance, but rather adds additional coverage on top of your home and auto to protect you from a catastrophic claim. Umbrella policies were first offered in 1949 to protect the assets of the wealthiest consumers. Due to inflation, umbrella policies are now a necessity with the middle class. Umbrella policies are necessary because most auto and home policies only offer liability limits up to \$500,000. If you injure somebody, you're responsible for their medical bills, pain and suffering as well as lost wages. You should always carry more liability coverage than your net worth and your limits should be reviewed as you earn more income. Umbrella policies start at \$1 million in coverage and can go as high as you need. In Colorado, if you cause an accident and you have inadequate liability coverage, not only can your assets be seized, but 30% of your earnings can also be garnished. An umbrella policy can help prevent a car accident from ruining you financially. You can expect to pay \$150-\$400 a year for a \$1 million umbrella.

Mike Schmisek is a Ken-Caryl resident and has been in the insurance industry for over 11 years. He is the owner of Premier Mountain Insurance. He can be reached at 303-452-6662 or mike@premiermountaingroup.com





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Best Wishes for a Safe and Healthy 2020!

(b) Life at Ken-Caryl January 8, 2020

### **Local Artist Captures** Life in Ken-Caryl

By Allison Hefner, Editor, Life at Ken-Caryl, and Communications Associate

When friend Julie Imbler asked local artist and fellow Ken-Carvl resident, Micheon Oklar, to provide a simple sketch for an upcoming holiday gathering invite on Dec. 5, she had no idea just how perfectly the artist would capture the holiday season in Ken-Caryl Ranch.

"I asked Micheon if she would mind doing a quick little drawing of our entrance sign for the North Ranch Holiday party invitation," said Julie. "I was blown away when she showed up with this beautiful painting. Everyone loved it."

Featuring the signature red rocks that blanket our community landscape, wildlife that also call Ken-Caryl home,

and the iconic Bradford Perley House, the painting, entitled, "Nature's Playground," perfectly depicts life in Ken-Caryl.

""Nature's Playground" was a very personal piece, because it was all about the neighborhood I love, North Ranch in Ken-Caryl Valley," said Micheon. "I considered, what makes North Ranch so special? The stunning rocks that jut out the landscape with the backdrop of the brilliant blue Colorado sky, was a good start. The Bradford Perley House helps us remember our past. The North Ranch grand entrance sign welcomes visitors into our neighborhood. Last, but not least, the abundant wildlife that also makes Ken-Caryl home."

Micheon pulled from Ken-Caryl's landscape to create "Nature's Playground's" color-scheme, incorporating rich adobe, creams, pine green and a touch of red to

toast the holiday.

In the spirit of the holidays, and at the request of homeowners, Micheon also made prints of "Nature's Playground" available to North Ranch party attendees.

According to Micheon, she discovered that she had a talent for art as early as the second grade. She attended California State Long Beach, where she received both a bachelor's in Fine Arts and a bachelor's in Engineering. After earning a living as an engineer, enjoying art on the side and focusing on raising her family, Micheon then refocused her attention on her art, participating in numerous statewide art shows and sponsored by local

"My first love in art mediums is watercolor," said Micheon. "I am a signature member of the Colorado Watercolor Society. I also enjoy acrylics, oils, pastels, mixed media and graphite and love plein aire painting, which is painting outdoors."

Micheon, who has called Ken-Caryl home for the past 15 years, raising her two children with her supportive and creative husband, Jim, says that her surroundings provide endless inspiration for her original works of art.

In addition to hosting an open studio at her Ken-Caryl home to showcase her work on Saturday, May 2, Micheon is currently expanding her reach to art aficionados online by embracing social media. Her original works can be found on Facebook (www.facebook.com/micheon.oklar.3) as well as on Instagram at www.instagram. com/micheonoklarart/.

If you are interested in art lessons, workshops or in receiving information about her upcoming open house, follow her on social media, email her at MicheonOklarArt@gmail.com or be sure to say "hi" when you see her painting in the neighborhood!

Ken-Carvl resident and artist Micheon Oklar with her original work entitled, "Nature's Playground," created using a water-based media called gouache.

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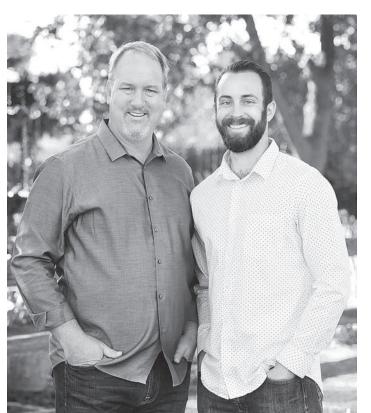
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### Glow-in-the-Dark **Family Dance Party** at the Ranch House

You've heard of Daddy-Daughter dances and Mother-Son events, so why not get the best of both worlds and gather family together for our upcoming Glow-in-the-Dark Family Dance Party, Friday, Feb. 21 from 6 – 8:30 p.m. at the Ranch House?

Get your glowing groove on with games, light refreshments and, of course, dancing.

New this year, attendees can create their own stuffed animal friend to bring home through our Build-A-Pal Workshop!

For more information, and to register, visit our website at www.ken-carylranch.org, course #47932.





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#### • Our Community

# Therapist Linda Buzogany Pulls from Personal and Professional Experience to Help Others



Linda Buzogany

As 24-year residents of Ken-Caryl Valley, Linda Buzogany and her family have born witness to the more tragic history associated with the Littleton community. In 2000, when her kids were just toddlers, she was conducting psychiatric assessments in area emergency rooms when students were killed at Columbine High School. A decade later, in 2010, she was an established psychology instructor at a local college when her daughter, age 14, called her from the floor of her bus at Deer Creek Middle School, an active shooter outside.

Since then, Linda has witnessed the after effects of these events in cohorts of students as they moved into and through college, most never having spoken about their struggles or even understanding them, despite being deeply affected.

Her daughter seemed okay, but years later during a stressful college semester, she exhibited post-traumatic reactions. Linda heard stories too, of friends and peers unexpectedly struggling in response to a sudden loud noise, or of panicked reactions in the wake of a scare on their college campuses.

With this sense of place and a long history of gaining necessary skills to deal with difficult experiences, Linda opened a private therapy practice several years ago to serve the Littleton community in the hopes of becoming a balm for all it has been through. It was her wish to provide a safe and empathetic environment for people affected years beyond the traumatic event, which she knew was occurring at an undocumented rate.

Psychotherapy can greatly help someone feel understood in their pain, and can lessen symptoms significantly with the right methods, if the person is willing. In her practice, Linda works with individuals ages 15 and over, as well as with families and couples, since none of us are affected alone.

In addition to neuropsychological methods to treat complex trauma, Linda practices depth psychology (including dreamwork) applied to issues like death and grief, illness and injury, and bodily symptoms with no medical basis. New therapeutic groups are now forming in February 2020 on topics of grief, dreams, and caregiving. Linda is also the author of "The Superman Years" about self-care during crisis and illness.

Linda Buzogany Therapy is located at 6638 W. Ottawa Ave. in Littleton, near Columbine High School.

For more information, you can find Linda's practice online, keyword search Linda Buzogany/Littleton or contact her directly at LindaBuzogany@gmail.com, or call 303-578-3570.

6

## Ken-Caryl Outdoor Youth Programs Help Table the Tech to Reconnect with Nature

If your holiday gift lists were comprised of small gifts that came with big price tags, you're not alone. According to Common Sense Media, 38 percent of children under the age of two have used or possess mobile devices for playing games, watching videos or other mediarelated purposes.

Disconnect from your devices and reconnect with nature through one of Ken-Caryl's nature-based programs, KC Nature HOPS, or get skilled in our immersive Backcountry Skills in the Front Range wilderness enrichment program, geared towards 6th – 8th graders.

Ken-Caryl Nature's mission is to instill and inspire stewardship, mutual responsibility and respect of the environment and its many resources through education, outreach and partnerships throughout the community.

KC Nature HOPS is also part of Ken-Caryl Metropolitan District's environmental education outreach program through KC Nature, which operates year-round through Dakota Lodge, and delivers immersive, fun learning experiences for preschool-aged students through adult learners. The program offerings range from geology to "Leave No Trace" for students K-12th. We also offer preschool-aged programs for young learners.

KC Nature's mission is to instill and inspire stewardship, mutual responsibility and respect of the environment and its many resources through education, outreach and partnerships throughout the community. KC Nature HOPS falls under the outreach portion of our mission.

In addition, Ken-Caryl's Backcountry Skills in the Front Range program offers participants ages 10 -14 the opportunity to sharpen their wilderness skills in a truly hands-on and immersive outdoor educational experience. This program takes place on Tuesdays, beginning Jan. 21 through April 7 from 6-8 p.m. at Dakota Lodge.

For more information, including registration, visit our website at www. ken-carylranch.org. For specific program-related questions, contact Nature Programs Director Alex Shermot at 720-512-3529, or via email at AlexS@kcranch.org.



#### **Follow Ken-Caryl Ranch on Twitter**

Staff will post periodic quick reminders and announcements, so make sure to follow the page.

Check it out at http://twitter.com/kencarylranch





### 21 Honored for the Years of Service to the **Ken-Caryl Community**

Twenty-one Ken-Caryl employees were recently honored for their dedication and years of service to the community in a holiday celebration at the Ranch House, Dec. 18.

Metro District (MD) Manager Traci Wieland, Master Association (MA) Executive Director Victoria DeSair and several members of both the MA and MD Boards, including, Chris Figge, Andy Lydens and Dave Seagraves with the MA and John Huggins, Kayla Kirkpatrick and Jeff Esbenshade with the MD, were on hand to recognize employees for their dedication to serving Ken-Caryl and its residents. Congratulations to the following individuals:

Dawn Harrell 5 Years (MD) Lizz Lackey 5 Years (MD) 5 Years (MD) Mary Michael-Simpson **Timothy Erwin** 5 Years (MD) Kathy Jensen-Mines 5 Years (MD) **Devin Van Treeck** 5 Years (MD) 5 Years (MD) Janna Albers Sarah Jones 5 Years (MD) Anne Frisz 6 Years (MD) 10 Years (MD) **Trevor Staley** 10 Years (MD) Lorraine Holt 11 Years (MD) Jesse Darrow Patrick Erwin 11 Years (MD) Chiarme Campbell 11 Years (MD) Richard Plack 20 Years (MD) 20 Years (MA) **Gary Norton** Penny Mason 25 Years (MD) Sean Warren 25 Years (MA) Chris Pacetti 35 Years (MA) Patrick Malloy 35 Years (MD) Leslie Davis 35 Years (MD)

To view our honoree tribute video, be sure to follow us on Facebook (www.facebook.com/ kencarylranch/).









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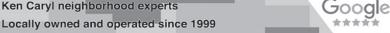
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FUN for all!

AND...
For the first time ever....



Pick your own pal, stuff them to perfection, make a wish on a rainbow star and put it inside your new pal for the wish to come true!

February 21st 6pm-8:30pm
The Ranch House

Residents: \$10 Non-Residents: \$12

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# Christmas Tree Chipping at Brannon Gearhart Park

Rid your home of dried pine needles and repurpose your Christmas tree! The Parks Department is now accepting Christmas trees for chipping at Brannon Gearhart Park. Please be advised that trees CANNOT be dropped off at Dakota Lodge and residents are asked to drop off trees within marked designated areas (on the basketball hoop side) due to construction efforts. Brannon Gearhart Park is located just east of Valley Parkway between Mahonia and Buckthorn. Simply drop off your tree in the designated area anytime now through Sunday, Jan. 19. Be sure to remove any non-coniferous items such as metallic materials and tinsel before bringing your tree because many materials can damage the chipping equipment. The mulch will be applied at the base of trees and shrubs in parks and greenbelts.





# Reminder: 2020 Monthly Dues Increases to \$56

Just a friendly reminder that the Master Association Board adopted a \$3 monthly dues increase, making the 2020 dues for residential properties \$56 per month. If you set up your own automatic bill payments through your bank, please update the payment amount.

If you have ACH (Automatic Clearing House) automatic payments set up through our system, no need to add anything to your to-do list, your dues payment will automatically update. For more information regarding

payment options, or to sign up for automatic payments, visit our website at www.ken-carylranch.org.



# Dr. Markee Kuschel and Thunderpants Enjoy the Day

Hospital Director Dr. Markee Kuschel has been instrumental in the development and training of cutting-edge surgical techniques used by veterinarians around the world.

Dr. Kuschel's positive attitude, smile and always comforting words are matched by the can-do attitude of her 8-year-old lab, Thunderpants whose incurable lymphedema may have cost him a leg but not his positive attitude.



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9

DR. MARKEE KUSCHEL
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he reminds me to
simply enjoy the day."

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# RECREATION PROGRAMS & ACTIVITIES

#### For Your Information

#### **Facility Hours**

303-979-1876 **Ranch House** Monday - Friday 8 a.m. - 5 p.m. Saturday Closed Sunday Closed 303-979-2233 **Community Center** Monday - Thursday 5 a.m. - 10 p.m. 5 a.m. - 6 p.m. Friday Saturday 8 a.m. - 6 p.m. Sunday 8 a.m. - 8 p.m.

#### **How to Register for Classes & Events**

**Online:** Go to www.ken-carylranch.org and click on Register for Classes at the top to get started.

**Phone:** 303-979-1876 or 303-979-2233.

**In-Person:** Walk in to the Ranch House or Community Center

Community Center.

Pricing is the same for all cash, check, and

credit card payments.

#### • Tennis & Pickleball

#### **Tennis Lessons**

Learn from the best! Our talented pros teach skills in a fun, engaging atmosphere. Classes range from beginner to advanced lessons for children and adults. Winter Session: Jan. 6 – Feb. 21 Schedules and registration available at www.ken-carylranch.org.

#### **Pickleball Mixers**

Dates: Saturdays in January and

February Time: 4-6 p.m.

Location: Community Center
Fee: Resident: \$10/mixer
Non-Resident: \$12/mixer

Jan. 18: Course #47807 Feb. 1: Course #47808 Feb. 15: Course #47809

#### **Cardio Tennis**

Cardio Tennis is a fast, fun, fitness workout that includes quick tennis rotations and running. Pre-registration required. Call 303-979-2233 after 5 p.m. the night prior unless specified below. Cancellations less than two hours in advance will be charged.

Dates: Fridays and Saturdays, Jan. 10 -

May 8

Times: Fridays 8-9 a.m. Level 3.5 - 4.5

Fridays 9-10 a.m. Level 2.5 - 3.0 \*call after 6 p.m. Thurs.

Saturdays 8-9 a.m. Level 3.5 - 4.5 Location: Community Center

Fee: Resident: \$13; Non-Resident: \$16

# Tennis & Pickleball Court Reservations

All outdoor courts are available on a first come, first served basis. Pickleball may be played at the Bradford courts utilizing the blended junior tennis lines. The kitchen line has been permanently installed for your convenience.

#### • KC Fitness

See the website for the monthly class schedule.

#### **Barre Classes**

Each class will use a combination of ballet, yoga, and Pilates moves. Workouts will incorporate resistance work using weights and controlled movements followed by stretching. Taught by Asia.

Dates: Mondays, Jan. 13 – Feb. 10 Time: 8-8:45 a.m. Location: Community Center

ee: Resident: \$60 Non-Resident: \$75

Course #47926

#### KC Fitness

#### **Barre Above**

Each class will fuse the best of Pilates, aerobics, and strength training. Barre Above is designed for all bodies and includes modifications for any fitness level. Feel successful while achieving an amazing workout that will lengthen, strengthen, and tone your body. Taught by Janet Robbins.

Dates: Fridays, Jan. 17 – Feb. 21

Time: 9-10 a.m.
Location: Community Center
Fee: Resident: \$72
Non-Resident: \$90

#### Course #47893

Dates: Wednesdays, Jan. 15 - Feb 18
Time: 10:15 - 11:15 a.m.
Location: Community Center
Fee: Resident: \$60
Non-Resident: \$75

#### Course #47927

# SilverSneakers®, Renew Active™, and Silver&Fit™

Exercise at the Fitness Center for FREE with your insurance! Stay healthy with classes, cardio equipment, and free weights. We accept:

- SilverSneakers® by Tivity Health (includes Prime)
- Silver&Fit™ (includes Active&Fit)
- Renew Active<sup>™</sup> by United Healthcare Visit the Community Center front desk to check eligibility and enroll or call 303-979-2233 for more information.

#### **Junior Fitness Facilities Certification**

Youth 12-18 years of age must be certified by our personal trainers to use the exercise/weight equipment at the Community Center. If the minimum is not met, class will be postponed until the next

#### KC Fitness

session. Participants must pre-register for this class, no walk-ins will be accepted. Dates: Mondays, Jan. 27 & Feb. 10

Times: 4-5 p.m.
Location: Community Center

Fee: Resident: \$20; Non-Resident: \$23

Jan. 27: Course #47880 Feb. 10: Course # 47881

#### • Adult Programs

#### Paint the Landscape in Acrylics

This beginner/intermediate class is perfect for anyone who enjoys painting in a lively and welcoming class environment. Learn to paint landscapes the easy way... no sketching required! Each class includes step-by-step demonstrations that allow students to easily follow along, build their skills, and create finished paintings they'll be proud of.

Dates: Fridays, Jan. 10 - Feb. 14
Times: 9:30 a.m. - 12:30 p.m.
Location: Ranch House
Fee: Resident: \$115

Non-Resident: \$138

#### Course #47889

#### **Introduction to Knitting**

Knitting is for everyone! No previous experience is required. Learn the basics of knitting and take advantage of its stress-relieving properties. Keep or gift the fun projects that you create! A starter kit and yarn can be purchased from the instructor. You will learn things like how to cast on, knit and purl stitches, knit 2-4 different styles, cast off, and understand basic construction of knit items. This class is laid back, stress-free, fun, and full of motivating discussions. Just come ready

#### • Adult Programs

to learn and laugh during this fun and

interactive class!

Dates: Tuesdays, Jan. 7 - Feb. 11
Time: 9:15 a.m. – 12:15 p.m.
Location: Ranch House
Fee: Resident: \$115

Non-Resident: \$138

Course #47724

#### **Travel Hacking 101**

Anyone can travel for free! Zac Hood is a seasoned "travel hacker". His class will help you maximize your credit card travel rewards earnings. He focuses on what earns the most rewards with the least amount of time. Zac will show you his system for earning \$1,500 or more in free travel EVERY year that helped over 1,000 people last year. He hasn't paid for a flight in the last 8 years and has earned more than \$40,000 in free travel.

In this hour and half class, you will learn:

- How to earn the most rewards in the least amount of time.
- Easiest and best ways to redeem rewards.
- Top strategies for individuals, couples, and business owners.
- How to find the best overall rewards cards and sign-up bonuses.

Dates: Thursdays, Jan. 16 or Feb. 27 Time: 6:30-8 p.m.

Location: Ranch House
Fee: Resident: \$10
Non-Resident: \$12

Jan. 16: Course #47853 Feb. 27: Course #47854



# PROUDLY GIVES BACK

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10 & Life at Ken-Caryl January 8, 2020

# RECREATION PROGRAMS & ACTIVITIES

#### • Youth Programs

#### **Babysitting Clinic**

This course gives the knowledge necessary for babysitting. Skills covered include pediatric CPR/First Aid 2-year certification, personal safety, growth and development, discipline, injury and illness prevention, and basic childcare including diapering, feeding and bathing.

Ages: 11-13 years
Date: Saturday, Feb. 8
Time: 9 a.m. - 3 p.m.
Location: Ranch House
Fee: Resident: \$70
Non-Resident: \$85

Course #47774

#### **Backcountry Skills in the Front Range**

KC Nature presents a new, immersive wilderness skills enrichment program for 6th-8th grade students (10-14 years).

Dates: Tuesdays, Jan. 21 - April 7

Time: 6-8 p.m.
Location: Dakota Lodge
Fee: Resident: \$220
Non-Resident: \$264

Course #47427

#### **ArtVentures**

ArtVentures is an art and nature enrichment program for children ages 4-6 years old. This program is ideal for preschoolers, part-time kindergarteners, or students attending home school. Each day there are new discoveries and adventures with curriculum and activities varying each month. Transportation is provided for half-day kindergarten students from Bradford. All other participants must provide transportation.

Dates: Fridays, Jan. 31 – May 8
Time: 12:10-3 p.m.
Location: Dakota Lodge with
transportation provided from
Bradford Primary School.
Fees: Resident: \$276

rees: Resident: \$276 Non-Resident: \$331

Course #47684

# Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at www.ken-carylranch.org under the Community & News section.

#### **Display Advertising**

Kristen Peterka, kristenp@kcranch.org 303-979-1876, ext. 109

#### **Classified Advertising**

Charleen Dowdell, charleend@kcranch.org 303-979-1876

#### Youth Programs

#### **Outdoor Discovery**

Outdoor Discovery is a science and nature enrichment program for children ages 4-6 years old. This program is ideal for preschoolers, part-time kindergarteners, or students attending home school. Each day there are new discoveries and adventures with curriculum and activities varying each month. Transportation is provided for half-day kindergarten students from Bradford. All other participants must provide transportation.

Dates: Mondays and Wednesdays,

Jan. 27 – May 6 12:10-3 p.m.

Location: Dakota Lodge with transportation provided

from Bradford Primary School.
Fee: Resident: \$598

Non-Resident: \$718

#### Course #47683

Time:

# 2019-2020 Before and After School Programs

The KCRMD Before & After School Programs provide a caring, safe, and fun learning environment while serving students who attend Shaffer and Bradford

#### Youth Programs

Schools. Students explore a wide variety of activities that develop learning, encourage imagination, and promote positive social skills and physical activity. Join us for exciting games, cooking projects, yoga, hiking, sports, reading, homework help, and much more! Looking for an Environmental Education focused program? This is offered at the Dakota Lodge and caters to Bradford Schools! Hours: 6:45 a.m. until school starts

and after school until 6 p.m.

Ages: K-6th grade

Locations: Ranch House, Community

Center, and Dakota Lodge

(Transportation is provided to and from Shaffer and Bradford Schools each day.) We offer year-round care and provide full-day care on most in-service days, school holidays, and breaks. Register and pay for only the days you need each month! Find more information at www.ken-carylranch. org or call 303-979-1876.

# Family Story Time at the Ranch House

We are partnering with the Jefferson County Public Library to offer family

#### • Youth Programs

fun while sharing our love of children's literature. The program is free, and no registration is required. All ages welcome.

Dates: Every Thursday
Time: 10:15 a.m.
Location: Ranch House
Fee: Free

#### • Special Events

#### **Glow-in-the-Dark Family Dance Party**

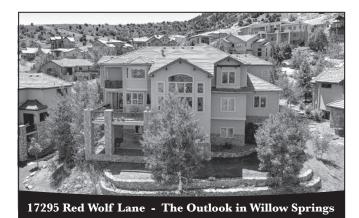
Enjoy glowing games, light refreshments, and dancing! There will also be an optional Build-A-Pal Workshop at the dance, where kids can create their own stuffed friend!

Date: Friday, Feb. 21
Time: 6-8:30 p.m.
Location: Ranch House
Fee: Resident: \$10
Non-Resident: \$12

Build-A-Pal Stuffed Animal Purchase (Optional): Early bird: Jan 1-24 \$20

Pre-purchase: Jan. 25-Feb. 6 \$25 At the dance: \$30

Course #47932



Custom 2-story built in 2005 with 5 bedrooms 5 bathrooms. Gorgeous downtown and foothills views. Abundant windows, 2-story family room with spiral staircase. Entertainer's dream kitchen with dual islands, granite counters, gas cooktop, butler's pantry and Alder cabinetry. Main floor bedroom with attached 3/4 bathroom - perfect for guests! Drive your golf cart to Red Rocks Country Club! \$1,475,000



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## Residents Kira Mullins and Mia **Aseltine Earn National Cyclocross Titles**

Residents Kira Mullins, 11, and Mia Aseltine, 15, competed in the 2019 **USA Cycling Cyclocross National** Championships in Lakewood, Wa., last month, taking home titles in their respective divisions.

Kira competed against 20 other girls in the Junior Women's 11 – 12 National Cyclocross Championship to secure the title win, completing three laps during her 25-minute race.

Mia beat out 37 competitors to earn the 2019 Junior Women 15-16 Cyclocross US National Champion title, completing three laps in 26:22.

Cyclocross differs from other disciplines of cycling in that participants typically race on a short, closed circuit featuring pavement, wooded trails, grass, steep hills and obstacles and require riders to quickly dismount, carry their bikes while navigating the obstruction and remount.

Kira, who began mountain biking at age three, is a multi-disciplined rider who became interested in cyclocross in the fall of 2018. Mia, who began training in cyclocross three years ago, was inspired to participate in the sport by her parents, who are avid bikers.

"I had never thought of racing until my dad volunteered at an Avout Inspire Junior practice and encouraged me to tag along," said Mia. "I fell in love with the sport and quickly entered a couple races. Ever since, I have been involved in racing."

Both girls are part of the Avout Racing Inspire Juniors team and practice in Ken-Caryl several times per week, on the community's numerous trails or local cyclocross course.

"I'm so happy because I trained hard all season and I'm very glad that the hard work paid off," said Kira. "The race was super muddy and technical, and there was



Mia Aseltine takes home the gold as the 2019 Junior Women's 15-16 Cyclocross US National Champion

a lot of competition. I liked how technical it was because it is something that I am good at. It was so much fun racing against some of the strongest girls across the U.S., and they pushed me to try my hardest."

Kira is currently taking a well-deserved break from biking, but not from sports. She is participating in tennis lessons at the Community Center and will gear up for mountain bike season in the spring. She is set to compete in several races leading up to the National Mountain Bike Championship in Winter Park this July, where she will defend her current title. A well-rounded athlete, she also plays

competitive soccer with Colorado Rush.

Next year, Mia hopes to travel to Europe with USA Cycling to compete in the Elite Women World Cup races. She also plans on attending Mountain Bike National Championships, Amateur Road National Championships, and Cyclocross National Championships, along with several other national races leading up to those events.

"This championship means a lot to me," said Mia. "This past season had been my most rollercoaster year yet, as I struggled to overcome several obstacles. I had put a lot of pressure on myself to go out of 2019 with a bang. I pushed myself to my limits over the cyclocross season with my eyes on this title. It feels amazing to know that all my hard work has paid off."



Championship

Kira Mullins powers through unforgiving terrain to win the Junior Women's 11 – 12 National Cyclocross



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### Local Boy Scout Troop Announces Newest Eagle Scouts

By Sharon Dyer, Resident

Local Boy Scout Troop 686 would like to announce their newest Eagle Scouts, Lucas Dyer, AJ Giles and Ian Soukup. A combination ceremony was held in their honor on Nov. 29 at the Ranch House where the boys' friends, family and fellow Scouters gathered to celebrate their accomplishments.

All three boys crossed over from Cub Scouts Pack 742 in 2015 and are among the 89 Eagle Scouts from Troop 686 since the troop's inception. In 2018, 10 Scouts earned the rank of Eagle and another 10 in 2019. Their service projects have benefited the Ken-Caryl Community in many ways, including:

- Benches and picnic table pads at Bradford Perley fire ring and up on the trails of Ken-Caryl
- 2) Two projects to revitalize and raise the community gardens
- Fencing along Valley Parkway near Buckthorn
- 4) The beautiful custom-made picnic benches at Dakota Lodge
- 5) Unserviceable American flags were gathered from the community and retired at Bradford Perley
- 6) Bench constructed in honor of Edward Hanson near Blue Sage

The boys and their families would like to thank the Ken-Caryl community for supporting them in their scouting careers with countless popcorn and wreath purchases.

Troop 686 meets every Wednesday at the Heritage United Methodist Church



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- Half Nacho & Beer \$8

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3pm-6pm
\$1 off Blue Spruce
beers & wine
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Tuesdays

TRIVIA @ 7pm

Monday-Wednesday **KIDS EAT FREE**Sunday

HAPPY HOUR ALL DAY \$1 off Blue Spruce beers & wine

\$1 off appetizers

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Lucas Dyer, AJ Giles and Ian Soukup are the newest Eagle Scouts for Troop 686

and currently has 61 Scouts registered. Additionally, in 2019 Boy Scout Troop 686 added a linked Troop for Girls, which currently has eight registered Scouts.



#### Follow Ken-Caryl Ranch on Twitter

Staff will post periodic quick reminders and announcements, so make sure to follow the page.

Check it out at http://twitter.com/kencarylranch

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# **LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED** from any Ken-Caryl resident in good standing or from any elected official or political candidate. Letters should be concise — no letters over 350 words—and must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date, but the day can vary due to holidays. Deadline dates can be found at www.ken-carylranch.org.

The preferred method for submitting letters to the editor is by email to Allison Hefner at allisonh@kcranch.org, but they may be mailed or hand-delivered to the Ranch House, Attn: Allison Hefner, 7676 S. Continental Divide Road, Littleton, CO 80127. A response will be sent via email when a letter or article is received. If you do not receive a response, call 303-979-1876, ext. 108, to confirm receipt.

We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the author's name and "Ken-Caryl Resident" or applicable government office will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. More than one letter per resident may be published in a single issue of the paper provided that the letters are not about the same subject. Letters will be printed on a space available basis and may be edited. Editor retains right to appropriateness and content. Letters will be published with plain text; use of all caps, italics, bold or excessive exclamation points will not be allowed.

Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, *Life at Ken-Caryl* or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect.

Email to allisonh@kcranch.org
Deadline for Jan. 22 issue: Jan.13 at 5 p.m.

#### **Dear Editor:**

A quote from this Mountain Biker: "There is hope for KCR open space preservation." Simply designate an area for peace and quiet free from vehicular traffic including bicycle traffic. Non-bicyclists, the majority of residents who pay for this stacked loop trail system, deserve this space and wildlife need this space.

I call this restoring balance. Spend the money to revitalize where we live and not on new trails in the open space where "less is more". Provide an adequate open space area for pedestrians to reach points of interest without disturbance. Our resident mountain bikers would still have greater acreage per capita than any other community I know of in the Denver area front range (except for those which have agreements with the KCRMA).

We need MA Board Members who will designate a portion of the foothills open space as a "Wildlife Protected Habitat". Hikers, runners, and equestrians would be permitted on the trails in this area. It would begin from the Lost Canyon Trail and extend to the KCR southern boundary. Very simply, bicycles would be added to the list of other mechanized vehicles, which are presently excluded.

The mountain bikers, pedestrians and equestrians would continue to have access to all of our foothills terrain north of the Lost Canyon Trail. Consequently, the policy for this area would remain unchanged. The non-resident Willow Springs Community at our northern boundary also has trails available in approximately 280 acres. Bicyclists have access to the other areas in KCR including the hogbacks. In addition, there are the Jefferson County trails, which are less than

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a mile away from our borders.

A sentence in my last letter was changed or edited. Referring to mountain bike enthusiasts the sentence should have read: "they have been active in the organizations which run this community". The word organizations was changed to organization (singular) and a comma was added. Actually, the mountain bike enthusiasts have been either represented or disproportionably represented in community organizations such as: both Boards of Directors, various influential committees, the Trail Club and something called The Friends of Ken-Caryl, which recommends candidates.

Jim Fodor Ken-Caryl Resident



# Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. It is a great information source and supplement to the newspaper and other forms of communication on Ken-Caryl Ranch.

To sign up for the e-News, go to www.ken-carylranch.org and fill out the e-News sign-up form on the home page or send an email to kristenp@kcranch.org.

#### Classifieds

LIFE AT KEN-CARYL CLASSIFIED
ADVERTISING is provided as a service
to residents and businesses. All ads will
be reviewed by the editor. Any person
placing an ad deemed unsuitable or
which may not be in the best interest of
residents will be contacted and money
refunded. Classified ads may be made in
person and placed with the receptionist at
the Ranch House during business hours,
8 a.m. - 5 p.m., Monday through Friday.

You can download a contract and view deadline dates at www.ken-carylranch. org under Community & News, then Newspaper: Life at Ken-Caryl. The deadline for placement of classified advertising is 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date. The deadline date is sometimes early due to holiday schedules. Cost is \$0.25 per word for residents or \$0.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No refunds will be made for cancellations. No custom services are available for classifieds. A maximum of 80 words will be accepted. Please call 303-979-1876 with questions or for clarification.

#### **FOR SALE**

**SALVADOR DALI** – signed print-1970's "Communication" The Real Deal! Large Print. 303-810-2600. \$2,500 OBO.

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#### **JOB OPPORTUNITIES**

#### **HIRING PART-TIME SPANISH**

**TEACHERS** – for enrichment programs at Shaffer Elementary and Bradford K8. Hours are before school (7:55-8:50 a.m.); teachers may have 2-4 class sessions per week. Teach Spanish the fun way using games, music, art, and storytelling! For details, call Carol (303) 918-9689. Languagelogix.com.

**PART-TIME CENSUS TAKER** – earn \$20/hr. Flexible hours working in your neighborhood. Apply now for jobs starting in April 2020. www.2020census. gov/jobs. 1-855-JOB-2020.

LIBERTY CONSTRUCTION – is hiring for a 1099 Handyman to help with local resident's home repair needs! Very competitive compensation and we work around your schedule. Transportation is required. Email your resume to libertycleaningandconstruction@gmail. com or call 614-256-0224.

LIBERTY CLEANING – is hiring for a 1099 Cleaner to help with local resident's home cleaning needs! Very competitive compensation and we work around your schedule. Transportation is required. Email your resume to libertycleaningandconstruction@gmail. com or call 614-256-0224.

ASSOCIATE TEAM LEAD – (ATL) needed for busy tax office. Block Advisors at Ken-Caryl is looking for an Office Manager who can handle multitasking, inbound calls, scheduling, monitoring work in progress, extensive client interaction and general office responsibilities. We will provide training and offer flexible hours. Please call Pam Pagliai at 720-840-3928 to set up an interview. We would like to hire as soon as possible.

**SEEKING PROFESSIONAL - dependable** Office Manager to work at our Ken-Caryl office. Must be self-motivated, have positive attitude, excellent organization, communication, multitasking ability. Responsibilities: Staff management, front desk duties, EMR use/HIPAA compliance, assist in back office as needed. Qualifications: 5 years of medical office experience, 3 of office management billing experience a plus. Strong data entry skills, able to type 40 WPM. Knowledge of Microsoft Office. Professional appearance and pleasant personality. Job Type: Full-time littletonphysician@gmail.com

FITNESS INSTRUCTOR AND PERSONAL TRAINER – needed at Ken-Caryl Ranch Metropolitan District Fitness Facility. Please send interest and qualifications to janetr@kcranch.org.

#### **GOODS & SERVICES**

**TUTOR** – Spanish/French/German. 21 years tutoring in Ken-Caryl. Degreed. Educated in Spain. Dan: 720-620-0373.

**PLUMBER** – 40+ years - KC resident. No job too small. Fee Estimates. Call or Text 720-612-3353.

**QUALITY PAINTING** – 30Yr. Ken-Caryl Resident. Interior/exterior. 25 yrs. of experience. Bonded and insured. Please call for free estimate. John Gee 720-384-7851 Wave Painting LLC.

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**BEACH GETAWAY** – Thinking about a beach getaway on the Emerald Coast? Beautiful 3 bed, 2 bath condo, KC resident-owned. Five minutes to white sand beach, State Parks, restaurants, and bike rentals. Contact: beautifulbeach.com/topsail-village-823/

**COLLEGE ESSAY GUIDANCE** – Former lvy League University regional admissions Co-Chair (just retired from legal career) would like to assist college applicants with personal essay/supplemental statement. Goal: to shape exceptional essays for best presentation of applicant strengths, interest, personality and voice. Ken-Caryl resident: Dan 303-915-8701 dbr8136@comcast.net

PIANO AND ORGAN LESSONS - Master's Degree. Founder & Former Owner / Director of Forte Academy of Music now taking private students in her KC Studio. Steinway Grand Piano. Award-winning international performer. All ages & levels welcome, including beginners, transfer students and adults. Quality instruction in correct ergonomic technique, sight reading, theory, creativity, classical and contemporary styles. Recitals and special events. Students have won awards, competitions and college scholarships; have professional careers or play for enjoyment. Mary Reinker – Music Studio 303-717-2599

**HIGH SCHOOL MATH TUTOR – Colorado** School of Mines grad. First 1/2-hour session is free. www.DigitalMathTutor.com, inperson or online. Algebra, Geometry, Trig, Pre-calc, Calc, SAT/ACT prep. David Cowan, 10 yr. Ken-Caryl resident, 303-949-1989.

PIANO AND VOICE LESSONS - The Elea Plotkin Music Studio and Total Talent Development has been helping aspiring musicians in the community for over two decades achieve their dreams in piano and vocal performance, with success from L.A. to Nashville. Comprehensive and individualized instruction in classical, jazz, and popular music styles, songwriting and auditions. Join the legacy of students who have launched their music careers from her studio. All ages and ability levels welcome! Call 303-972-1984. Visit Eleaplotkin.com.

PATRIOTS CARPETS - Carpet installation, repairs, and restretches, Over 25 years experience. Locally owned. Free Estimates. 303-903-5190. email: rydoh@msn.com

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NATURAL MEDICINE CLINIC - Ken-Caryl Resident. Treatment of Headaches, Insomnia, Stress, Anxiety, Back Pain, Sciatica & Sports Injuries. Request a Free Consultation at mtnsunacu.com or 720-588-2801.

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**HANDYMAN SERVICES** – Small jobs my specialty. Over 35 years of experience. Call Drew for appointment. 303-968-5565.

ADVANCED HOME IMPROVEMENTS -Drywall, carpentry, plumbing, electrical, tile. No job too small. 303-908-5869.

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**CLASSICAL GUITAR INSTRUCTION -**

After teaching seven years at Colorado State University and 22 years at the University of Denver, retired music professor is starting a private teaching studio at his Ken Caryl residence. He's a winner of seven major international guitar competitions including Andres Segovia International, Tokyo International and Guitar Foundation of America International Guitar Competitions, and still tours around the U.S. and beyond. All levels, including children, welcome. Please go to www.masakazuito.com for contact information.

#### Interested in Advertising in Life at Ken-Caryl?

Advertising information is available at www.ken-carylranch.org under the Community & News section.

**Display Advertising** 

Kristen Peterka, kristenp@kcranch.org 303-979-1876, ext. 109

**Classified Advertising** Charleen Dowdell, charleend@kcranch.org 303-979-1876

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#### • Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Kristen Peterka at kristenp@kcranch.org or call 303-979-1876, ext. 109.

Services: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling							
Name Phone Services Age	Neighborhood						
Ava Ahrenholtz 720-546-7365 B, P 13	Cimarron						
Jade Atkinson 720-616-0063 P 13	Aspen Meadows						
Katelyn Atkinson 303-916-7666 B, P 16	Aspen Meadows						
Sierra Baliko 303-809-1117 B, P 17	Traditions						
Charlie Beelaert 720-688-1597 L, P, S 14	Colony						
Colette Bennett 303-520-4411 B, P 14	North Ranch						
Kiera Bierstedt 720-937-2102 B, P 14	Traditions						
Piper Blarr 720-255-6877 B, P 14	Colony						
Adam Brandland 720-838-1032 L, S 14 Abby Burton 720-616-1333 B, P 13	Settlement						
Abby Burton 720-616-1333 B, P 13 Bridget Cassidy 720-244-1359 B, P 14	Aspen Meadows Stratford Farms						
Hope Cuttitta 303-517-8864 B, P 14	Deer Creek						
Ella Daugherty 303-591-2004 B, P 13	Village						
Quinn Daugherty 303-591-2004 B, P 11	Village						
Brooke Ellis 720-988-9162 B, P 16	Heirloom						
Megan Ellis 720-290-2033 B, L, P, S 14	Heirloom						
Ella Famariss 303-588-4130 B, P 17	North Ranch						
Kyla Fouts 303-668-0581 B, L, P, S 13	Mountain Gate						
Abbie Gallant 303-517-8864 B,P 14	Deer Creek						
Lila Garcia 303-475-0888 B, P 14	Legacy						
Marcus Garcia 303-704-9796 L, P, S 16	Legacy						
Kyra Goudzwaard 720-552-0175 B, P 15	Barrington Ridge						
Karmin Groom 720-980-9088 B, P 14	Sunset Ridge						
Nicole Guarino 303-720-3036 B 17	Bradford Place						
Kara Hammond 720-979-4069 B, P 13	Carriage Hill						
Keegan Hardesty 720-484-9557 B, L, P, S 14	Cimarron						
Trisha Henderson 732-915-1214 P 17	North Ranch						
JJ Heupel 720-372-9476 B, L, P, S 14	Enclave						
Kellen Hodges 720-496-6113 B, L, P, S 17	Saddlewood						
Maddox Hodges 720-472-2003 B, L, P, S 14	Saddlewood						
Reece Hodges 303-667-2606 L, P, S 12	Saddlewood						
Gunnar Holmes 720-505-6764 L, S 15	Carriage Hill						
Aubrey Jones 720-971-6680 B 16	Manor Ridge						
Salome Kekelia 801-201-1183 B 13	Territory						
Eva Kiebler 303-478-6050 B, P 11	Cimarron						
Sierra King 720-582-3334 L 14	Heirloom						
Ethan Lehrke 720-240-3980 L, P, S 15	Cimarron						
Andrew Lerudis 303-523-0765 L, P, S 13	Village						
Daniel Lobelo 720-203-2912 L, P, S 14	Mountain Gate						
Payton Lott 720-415-3486 B, L, P, S 15	Spread						
Rachael Lott 720-415-3486 B, L, P, S 15	Spread Shaffer Hill						
Hadley Marx 720-380-4671 B, P 18 Hannah Marx 720-380-4670 B, P 16	Shaffer Hill						
Hannah Marx 720-380-4670 B, P 16 Hayden Marx 720-588-7486 L, P, S 15	Shaffer Hill						
Bethany McCollough 720-749-0298 B, P, S 16	Stallion Pointe						
Holly McCollough 720-492-0288 B, P, S 17	Stallion Pointe						
Rileigh Rose McMahon 720-375-3352 B, P 13	Stallion Pointe						
Janey Millstone 720-668-1029 B, P 12	North Ranch						
Hannah Mote 720-305-8757 B, P 14	Stallion Pointe						
Kaya Musgrave 303-667-3068 B, L, P, S 13	Deerwood Vista						
Hayden Nash 303-895-8117 B, P 12	Cimarron						
Catherine Newsom 303-325-5232 B, P 15	Legacy						
William Newsom 303-325-5232 L, S 17	Legacy						
Ethan Pankow 720-217-8175 P 14	Heirloom						
Samara Pirozzi 720-818-2203 B, P 14	Traditions						
Alec Prinzi 303-810-3221 B, L, P, S 12	Shaffer Hill						
Joshua Reisinger 303-973-2469 L, P, S 14	<b>Eagles Pointe</b>						
Seth Reisinger 720-525-0078 B, L, P, S 17	Eagles Pointe						
Kylie Richards 720-414-0008 B, P 15	Settlement						
Max Ruszkowski 720-517-9066 L, P, S 17	Stallion Pointe						
Sebastian Ruszkowski 303-960-9883 L, P, S 13	Stallion Pointe						
Nic Sarkisov 720-470-1486 P, S 15	Heirloom						
Megan Schuster 720-587-7265 B, P 17	Heirloom						
Nicholas Schuster 720-990-7465 B, P 15	Heirloom						
Ava Secondo 303-883-2592 B, P 13	Cimarron						
Jacob Seybert 303-668-5987 L, P, S 16	Saddlewood						
John Seybert 303-668-5987 L, P, S 16	Saddlewood						
Maria Seybert 303-668-5987 B, P 15	Saddlewood						
Austin Skeffington 720-308-8704 L 17	Wynterbrooke						
Ian Soukup     303-862-5756     B, P, S     14       Cameron Sternberg     303-949-3691     P     12	Eagles Pointe						
Cameron Sternberg         303-949-3691         P         12           Wesley Sternberg         303-949-3691         P         14	Aspen Meadows Aspen Meadows						
, ,	Aspen Meadows Aspen Meadows						
Abby Szabo 303-915-3730 B, P 13 Ben Szabo 720-413-3072 L, P 15	Aspen Meadows Aspen Meadows						
Maddy Szabo 303-915-3730 B, P 13	Aspen Meadows Aspen Meadows						
Cole Torgerson 720-291-9022 B, L, P 17	Legacy						
Jack Torgerson 303-981-7617 B, P 14	Legacy						
Zane Tweedie 720-688-9440 L, P, S 15	Deerwood Vista						
Aiden Tyler 720-448-7638 P, S 15	Cimarron						
Olivia Vangels 720-292-6727 B, P 13	Village						
Catie Watkins 720-705-1656 B, P 12	Manor Ridge						
,	The Spread						
Charlotte Webster 703-655-4428 B, P 15	THE Spicae						
Charlotte Webster         703-655-4428         B, P         15           Genevie Webster         703-655-4428         B, P         17	The Spread						
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The Ken-Caryl Ranch Master Association has not screened or run background checks on these teens and makes no representations, guarantees or warranties on their appropriateness, fitness or ability to perform the work for which they are advertising. In addition, the Master Association has not examined any of the tools or machinery they may use to perform the work for which they are advertising and makes no representations, guarantees or warranties on the safety or soundness of the equipment or the ability of the teens to utilize the equipment in a safe and appropriate manner. It is the sole responsibility of the individuals contracting with these teens to make these determinations.



# Eva Stadelmaier

kencarylrealty.com 303-619-4880

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As I look forward to another new year, I am always so grateful for all the friendship and support the Ken—Caryl community has given me.

Wishing you and your family a joyful, healthy, and prosperous new year!

#### **2019 SALES**

9 Paonia

11716 Elk Head Range Road

**4 Summit Cedar Drive** 

**28 Desert Willow Drive** 

**12 Mountain Laurel Drive** 

21 Manzanita

1 Mountain Alder

23 Sand Cherry

88 Willowleaf Drive

**12 Long Spur** 

**8 Pinyon Pine** 

7 Canyon Cedar

67 Buckthorn Drive

11138 W Wildhorse Peak

12 Willow Oak

3 Mountain Cedar Lane

## Listed & Sold by Eva

**12 Sycamore Lane** 

**12 Mountain Cedar Lane** 

72 Dawn Heath Circle

**71 Deerwood Drive** 

14 Osage

**6 Yellow Flax** 

**75 Willowleaf Drive** 

8 Long Spur

2 Mountain Cedar

**8 Black Bear Lane** 

65 Buckthorn Drive

1 Mountain Birch

Call me anytime for a free market analysis of your home value.

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