

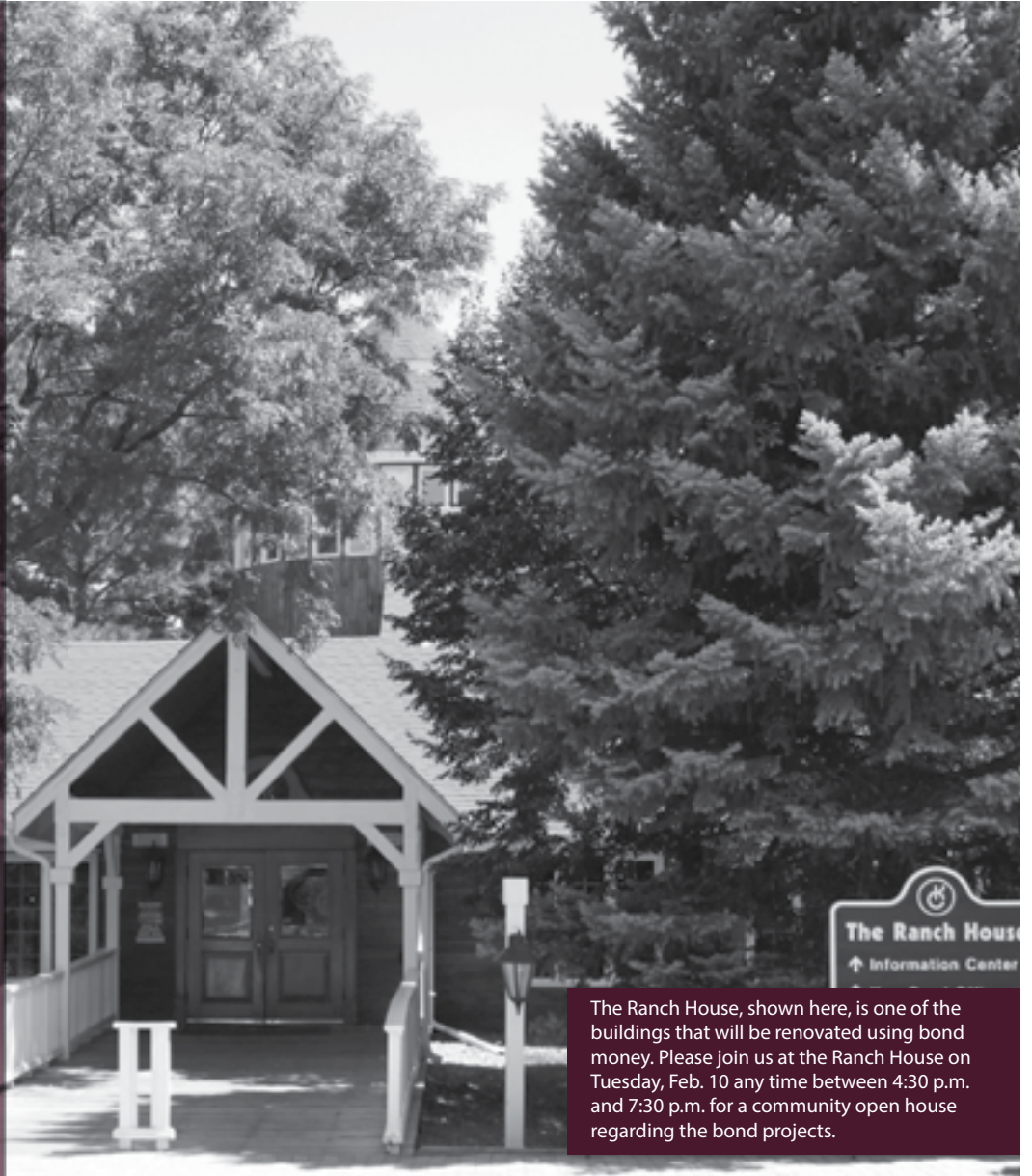


Life at Ken-Caryl

www.ken-carylranh.org facebook.com/ken-carylranh info@kcranch.org

RESIDENTS INVITED TO OPEN HOUSE FOR BOND PROJECTS

PAGE 3



The Ranch House, shown here, is one of the buildings that will be renovated using bond money. Please join us at the Ranch House on Tuesday, Feb. 10 any time between 4:30 p.m. and 7:30 p.m. for a community open house regarding the bond projects.

INFORMATION	UPCOMING	DEADLINES	HAPPENINGS	EMPLOYMENT
From the Editor PAGE 2 Men's Bridge Group Looking for Members PAGE 4	Jeffco Sheriff's Citizens' Academy Starting in March PAGE 3	Deadline is Jan. 30 to Submit Application for MA Board PAGE 14	Kids' Night Out Feb. 13 Daddy Daughter Date Night Feb. 21 PAGE 8	Job Announcement: Lifeguards and Swim Instructors PAGE 13

FIT BITS:
Common Health, Fitness and Weight Loss Myths
PAGE 4

Winter Trail Use



PAGE 3

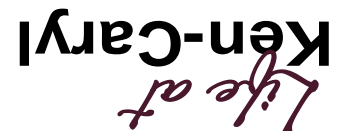
Bond Projects Open House Feb. 10

With the community's approval of \$7.9 million in tax-exempt bonds last May, planning has begun for facility and infrastructure improvements for Ken-Caryl Ranch. The Metropolitan District Board has entered into agreements with an Owner's Representative (Vanir Construction Management), a building architect (Sink Combs Dethlefs) and a landscape design architect (Atkinson Design). A Construction Manager/General Contractor will be hired in February.

There will be an open house for all residents to share their thoughts/desires with the design team on Tuesday, Feb. 10 from 4:30-7:30 p.m. at the Ranch House. This is a come-and-go style of meeting, so you can stop by any time during the three-hour time window. Free child care will be available. After the open house, information will be posted online for comment. Please see the Bond & Improvement Projects article on Page 3 for more information. If you have any questions, please contact Darrell Windes at 303-979-1876, ext. 114, or darrellw@kcranch.org.

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◆ Manager's Column



By KCRMA Executive Director Chris Pacetti

Clearly bond projects will be an important/exciting part of 2015 on Ken-Caryl Ranch. However, there are other projects scheduled for this year that are funded through your Master Association dues.

Work is underway just east of the Community Center to improve a reach of Massey Draw before it goes through the hogback. The rail fence along the north side of the greenbelt that runs between Continental Divide Road and Chatfield is scheduled for replacement. Phase five of a 10-year plan to replace the asphalt paths in the Valley with concrete will be completed.

In addition, funding from the Master Association Reserve account will be combined with bond funds to replace playgrounds. The specific playgrounds have not been identified at this time, so stay tuned for more information.

Please mark your calendar and plan to attend the bond project open house at the Ranch House on Feb. 10. Staff is working with Vanir (our Owner's Representative) and Sink Combs Dethlefs (the architects) and many dedicated volunteers to create the most effective plan to make improvements with the bond money. In addition we really need resident input in order to create the best plan.

Don't forget to sign up to receive our e-News email newsletter, which is distributed every Monday. To sign up, please go to our website at www.ken-carylranh.org and fill out the e-News sign-up form on the home page and follow the prompts. You will also be able to sign up to receive other regular emails on other topics.

◆ Community Calendar

January

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
25	26	27 6 p.m. MD Board Meeting	28	29 10:15 a.m. Story Time	30	31

February

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
1	2	3 6 p.m. MA/MD Joint Study Session	4	5 10:15 a.m. Story Time	6	7
8	9 7 p.m. Community Planning Committee	10 4:30-7:30 p.m. Bond Projects Open House	11	12 7:30 a.m. Architectural Committee 10:15 a.m. Story Time	13 5:30-9 p.m. Kids' Night Out	14
15	16	17 5:30 p.m. MA Finance Committee 6:30 p.m. MA Board Meeting	18 4:30 p.m. Covenant Committee	19 10:15 a.m. Story Time	20	21 6 p.m. Daddy Daughter Date Night
22	23	24 6 p.m. MD Board Meeting	25	26 7:30 a.m. Architectural Committee 10:15 a.m. Story Time 7 p.m. Open Space Committee, Dakota Lodge	27	28

All meetings and activities are at the Ranch House unless otherwise stated. Meeting dates and times are subject to change. Please see www.ken-carylranh.org for the most up-to-date information.



Sign Up for the e-News!

The Ken-Caryl Ranch e-News is a weekly newsletter distributed every Monday via email to all residents who subscribe. It is a great information source and supplement to the newspaper and other forms of communication on Ken-Caryl Ranch. Also, because Life at Ken-Caryl only comes out every two weeks, sometimes last-minute updates on stories or events aren't in the paper but are published in the e-News. To sign up for the e-News, go to www.ken-carylranh.org and fill out the e-News sign-up form on the home page or send an email to victoriad@kcranch.org.

◆ Architectural Accents

Holiday Decorations

By Architectural Administrator Julie Kearful

With cooperation from the weather, the annual paint review has been completed. Many homeowners painted their homes last year due, in part, to the hail storm on Aug. 22, 2013. This made the number of homes still needing paint much lower – only 58 “need to paint” letters were sent. Ken-Caryl Ranch is looking pretty awesome!

During the paint review I noticed lots of holiday decorations displayed. The very low temperatures (and snow on roofs) following Christmas and the New Year certainly made it difficult to spend time removing exterior holiday décor. However, weather warmed up nicely later in the month



Please remember that outdoor holiday lights and decorations need to be taken down by Feb. 1.

making it much more pleasant to get everything packed away for another year.

Section 3.25 of the Ken-Caryl Ranch Home Improvement Rules, Guidelines and Information states, in part, “for traditional December holidays, decorations and lighting shall not be put up before November 1 and shall be taken down by February 1.”

◆ From the Editor

Dear Readers:

My name is Victoria DeSair, and I'm the editor of the Life at Ken-Caryl newspaper. As you probably noticed, we launched our newly redesigned look with the Jan. 14 issue, and we made a few more tweaks in this issue. I hope you find the new, modern look easier to read and more graphically appealing.

I sent out a survey in our e-News and on our Facebook page in November to gather input about the newspaper. The new look as well as some of the updated content is a direct result of the survey. With the survey, I found that readers want more stories about fellow residents and about the local schools. I think these are great suggestions, and I need your help to make them happen.

If you know of a neighbor with an interesting story or background, please let me know. Or maybe one of your neighbors is a prominent business leader in the community, and you would love for them to be recognized. You can even nominate yourself! Also, did a student or teacher at one of the local schools receive an award? Or maybe the school itself has a special program or earned an award that you feel should be highlighted. I will be doing more regular features about our residents and schools based on these suggestions.

Some residents recommended that we cover high school sporting events, but unfortunately, that is not possible with limited staff. However, if you are interested in being a roving reporter, I'd love for you to submit an article and photo about the local school sports teams.

I'm always open to suggestions regarding the paper or communications in general on Ken-Caryl Ranch. Feel free to contact me at victoriad@kcranch.org or 303-979-1876, ext. 122.

Sincerely,
Victoria DeSair
Editor, *Life at Ken-Caryl*



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◆ Bond and Improvement Projects

First Community Open House



Submitted by Paul Camp, Vanir Construction Management

Ken-Caryl Ranch residents are invited to participate in a

bond project community open house on Tuesday, Feb. 10 from 4:30-7:30 p.m. at the Ranch House. This will be the first opportunity for all residents to meet the design team and provide input on the priorities developed for the Ranch House, Community Center and Dakota Lodge.

Architects from Sink Combs Dethlefs and representatives from Vanir Construction Management will be at the open house to facilitate the gathering of resident comments. In addition, residents from bond project focus groups and KCR staff will be in attendance to assist in this important information-gathering session. The Metropolitan District will provide childcare services.

The architects will summarize input gathered at this session and will post a forum summary on the bond project page located on our website, www.ken-carylranh.org, under the Administration tab. Residents unable to attend can contribute their thoughts via the bond project email address: bondprojects@kcranch.org. Resident input will contribute toward the development of specific design concepts for the Ranch House, Community Center and Dakota Lodge. A second community forum in February will share those concepts with residents.

The design schedule for the bond project work has the majority of resident input occurring in the next several months so it is vital that we hear from you at this and subsequent sessions. Please mark your calendar for Tuesday, Feb. 10 from 4:30-7:30 p.m. at the Ranch House. See the Bond & Improvement Projects page at www.ken-carylranh.org under the Administration tab for more information, and email bondprojects@kcranch.org with any questions or comments.

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◆ Life at Ken-Caryl

ISSN 0899-6318

Life at Ken-Caryl is a private newspaper published every other week by the Ken-Caryl Ranch Master Association. OUR PURPOSE is to bring timely information to the residents of Ken-Caryl Ranch, and to be respondent to the needs of the community. We welcome suggestions and ideas for making this newspaper a good community servant. Permission to reprint articles is granted, provided that proper credit is given to Life at Ken-Caryl, and the Editor is notified. The editorial direction of this publication comes ultimately from the Ken-Caryl Ranch Master Association Board of Directors.

NOTICE: The views of the authors of the various articles and letters in this newspaper do not necessarily reflect the views of the committees, directors or management, and by no means do they reflect the views of the community as a whole.

Editor and Community Relations Director:
Victoria DeSair 303-979-1826 x122
victoriad@kcranch.org

Email or send articles, photographs, letters to the editor and advertisements to:
Life at Ken-Caryl

c/o Ken-Caryl Ranch Master Association
7676 South Continental Divide Rd.
Littleton, CO 80127
Fax: 303-972-1272

For information on display advertisements, please call Victoria DeSair at 303-979-1876 x122. For information on classified advertisements, please call Mary Lou Greeley at 303-979-1876.

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MA Executive Director.....Chris Pacetti
chrisp@kcranch.org.....303-979-1876 x116

Park Rangers/Open Space.....303-979-1876 x170

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District ManagerDarrell Windes
darrellw@kcranch.org303-979-1876 x114

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(after hours, weekends)303-979-1876 x320

Recreation, Ranch House Activities,
.....303-979-4070
Community Center.....303-979-2233
Environmental Education.....303-973-0280

To reach members of the MA or MD Board of Directors, please call 303-979-1876 for contact information or visit www.ken-carylranh.org.

www.ken-carylranh.org.
www.facebook.com/ken-carylranh

◆ Ranger Field Notes

Get Muddy; Stay on the Trail!



By Open Space Ranger Peter Marozas

This time of the year can be very frustrating for trail users. The warm weather we are having is melting the accumulated snow and is causing the ground to thaw out and create soft and damp trail surface conditions. Although they might be dry at the trailhead, as you ascend the hillsides, most trails are still muddy and soft due to weather conditions varying in higher elevation and trails that are south facing. This is not only true at this time of the year but also come early spring when we have an increase in snow-melt runoff.

The trail surface of the ground is still frozen and water from the melting snow isn't able to be absorbed or to drain. This makes the trails soft, muddy and sloppy.



Become familiar with the trail system and pay attention to the trails and trail segments that dry out first. Service roads like the Manor House Trail, Hogback Trail and Cathy Johnson Trail can absorb more damage and usually dry out faster than single-track trails.

Avoid higher elevation trails like Upper Bradford (over Tin Cup) and trails in softer soils like the Lyons Hogback Trail. Avoid high snow-melt times. Trails are generally more solid in the early morning hours. Trails tend to be sloppier in the afternoon. The key to trail conservation in the fall and spring is to stay on the trail.

Winter Trail Use Tips:

- If you must go out on the trail, stay on the trail surface at all times.

- In winter, ride or hike early in the morning when trails are frozen and hard.

- If you encounter stretches of mud, ride or walk through them. Don't leave the trail as this kills trailside vegetation and leads to trail widening and trail braiding.

- Try using south-facing trails as they will dry up much quicker and allow for faster accessibility.

We must try to resist the temptation to go around muddy sections of trail and create a new route around wet sections. Before you know it, they will be dry, and the summer riding, hiking, and equestrian use will be that much sweeter for all of us.

Jeffco Sheriff's Citizens' Academy Starting in March

Submitted by Mark Techmeyer, Jeffco Sheriff's Office

The highly anticipated return of the Jefferson County Sheriff's Office Citizens' Academy is around the corner, and the program is now accepting applications. The academy will begin on Wednesday, March 18 and is a 10-week program designed to provide Jefferson County residents with hands-on experiences and information about how the Sheriff's Office functions. The class will be held each Wednesday evening from 6-9 p.m.

Participants will learn about the many aspects of law enforcement from veteran deputies who teach in their own areas of expertise. In a classroom setting — enhanced with tours — citizens will explore various aspects of law enforcement and acquire firsthand knowledge of patrol, criminal investigations, K-9, Bomb Squad, detention operations and more. Each class provides insight into the challenging tasks

deputy sheriffs and investigators must face daily.

If you've ever been curious about law enforcement and how it really works, or perhaps have an interest in exploring the possibilities of a career in law enforcement, this academy is the place for you. Participation in any physical activities is strictly voluntary.

Participation in the academy requires a commitment of one night a week for 10 weeks. There is no fee for the academy and participants must be residents of Jefferson County and at least 18 years old. Space in the class is limited so don't delay. Once the academy is full, applicants will be placed on an eligibility list for 2016.

For further information and an application, visit <http://jeffco.us/sheriff/community/citizens-academy/>, or contact Public Information Officer Mark Techmeyer at 303-271-5602 or mtechmey@jeffco.us.

Your Dues & Taxes at Work



The Ken-Caryl Ranch Metropolitan District Parks Department chipped 943 trees at the Equestrian Center on Monday, Jan. 19. Residents left the trees for chipping in the weeks after Christmas. The mulch created from chipping the trees will be used around the base of trees and shrubs throughout the parks and greenbelts. The Parks Department will not be chipping anymore trees this year, so please do not drop off your tree. In addition to the 943 trees chipped, another 60 trees were given to Colorado Academy for use in their pond to create fish habitats.

Common Health, Fitness and Weight Loss Myths

By KCRMD Personal Trainer Lauren Jones

1. True or False: After the age of 30 your metabolism starts to decline.
True, but a trick question! Our metabolism goes down because we are less active and thus lose muscle mass. Muscles are the body's metabolic power house. The more muscle tissue you have, the more calories you burn at rest. Hence the importance of staying active and doing strength training!
2. Fact: Eating meat, whole milk/dairy, sugar and white bread/pasta will cause you to develop more wrinkles. Eating more fruits, vegetables, oils and whole grains will help you to develop fewer wrinkles.
3. True or False: Walking the dog every day is enough exercise.
False! It's not enough exercise if you want to prevent chronic diseases like diabetes and heart disease or lose weight. Everyone should be getting at least 30

minutes of moderate to vigorous activity most days a week. For weight loss we need 60-90 minutes. Your heart rate should be up, and it should be hard to carry on a conversation during the activity. No time for exercise? See item No. 4.

4. True or False: The average American child uses 38.5 hours of media a week (TV, video games, etc.).

True! There is a direct correlation between our sedentary lifestyles and both the obesity epidemic (for children and adults) and the rise in chronic diseases like diabetes (yes, in children, too!). It is time to start moving!

Editor's Note: "Fit Bits" is a regular column with nutrition and exercise information and advice from Lauren Jones, who is a personal trainer at the Community Center. Lauren is a Ken-Caryl native, has her Bachelor of Science in exercise science and nutrition, and is certified through the American College of Sports Medicine. Contact Lauren at lifes2shortfitness@gmail.com.

MA Board Meeting

The following is a summary of items from the Jan. 20 business meeting of the Ken-Caryl Ranch Master Association Board:

- The Board received an update on the status of the Manor House plans for the addition to replace the tent. We expect to see construction plans soon and continue to be working to address the noise concerns.
- Staff and Board members reported on the status of bond projects and associated committee work including the Community Planning Committee, which is focusing on development of the Community Plan.
- The Board reviewed a scope of services for a Community Plan Writer and authorized the Planning Committee to work with the Community Relations Director to write the plan.
- Staff presented the 2014 reserve project report.
- Manager's Report: A written report was included in the Board package.
- Committees: Board member committee liaisons reported on the activities that their committees have been engaged in for the past month.
- A motion appointing a new member of the Covenant Committee was approved.
- A motion approving the 2015 Vendor List was approved.
- A motion authorizing staff to send a letter and work with Jefferson County Open Space on concept trail alignments for the Opportunity Trail was approved. Plans are to be presented to the Board, Open Space Committee and the community prior to any decisions being made regarding construction.
- A motion tabled in December approving the site north of the Ranch House for the Veteran's Monument was withdrawn as the Committee has received approval for another site.

Men's Bridge Group Looking For Members



"Every time I play with the group, I learn something about bridge. It's a very relaxed, comfortable setting. There is a range of skills with the players, and it's a great learning group," Tom said.

The group is always looking for new members to join. No matter what your playing ability is, the group can accommodate you and help to improve your skills. It plays every Monday from 9 a.m. to noon at the Ranch House. The environment is relaxed and friendly with coffee and treats provided. Call Tom at 303-979-6626 for more information or just show up.

A men's bridge group has been meeting at the Ranch House for 23 years. Membership has changed in the group over the years, but bridge still remains a popular pastime for all who play. Legacy resident Tom Van Egeren has played with the group for several years.

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Larry G.



The Manor House is showing some neighborly love in this month of St Valentine. Stop by any Wednesday in February and enjoy the following specials from open to close (5 to 10pm).

- \$2 - Coors Light
- \$3 - Fat Tire
- \$4 - Well Drinks
- \$5 - Wines

All of FEBRUARY

- Wed. 2/4
- Wed. 2/11
- Wed. 2/18
- Wed. 2/25

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Winter Activities

By Environmental Education Specialist Gabrielle Chisholm

Just because it is cold and snowy doesn't mean you can't go outside! Ken-Caryl Ranch and many other surrounding parks and open space areas have tons of outdoor recreational opportunities in the winter. Go ice fishing at Chatfield State Park, ice skating at Evergreen Lake, or just stay in Ken-Caryl and go sledding, snowshoeing, cross-country skiing, hiking, all-terrain biking, or birding in your backyard.

Staying active helps combat the winter-time blues and promotes health. According to Jeffco Outdoors, "Studies show that spending time in a natural, outdoor environment can help to relieve stress. Being around plants, fresh air, trees and other natural elements increases levels of serotonin, a neurotransmitter that regulates mood. In addition to elevating mood, being physically active outdoors has an added benefit of increasing self-esteem."

So get outside and start enjoying the surroundings and the benefits it will bring! To learn more about the benefits of getting outdoors, visit www.jeffcooutdoors.org.









Sign up for "Visit Staunton State Park," Course No. 29724. This all-age program will take place on Saturday, Feb. 7 from 9 a.m.-2 p.m. Meet at Dakota Lodge to take the shuttle. We will go on a behind-the-scenes tour through the "Cabin District" of Colorado's newest State Park!

Winter Word Scramble

Look at each winter picture and unscramble the letters and write the winter word in the line provided.

Winter Word Scramble

Look at each winter picture and unscramble the letters and write the winter word on the line provided.

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● Area Spotlight

Stepping Stone Support Center

Everyone is invited to a Stepping Stone Community Event on Feb. 6 from 6:30-9 p.m. All proceeds benefit Lexi & Carly & Friends, a nonprofit organization helping adults with developmental disabilities to live independent and productive lives. Kids and families welcome. Also, A Latte Love coffee shop is open every Thursday from 9:30-11:30 a.m. and is run by participants at Stepping Stone Support Center. A Latte Love is a great alternative to local coffee shops. Please join us once a week at Stepping Stone Support Center, 9700 Old Coal Mine Ave. in Littleton, inside Columbine Hills Church of the Nazarene. For more information, email bryn@steppingstonesupportcenter.com or call 720-839-4626.

Meadows Women's Golf Association 9-Hole League

The Meadows Women's Golf Association 9-hole League is accepting applications for new members. The group plays Tuesday mornings at the Meadows Golf Course, 7007 Meadows Golf Club Drive in Littleton. For more information, contact Linda Swain at 303-798-4424 or lswain00@gmail.com.

Meadows Women's Golf Association 18-Hole League

The women's 18-hole league at Meadows Golf Course is accepting membership

applications for the 2015 season. Enjoy relaxing Tuesday mornings from late April through October playing friendly golf with women who love the game. The Meadows Golf Course is located at 7007 Meadows Golf Club Drive in Littleton. The league has fun game days for prizes every week, a variety of tournaments and the opportunity for inter-club play. Applications are available at the Meadows Golf Course, at www.mwga18.yolasite.com or by contacting lisabridston@gmail.com.

Littleton Symphony Orchestra Concert

The Littleton Symphony Orchestra's next concert is Fantastic Piano Concertos and Great American Masterworks: Rachmaninoff to Ragtime on Friday, Feb. 13 at

7:30 p.m. at Littleton United Methodist Church, 5894 S. Datura St.

This concert will feature Beijing-born Hsing-ay Hsu performing Sergei Rachmaninoff's Piano Concerto No. 2, often described as the best piano concerto ever written. The program will open with Barber's Overture to School for Scandal and includes Gershwin's Porgy and Bess, Bernstein's On the Town and Irving Berlin's Alexander's Ragtime Band.

Tickets are \$15 for adults, \$12 for seniors and FREE for youth 21 and under. They may be purchased ahead online at www.littletonsymphony.org or at Gorsett Violin Shop, 8100 S. Quebec St. in Centennial. Tickets are also available at the door on concert night. For discounted group tickets (10+) or for more information, call 303-933-6824 or email info@littletonsymphony.org.

● Minding Our Business



Helen Tran is the new owner of Ken Caryl Nails in the King Soopers Shopping Center.

Ken Caryl Nails

Local Nail Salon Under New Management
By Community Relations Director Victoria DeSair

Some people get their nails done for special occasions and others do it as part of their regular beauty routine. Whatever your preference, Ken Caryl Nails, located in the King Soopers Shopping Center, is ready to serve you.

The nail salon changed ownership about six months ago. Helen Tran is the new owner, and she is very excited to welcome the neighborhood to her salon. The salon offers manicures, pedicures, waxing and other nail services. With several relaxing pedicure chairs, the salon can accommodate numerous people at once. There are even two small Hello Kitty pedicure chairs for kids.

Helen said she strives to keep the nail salon clean and germ-free. She said they clean every day and after each person.

Tools are cleaned in an autoclave after each use, and a newly sanitized tool set is opened for each person.

"I like to see all people pretty after their services and to be a friend so I can know people more," Helen said when asked what her favorite thing is about her job. Helen said she has several Ken-Caryl Ranch residents as clients, but she would love to have more.

If you mention the article, she will give you a special discount. The salon also offers a deal where after 10 pedicures you get the next one free. You can make an appointment by calling 720-981-2838 or just walk in any time.

Editor's Note: The Minding Our Business section features businesses within the boundaries of Ken-Caryl Ranch. If you have a business you would like to submit for this section, contact Community Relations Director Victoria DeSair at 303-979-1876, ext. 122, or victoriad@kcranch.org.

Reminder to Shovel Sidewalks

Shoveling sidewalks/passageways on all sides of houses is the responsibility of residents. Please be sure that these areas are cleared for the safety of children walking to and from school, firefighters, trash collectors, postal carriers and others who must use these routes. Please also make sure fire hydrants are clearly visible and accessible at all times.



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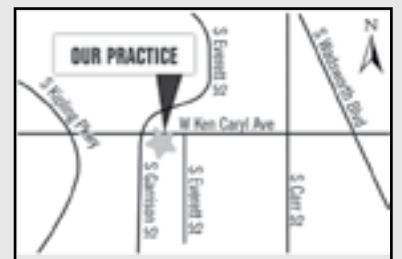
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24 Hour Voicemail 303-972-1212

Daddy Daughter Date Night

Join us for a special night of dinner, dancing, fun and games! Be sure to dress sharp for your photos!



Saturday, February 21
6pm—8pm
Ranch House Lounge

Ages: 3-10 years with Dad
Fees: \$20/resident Dad & Daughter Course# 29994
\$30/non-resident Dad & Daughter
\$8/additional Dad or Daughter
Min 10 / Max 40
To register visit www.ken-caryl-ranch.org or call 303-979-4070.

CELEBRATE VALENTINE'S DAY EARLY!



Send your kids to Kids' Night Out on February 13th!

Kids will 'love' the SUPER DUPER themed evening of play and party! From 5:30-9:00 PM, kids will take part in science experiments, cooking projects, crafts, games, and even watch a movie! This party is for 4-12 year old fun-lovers and dinner is provided.

To Register: Call 303-979-4070 or visit www.ken-caryl-ranch.org.

Time: 5:30 PM – 9:00 PM

Location: Ranch House – Adult Lounge or B&A Room

Fees: Please refer to the pink column for our new pricing!

Cancellations: Cancellations must be made with 7 days notice to receive credit.

Ken-Caryl Ranch House
7474 S. Cottonwood Circle E.E.
Littleton, CO 80127
303.979.4070

Ken-Caryl Community Center
1 Club Drive
Littleton, CO 80127
303.979.2233

Event Date:

FEBRUARY 13!

Theme:

SUPER DUPER!

Individual: #29965
Sibling (2): #29966
Sibling (3): #29967

Send your kids in their favorite superhero costume or PJ's!

- FEES -

Res. \$25/kiddo
Non-Res. \$30/kiddo
SIBLING BUNDLE (2):
Res. \$40
Non-Res. \$50
SIBLING BUNDLE (3):
Res. \$65
Non-Res. \$80

Sign up now!

Space is limited!

Library News

Jeffco Bookmobile on Ken-Caryl Ranch Every Saturday



The Jefferson County Public Library Bookmobile is in the Safeway parking lot every Saturday from noon-4 p.m.

The Jefferson County Public Library's Bookmobile began service in the Ken-Caryl Ranch area in July 2014 and now provides weekly Saturday service from noon-4 p.m. in the Safeway parking lot at Ken Caryl Ave. and Shaffer Parkway.

Patrons may use the Bookmobile for the library's most popular services: checking out and returning materials, placing and picking up holds, and accessing information about other library services. The Bookmobile collection holds over 1,200 items for patrons of all ages in a variety of formats—books, DVDs and audiobooks. There is a robust collection of fiction, non-fiction and media for all ages.

JCPL began the service to address growing demands for library services in the area. JCPL Executive Director Pam Nissler said, "We've known for some time that we're not meeting the needs of South Jeffco residents due to budget constraints. However, the Library Board of Trustees has directed us to ensure that residents have access to materials to meet their information needs. Bringing the Bookmobile into the Ken-Caryl area is a first step toward meeting that commitment."

Columbine Library Events

Computer Class Practice Session
6 p.m., Monday, Feb. 2

Tuesday Afternoon Book Group
2 p.m., Tuesday, Feb. 3

Under the Wide and Starry Sky: A Novel by Nancy Horan.
Young Readers' Fun Club
4:30 p.m. Tuesday, Feb. 3

Young Reader's Fun Club, the place for children 8 years and older to discuss books! The group will read and discuss a different chapter book each month. This month they are reading *The Code Busters Club #1* by Penny Warner.

Great Decisions 2015
6 p.m., Tuesday, Feb. 3

Come to the Columbine Library for in-depth conversations about some of today's most complicated and important foreign policy topics. The topic for this meeting is Russia and the Near Abroad.

AARP Tax Help 2015
12:30 p.m., Wednesdays, Feb. 4 and 11

AARP provides IRS-certified volunteers who offer free tax counseling and preparation services to taxpayers, with special attention to those ages 60 and older. Receive free tax counseling.

PAWS for Reading
1 p.m., Saturdays, Feb. 7 and 14

Read with a four-legged friend from the Pet Partners Therapy Animal Program. Dogs are ideal reading companions because they create a relaxed, comfortable and safe environment for sharing books. Registration is required, and children registering for this program must be able to read on their own.



Teen Time: Zombie Felties
4 p.m., Tuesday, Feb. 10

Ever wanted to snuggle up with an undead duck? Here's your chance to make your own. Teen time is a monthly program for teens and tweens, grades 4 and up. No registration is required, and all supplies will be provided.

Family Fun Night: Be My Valentine
6 p.m., Tuesday, Feb. 10

Love is in the air! Come to Jeffco's Columbine Library for stories and games that celebrate love and caring for others. Make a special Valentine craft for someone you love.

eBooks and Other Downloads for Tablets

1 p.m., Wednesday, Feb. 11

Android (Galaxy) Tablets
3 p.m., Thursday, Feb. 12

Columbine Kids: Build It!
12:30 p.m., Friday, Feb. 13

Drop in and build something fabulous on this "no school" day! Geared toward K-5th grades.

● Art Notes

Ken-Caryl Art Guild Presents Peter Faris: Stories on Stone



Crabclaw Bighorn Portrayal, Petrified Forest National Park, Photo by Peter Faris

Art historian and archeologist, Peter Faris will be featured at the Thursday, Feb. 12 meeting of the Ken-Caryl Art Guild at Rox Bar & Grill, 12684 W Indore Place in Littleton. His presentation on Ancient Native American Rock Art, "Stories on Stone" will take place at 7 p.m. following the regularly scheduled business meeting at 6 p.m.

Peter is a long-term (30+ years) member of the Colorado Archaeological Society (CAS), and in 2003 he was the founding president of the Colorado Rock Art Association (CRAA) and CRAA Archives Coordinator. In 2006 Peter was appointed to the Arapahoe County Cultural Council, which distributes Scientific Cultural & Facilities District funding to non-profit groups in Arapahoe County, where he continues to serve.

He served on the Board of Directors of History Colorado from 2008 to 2013 and continues as a member on the Program Committee and on the Archaeology and Historic Preservation Committees and a representative of CAS.

In 2013 Peter was the recipient of the Ivof Hagar Award from CAS for "outstanding long-term contributions to the Colorado Archaeological Society," and he has received two CAS Chapter Achievement Awards.

Learn more about the fascinating work of Peter Faris at <http://rockartblog.blogspot.com>.

Come Join the Ken-Caryl Art Guild

The Ken-Caryl Art Guild welcomes new members to its monthly programs, held on the second Thursday of the month in the upstairs meeting room at Rox Bar & Grill. For more information about membership in the Guild, visit www.kencarylartguild.org.

Trash & Recycling Info from Waste Connections

Auto-Dial Service: Waste Connections, the trash and recycling services provider for Ken-Caryl Ranch offers an auto dial service to notify customers of any changes in trash pickup days. You can sign up online by visiting www.wcdenver.com. Once you are at www.wcdenver.com/contact/. Complete the required information, click on Residential Trash Service, then in the comment section at the bottom of the page explain that you are a Ken-Caryl resident seeking to sign up for the Call Fire service.



WASTE CONNECTIONS INC.
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Delayed Trash Days: Waste Connections observes the following holidays: New Year's Day, Memorial Day, July 4, Labor Day, Thanksgiving Day and Christmas Day, unless they fall on a weekend day. If your normal pickup day falls on a holiday or after a holiday, your collection schedule will run one day late that week.

Recycling Notes: Please remember to have your trash and recycling curbside by 7 a.m. on your collection day. Trash and recycling should be placed four feet apart from each other at the curb. Recycling containers need to be clearly marked as recycling. If you need a Waste Connections recycling sticker, please visit the Ranch House or Community Center.

Customer Service Contact Information: Contact Waste Connections at 303-288-2100 or www.wcdenver.com for a complete list of what can and cannot be recycled, if a special items pickup is needed or for answers to any other questions. If you are experiencing service problems or have a missed pickup, please call Tom Wamsley at 720-234-4551.

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RECREATION PROGRAMS AND ACTIVITIES

● For Your Information

For your information

Recreation Office Hours Effective Jan. 1, 2015

Ranch House Recreation Office 303-979-4070

Monday - Friday 8 a.m.-6 p.m.
Closed Saturday & Sunday

Community Center 303-979-2233

Monday - Thursday 5:30 a.m.-10 p.m.
Friday 5:30 a.m.-7 p.m.
Saturday 8 a.m.-7 p.m.
Sunday 8 a.m.-7 p.m.

Nursery Hours Effective Jan. 1, 2015

Community Center

Monday through Friday - 9 a.m.-3 p.m.
HOURS MAY VARY ACCORDING TO RESERVATIONS.

Ken-Caryl Ranch Refund Policy

Requests for refunds must be made 48 hours before the first session of the scheduled program at the Ranch House and Community Center. This includes any KC Nature programs. Requests need to be made during normal business hours. Each refund will be assessed a \$10 service charge, unless the class is canceled by the Ken-Caryl Ranch Metropolitan District.

How to Register for Classes & Events

- Online: Go to ken-caryl-ranch.org and click on Registration under Programs & Activities
- Phone-In: Ranch House 303-979-4070, Community Center 303-979-2233
- Mail-In: Download a registration form at ken-caryl-ranch.org by clicking on Registration under Programs & Activities. Mail the form along with your payment to: KCRMD, 7676 S. Continental Divide Rd., Littleton, CO 80127
- Fax-In: Ranch House 303-979-5347, Community Center 303-979-6501
- Walk-In: Ranch House or the Community Center during normal business hours.
- VISA, MasterCard, American Express & Discover accepted. Check and cash accepted for walk-in and mail-in.



● Tennis

MANDATORY CAPTAIN MEETING

All Spring/Summer/Fall Tennis Leagues
Date: Feb. 5
Time: 6-7 p.m.
Location: Ranch House Adult Lounge

Friday Night Cardio Tennis and Wine Tasting

Join us for a cardio tennis fitness workout that includes quick tennis rotations and running followed by a wine tasting.

Date: Friday, Feb. 6
Time: 6-8 p.m.
Location: Community Center
Ages: Adult
Fee: Resident: \$30
Non-Resident: \$33
Resident: \$23 wine tasting only
Non-Resident: \$28 wine tasting only

Course #29887

Cardio Tennis

Cardio Tennis is a fast, fun, fitness workout that includes quick tennis rotations and running. Please observe levels.

Days	Times	Levels	Instructor
Tuesdays	7-8 p.m.	3.5 - 4.5	Nic
Thursdays	7-8 a.m.	3.5 - 4.5	Chris
Fridays	8-9 a.m.	3.5 - 4.5	John/Leslie
Fridays	9-10 a.m.	2.5-3.5	Mark

(call at 6 p.m. Thursday)
Saturdays 8-9 a.m. 3.5 - 4.5 Chris

Fee: Resident \$10; Non-Resident \$13

Pre-registration required by calling 303-979-2233 after 5 p.m. (unless specified) night prior. Cancellations less than two hours in advance will be charged.

Learn How to Practice Like a Pro

One of the best ways to improve your tennis game is to hit thousands of balls. Nothing can improve the efficiency of your practice time more than using the ball machine. In one hour it is possible to hit up

to 1,800 tennis balls with the ball machine. Our ball machine now has some dramatic new capabilities. With your iPhone or iPad you can unlock a new library of ball machine drills that will entertain and challenge you. In one or two lessons we can build you a library of ball machine drills geared specifically for your needs. To get started e-mail Mark Chomko at MarkChomko@yahoo.com. For more information, please contact Judy Anderson at 303-979-2233 or judya@kcranch.org.

TENNIS LESSONS

Next session for tennis lessons will run Feb. 23 to April 18 with no lessons March 29-April 4. The junior tennis lottery deadline will be Feb. 15, and students will be tested the week of Feb. 9. Adult registration begins Feb. 11. Schedules will be available online at www.ken-caryl-ranch.org by Feb. 5

● Fitness & Wellness



Healthways Silver Sneakers Fitness

Ken-Caryl has partnered with SilverSneakers to offer benefits to qualified members of AARP, Anthem Blue Cross and Blue Shield, Humana, Kaiser Permanente of Colorado and United Health Care. Healthways SilverSneakers Fitness program is also an insurance benefit included in more than 65 Medicare health plans. Through SilverSneakers, health plans and group retirement plans provide a gym membership to their insured at no additional cost. SilverSneakers membership allows access to more than 12,000 participating locations nationwide and includes all the basic ame-

nities, group exercise classes and in some cases, classes geared specifically toward the active older adult.

It only takes a few seconds to see if you qualify for a free gym membership to the Community Center. Stop by and we can put your name, address and birth date into the database to see if you qualify, or you can contact your insurance provider. For more information, please call the Community Center at 303-979-2233.

Junior Weight Room Certification

The certification course is being held on the second Monday of every month from 4-5 p.m. at the Community Center. Youth between 12-18 years of age must be certified by our personal trainers in order to use the exercise/weight equipment at the center. Call the Community Center at 303-979-2233 to register for this course; no walk-ins will be accepted.

Date: Feb. 9
Time: 4-5 p.m.
Location: Community Center
Ages: 12-18
Fee: Resident: \$20; Non-Resident: \$23
Course #29769

● KC Nature

Family Program: Visit Staunton State Park

Take a ride up to Colorado's newest State Park, Staunton! Located just 40 minutes from Ken-Caryl Ranch on 285, there will be a naturalist to lead a behind-the-scenes four-mile hike round trip to the historical cabins, time to admire Lion's Head, and a break for lunch at the group picnic area. Dress for changing winter weather conditions. Bring a sack lunch, daypack for water, sunscreen and layers. Meet at Dakota Lodge and take the shuttle. 14-person maximum.

Date: Saturday, Feb. 7
Time: 9 a.m.-2 p.m.
Location: Dakota Lodge and take the shuttle.
Ages: All ages
Fee: Adult-Resident: \$30
Non-Resident: \$35
Youth (3-18 years) - Resident: \$25
Non-Resident: \$30
Family of 4 - Resident: \$90

Non-Resident: \$110

Course #29724

Family Program: Ken-Caryl Ranch ROCKS!

Come explore the rock formations of Ken-Caryl and find out why this is such a special area to live. We will go over different types of rocks and then hike to see the different formations. Bring water and a light snack for the trail.

Date: Friday, March 13
Time: 4-6 p.m.
Location: Dakota Lodge
Ages: All ages
Fee: Adult - Resident: \$10
Non-Resident: \$12
Youth (3-18 years) - Resident: \$8; Non-Resident: \$10
Family of 4 - Resident: \$30
Non-Resident: \$40

Course #29976

Young Explorers: After School - Learn the Trails

This program is hike-based where we will learn the trails in Ken-Caryl Ranch and make stops along the way to look at wildlife, wildflowers, geology and historical sites. Bring a water bottle and snack for the trail.

Dates: Mondays, Feb. 2-23
Time: 3:45-5:45 p.m.
Location: Dakota Lodge. Transportation is available from Bradford Primary. Pickup is Dakota Lodge.
Ages: 5-10 years
Fee: Resident: \$34; Non-Resident: \$42
Course #29729

Dates: Tuesdays, Feb. 3-24
Time: 3:45-5:45 p.m.
Location: Dakota Lodge. Transportation is available from Bradford Primary. Pickup is Dakota Lodge.
Ages: 5-10 years
Fee: Resident: \$45; Non-Resident: \$55
Course #29730

Themed Programs: FROZEN!

Elsa the Snow Queen may have ruled in the movie, but in this class participants will discover how the animal kingdom survives when the land around us is FROZEN! Build tunnels in the snow like voles, walk on top of the snow like a bobcat and learn what is under the ice in the pond.

Babes in the Woods

Dates: Tuesdays, Feb. 3-24
Time: 9:30-10:30 a.m.
Location: Dakota Lodge
Ages: 18 months-2 1/2 years, with a parent
Fee: Resident: \$25; Non-Resident: \$30
Course #29741

Dates: Fridays, Feb. 6-27
Time: 9:30-10:30 a.m.

Location: Dakota Lodge
Ages: 18 months-2 1/2 years, with a parent
Fee: Resident: \$25; Non-Resident: \$30
Course #29742

Tot Discovery

Dates: Mondays, Feb. 2-23
*No class Feb. 16
Time: 10 a.m.-12 p.m.
Location: Dakota Lodge
Ages: 2 1/2-3 years, must be potty trained
Fee: Resident: \$48; Non-Resident: \$55
Course #29745

KC Kids: Mornings

Dates: Wednesdays, Feb. 4-25
Time: 9:30 a.m. -12:30 p.m.
Location: Dakota Lodge
Ages: 3 1/2-6 years
Fee: Resident: \$70; Non-Resident: \$80
Course #29752

Dates: Thursdays, Feb. 5-Feb. 26
Time: 9:30 a.m. -12:30 p.m.

Location: Dakota Lodge
Ages: 3 1/2-6 years
Fee: Resident: \$70; Non-Resident: \$80
Course #29753

KC Kids: Afternoons

Dates: Wednesdays, Feb. 4-25
Time: 1:30-3:30 p.m.
Location: Dakota Lodge
Ages: 3 1/2-6 years
Fee: Resident: \$48; Non-Resident: \$55
Course #29754

Bradford Elementary Before School - Early Birds

Come explore the outdoors before heading off to school for the day! Please bring appropriate clothes to be outside. A light morning snack is provided.

Dates: Monday-Friday (You may come to as many or as few days a week as you'd like)
Time: 7 a.m.-9 a.m. (You may drop off any time between 7-8:45 a.m.)

Location: Dakota Lodge with transportation to Bradford Primary and Intermediate.
Ages: K-6th
Fee: Resident: \$10 per day
Non-Resident: \$12 per day

Billed monthly according to what you sign up for each month. Please contact Gabrielle Chisholm for registration packet or visit www.ken-caryl-ranch.org.

● Youth Programs

Active Kids Fitness Class

Do you have an active little one who loves to play? Bring your child to a drop-in kids' fitness class! During this class we will be engaging in structured activities such as stretching, active games and free play to keep your young one moving. Come join us for a free demo of this class! Please call the Community Center 303-979-2233 by 6 p.m. the night before to reserve your spot.

Date: Monday, Feb. 9 (Demo)
Mondays & Thursdays,
Feb. 23-May 21
Time: 9:45-10:45 a.m.
Location: Community Center Racquetball Court 2
Ages: 1 1/2 - 6 years old
Fee: Demo Class is Free
Resident: \$6; Non-Resident: \$8

Grow With Me

Come join your child as they explore their first classroom-like experience full of games, songs and art activities.
Dates: Tuesdays, Feb. 3-24
Time: 10-11 a.m.
Location: Ranch House Dance Room
Ages: 18-36 months and parent
Fee: Resident: \$25; Non-Resident: \$30
Course: # 30041

Drama Club

Children will spend their time at Drama Club learning about parts of a story, dressing up, and diving into dramatic play with their friends.
Dates: Wednesdays, Feb. 4-25
Time: 10-11 a.m.
Location: Ranch House Youth Room
Ages: 3-5 years
Fee: Resident: \$50; Non-Resident: \$58
Course: # 30042

StART With Art

Develop finer control of motor skills in this creative session as we experiment with different art materials and processes.
Dates: Mondays, Feb. 2-23
Time: 10-11:30 a.m.
Location: Ranch House Youth Room
Age: 3-5 years
Fee: Resident: \$50; Non-Resident: \$58
Course: # 30043

LITTLE CHEFS

Parents and children will work together to explore early math and science concepts as they cook and enjoy festive holiday treats.
Date: Saturday, Feb. 14
Time: 10-11 a.m.
Location: Community Center Youth Room
Ages: 3-5 years and parent
Fee: Resident: \$15; Non-Resident: \$20
Course: # 30044

Friday Fun Night: Kids' Night Out

Parents, celebrate Valentine's Day early! Ken-Caryl kids, leave your parents at home and join the energetic and goofy Youth Programs staff for an evening of play and party. Take part in science experiments, cooking projects, crafts, games and even watch a movie. Dinner is provided.
Date: Friday, Feb. 13
Super Duper Theme
Time: 5:30-9 p.m.
Location: Ranch House
Ages: Kindergarten-6th grade
Fee: 1 Kid:
Resident: \$25; Non-Resident: \$30

2-Sibling Bundle:
Resident: \$40; Non-Resident: \$50
3-Sibling Bundle:
Resident: \$65; Non-Resident: \$80
Course #29965 (1 kid)
Course #29966 (2-sibling bundle)
Course #29967 (3-sibling bundle)

Dance Classes: Intermediate/Ballet & Tap

Enjoy this convenient opportunity in the studio at the Ranch House! Classes are taught by Denver Region Dance Academy. Questions? Call Mikki Wright at 303-733-7982.
Date: Tuesdays, Feb. 17-March 31
(No class March 24)
Time: 5:45-6:30 p.m.
Location: Ranch House Dance Room
Ages: 4-7
Fee: Resident: \$63;
Non-Resident: \$78 (6 weeks)
Course: # 30064

Daddy Daughter Date Night

Join us for a special night of dinner, dancing, fun and games. Be sure to dress sharp for your photos!
Date: Saturday, Feb. 21
Time: 6-8 p.m.
Location: Ranch House Lounge
Ages: 3-10 years with Dad
Fee: Resident: \$20/Dad & Daughter
Non-Resident: \$30/Dad & Daughter
Additional: \$8/Dad or Daughter
Course #29994

AT HOME ALONE

Does your child spend a few hours home alone before or after school due to your work schedule or other commitments? This popular entertaining workshop is designed to prepare children to look after themselves during these times. Students learn how to stay safe through interactive lessons, role play and hands-on training. Every Kidproof course is non-threatening and empowering.
Date: Saturday, Feb. 21
Time: 9 a.m.-1 p.m.
Location: Ranch House AV Room
Ages: 10-13 years
Fee: Resident: \$40;
Non-Resident: \$50
Course #29853

Babysitting Clinic

Certification for boys and girls 11 years of age and older. Bring a sack lunch and drink. You must stay for the entire time to become certified. Payment is due at the time of registration.
Date: Saturday, March 7
Time: 9 a.m.-3 p.m.
Location: Ranch House AV Room
Ages: 10-13 years
Fee: Resident: \$50; Non-Resident: \$65
Course #29848

Story Time at the Ranch House

We have partnered again with Jefferson County Libraries to offer an exciting hour of family fun while sharing our love of children's literature. Join us for stories, finger plays and an introduction to letter sounds. No registration required.
Dates: Thursdays through May 21
Time: 10:15 a.m.
Location: Ranch House Dance Room
Ages: All ages
Fee: FREE!

● Adult Programs

KC Community Garden Plots

Imagine growing corn taller than your head, tomatoes as big as your fist, pumpkins that become jack-o-lanterns...yes, you can do it. The Ken-Caryl Community Gardeners grow all of this and so much more each summer. In addition to growing fresh, organic produce, the Community Garden hosts educational and social

events throughout the growing season. Become part of this vibrant and enjoyable community of gardeners while serving up fresh vegetables and fruits to your family, maybe even enlisting the help of your children.
Dates: 2015 growing season registration is now open.
Location: Community Garden next to the Community Center
Ages: All ages
Fee: Small plot \$75 with a \$50 deposit

Course #28776

Puppy Preschool Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. This class is for puppies under six months old and they must have had two rounds of vaccinations. The class teaches basic commands, socialization, general puppy behavior tips and tricks. Please visit Canine Frontier's website at <http://caninefrontiertraining.com> or Facebook page at www.facebook.com/caninefrontier for more information.
Dates: 6-week sessions on Tuesdays (call for dates)
Time: 6:30 p.m.
Location: Dakota Lodge
Fee: Resident: \$130; Non-Resident: \$155
To register, please contact Laurel Landsman at 720-233-3461 or caninefrontier@gmail.com.

Basic Dog Obedience Classes

Join positive dog trainers Laurel Landsman and Dawn Winans and find out how much fun training your dog can be. This class is for dogs over six months old. The

class teaches basic commands plus home manners, focus work and tricks. Please visit Canine Frontier's website at <http://caninefrontiertraining.com> or Facebook page at www.facebook.com/caninefrontier for more information.
Dates: 6-week sessions on Tuesdays (call for dates)
Time: 7:30 p.m.
Location: Dakota Lodge
Fee: Resident: \$110; Non-Resident: \$130

RED HAT DIVAS

A group of women enjoying life to the fullest. The group was created for the single purpose of having fun!
Date: Tuesday, Feb. 24
Time: 10:30 a.m.-12:30 p.m.
Location: Ranch House Adult Lounge
Fee: None
If you are interested in signing up for future events or would like more information, please contact Pola at 303-779-4434.

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● Fitness Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00-7:00 a.m.	Interval Challenge - Carla	Insanity 6-6:30	Insane Core - Taylor 6-6:50	Insanity 6-6:30	Cardio Sport - Nikki	
7:30-8:30 a.m.	Total Body Challenge - Carla					
7:45-9:00 a.m.		Body Pump - Theresa	Total Body Challenge - Theresa 7:45-8:45	Power Pump - Theresa	Total Body Challenge - Theresa/Sally 7:45-8:45	
8:15-9:15 a.m.						Total Body Challenge - Instructors Vary Warm Vinyasa Flow - Lisa 8:30-10
9:15-10:15 a.m.	Muscle Plus Janet 9:15-10:30	Mat Pilates - Lisa Power Yoga - Leslie 9:15-10:30	Power Pump - Janet	Interval Challenge - Janet	Barre Plus - Sally 9-10	
9:30-10:45 a.m.	Hatha Yoga - Sue		Hatha Yoga - Petra	Pilates Fusion - Lauren 9:30-10:30		ZUMBA - Renate 9:20-10:20
10:35-11:35 a.m.	ZUMBA - Andrea	Interval Challenge - Janet 10:15-11:15	ZUMBA - Janet			
4:30-5:30 p.m.		After Work Fitness Challenge Wenonah				
Evening Classes	Hatha Flow - Petra 5:10-6:10 Muscle Sculpt - Kim 6:20-7:20 Mat Pilates - Lori 6:30-7:30	PiYo Foam Roller Jan 13-Feb 17 Level 1: 6 Level 2: 7 ZUMBA - Stacia 6:15-7:15	Gentle Vinyasa - Sue 5:15-6:30 Muscle Sculpt - Kim 6:15-7:15	Bootcamp - Lauren 5:15-6 Course #29876 Mat Pilates - Lori 6:30-7:30 ZUMBA - Renate 6:15-7:15		



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● Job Announcement

Lifeguards and Swim Instructors

Join the fun and dedicated Ken-Caryl Ranch Aquatics Team for a summer job that cannot be beat! We are looking for enthusiastic, responsible individuals to serve as lifeguards and swim instructors. You must be 16 years old by May 15. Current lifeguard certification is not required. To download an application or learn more, please visit www.ken-caryl-ranch.org and click on Employment Opportunities under the Administration tab.

● Jeffco Sheriff

Jury Duty Scam

Submitted by Jefferson County Sheriff's Office

The phone rings, you pick it up, and the caller identifies himself as an official from the Jefferson County Sheriff's Office Warrants Unit. He says you failed to report for jury duty and that a warrant is out for your arrest. The scammer is quick to offer a solution: a fine, payable by credit card, that will clear up the problem. This is when you should hang up the phone because it's a scam.

Jury scams have been around for years, but have seen resurgence in the past few weeks in Jefferson County. As a rule, courts or the Sheriff's Office will never ask for confidential information over the phone. Instead, these offices generally correspond with prospective jurors via mail or email, providing written proof.

This scam's bold simplicity may be what makes it so effective. Facing the unexpected threat of arrest, victims are caught off guard and may be quick to part with some funds or information to defuse the situa-

tion. Protecting yourself is key: Never give out personal information when you receive an unsolicited phone call, and most certainly never wire or send money as a result of such call. The "jury" here at the Sheriff's Office has a unanimous verdict: when in doubt, hang up.

To report fraud, please call the Fraud Reporting Hotline at 303-271-5550 or email sheriff@jeffco.us. For information on other local scams visit: <http://jeffco.us/sheriff/crime-prevention-safety/scams/>.

● Parent Network

New to the Ken-Caryl Parent Network?

Join us for New Member Coffee on Saturday, Feb. 21 from 9:30-11:30 a.m. at the Ranch House. If you are new to KCPN or just want to connect with new and "old" members, join us for our next New Member Coffee! Bring the whole family, just the kids, or come solo, whichever you prefer! Coffee and a light snack will be provided. Hope to see you there!

Are you interested in joining KCPN? Membership inquiries can be sent to info@kencarylparents.com. See details on upcoming events on the KCPN Big Tent site at www.bigtent.com/groups/kcpn.



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◆ Volunteer Opportunities

Deadline is Friday, Jan. 30 to Submit Application for MA Board



Please give some thought to serving your community by becoming a member of the Ken-Caryl Ranch Master Association Board of Directors, the decision-making, policy-setting leaders of this community.

There are two seats on the MA Board that will be on the ballot for the Board of Directors election in March 2015. The MA Board meets the first and third Tuesday of each month in the evening at the Ranch House. Board members are expected to attend other meetings on an as-needed basis. The affairs of the Master Association are managed by the five-member Board of Directors along with a professional staff. Serving three-year staggered terms, a portion of the Board is elected each year.

For those of you who are interested in running for an MA Board position, applications are available at the Ranch House and online at www.ken-carylranh.org under

the Administration tab then Master Association Board. Applications are due by Jan. 30.

The MA will introduce the declared candidates to the community in this publication and at www.ken-carylranh.org in February. Residents will receive a postcard in the mail in mid-February with instructions on how to vote electronically. The election closes March 3 at 5 p.m., and winners will be announced soon after.

If you have any questions about the MA Board, please contact Chris Pacetti at chrisp@kcranch.org or 303-979-1876, ext. 116.

◆ Community Outreach

Goddard School Holding Book Drive



Ken-Caryl Ranch residents Isaac and Abigail donated books to the Goddard School's book donation drive benefiting Reach Out and Read Colorado.

The local Goddard School, located at 8010 Shaffer Parkway on Ken-Caryl Ranch, is hosting a book drive now through Friday, Feb. 20. The book drive supports Reach Out and Read Colorado, and the goal is for all 18 Denver-area Goddard Schools to collect 18,000 books and \$18,000.

Reach Out and Read Colorado prepares the state's youngest children to succeed in school by partnering with doctors to prescribe books and encourage families to read together. The Reach Out and Read program trains doctors and nurses to distribute books to children during pediatric checkups beginning from 6 months and continuing through 5 years of age, as well as advise parents about the importance of reading aloud to their children.

By building on the unique relationship between parents and medical providers, Reach Out and Read Colorado helps families and communities successfully encourage early literacy skills and school readiness. In addition to these new books, families choose books from the "gently used bookshelf" at the pediatrician's office to take home and enhance their family's library.

A collection box will be located in the hallway outside each classroom at the school. The school is asking residents to look through their books at home and bring gently used books for donation. Acceptable books are those for babies through young adult.

If you would like to donate money for Reach Out and Read Colorado, the Goddard School asks you to do so in incre-

ments of \$10. For each \$10, your family's name will be placed on an "I Support Early Childhood Literacy!" card and displayed at the school. Please make your check payable to The Goddard School and give it to one of the directors. Cash is accepted as well. For more information on Reach Out and Read Colorado, visit <http://reachoutandreadco.org>.

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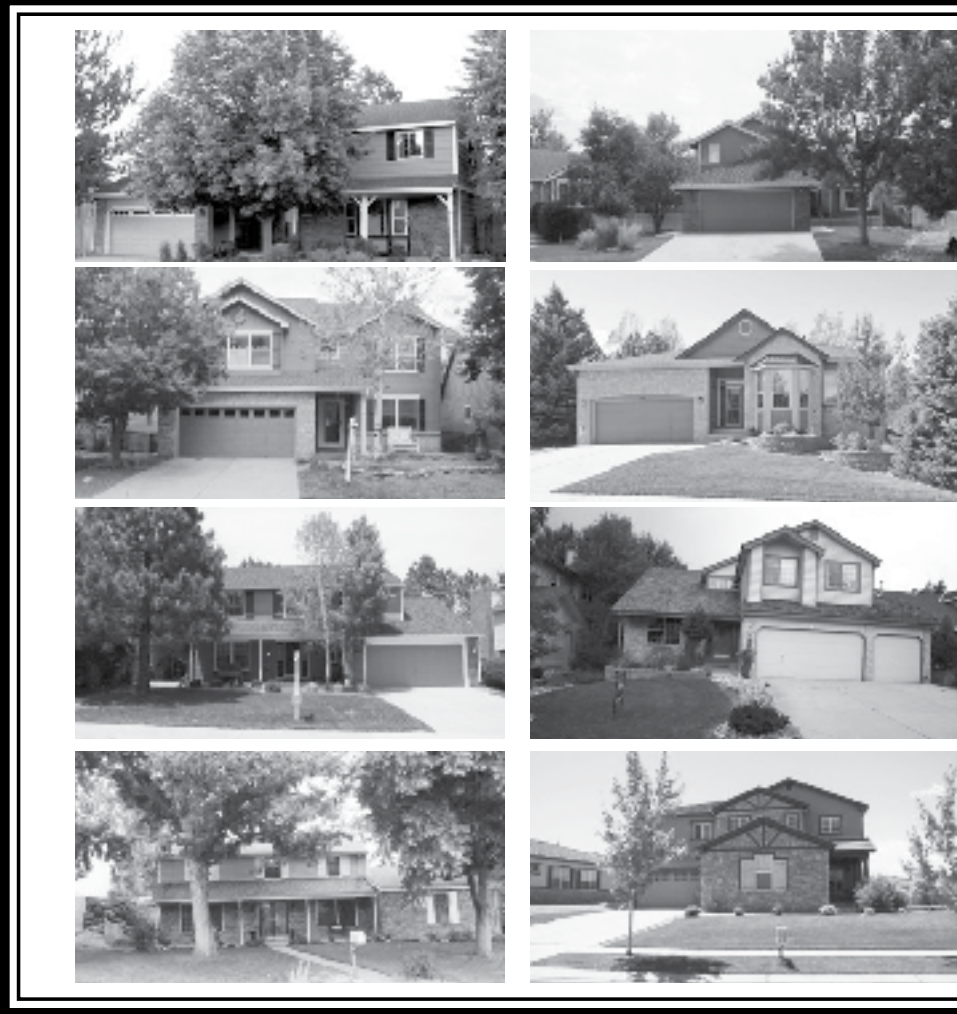
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Volunteers Needed to Serve on Jefferson County Boards and Commissions

Are you civic minded and looking to give back to the Jeffco community? Each year, the Board of County Commissioners (BCC) appoints citizens to serve on volunteer boards and commissions. These boards are pivotal to the county's operations. They provide valuable feedback to the BCC on issues that range from land use cases to deciding which open space grants to allocate.

If you think that this is something you would like to do, then the county needs

you. There are some vacancies throughout the year, but the majority of terms expire soon and the county is taking applications now through Friday, Feb. 13.

The available boards and commissions are the Audit Committee, Board of Adjustment, Board of Health, Board of Review, Citizen Review Panel, CSU Extension Advisory Committee, Development Disabilities Resource Board, Engineering Advisory Board, Fairgrounds Advisory Committee, Historical Commission, Jefferson Center for

Mental Health Board, Library Board, Open Space Advisory Committee and the Planning Commission.

For descriptions of the boards, visit www.jeffco.us. To apply for a volunteer board or commission, please fill out the online application on the volunteer board vacancies page at www.jeffco.us. For questions on applications and the boards, please email countymanager@jeffco.us or call 303-271-8508. Completed applications must be received by Feb. 13.

CodeRED Emergency Notifications

In Jefferson County, the CodeRED system (sometimes called "Reverse 911") allows the county to call citizens to warn them of danger. With it, the county can simultaneously call multiple phones within a designated area to warn residents of flood, fire, tornadoes, chemical spills or dangerous suspects. Within moments, calls reach the affected community to deliver warnings and critical safety instructions.

If you receive a CodeRED call, the voice on the line will let you know it's a message from the Sheriff's Office. Also, your caller ID should display our agency's name and a call-back number. The CodeRED system works with all phones that have a TDD line (for the hearing impaired). If you have a telephone zapper used to block out telemarketers, or if your phone is blocked to unknown callers, you will not receive CodeRED calls.

The CodeRED system calls numbers from two databases. One is the county's 911 database, with all listed and unlisted landlines. If you have a landline, it is automatically included in this database.

The second is a new database of mobile phone and VoIP numbers, established in 2009, whose owners have opted in to receive the calls. If you don't have a traditional landline phone, or would like to receive a cell phone call in addition to the call on your landline phone, consider registering for this free service. To register, visit the CodeRED phone registry website at <http://cne.coderedweb.com>.



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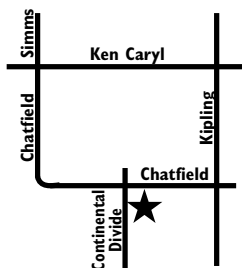
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10723 Turtle Mountain



SOLD

Cimarron

11245 San Joaquin Ridge



SOLD

Village

8186 San Juan Range Road

Community Corner

These are the 2014 yearly single family home stats for KC.

If you would like specific information for your neighborhood,
please don't hesitate to contact your CHR agent.

Mike Greg Brian

The Plains

52 Solds, Avg Price \$363,494,
Avg. Days on market (DOM) 29.

The Valley

77 Solds, Avg Price \$607,836, DOM 53

The North Ranch

22 Solds, Avg Price \$888,338, DOM 91

*Stats from Denver Metro List (ReColorado website)



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◆ Annual Meeting Proxy

Turn In Your Proxy Form for a Chance to Win a Free Month of Dues

Pink proxy slips were mailed to all residents in December. The proxies serve to establish quorum (simple majority) at the Annual Meeting on March 3. Residents need to sign and return their proxy slip because 2,341 signed proxies are needed to hold the Annual Meeting. As of Jan. 21, the Ranch House had received 1,206 proxies. You can drop off the slip at the Ranch House or mail it to KCRMA, 7676 S. Continental Divide Road, Littleton, CO 80127.

You can also fax it to 303-972-1272 or scan and email the form to annettec@kcranch.org. A copy of the proxy form is available at the Ranch House or for download at www.ken-carylranh.org under the News section. The Master Association will be having a drawing for one free month of dues. To be entered into the drawing, just return your proxy prior to the Annual Meeting on March 3.

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◆ Foothills Featured Pets



Bruce (#150772): Bruce is a 10-month-old male Doberman. Bruce is a very social, high-energy dog who is looking for that active forever someone who will patiently teach him new things. He is best suited for a household where he is the center of attention, without competition from other dogs or children under 12. Bruce's adoption fee includes his neuter, vaccinations, microchip and health check. Visit www.FoothillsAnimalShelter.org to find out more about Bruce and other playful pets like him!



Georgia (#141520): Georgia is a 4-year-old female Domestic Longhair mix. When not enjoying lap time, she loves playing with toys and using her scratching post - endearing behavior that will always keep Georgia on your mind! You can visit Georgia at one of our fabulous adoption partners, the PetSmart in Arvada. You choose her adoption fee, which includes her spay, vaccinations, microchip and a health check. Visit www.FoothillsAnimalShelter.org to find out more about Georgia and other gorgeous girls like her.

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◆ Intergovernmental Agreement

Reminder About Agreement for Use of Ridge Recreation Center

Residents of Ken-Caryl Ranch (KCR) can use the Foothills Ridge Recreation Center at Foothills resident rates for 2015.

The Ridge Recreation Center, which is located at 6613 South Ward St. just north of the boundary of KCR, is owned and operated by Foothills, a local park and recreation provider. Residents of KCR have always been able to use Foothills facilities as they are all open to the public. However, prior to 2014, residents of KCR were assessed non-resident fees for Foothills facilities as it is a separate park and recreation district. Residents of KCR do not pay property taxes to help support the facilities owned and managed by Foothills.

For calendar year 2014, KCRMD and Foothills entered into an Intergovernmental Agreement (IGA) to permit KCR residents to use the drop-in amenities of the Ridge Recreation Center at the same daily rates as Foothills residents. The year 2014 was used as a trial period to gauge the use and popularity of the facility with residents of KCR with the KCRMD subsidizing the non-resident fee differential.

The IGA has proved to be quite popular with KCR residents with KCRMD subsidizing nearly \$8,000 in 2014 for non-resident

fee differentials for the benefit of KCR residents. Based on the positive feedback from KCR residents during 2014, the KCRMD and Foothills Boards of Directors have agreed to renew the IGA for 2015 with no changes.

The Ridge Recreation Center offers users an indoor lap and separate leisure activity pool, a therapy pool, a gymnasium and track, a cardio weight room, racquetball courts and a rock climbing wall. As part of the agreement, KCR residents must pay \$5 for a special ID card issued by Foothills that will identify the user as a resident of KCR. ID cards that were issued to KCR residents in 2014 are still valid for 2015.

The current agreement is exclusive to the Ridge Recreation Center only. The agreement does not include a discount for use of the Edge Ice Arena, the Peak Community and Wellness Center, or any other Foothills amenities. The special rate is only for the drop-in use of these amenities and does not apply to classes or youth programs.



Residents of Ken-Caryl Ranch pay the Foothills resident rate to use the indoor pool at the Ridge Recreation Center.

◆ Letter to the Editor

LETTERS TO THE EDITOR ARE WELCOME AND ENCOURAGED from any Ken-Caryl resident in good standing or from any elected official. Letters should be concise — no letters over 350 words— and must be received by 5 p.m. on the published deadline date, which is typically the Monday of the week prior to the edition date, but the day can vary. Deadline dates can be found at www.kencarylanch.org. The preferred method for submitting letters to the editor is by email to Victoria DeSair at victoriad@kcranch.org, but they may be mailed or hand-delivered to the Ranch House, Attn: Victoria DeSair, 7676 S. Continental Divide Road, Littleton, CO 80127. We do not print anonymous letters. Letters must include name, address and phone number (daytime), but only the resident's name and subdivision will be printed in the paper. Residents may submit up to eight letters to the editor per calendar year. Letters will be printed on a space available basis and may be edited. The editor retains right to appropriateness and content. Published letters to the editor do not necessarily reflect the views or opinions of the Master Association, its directors, officers, employees, agents, staff, Life at Ken-Caryl or its editor. Neither the editor nor the Master Association accepts any responsibility for the content of these letters. Writers accept full responsibility for their written word. Letters should comply with acceptable standards for courtesy and respect. **Email to victoriad@kcranch.org.**


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Classifieds

Life at Ken-Caryl classified advertising is provided as a service to residents and businesses. All ads will be reviewed by the editor. Any person placing an ad deemed unsuitable or which may not be in the best interest of residents will be contacted and money refunded. Classified ads may be made in person and placed with the receptionist at the Ranch during business hours, 7:30 a.m. -- 5:30 p.m., Monday through Friday or they can be mailed, with payment, to 7676 So. Continental Divide Rd, Littleton, CO 80127. The deadline for placement of classified advertising is the close of business (5:30 p.m.) on the Monday prior to the following issue (10 days later). Cost is \$.25 per word for residents; \$.75 per word for non-residents. Payment for ALL classified advertisements MUST be made in full for the duration of the ad at placement. No changes to classified ads will be made. No refunds will be made for cancellations. No custom services are available for classifieds A maximum of 80 words will be accepted. If mailing your ad, please proof it CAREFULLY; provide contact name, address, phone number and desired ad category. Please call 303-979-1876 with questions or for clarification.

LOST & FOUND

WATCH FOUND -- In the Quail Ridge area. Call 303-973-2490.

FOUND: COVERMATES BEIGE CANVAS GRILL COVER -- Found in open space west of Blue Sage. Call 303-932-0518.

JOB OPPORTUNITIES

HIRING MATH INSTRUCTORS - Mathnasium of Columbine is hiring instructors who have solid math skills and strong communication skills who love working with children. This is an opportunity for regular part-time work evenings (3-7) and Saturdays (10-12). All applicants must take a math assessment. We will train you in our methodology. We are opening January 31, 2015. If you're interested in joining our team, send your resume and cover letter to columbine@mathnasium.com

PART TIME PERSON NEEDED TO BATHE AND DRY DOGS -- including nail trims. We are seeking energetic individuals with excellent customer service skills, highly self-motivated with a strong work ethic, the ability to work with team members and you must absolutely love animals. High school student a possibility if you want to work! These positions require a flexible schedule, weekends and nights (until 7:30 p.m.) included. Benefits include a 25% discount on merchandise, a fun working environment, and you get the privilege of working around pets all day! Send work history and availability to dawn@kencarylpetspa.com or drop in to fill out an application at 12512-B W.

REAL ESTATE

HOME INTEREST RATES ARE PROBABLY AS LOW -- as they'll get, and likely to go up soon. To possibly lower payments or save long term, call 24 year Ken Caryl resident Dana at 303-489-3375. Website danafoxgroup.com NMLS 942527. Colorado license 100041829.

GOODS & SERVICES

PAMELA'S "CAN DO" SERVICES - "Cadillac" house cleaning, yard maintenance, pet sitting, downsizing, organizing, administrative duties. 21-year KC resident. 303-929-0387.

TAX PREPARATION, ACCOUNTING, AND PAYROLL SERVICES - Business and individual. 20+ years' experience, work from home office. Sue Bryant, 720-583-2417.

ADVANCED HOME IMPROVEMENTS - Drywall, carpentry, plumbing, electrical, tile. No job too small. 303-948-2745.

SPANISH TUTOR - Instructing businesses and students. Educated in Spain. Degreed. Dan 720-620-0373.

EXCEPTIONAL HOUSECLEANING #1, INC. - Since 1989. Licensed-insured-bonded-weekly-biweekly-triweekly-monthly. Free estimate. Call 303-988-0479. Email: exceptionalhousecleaning@gmail.com Website: www.vehcdenver.com

HIGH SCHOOL MATH TUTOR - Colorado School of Mines graduate. www.Algebra2CalculusTutor.com. In-person or online tutoring. Free 1st session. Ken-Caryl resident. David Cowan 303-949-1989.

HOME RENOVATIONS - Interior and exterior work. No job too big or small. I'll build it tight for a price that's right. Greg 303-960-6859.

IMMEDIATE SERVICE - 7 DAYS A WEEK - 303-810-8818. Working on Ken-Caryl Ranch for 10 years. Small and tiny jobs most welcome. NEW INSTALLATION & REPAIRS - Faucets/sinks/toilets/garbage disposals. Electrical new/re-wire. Breaker boxes installed. New installation of ceiling fans. Insured. Gary Harmon. 20 yrs. experience. Bonded.

MATH TUTOR - Review, enrichment, homework help or ACT/SAT review. All levels. Certified teacher. Gigi Siwek, 720-939-3727.

CLASSICAL GUITAR INSTRUCTION - After teaching seven years at Colorado State University and 22 years at the University of Denver, retired music professor is starting a private teaching studio at his Ken Caryl residence. He's a winner of seven major international guitar competitions including Andres Segovia International, Tokyo International and Guitar Foundation of America International Guitar Competitions, and still tours around the U.S. and beyond. All levels, including children, welcome. Please go to www.masakazuito.com for contact information.

TRASH HAULING - CALL BERNIE- 303-347-2303. 7-Days - Furniture, Appliances, Junk, Carpet, etc.

DOG WALKING & PETSITTING - Affordable, reliable. Pets2us.com -Chris 303-902-8128.

MASTER ELECTRICIAN - Residential specialist for over 20 years. KC Resident. Free estimates. Ask for discount with ad. Redman Electric 303-948-5892.

MISCELLANEOUS

IN HOME HEALTH CARE NEEDED PART-TIME - for elderly male with left side paralysis. Help needed from 9-12 a.m. or 5-7 p.m., 3-5 days per week. Please call Kimberly @ 303-523-8333.

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Local References

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Teen Services

This listing includes Ken-Caryl teens who babysit, mow lawns, house or pet sit, or shovel snow. To be included on the list, teens should email their name, number, age, neighborhood and list of services offered to Victoria DeSair at victoriad@kcranch.org or call 303-979-1876, ext. 122.

Categories: (B) Babysitting; (L) Lawn care; (P) Pet or house sitting; (S) Snow shoveling

Name	Phone	Services	Age	Neighborhood
Mickey Ahearn	303-906-1137	L	14	Colony
Sean Ahearn	303-906-1137	L	18	Colony
Sarah Bielefeld	303-506-8630	B, P	15	Cimarron
Christina Bigger	720-981-4521	B, P	15	Deerwood Vista
Josh Blarr	720-318-4605	P, S	14	Colony
Madeline Byerly	720-785-3784	B	12	Wynterbrooke
Nolan Byrnes	720-530-9272	L, P, S	13	Bradford Place
Daniel Dominguez	720-648-3178	L, P, S	14	Traditions
Carly George	303-250-8502	B, P	16	Bradford Place
Christina George	303-934-2612	B, P	14	Bradford Place
Sam Gerbus	303-250-6079	B, L, P, S	18	Retreat
Allie Goulding	720-331-5428	B, P	16	Carriage Hill
Raquel Gunkel	303-909-5090	B	15	Spread
Chuck Henderson	720-231-6068	L, P, S	15	Deerwood Vista
Ben Iverson	720-626-5580	L, P, S	14	Stratford Farms
Hannah Johnson	720-879-1445	B, P	14	Bradford Place
Oliver Kauffman	720-724-0878	B, P, S	14	Wynterbrooke
Corrin Kevlyn	608-217-6317	B	14	Eagles Pointe
Kate Kotze	720-413-1487	B, L, P	16	Aspen Meadows
Sloan Lyons	720-431-5903	B, P	16	Village
Hadley Marx	720-380-4671	B, P	14	Shaffer Hill
Ryan McKenna	720-261-2869	B, L, P, S	14	Stallion Pointe
Gracie Mead	720-921-4495	B, P	14	Deerwood Vista
Matthew Murray	303-579-5322	P	12	North Ranch
Ryan Murray	303-579-5322	B, L, P, S	15	North Ranch
Robby Nelson	303-904-8886	B, L, P, S	15	Spread
Alexandra Newsom	303-325-5232	B, P	15	Legacy
William Newsom	303-325-5232	L, S	13	Legacy
Lauren O'Connor	720-982-7981	B, P	13	Sunset Ridge
Rhiana Parker	720-877-5570	B, P	15	Territory
Micaela Pollard	303-904-8488	B, P, S	12	Cimarron
Dillon Reisinger	303-973-2469	L, P, S	18	Eagles Pointe
Seth Reisinger	303-973-2469	B, L, P, S	13	Eagles Pointe
Kari Salter	720-202-0067	B, P	17	Wynterbrooke
Reanna Schafer	303-808-0373	B	14	Village
Anya Schroeter	720-415-5112	P	12	Quail Ridge
Carissa Scott	720-215-8829	B, P	13	Colony
Carlee Shute	303-903-0504	B, P	14	Bridle Gate
Elly Spinney	303-502-7990	B, P	16	North Ranch
Cameron Suchomel	303-932-1580	L, S	15	Bradford Place
Jason Suchomel	303-932-1580	P	13	Bradford Place
Cole Torgerson	303-933-9988	B, L, P, S	12	Legacy
Chloe Warren	303-797-0660	P	13	Quail Ridge
Eli Yeagley	720-363-6440	B, L, P, S	14	Carriage Hill
Sam Yeagley	720-363-6440	B, L, P, S	17	Carriage Hill

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 To Two Gallons Of Coolant.

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One coupon per customer.
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Any Parts/Service \$100-\$199
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Any Parts/Service \$200-\$499
 - \$50⁰⁰ OFF!**
Any Parts/Service \$500 or More
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 Not valid with any other offer.
 Must present coupon at time of service.

THE WHOLE SHEBANG!
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 Inspect Air Filtration System
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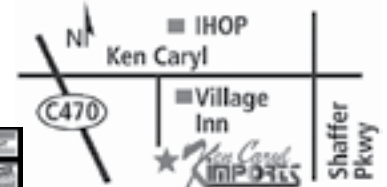
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\$79⁹⁵

Includes:
 Inspect The Cooling System,
 Inspect The Hoses, and Replace Up To Two Gallons Of Coolant.

OFFER EXPIRES FEBRUARY 28, 2015

One coupon per customer.
 Not valid with any other offer.
 Must present coupon at time of service.

VIP DISCOUNT COUPON OFFERS

- \$5⁰⁰ OFF!**
Any Parts/Service \$50-\$99
 - \$15⁰⁰ OFF!**
Any Parts/Service \$100-\$199
 - \$30⁰⁰ OFF!**
Any Parts/Service \$200-\$499
 - \$50⁰⁰ OFF!**
Any Parts/Service \$500 or More
- OFFER EXPIRES FEBRUARY 28, 2015
 One coupon per customer.
 Not valid with any other offer.
 Must present coupon at time of service.