



KEN-CARYL RANCH



Ken-Caryl Ranch e-News

September 5, 2023

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Hefner at allisonh@kcranch.org or 303-979-1876, ext. 108.

Labor Day Trash Delay

This is a reminder from the Ken-Caryl Ranch trash service provider, Waste Connections, that Labor Day is an observed holiday. All trash and recycling service the week of Labor Day will be delayed one day.



WASTE CONNECTIONS INC.
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Ranch House Parking Lot Replacement Set to Begin Next Week

The Master Association Board approved the much-needed full replacement of the Ranch House parking lot at its July 18 meeting. Work on this project is scheduled to begin on Sept. 11 and should take several weeks to complete, depending on weather and construction conditions.

The project work will include the full removal and replacement of the existing lot as well as the addition of some new curbing and partial sidewalk replacement. Painted curbs

will be sandblasted and repainted when the lot is restriped.

To limit disruption and to allow for resident, guest, staff and visitor access during construction, the project is expected to be completed in two phases. For more information, please click on the button below.

Project Information

Budget Town Hall and Joint Study Session on Sept. 5



Hear ye, hear ye! Budget planning for 2024 is underway! Share your ideas for the 2024 Master Association and Metropolitan District budgets at the Budget Town Hall and Joint Study Session of the two boards tonight, Sept. 5 at 6 p.m.!

This meeting will also be available online or by telephone via Zoom. Please click on the button below to view the meeting's agenda and remote access information.

Questions? Please contact Master Association General Manager Brian Yowell at briany@kcranch.org or Metropolitan District Manager Traci Wieland at traciw@kcranch.org.

Meeting Agenda/Access Information



Click on image to enlarge.

Ken Caryl Ave. Trail Paving Conversion

Paving conversions on the Ken Caryl Ave. trail are resuming this year. The Master Association has enlisted the help of a contractor to begin work to remove the trail's old asphalt and replace it with colored concrete to match what has previously been completed. Work is scheduled to begin today, Sept. 5 and should take several weeks to complete, depending on weather conditions.

Trail users may continue to use the trail, but will need to walk around the work site in the mowed grassy shoulder along the north side of the trail.

SLASHing your Fire Risk: SLASH Event and Pick-Up Days in September



Ken-Caryl Ranch is proud to offer an additional three-day SLASH Drop-Off Event as part of ongoing efforts to support wildfire mitigation. Residents can drop off their SLASH at the Equestrian Center on Sept. 30 from 9 a.m. to 1 p.m. The Ken-Caryl Ranch Metropolitan District Parks Department will be on hand with the chipper. Residents are encouraged, if possible, to drop off their SLASH, but a limited number of curbside pickups will be offered by the Master Association Ranger staff on Thursday, Sept. 28 and Friday, Sept. 29. Curbside pickups must be signed up for in advance, and a signup form will be available online starting Sept. 11 at 9 a.m. on the dedicated Firewise page of our website, accessible by clicking on the button below.

No reservations are necessary for residents to drop off their SLASH at the Equestrian Center on Sept. 30. Drop-off SLASH at any time during the event.

[Firewise Resources](#)



FREE Senior Open Enrollment Seminar on Sept. 13

Join us on Sept. 13 from 11 a.m. - 12:30 p.m. at the Ranch House for a Senior Open Enrollment Seminar hosted by One Medical Seniors, where licensed Medicare Broker Tammy Stellar will help attendees navigate the Medicare “maze” by providing essential information about insurance that you need to know before the open enrollment period. This seminar is designed to help you make informed decisions about your healthcare coverage options.

This seminar is FREE, but enrollment is required using the button below. Don't miss out on this chance to prepare for the open enrollment period and ensure that you have the coverage you need. We look forward to seeing you at the Senior Open Enrollment Seminar hosted by One Medical Seniors!

Enroll Today!

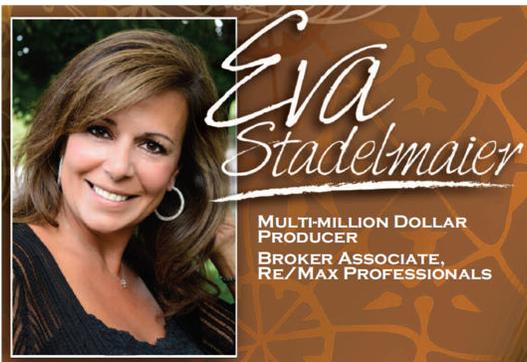
❖ one medical seniors

Yeee-Ha! The Barn BrewHa Returns on Sept. 23!



Join us for some boot stompin' fun with live music featuring KDog and The Howlers, a beer garden, pony rides, a mechanical bull, a petting zoo, food trucks, bounce houses - and more - on Sept. 23 from 1-5 p.m. at the Dakota Lodge! Gold Sponsor Fusion Financial will give up to 2 free drink tickets per adult for donations of cleaning supplies and/or new personal hygiene items. Items will be donated to Hope House.

Shout out to our generous sponsors, including Platinum Sponsor Eva Stadelmaier, Platinum Sponsor Prime IV Hydration & Wellness, [Gold Sponsor Gravina's Window Center of Littleton](#), [Gold Sponsor Canyon View Dentistry](#), [Gold Sponsor Blue Sage Dental](#), [Gold Sponsor Fusion Financial](#), and Silver Sponsor Renewal by Anderson.



NEW! Creative Movement Dance Class for Preschoolers

Does your preschooler love to dance? We are offering a new 4-week Creative Movement Dance class on Wednesdays, starting Sept. 13-Oct. 4 from 9:15-10 a.m. at the Community Center. Using make-believe imagery, hands-on props, and interactive music, children explore basic dance concepts and choreography of all dance forms. Register today using the button below.

[Register!](#)

Grandlore, A Guided Memoir Program, Returns on Sept. 19!



The Grandlore Guided Memoir Program returns to the Ranch House for a second session starting on Sept. 19 from 2-4 p.m. This 10-week program features a series of three courses that result in a book of your personal and family history. The Grandlore Guided Memoir Program is a wonderful and enriching experience for participants as it delves into various aspects of their lives and helps create a meaningful narrative of their personal and family history. This session is focused on exploring a wide range of topics, including friends, feuds, personal tales, education, work, activities and travel. For more information and to register, please click on the button below

[Register!](#)



Fall Fitness Center Classes, New Hours and Open House This Fall!

Have fun and get fit this fall at the Ken-Caryl Fitness Center! The Fitness Center will kick off the fall season with an open house on Saturday, Sept. 23 from 9 a.m. – 12 p.m.! Check out the NEW cardio pieces and get to know our Fitness Center staff! This event will also include a FREE Zumba class, complimentary body composition analysis, complimentary Stretch Therapy by BodyWork by ReRe, complimentary snacks and energy drinks by Daily Blend, free giveaways and MORE!

The Fitness Facility is also excited to announce Sunday hours starting Oct. 1! The facility will be open from 9 a.m. – 1 p.m. to help you achieve your fitness goals all week long!

In addition, Ken-Caryl Fitness has several FREE and fee-based activities coming in the fall to delight all ages and fitness levels! Free classes include Yoga in the Park, Adult Jazz Funk and Introductory Fascianator Method Rolling Class! Fee-based classes include Barre Above, TRX and a Guided Meditation for Stress Relief and Resiliency course. All classes require pre-registration and are available on our website. For class details and to register, please click on the button below.

Fitness Classes

Calendar

*Meeting agendas are available online for **Committees**, the **MA Board** and the **MD Board** and will be linked in the e-news calendar once posted.*



Upcoming Meetings and Events

[MA/MD Joint Study Session & Budget Town Hall](#) - Sept. 5 at 6 p.m. / Ranch House



Committee/Task Force Meetings Ranch House and Dakota Lodge

Historical Society Meeting -
Sept. 11 at 3 p.m. / Ranch
House

Open Space Committee
Meeting - Sept. 12 at 6 p.m. /
Dakota Lodge



Babytime/Storytime Ranch House 9:30 a.m. & 10:15 a.m.

Sept. 7
Sept. 14

*Information regarding virtual meetings will be communicated as information becomes available.
Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Weekly Trails Report](#)

[Home Improvements](#)

[KC Fitness Center](#)

[Community Park Master Plan](#)

www.ken-caryl ranch.org

Ranch House, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876

Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233

Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876

Equestrian Center, 303-979-4500

Park Rangers, 303-979-1876, ext. 170

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