



Ken-Caryl Ranch e-News

Aug. 26, 2024

The Ken-Caryl Ranch e-News is emailed to subscribers every Monday (Tuesday if Monday is a holiday). To submit an item for the e-News, contact Allison Rager at allisonr@kcranch.org or 303-979-1876, ext. 108.

Aug. 14, 2024, Life at Ken-Caryl Available Online!

NEWS

Recycling to Return to a Weekly Pick-Up Schedule

The MA Board voted to return to a weekly recycling pick-up schedule at its Aug. 20 meeting. Per our contract, Waste Connections, Ken-Caryl's trash and recycling service provider, has a grace period of 60 days to transition back to a weekly pick-up schedule.

Please stay tuned to all of Ken-Caryl's communications channels, including future issues of the e-news, for more information and updates. The Master Association will provide schedule and transition updates as soon as they become available.





Joint Study Session and Budget Town Hall

The annual budget process each fall provides an important opportunity for residents to get involved. On Tuesday, Sept. 3 at 6 p.m. at the Ranch House and virtually via Zoom, the District and Master Association Boards will hold a Joint Study Session and Budget Town Hall. Residents are welcome to attend the meeting in person or virtually via Zoom, and there will be an opportunity for public comment. Meeting access details and an agenda will be posted online closer to the meeting date. You don't have to attend the meeting to provide input. You can also email District Manager Traci Wieland at traciw@kcranch.org or Master Association General Manager Brian Yowell at briany@kcranch.org.

Name That Trail! Cast Your Vote to Rename the Original Kiln Trail!



The Master Association Board recently approved the naming of a new out-and-back trail leading to the restored kiln in the north Hogback area as "Kiln Trail." As there is already a trail nearby with that same name, in order to avoid confusion, the Open Space Committee, in partnership with the Historical Society, is hosting a community vote to help rename the ORIGINAL "Kiln Trail," located near the North Hogback Trail. Please take a few moments to complete this survey to specify your name preference from the options provided. To cast your vote, please click on the button below. Survey closes on Friday, Sept. 6 at 5 p.m.

[Cast Your Vote!](#)

Labor Day Facility Closures

The Ranch House and the Community Center will be closed for the Labor Day holiday on Monday, Sept. 2.



The Community Center Pool will be open for the final day of the season on Labor Day from 10 a.m. - 7 p.m. Final day for lap swim and water aerobics is Sunday, Sept. 1.

Labor Day Trash Delay

This is a reminder from the Ken-Caryl Ranch trash service provider, Waste Connections, that Labor Day is an observed holiday. All trash and recycling services the week of Labor Day will be delayed one day.



MA Board Summary

The Master Association Board met for its monthly board meeting on Aug. 20. Please click on the button below for a summary of this meeting.

[MA Board Summary](#)

SPECIAL EVENTS

Aug. 29 Ageless & Unstoppable: West Metro Presenting on Home Safety & Emergency



Preparedness

Join us at our next Ageless & Unstoppable on Thursday, Aug. 29 from 11 a.m. - 12:30 p.m. at the Ranch House featuring a "Home Safety & Emergency Preparedness Workshop," presented by West Metro Fire.

This essential workshop with West Metro Fire will dive into key aspects of home safety, injury prevention and emergency preparedness. This informative session will also equip participants with the knowledge and tools to keep your home and family safe. Get a brief summary of the services and programs offered by West Metro Fire, helping you connect with the resources you need. Don't miss this opportunity to learn valuable safety tips from the professionals. Whether you're looking to enhance your home safety or better prepare for emergencies, this workshop is a must-attend.

Ageless & Unstoppable is proudly brought to you by [Platinum Sponsor Kali Hepker with Equity Real Estate](#).

Ageless & Unstoppable returns to Tuesdays and a monthly schedule in October! There will not be a program in September. Details to come on the upcoming schedule of topics!



Brunch & Bingo Waitlist

Thank you to Platinum Sponsors [Crystal Adams with Equity Real Estate](#) and [Premier Mountain Insurance](#) for their support of our next Brunch & Bingo program on Sept. 14 from 11 a.m. - 1 p.m. at the Ranch House! This event is currently **SOLD OUT**. To join the waitlist, please click on the button below.

[Brunch & Bingo Waitlist](#)



Yee-Haw for the Return of the Barn Brew-Ha on Sept. 21!



Join us for a fantastic day of fun, laughter and community at the Barn Brew-Ha on Sept. 21 from 12-5 p.m. at the Dakota Lodge! This event will feature exciting attractions such as a bounce house, inflatable bull ride, Velcro wall, petting zoo, pony rides and face painting!

The Margarita Brothers Band will entertain guests as they enjoy good eats and a cold brew in our Lariat Lodge Beer Garden! Please be sure to bring ID to purchase your drink tickets. For event details, click on the button below. This event is FREE to attend. Food and beverages will be available for purchase.

Thank you to our generous Platinum Sponsors [Eva Stadelmaier with RE/MAX](#) and [Lariat Lodge Brewing](#)! A rootin' tootin' thank you to our Gold Sponsors, [Fusion Financial Group](#) and [Renewal by Andersen](#).

Barn Brew-Ha Event Information



CLASSES & COURSES



Now Enrolling in Challenger's TinyTykes Soccer Program

Sign your preschooler up for Challenger Sports TinyTykes program where soccer meets smiles. This program introduces children ages 3-5 years to the basic skills of soccer. This program runs on Wednesdays, Sept. 4 - Oct. 16 from 1:45-2:30 p.m. at the Community Center (indoors). For more information and to register, visit Challenger's website by clicking on the button below.

[TinyTykes Registration](#)

Art After School Class Returns This Fall!



Art After School Class Returns This Fall! Join former school art teacher and resident, Elaine Campbell, in our Art After School program that will run Sept. 11 - Nov. 13 from 4-5:30 p.m. at the Ranch House. Participants will draw, paint and even do some printmaking in this fun class. Come with a love and interest in art and leave with improved ability to see things like an artist. A final art exhibit for families to showcase learned principles of art in the participants' creations is planned for the last class. Ages 6-12 welcome. Only a few spots left! For more information and to register, please click on the button below.

[Art After School Registration](#)

Fall Fitness Classes



Introduction to Fit & Strong

Come learn about the Fit & Strong 12-week program, an Arthritis Appropriate Evidence-Based Intervention (AAEBI) program designed for anyone with lower extremity osteoarthritis. This FREE introductory session will outline the benefits of the 12-week program, provide you with an overview and give you a chance to meet the instructors and ask questions. This class will be held in the Sunshine Room at the Community Center/Fitness

Facility on Tuesday, Sept. 10 from 1–1:45 p.m. This class is FREE, but pre-registration is required using the corresponding button below.

TRX

Total Body Resistance Exercise (TRX) returns this fall! This 6-week class will be held on Tuesdays, Sept. 17 – Oct. 22 from 10:15-11:15 a.m. at the Community Center. TRX uses your body weight and gravity as resistance to utilize/emphasize your core in every exercise to build strength, balance, coordination, flexibility and joint stability. Class size is limited to 6, so secure your spot today by clicking on the corresponding button below.

Barre Above

Barre Above returns on Fridays, Sept. 20 – Oct. 25 from 9:15–10:15 a.m. at the Community Center. This 6-week class fuses the very best of Pilates, aerobics and strength training for all bodies and includes modifications for any fitness level. Feel successful while achieving an amazing workout that will lengthen, strengthen and tone your body! Register using the corresponding button below.

[Intro to Fit & Strong FREE Program Registration](#)

[TRX Registration](#)

[Barre Above Registration](#)



[Events & Programs](#)

[SAVE THE DATE](#)

Upcoming Meetings

[MD Board Meeting](#) - Aug. 27 @ 6 p.m. / Ranch House

Equestrian Center Committee - Aug. 28 @ 7:30 a.m. / Ranch House

MA/MD Joint Study Session - Sept. 3 @ 6 p.m. / Ranch House

Upcoming Events and Programs

Babytime - Aug. 29 @ 9:30 a.m. / Ranch House

Storytime - Aug. 29 @ 10:15 a.m. / Ranch House

Save the Date

Brunch & Bingo (SOLD OUT/[WAITLIST](#)) - Sept. 14

Barn Brew-Ha - Sept. 21

Boo Bash – Oct. 25

*Information regarding virtual meetings will be communicated as information becomes available. Please see the [Online Calendar](#) for the most current information.

[Full Calendar](#)

Helpful Links

[Board Contact Info, Meeting Agendas and Minutes](#)

[Committee & Task Force Agendas & Minutes](#)

[Register for Classes](#)

[Home Improvements](#)

[KC Fitness Center](#)

www.ken-caryl ranch.org

Ranch House, 7676 S. Continental Divide Rd. Littleton, CO 80127, 303-979-1876

Community Center, 1 Club Dr. Littleton, CO 80127, 303-979-2233

Dakota Lodge, 14422 W. Ken-Caryl Ave. Littleton CO 80127, 303-979-1876

Equestrian Center, 303-979-4500

Park Rangers, 303-979-1876, ext. 170

[Subscribe](#) to our email list.